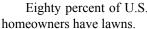
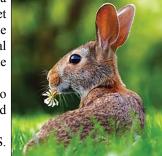


This week's Independent thinkers

Labor Day was a day off to fiddle and get exasperated with the always temperamental lawnmower that cuts the always haughty grass.

So we took time out to read. Guess what we found out?





There are 40 million acres of turf grass in this country. That means we plant it, then we mow it -60 percent of our yards are grass. Grass wants about half of our overall water usage.

A gas-powered lawnmower emits 11 times more pollution in an hour than driving a new car for an hour.

So. Broadcast perennials. No tilling, no reseeding, they provide food and medicine. Plant vegetables. A 10x10 ft. plot will save you \$700 a year in food, and you don't have to change one spark plug.

Less pollution. Happier bees. Saving money.

It takes us a long time to understand, but when we do we can explain.

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"If more people knitted and crocheted, the world would see fewer wars and a whole lot less road rage." –

AMERICAN DESIGNER
LILY M. CHIN, WHO HAS
HER OWN LINE OF YARN

If Lily M. Chin ever visited Eureka Springs and saw the custom-made tree socks (shawls?) Gina Gallina crocheted for the copse of trees in the Music Park, she would be delighted. But the imagination, energy and joy the crocheted trees gave people coming into Eureka Springs was all stripped and stolen last week. We're not used to that here.



PHOTO BY GINA GALLIN



PHOTO BY JEREMIAH ALVARADO

Art attacked

BECKY GILLETTE

On August 29, as near as anyone can tell, six trees at the North Main Music Park lost their crochet art covering. It's a mystery who removed the art or why.

"I don't know why anyone would cut down art," crochet artist Gina Gallina said. "We just drove by and the trees were naked. I thought I was hallucinating."

The crochet art was originally created for the City of Eureka Springs for an Art of Crochet Festival in May 2016 at Basin Park. After they were displayed there, they were taken down and Gallina donated them to the North Main Music Park. She and others installed them at Thanksgiving 2016.

Gallina said perhaps someone didn't like the

crochet art. But they were very popular with visitors who could often be seen stopping to hug the trees or photograph them.

"Maybe they were nature lovers who thought the crochet was killing the trees," Gallina speculates. "But they don't hurt the trees. Crochet art is made from acrylic yarn that breathes. The color fades, but the yarn is not harmful."

But if it was a nature lover, they didn't know trees, as the trees are box elders, so common and weedy that most people consider them trash trees.

Did someone need a blanket? Gallina said that's possible, but it would have been a lot of work to make a blanket out of the pieces. And from remnants left

ART ATTACKED continued on page 2

Spring back? Fall forward? It's time.

NICKY BOYETTE

Sassafras and sumac leaves are turning orange and red. Tanagers and indigo buntings left at least three weeks ago, and summer garden crops are slowing down because the seasons are a-changing. Summer fades and autumn looms.

Traditional Chinese Medicine holds that our bodies instinctively adapt as the environment changes in our attempt to





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maintain harmony with our surroundings. The air is different in mid- to late September than six weeks earlier, and we can sense the change. For one thing it's drier. Leaves react to the change as well.

Tradition in the East maintains that autumn is the time to release stored emotions because we are moving from the external, sunshiny, watermelon experience toward a quieter, darker season featuring heavier clothes and root vegetables. Autumn weather signals the transition, so folks around the world see the change as a reason to celebrate.

In the Hindu tradition in India. families prepare for winter by celebrating the Festival of Lights, which symbolizes the victory of light over dark. There are candles everywhere, sparkling fireworks, and plenty of good food. Yi Peng is celebrated in northern Thailand by releasing thousands of lit lanterns into the sky and wishing for dreams to come true.

Japanese customs call reconnecting with one's ancestors on the autumnal equinox. Ecuadoreans also set aside El Dia de los Difuntos as a pensive time to remember their forbears. And every October, Germany holds the world's largest beer festival.

In North America, natives resume the tradition of watching athletic people cocooned in padding and wearing hard plastic headgear run around in a field and bash into each other in pursuit of a leather-wrapped ovoid bladder, and glory. Thousands assemble to watch it firsthand, and millions more sit at home and watch on television instead of participating in

FALL FORWARD continued on page 19



ART ATTACKED continued from page 1

at the park, it looks like the thieves just carelessly tore them down.

"We think they just shredded them," Gallina said. "It would have been hard to see the seams. I'm just curious to where they are. That is like carrying seven big afghans. They are bulky, and heavy as the dickens. The way they cut them down, it will be useless for them unless they do a lot of repairs."

Maybe it was just someone being disrespectful? They don't like crochet art? Gallina said whoever removed the work could have made a statement another way if that was the case. She would have been willing to talk to anyone who didn't like the crocheted trees.

Gallina asked the garbage collectors to keep out an eye for them, but nothing has shown up.

"Crochet makes people happy," Gallina said. "It's soft. It's colorful. It's fun. And it's just having its time right now like it did in the sixties. Everything is temporary. It is likely a fad that will go away in time."

One thing she is sure of – "Whoever did it is just mean. I just want to know where they are. Those took a lot of hours of work to make and were paid for with city money."

When Gallina posted about the theft on Facebook, many people responded with disappointment about the artwork being gone. And a lot of crocheters wrote and said they would help recreate the

"This winter we will get together and crochet for the trees," Gallina said. "I have some yarn to donate and others will donate. I'm thinking of crocheting little eyes to the trees like they are watching you. I think that would be a fun and a good reason to have a party."

The Eureka Springs Department report valued the art at \$300 for each tree, a total of \$1,800.

The North Main Music Park has also seen vandalism of the outdoor musical instrument sculptures. A city spokesperson said that plans are being made to install security cameras at the park.

INDEPENDENTNEWS

Eureka House Concerts kicks off 14th season with Rebecca Loebe

BECKY GILLETTE

The Eureka House Concerts was started in 2004 as a not-for-profit listening room by Dr. Jim Dudley, Roscoe Van Jones and John Babbs, and is now headed into its 14th season of bringing outstanding musical performances in an cozy setting at \$10 per performance with season tickets.

"We host six concerts a year showcasing the best singer-songwriters in the music world today," Dudley said. "All money donated to our concert series goes to the artists, except a small portion we use to rent our music hall. Our concerts are on Sundays starting at 5 p.m. with a meet-andgreet potluck with the music starting at six. We try to have a local artist open the concert with a few songs."

Dudley said the Eureka House Concerts arose out of a love of good music and songwriting.

"We also have a venue, the Eureka Springs Unitarian Universalist Fellowship at 17 Elk St., which is intimate and possesses fabulous acoustics," Dudley said. "We decided to do Sunday evening bookings so top-flight performers would be able to stop over in Eureka Springs on their way to bigger venues. Over the years, two things have happened: we have developed a knowledgeable and appreciative audience for good performances and songwriting, and our reputation has grown to where today performers of renown seek us out. They want to come to Eureka House Concerts and see what the buzz is about."

Dudley said frequently the singers and songwriters fall in love with Eureka and the townspeople fall in love with the artists.

"That is our goal," he said. "We have had several performers who have headlined at major festivals including Grammy nominees and winners Eliza Gilkyson, Jimmy LaFave, Ronny Cox, Mary Gauthier, Mollie O'Brien, Cosy Sheridan, and many more. This year will be no exception with a line-up of excellent, well-known performers including Chuck Brodsky (the only singer in the Cooperstown Baseball Hall of Fame), Ray Bonneville (Juno Award nominee), Rebecca Loebe (from the TV series The to tell." *Voice*), and several others."

Nancy Paddock, who has been organizing the event for about seven years, said it is chance to see truly world-class musicians in a very small venue.

"The concert is all about the music," Paddock said. "It is a comfortable, relaxed atmosphere for people who truly appreciate great music."

The concert series kicks off Sept. 17 with Rebecca Loebe.

"Rebecca Loebe has in incredible voice," Paddock said. "She was one of the finalists on the TV show The Voice. Her songwriting is excellent. She has been featured on Sirius radio recently. She did a tour of Europe this summer. Beyond that, she is just a wonderful human being."

In addition to Europe, Loebe has performed in 44 states, as well as Canada, Europe and Japan. She was named to Alternate Root Magazine's annual listing of The Top 10 Female Singers in America.

Chuck Brodsky, who has been writing songs for more than 30 years, will return on October 1. "He writes baseball songs and is the only songwriter in the Baseball Hall of Fame," Paddock said. "He has a lot of humor and pathos in his songs. He wrote a song about Radio, an autistic man, and Chuck was featured in the movie Radio."

Brodsky uses wit and irony, set to haunting melodies, to tell stories of oddball and underdog characters through syncopated guitar strumming or sweet finger-picking. "His songs celebrate the goodness in people, the eccentric, holy, profound, courageous, inspiring and beautiful." his website said. "They poke fun at what needs to be poked, and sometimes they challenge. They're sworn to tell the truth."

One Nov. 12, the performance will be by Ray Booneville.

"He was working as a bush pilot in Alaska when he had an epiphany after a close call and decided to become a songwriter," Paddock said. "Ray is an incredible guitar player who has played with many famous blues musicians. He has a lot of great stories

February's performance will be announced later followed by classically trained singer-cellist-songwriter Sarah Clanton on March 25 and pianist Radoslav Lorković on April 15.

The Eureka House Concerts is seeking sponsors who receive 12 tickets to be used at any concert, their logo listed on the webpage, listings on all promotional material and mentioned and thanks at each concert. Sponsorships are \$120 or a donation of lodging.

"We always need lodging for our artists." Paddock said. "One night's stay at lodging will pay for your sponsorship."

Paddock said the Eureka House Concert is a great place to be.

"It is just an enjoyable way to relax with your friends and neighbors," Paddock said.

Other volunteers for the Eureka House Concert includes Deb O'Donnell and Nancy Brooks. For more information call (479) 244-0123 or email nlpaddock@gmail.com. www.eurekahouseconcerts.com







Fatality on Hwy. 23

Eureka Springs Police were called to a single-vehicle accident at 6:30 a.m., Saturday, Sept. 2, just north of the train station. According to the report, Dalton Johnson, 21, of Eureka Springs was pronounced dead at the scene. The 2007 Ford Ranger pickup Dalton was driving had hit a tree.

Police said no skid marks were evident and an airbag had deployed.

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INDEPENDENTNews

Can you hear me now?

(Friends of ours just bought a home outside Nashville, and asked about cell phone reception. This is the reply they got.)

It has come to my attention that the need to survey the premises of Sally's homestead to determine the exact locations of cell phone reception has come to a climax. Having spent a full week here, I scouted locations for the members of the family and will direct each of you to the proper sites for acceptable cell phone reception.

I am sure that we are all aware of Doug's directions to Stephanie alluding to some strange acrobatic position involving hanging out of second story windows. I am here to tell everyone it is much simpler than that.

The first and primary location for sending and receiving text messages is on the back porch. Now, you may also receive incoming phone calls at this location, however, when you retrieve the phone from the receiving location and place it to your ear, you will drop the call. Kudos to the family member who can actually answer the phone in this position and carry on a conversation without a dropped call. I suggest returning the call from the house phone, though staticky, does carry a much more successful phone conversation than the cell phone. The

location is on top of the two bird books on the small 3-legged table placed precisely 3 inches from the back door with one leg touching the white paint stripe. The phone must be placed at an 85-degree angle to the bottom left pane of the door exactly at the outer edge of said pane 5 inches out from the door. Reception here is one to two bars depending on cloud cover, wind speed and direction.

The second location is strictly for random reception of text messages sent days or hours previously that were not picked up by the phone while you were in a 5-bar reception location. This spot is located in the bedroom on the first floor, on the bed, propped on the small blue striped pillow placed at the bottom right corner of Emmi's sleeping pillow. We all know that's the one with the towel on it (not that she herself places so as not to get cat hair on the pillow. Good try, Mom.)

The third location provides two bar reception for sending and receiving lengthy messages and those one has the voracious bravery to send with a photo. This spot is found in the driveway. You must stand with your back to the garage with your left foot exactly to the right of the center line of the driveway and you must be exactly in line with the tulip poplar trees.

Now, to maintain two bar reception at this location, you must remain standing and do not sway or move. It is not advisable to attempt to use your cell phone at this location during a thunderstorm. I did not attempt a phone call at this location. You are welcome to do so at your own success risk.

The fourth and final location for text reception is in the center of the front stairs of the house. By center I mean, center from side to side and top to bottom. Reception is intermittent depending on cloud cover and might require some patience. However, you are welcome to count passing cars while you wait. I would not attempt a phone call at this location as it might not prove to be as reliable.

I hope that this helps in future visits, the peacefulness and the sweet friendliness of all the people compensates for the perceived inconvenience. Every problem is reparable; the only thing in life you cannot fix is death itself.

You are most welcome.

Making faces



The Mask is the next group exhibition at Brews starting Thursday, Sept. 7 with an opening reception from 5-8 p.m. Eighteen Eureka Springs artists were invited to create one or more handmade masks that will be on display until Oct. 24

Participating artists include Terry and Sara Russell, Ken Concar, Kath and Noah Cantele, Stephen Feilbach, George Paige, Jerri Stevens, Mary Springer, John Rankine, David Pettit, Maureen Daily, Edwige Denyszyn, Annunziata Scarpino, Valerie Damon, Lorna Trigg, Catherine Yoder, and Sheri Cunningham.

Medium for the masks are ceramic, papier mâché, leather, macramé, Styrofoam, photography and Play-Doh.

> Venetian masks by Kath Cantele and her son, Noah

INDEPENDENTNews



Approximately 2000 people lined the streets of Springfield, Mo., in protest of the arrival of President Trump last Wednesday.

PHOTO BY JOHN RANKINE

#resist

JOHN RANKINE

Last week the president who bragged about not paying income tax and who has never shown the American public his tax returns gave a speech on tax reform in Springfield, Missouri.

Once again his plan was small on details, but he assured us the poor and middleclass would see huge benefits.

His 2017 version of trickle-down economics, (we know how well that worked in the '80s), just like his failed healthcare scheme, promises to give major tax breaks to himself and his very rich friends, costing an estimated 6 trillion bucks in revenue over the next two decades while giving the poor and middleclass very little relief.

So much for Republican fiscal responsibility.

Meanwhile, on the same day Trump was spewing his propaganda, approximately 2,000 people responded by taking to the Springfield streets to protest his stand on healthcare, immigration, Russian ties, racism and climate change.

Trump, with the encouragement of Attorney General Jeff Sessions, is

fulfilling his promise to his base and ending the Deferred Action for Childhood Arrivals program. DACA, the Obama-era policy that protected children who arrived in the US without documentation and kept them safe from deportation, will affect 800,000 Dreamers.

These kids, through no fault of their own, and who are now between the ages of 25 and 35 years, now face deportation as soon as six months from now.

Imagine growing up almost your entire life in this country, submerged in the only culture you know, working, paying taxes and being a good citizen, only to be told you are not welcome, we are separating you from your friends and family and kicking you out of the only home and country you've known.

It's unconscionable, and Trump and his fellow heartless Republicans should be ashamed and shamed.

Resistance is key and we need to keep showing that this racist, avaricious and dangerous president does not represent our American values. It's our constitutional right and duty.



NDEPENDENT **News**

Giving good work its just reward

- Landry Weston has been promoted to Assistant Vice-President Loan Officer/Credit Analyst/ Appraiser at Cornerstone Bank in Berryville. Landry is a Mississippi native and graduate of The University of Southern Mississippi. He and his wife, Kim, and two children reside in Berryville.

PHOTO SUBMITTED



Kimber Kunselman, a junior at John Brown University, won a \$2,000 Wentz Education Scholarship provided by the Arkansas State Elks Association to be used during the 2017-18 academic year.

Рното ѕивміттел



Labor on – No rest for the workers as some took advantage of a day off from jobs to work the jobs at home that get put off until they get a day off. Note: the siding did get washed.

Рното *SUBMITTED*

Community Center HAPPENINGS

The ES Community Center Foundation thanks the Windgate Challenge Grant for its \$50,000 matching grant. Ermilio's will host the next Dine Around on Sept. 20

HIFD eat and meet

Holiday Department Auxiliary will hold their luncheon and business meeting at noon Tuesday, Sept. 26 at the Holiday Island Clubhouse Ballroom, 1 Country Club

Island Fire Drive, with doors open at 11:30 a.m. The cost is \$8 for lunch and \$12 for dues. Reservations must be made by Friday, Sept. 22. Call Drenden Higdon at (479) 363-8125 for more information.

Gathering up scrap metal

The Grassy Knob Volunteer Fire Association is holding a metal collection from Sept. 13 - 21. Bring your old metal to the trailer beside the Community Center and help raise money for the Fire Department.

3 local Treasures honored

the Arts will host the screening of a series of documentary films about Complex at ESSA on Sept. 21. The three Arkansas Living Treasure reception and screening begin at Artists from Eureka Springs: Eleanor Lux, Doug Stowe and Larry

The Eureka Springs School of Williams. The screening will take place in the Iron and Wood Studio 6 p.m., followed by a question and answer session.

Enjoy quiet meditation, discussion and reading

The Eureka Springs Buddhist Study Group will gather for 30 minutes of meditation followed by reading and discussion on Thursday, Sept. 7 at 4 p.m. at Heart of Many Ways, 68 Mountain. All are welcome.

Changing the color of Arkansas

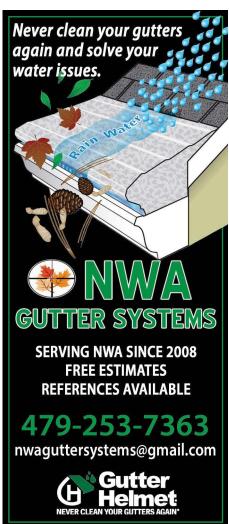
Denise Garner will be speaking at the Democratic Party of Carroll County Sept. 11 meeting. She will be speaking on a new non-profit mission to turn Arkansas Blue. The meeting will be held at the Berryville Community Center with a meet and greet at 6 p.m. and official meeting at 6:30 p.m.

Eco-design meeting at Permaculture Think Tank

The Northwest Arkansas Permaculture Study Group will meet Sept. 9 at Hawk Hill from 10 a.m. - noon. Hawk Hill is located at 765 Passion Play Rd. Call Jerry Landrum at (479) 244-0377 for more details.

INDEPENDENTNews





Keeping the beat – Basin Park was alive with rhythm on Saturday evening during September's Drumming in the Park. If you missed this one, don't worry; you still have a chance to join in the drum circle on Saturday, Oct. 7, which is the last Drumming in the Park for 2017.

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Diaper drive for hurricane victims

The Greater Eureka Springs Chamber of Commerce is partnering with the Eureka Springs Rotary Club and area groups and businesses to help the youngest victims of Hurricane Harvey. They are collecting diapers and baby wipes, which will be transported to the Texas Diaper Bank.

Diapers, pull-ups, and baby wipes may be dropped off during regular

business hours at the Chamber of Commerce, Arvest Bank, Cornerstone Bank, Equity Bank and Hart's Supermarket. Donations will be accepted until Thursday, Sept. 7.

For more information contact Jessica Wheeless at Jessica@ eurekaspringschamber.com, call (479) 253-8737 or visit www. eurekaspringschamber.com.

Meditation through movement and sound at Metafizzies

Rebekah Clark will lead the Eureka Springs Metaphysical Society meeting in a session of Divine Singing and Sound Meditation on Monday, Sept. 11. No vocal experience is necessary and chants and mantras from multiple traditions will be used. The gathering begins at 7 p.m. at Heart of Many Ways, 68 Mountain. All are welcome.

EUUF feeling the music

Join at Eureka Springs Unitarian Universalist Fellowship on Friday, Sept. 8 at 7 p.m. to listen to ITASCA, a Los Angeles based band. A \$10 donation is requested. For more information call Nancy Brooks at (918) 708-2256.

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Rural fire department raising money

The rural fire station at Buck Mountain is holding a raffle for a 2008 Custom War Eagle Chopper Bike at the ticket price of \$20 each and a limit of 1,000 tickets being sold. The raffle is to raise money so the fire station can buy a portable pump to pull water from the lake during emergencies.

The bike is on display at the Eureka Springs Fire Department and tickets can be bought at the fire station or from any firefighter. The drawing will be at the ES Fire Department on Sept. 23 during Bikes, Blues & Barbeque.

For more information contact Mike Melroy, (479) 244-6960.

INDEPENDENTMail

All INDEPENDENT Mail must be signed and include address and phone number for confirmation. Letters to the Editor should be limited to 200 words or so. We reserve the right to edit submissions. Send your INDEPENDENT Mail to: ES Independent, 103 E. Van Buren, #134, Eureka Springs, AR 72632 or Editor.Indie@gmail.com

Division needs welding

Editor,

[Recently] I wrote a letter to the editor that caused a genuinely unexpected backlash. As soon as the paper came out I received an angry text from friends in Nebraska saying I had attacked them in the press. I'd have never guessed that our small town newspaper forum could be considered "the press" or that anyone in Nebraska was likely to read it. And I certainly never intended anything I said to be an attack. These are people I value highly as friends that I've known practically since I was in diapers. I thought my letter was simply lamenting the fact that politics have become so divisive and uncivil that you can't even discuss the with your oldest friends – but obviously it didn't come across that way. I guess maybe we're all programmed to see every disagreement as an attack.

I'll let my friends' text speak for itself: "We don't always vote Republican, nor the same. We're certainly not single issue voters and the fact that we carry (guns) has nothing to do with politics."

So on those points I stand corrected and anything I said to the contrary was simply opinion or conjecture on my part. Since my perceived attack was in the press, I thought my apology should be as well - I just hope they read the Independent every week.

However, the intent of my original letter seems to have been verified. The only reason I mentioned those friends at all, in the context, was to say that it's sad when you can't discuss politics - even with your oldest friends. Our small issues keep us divided, so we're unable to focus on the larger ones.

We all have to breathe the air, drink the water, and, by some means, make a living for ourselves and our families. We Americans need to fix and/or protect those things before we try to tell the rest of the world how to live. The great orange ape in Washington – whose only purpose in life seems to be to go around loudly screaming, "Look at me!" - is an ugly and unnecessary distraction.

Gloria Churchill

Confederate monuments belong in museums

Editor,

I feel obliged to remark on Dan Krotz's "Pursuit of Happiness" [ESI, Aug 23, 2017]. I've always thought Krotz's writings were smart, but this time I think his intellect got in the way of his compassion.

Using the Vietnam Memorial as an example, my take is that Krotz is speaking in defense of the non-removal of monuments due to their possibly being commemorative of simply a wrong theory. This comparison of monuments can hardly be applied to monuments glorifying slavery. Do you know that one has to travel abroad to see a monument celebrating Black emancipation?

An acquaintance told me, "The monuments in my hometown celebrate the men who fought to keep those who look like me enslaved, not those who fought for freedom." More than 700 proslavery, white supremacists monuments dot the United States.

"These monuments are not benign markers of Southern heritage. Alexander Stephens, vice president of the Confederacy, declared the Confederacy to be founded upon the great truth that the negro is not equal to the white man; that slavery, subordination to the superior race, is his natural and normal condition." Samuel Sinyangwe

As we saw in Charlottesville, confederate monuments have become a rallying point for today's white supremacists. Confederate statues and symbols were designed to empower a vile ideology and to disempower those oppressed by it and must be removed to museums.

Julie Freeman, Ph.D.



@dave cactus: Mugger *pulls out a knife* Me: *Pulls out a jar of marmalade and two biscuits* Mugger: Lovely.

@Steven37366100: [millennial children kindergarten roll call] Teacher: Nancy? Nancy. Here. Nanci: Here. Nancee: Here. Pnancy: Here. Gnancy: Here.

@KateWhineHall: "We only had 5 channels and no remote" is the new "I walked uphill both ways, barefoot, to school when I was a kid."

@Staggfilms: Hush and put on your matching Adidas tracksuit so everyone at Costco knows we're a couple. Don't

make this weird.

@witwitbarista: Lose something? Need help? Call 1-800-MOM & a team of moms will be deployed to you to ask, "Well, did you look?" or "Did you look-look?"

@ohnoshetwint: "Should we take the kayak or just walk out to the sandbar?" - Row v. Wade

@ScottLinnen: Someone robbed a Pensacola WalMart of 300 cases of Red Bull. How do these people sleep at night?

Alackofshame: You're not a real family unless you all have different names for the same dog.

@TheGladStork: I wish horses knew that every person who drives by them says, "Oh look. Horses."

@ohpeetie: Teaching my 9yo to sew. She's going to make a great wife to someone in 1836.

@whatmaddness: I'm trying to explain to my mother how to get pictures off her phone while we're on the phone, and everything is awful.

INDEPENDENTE ditorial

The Inconvenient Truth about Diamond

"You're gonna play climatologist tonight?" - Kellyanne Conway

With a quick response, Senior Presidential Advisor Kellyanne Conway stopped CNN's questions on the climate breakdown during an update on Harvey. "We're trying to help the people whose lives are literally underwater, and you want to have a conversation about climate change?"

Kellyanne, this is the time to discuss what people in power ignore. The cause and effect relationship between burning fuels and raging floods and wildfires is clear. Harvey and the Los Angeles inferno are a taste of what is to come. Richard Heinberg and his team at the Post-Carbon Institute have a transition plan to an emission free economy, powered by the Carbon Fee & Dividend program. We need smart leadership with the courage to act.

Wars or People?

The "Fire and Fury" tweets have accelerated the threat of nuclear war with North Korea. The U.S. does not have funds to increase our nuclear arsenal and provide emergency aid to disaster victims. The public health cost of the chemicals released by the Texas refineries and chemical plants, plus massive toxic chemicals stored in Superfund sites, is unknown.

Climate Chaos – People Rising

Northern Lights MN collaborative, interactive, media-oriented, arts organization from the Twin Cities for the world. Here is what they say: "Climate change is a potent, chaotic brew of interconnected, disparate, fluid, evolving, long-term consequences that form an attenuated chain of cause and effect over millennia... climate change seems to imbue every aspect of daily life with the threat of chaos." This is an artistic view Eureka Springs can relate to. Our government and economy have failed, people must rise in care of the Earth and our brothers and sisters in dire need.

Dominance or Ignorance?

Crude oil is a commodity other countries sell under \$50 per barrel from conventional fields. Last week, Harvey repealed the dream of Energy Dominance and replaced it with the nightmare of energy and environmental deregulation.

Energy Dominance is based on false concepts: fracking and inflated energy forecasts. At the Houston, April 2017, Offshore Technology Conference, Interior Secretary Ryan Zinke explained, "I always say God's got a sense of humor - he gave us fracking. And fracking is a game-changer – certainly a global game-changer."

The Energy Information Agency is part of the Department of Energy. EIA uses peculiar terms for oil & gas resources in their forecasts: accumulated production, proven reserves, economically recoverable technically recoverable resources. resources, and remaining oil & gas in-

Diamond is 100 years of pollution

Proper words are used to describe reality, but some words are used to deceive. Pipeline accidents, leaks, and spills are false descriptions of preventable events and massive discharges of toxic chemicals on land and rivers. Diamond, Rainbow, and other pleasing names are used for hazardous pipelines. Fracking has a clear meaning but frack water, called wastewater, minimizes the massive volume of highly toxic chemicals added to fresh water and extracted from oil and gas shale formations miles deep in the ground.

Unlike industrial water sent to water treatment plants, wastewater is sold as produced water to de-ice and clean roads, and grow vegetables and produce in California. Wastewater disposal tanker

trucks are used to transport millions of gallons to Oklahoma to be stored underground. The large number of injection wells near Cushing is known to cause earthquakes.

Diamond pipes

Diamond says, "The Diamond Pipeline will exceed the United States Department of Transportation pipeline standards and will include a number of safety elements. New pipe will be manufactured to exceed industry standards and specifications." False and ambiguous. Diamond gave Welspun an order for 290-miles of pipes for a 440-mile pipeline. Where are the rest of the pipes coming from?

Stopping Diamond

Last week I sent an urgent Public Safety request to Gov. Hutchinson asking him to stop the Diamond Pipeline: "Diamond does not have a permit to transport toxic chemicals. Watershed and river crossing permits were granted based on Diamond's safety promises unsupported by facts, without an Environmental Impact Study. High-pressure shale crude pipelines, operated around the clock will trigger catastrophic events."

Dr. Luis Contreras



Pursuit Of HAPPINESS

by Dan Krotz

We've heard the advice "Think globally, shop locally." It's good advice, but who applies it to politics? In the last election, everyone had an opinion about Old Marmalade Brains and the Methodist in the Mao jacket, but hardly anyone paid attention to local candidates for offices such as town constable, the Quorum Court, or County Clerk. And fewer than half of eligible voters even bothered to show up at the polls.

After Richard Nixon's landslide victory over George McGovern in 1972, someone asked Malcom Moos, a Republican Party operative, if Nixon's coattails were long enough to help down ballot candidates.

"Coattails!" Moos exclaimed. "Hell, the guy wasn't even wearing a tee-shirt."

Moos's retort marked a growing recognition of the lessening impact national races have on local elections. Do candidates for federal offices - president, senators, and congressional representatives - help down ballot candidates win or lose elections? Not much. But the opposite is true: robust and consistent effort by local political parties focusing on local offices is a rising tide that lifts all candidates. If you want Steve Womack - or Josh Mahoney - to represent you in Congress, the most effective strategy is to get excited about Ouorum Court races.

Republicans are better than Democrats at shopping locally. In 2016, Republicans won something like 1,425 contests vs. 420 wins by Democrats. This is partly due to Republican control of redistricting, and to gerrymandering, with the result that a rural red tail wags the blue national dog. But it's also because Democrats are good at thinking globally and conspicuously bad at shopping locally. Democrats can tell you all about climate change, but don't know a thing about how USDA Rural Development and Farm Service Agency dollars are disappearing in the Trump administration.

Candidates for a Carroll County office need to file between February 22 and March 1, 2018. That's plenty of lead time for them to learn why rural internet is going to get way slower - and cost more, too – and what immigration law has to do with Carroll County's impending critical shortage of doctors. Candidates need to let voters know that there's local skin in the national game.

A little help from our friends:

- *Good Shepherd Humane Society* monthly board meetings are held the 4th Wednesday of each month at 1 p.m. at the Good Shepherd Humane Society Shelter, 6486 Hwy. 62E. All are welcome.
- *Carroll County Domestic Violence Hotline:* 1-844-247-3223 (844-24PEACE) is available 24/7. The Purple Flower Domestic Violence Resource and Support Center is open Tuesdays and Thursday from 10 a.m. 3 p.m. at 109 W. Church Ave. in Berryville. (479) 981-1676.
- 24-hour NWA Crisis Line for Women NWA Women's Shelter serving Carroll County "Empowering families to live free of violence." (800) 775-9011 www.nwaws.org
- A Cup of Love Ministry Feeding the Hungry Located at 4032 E. Van Buren, Hwy 62. Serving Soup Monday-Friday 10 a.m. 4 p.m. Sunday Service 10:30 a.m. Noon potluck following. Wednesday Bible Study 5:30 6:30 p.m. Friday Food Pantry 10 a.m. 2 p.m. Caring for our community, spirit, soul, and body. (479) 363-4529.
- Flint Street Fellowship food pantry, lunch, free clothing Pantry open 10 a.m. 2 p.m. Mondays and Wednesdays. Free lunch Tuesdays and Thursdays, 10 a.m. 12:30 p.m. Free clothes/shoes closet, books and household items. (479) 253-9491 or 253-4945. Leave donations in barrel at entrance if facility is closed.
- *Wildflowers one-dollar, furniture barn/thrift store* US 62E across from Hill Country Hardware. One-dollar store in the yellow building open Tuesday Saturday from 10 a.m. 4 p.m. Thrift store, furniture bank in big blue barn behind chapel open Friday and Saturday from 10:30 a.m. 4 p.m. Donation drop offs by the blue barn only.
- *Recorded Teachings and Meditation Monday* Recorded Rinpocne teachings at 5:30 p.m. on Mondays followed by meditation at 6 p.m. Call Alece at (479) 244-6841 or Gary at (479) 244-6840.
- *Celebrate Recovery* Soul Purpose Ministries, 801 S. Springfield, Green Forest, 6:30 p.m. each Wednesday. Potluck followed by 12-step Christ-centered meetings for those suffering from addiction, habit, hang-up or hurt.
- *Grief Share* A Bible-based, 13-week program fro those who have lost a loved one from 2 4 p.m. at Faith Bible Church, Suite C, 3 Parkcliff Drive, Holiday Island. Share with others experiencing similar circumstances in an informal, confidential setting. Call (479) 253-8925 or email lardellen@gmail.com. You may join at anytime.
- Narcotics Anonymous Fridays, 5:30 p.m. (903) 278-5568. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn.
- Coffee Break Al-Anon Family Group Women Tuesdays, 9:45 a.m., Faith Christian Family Church, Hwy. 23S, (479) 981-1686.
- *Al-Anon Family Group (AFG)* Sundays, 11:30 a.m.; Mondays, 7 p.m.; Wednesdays and Thursdays, 5:30 p.m. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn on Hwy. 235. (479) 253-3380.
- Eureka Springs Coffee Pot AA Groups Monday-Saturday 12:30 p.m.; Sunday 10 a.m.; Sunday Thursday, Saturday, 5:30 p.m.; Tuesday and Friday, 8 p.m. (479) 253-7956. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn. All are meetings: See www. nwarkaa.org.
- *Overeaters Anonymous* Thursday, 10: 30 a.m. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Inn on Hwy. 235. (479) 981-3103
- *St. Vincent De Paul Thrift Store* First Tuesdays provide assistance with medical help, utilities, clothing, emergency shelter, shoes, etc. Annual charity Christmas Gift & Food Program. Mon-Sat 10 a.m. 4 p.m. 1844 Hwy. 62W Berryville.
- *Support Group* for those with **Parkinson's** and their caregivers, first Wednesday of each month, ECHO Community Room at 10 a.m. For questions email Sally at sarahg@arkansas.net or call (479) 981-1587.
- *Echo Thrift Stores and Clinic* The Clinic is open 2^{nd} and 4^{th} Thursday of the month for appointments open 1-4 p.m. Open every Tuesday/Thursday to assess needs and to make appointments. Free services are offered to those without insurance or if insurance does not cover them. The Thrift Store is open Monday-Saturday from 9-5 p.m. Clinic number: (479) 253-5547. Thrift Store number: (479) 253-5888.
- Heart of Many Ways Open Sanctuary Wednesdays 1-4 p.m. A Sacred Space open for silent prayer, meditation, spiritual reading or simply for soaking in the silence of a quiet place. People of all faiths, spiritual paths, or individual spiritual expressions are welcomed. 68 Mountain St. Enter up the front stairs to the left. Call Amrit at 253-3165 or email oeema@mail.com.
- *Chronic Pain Support Group Forming* Call if you feel Alone and are looking for resources, support and advocacy. (870) 350-5571.
- Diabetes and Weight Management Support Group: 4th Thursday each month at 6 p.m. (Jan. Oct.) (479) 325-9749. Abundant Health Wellness Center, 240 Huntsville Rd. Eureka Springs. DanaWestRD.com

INDEPENDENT ConstablesOnPatrol

AUGUST 28

 $4:\!40\ p.m.-Constable\ arrested\ an\ inebriated\ individual\ for\ public\ intoxication.$

AUGUST 29

11:36 a.m. – Person was camping on private property behind a vacant building. Constable told the camper to relocate and any future campouts at that site would result in trespassing charges.

AUGUST 30

2:39 p.m. – Traffic stop resulted in the arrest of the driver for possession of a controlled substance, possession of drug paraphernalia and on a felony warrant out of Stone County, Mo.

August 31

12:41 a.m. – Constable responded to a person in a vehicle parked behind a closed business. The person claimed he was using the WiFi signal.

3:55 a.m. – Employee at a business in the commercial area on US 62 noticed a vehicle parked nearby at the late hour. Constable who responded found another employee had fallen asleep in the vehicle after work.

10 a.m. – Constable and EMS responded to a medical emergency resulting from an accident on US 62 in the western part of town.

11:23 p.m. – Caller claimed an inebriated female at a bar was pushing people around. Constable went to the scene, and a taxi transported the pushy one home.

SEPTEMBER 1

2:57 a.m. – Another intoxicated female at the same location needed a friend to drive her home.

9:11 a.m. - There was a two-vehicle accident downtown. No injuries.

10:25 a.m. – Constable went to a residence to investigate a stabbing that had not been reported. Constable gathered information, and no charges were filed. 8:45 p.m. – Resident near downtown complained about the noise level at a nearby bar. Constable found the noise level within legal limits, and the establishment had a permit.

9:49 p.m. – Same upset complainant called again about the noise. She disagreed with the decibel reading and stated she intended to take the matter to the ABC.

10:59 p.m. – Resident in the west part of town reported a possible gunshot. Constable responded and found the area all clear.

SEPTEMBER 2

12:45 a.m. – Traffic stop resulted in the arrest of the driver for speeding and DWI.

1:21 a.m. – In response to an incident, one individual was arrested for DWI, possession of a controlled substance and careless and imprudent driving.

5:41 a.m. – Concerned caller reported hearing someone screaming near downtown. Constables discovered an inebriated person, and he got a ride home.

6:31 a.m. - A one-vehicle accident on Hwy. 23 North resulted in a fatality.

9:23 a.m. - Constable took a report of a gas drive-off.

2:33 p.m. – Parking dispute in a neighborhood drew the attention of the constable on patrol. Problem solved.

2:42 p.m. – Concerned passerby noticed a dog locked in a parked vehicle downtown. Constable arrived to see the vehicle leaving the lot.

4:20 p.m. – Distressed shopper said he parked his vehicle in front of a store, went inside briefly, and came out to find his vehicle gone. Constables discovered the vehicle had been re-parked by a hotel employee.

4:29 p.m. – Downtown merchant claimed several shop owners in the area have asked a certain person to move along, and the person refused. Constable stopped by to say hello, and the gentleman moved right along. 5:32 p.m. – Constable had to remind people in Basin Park that smoking there violated a city ordinance.

SEPTEMBER 3

12:07 a.m. - Constable assisted a motorist.

CONSTABLES continued on page 15

INDEPENDENTNews

Glory-beaming banjo – The Banjo Rally show on Saturday evening kept toes tapping in the Forrest Manor Room of the Inn of the Ozarks Convention Center. About 80 people got to enjoy a mix of music ranging from Hawaiian, Bluegrass, and a little bit of gospel from Christian Stanfield who got the crowd singing I'll Fly Away.

Photo by Jeremiah Alvarado



Birds of a feather...

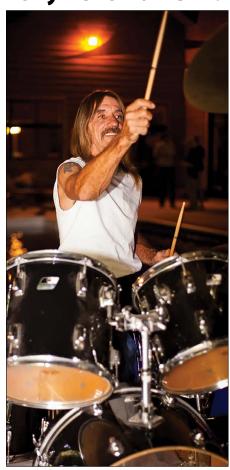
Young barn swallows that were saved from the enormous black snake last month are stretching their wings and broadening their horizons in the setting sun. Bye, bye, birdies.

PHOTS SUBMITTED





Tony Kent Walker March 7, 1958-August 28, 2017



Tony Kent Walker of Eureka Springs, Ark., born March 7, 1958 in Walnut Ridge, Ark., son of Vernie and Patsy Ruth (Manus) Walker. He departed this life surrounded by his family on Monday, August 28, 2017 in Eureka Springs at age 59.

TONY WAS JUST PLAIN COOL!

He was a man of many talents; woodworker, craftsman, builder, but above all else he had a passion was music. Tony was a drummer first and foremost, but could pick up any instrument and jam with anybody in any style or any genre. Tony learned to play drums at the age of five. He has played with countless musicians and been in countless bands. Tony leaves behind many brothers and sisters in his music family. He was a member of The Ariels for 29 years. We know he is jammin' and rockin' with his group of brothers that were waiting for him - Charles Hammer, Mike "Wildcat" Alexander, Chris Amussen, Max Elbo, Doug Moore & Brad Allee... (they needed their drummer.)

Tony has a 40-year history of giving to the community he loved. He was always eager to lend his many talents for someone in need, playing hundreds of benefits to memorial services, any community event, schools, etc. Tony passionately shared his love of music with countless young musicians and taught them about "The Pocket." His music legacy will live on through his children, grandchildren, nieces and nephews.

Aside from his talents and hobbies, Tony was a loving family man, a devoted husband, father, son, brother and grandpa. He loved his big ol' family more than anything else. He absolutely loved taking them all to concerts, on vacations, camping trips and so much more, just to see his family having fun and loving life! Rock on, Grandpa!

On Dec. 12, 1987, he was united in marriage to Lana Jewel (Sullivan) Walker, who survives him. He is also survived by his children, son, Joel Walker and wife, Caringtan, of Eureka Springs; daughter, B.J. Allee and husband, Josh, of Eureka Springs; daughter, Amanda Lindsey and husband, Justin, of Eureka Springs; mother, Patsy Walker of Berryville;

sister, Teresa Griffith and husband, Pat, of Eureka Springs; his brother by choice Daniel Lloyd; eight grandchildren, Tyler Allee, Tanner Allee, William Allee, Hallie White, AnaBella Allee, Olivia Lindsey, Wyatt Kent Walker and Wynndle Walker; three great-grandchildren, Adalynn Pena Allee, Gracynn Allee and Tripp Allee; many nieces, nephews, cousin and countless friends.

He was preceded in death by his father, Vernie Walker and two brothers, Larry Walker and Gary "Bo" Walker.

A Celebration of Life will be at 3 p.m., Sunday, Sept. 10, 2017 at Lake Leatherwood (lower meadow), Eureka Springs, Arkansas. Arrangements are under the direction of Nelson Funeral Service, Inc. Memorial donations may be made to The Eureka Springs High School Music Dept., 2 Lake Lucerne Rd, Eureka Springs, AR 72632 Online condolences may be sent to the family at nelsonfuneral. com. © Nelson Funeral Service, Inc. 2017

Princess



Our sweet beloved Princess passed away peacefully at age 30. She rode in her last Christmas parade in December, down Spring Street, as she did each year before.

She was loved by many and remembered fondly. Many children learned to ride on

She was a former Civil War reenactment horse, 4-H horse, and mounted shooting horse before coming to Eureka to be our parade sweetheart, always ridden by her trusted friend, Merritt Taylor.

The headlines announced **■** "Supreme Court Annuls Election and Orders Re-vote." No, that wasn't about our 2016 election. That happened in Kenya this week. Their court there found voting irregularities that tainted the election outcome.

According to Kenyan Star newspaper, Breitbart owner Robert Mercer's data mining company, Cambridge Analytica, along with other Trump operatives worked for Kenya's incumbent president to ensure his election. Their courts deemed those results illegal and void.

Cambridge Analytica is the same company that engineered the UK's pro-Brexit vote and Trump's election bid. President Kenyatta's election was a third "win" for the four-year-old company, but it is the first time they have been stopped. It's good to see that corruption can be recognized and countered. It gives us a chance to perhaps thwart the plans in the works for our 2018 election.

Republicon politicians are no longer pretending to govern. Their only concern is winning. Winning for them is stripping the Treasury bare, raping the Earth of all minerals, selling off our parks, buildings and monuments, turning our taxpayer funded highways into toll roads and impoverishing all of us.

Like Trump's ("Have a comment good time") to the survivors of Hurricane Harvey still Houston's temporary shelters, Republicon politicians ignore downplay constituent concerns

and demands. They are being paid by the Kochs, the DeVoses, Mercers and other billionaires to do their bidding. Our votes mean little and if we are not aware and actively demand verified voting tabulations, our votes will mean nothing.

We now know that not only did Cambridge Analytica play a significant role in the 2016 US election debacle, undisputed Russian hacking of voter registration rolls did the rest. Democratic precincts were targeted and untold numbers were denied their constitutional duty and right to vote, especially in highly contested districts where Trump "won" by one percent.

The questions we must ask ourselves: are we willing to allow our country to become the piggy bank for the oligarchs? Or do we demand change to voting with verifiable tallies? We don't have much time, the next election cycle is about to begin.

HOGnobbing by Danny West

FAYETTEVILLE - Arkansas' defense will be without its top cornerback when TCU's high-flying offense rolls into town for Saturday's 2:30 p.m. contest at Reynolds Razorback Stadium.

Junior Ryan Pulley, the SEC's leading returner in pass break-ups from the 2016 season, announced last Friday on social media that he will miss the remainder of the year with a shoulder injury he suffered in the Hogs' 49-7 win over Florida A&M last Thursday.

With Pulley out of action, the Razorbacks (1-0) will be forced to rely on three players who are low on experience in sophomore Britto Tutt, who redshirted last year while recovering from an ACL tear, and true freshmen Kamren Curl and Chevin Calloway.

Curl replaced Pulley in last week's game and will get the start against a very fast group of TCU receivers on Saturday.

"Kamren Curl moves into the job just like he did Thursday night," defensive coordinator Paul Rhoads said. "He moves into it right away, but there will be an ongoing competition and a rotation amongst the remaining four corners that play.

"You've got (senior starter Henre') Toliver, Britto, who can play either side, you've got Curl, and you've got Chevin Calloway. All four of those guys will be in the rotation and will continue to see the field."

Rhoads knows his young group is in for a challenge, but believes they're capable of getting the job done against the Horned Frogs (1-0).

"It's a huge challenge no matter who you're playing, but TCU certainly compounds that with him," Rhoads said. "I believe, and I've always believed, the further you are away from the football, the easier it is to play at a younger age.

"The reason is, the closer you are to the football, the faster things happen and the harder you get hit in the mouth every single play. When you're out in space and you can utilize your athletic ability, you have a better chance. I think all of those guys have a big challenge ahead of them this Saturday and beyond."

Curl, a Muskogee, Okla., native who had multiple big-time scholarship offers as a recruit, impressed the staff early and often in the Razorbacks' preseason camp.

"He's a very mature young man," Rhoads said of Curl. "Along with that maturity comes a seriousness. He's an intelligent football player. He's picked up very quickly on what we're doing and how to accomplish it. He recognizes his strengths and weaknesses and plays to them. He's a good tackler, he's a physical player.

"Those things all allowed him to rise to the top. Not that there's significant separation between him and the next guys, but enough to give him the nod."

Toliver, a four-year veteran, had a one-on-one talk with

Curl the moment Pulley went down in the first half of last week's game.

"I told Kam, 'You're not a freshman anymore," Toliver said. "You can't say 'oh, I'm a freshman.' You are a starter on this Razorback defense. There's

no pity, no sympathy. You've got to go."

Curl, Calloway and Tutt will join Toliver and nickel back Kevin Richardson in covering an explosive group of TCU receivers that helped put up 300 yards in the Horned Frogs' 63-0 season-opening win over Jackson State last Saturday.

"They're quick and fast. Extremely fast," Rhoads said of TCU's skill players. "I don't know if I've ever seen a football team put the sheer number of guys on the field that can just flat-out fly like I saw with them Saturday night."

The Arkansas-TCU game will be nationally televised as the Game of the Week on CBS.

(Danny West covers Razorback athletics and recruiting in football and basketball for HawgSports.com and is a regular guest on sports talk radio station 103.7 The Buzz in Little Rock.)

TheNATURE of EUREKA by Steven Foster



Invading aliens climb the wall

ook! On the fencerow - it's a wildflower, it's a perfume plant, it's a bombshell beauty! No, it's super weed! Oh, yes I know, it's a pretty thing with a delightful fragrance and produces a festoonery of beautiful, wedding-dress-cream-white flowers reminding us of the charm of nature, but above all, it's an invasive alien.

Don't build a wall to keep it out. It climbs walls. Yes, it's a lovely stunner in terms of visual appeal, and because of these features, along with being really easy to grow, it found a wayward home in North America and elsewhere after introduced from its native home in East Asia (China, Japan, Korea), after its initial introduction

European botanists, most of whom had not seen the plant in the wild, were happy to name it for their pals, names such as - Clematis maximowicziana (for Carl John Maximowicz, 1827-1891), or because it looked like something else, such as wild yam leaves, becoming Clematis dioscoreifolia, or the Romanesque technical Clematis paniculata, the flamboyant Clematis flammula. Finally, botanists settled on the less than elegant, Clematis terniflora, a name first bestowed on it in 1817. Terniflora means "3-leaved," yet our plant typically has 5-7 leaflets, so the name doesn't quite fit.

How many times in the last week have I received



text messages, emails, FaceBook inquiries, and tweets asking me what the beautiful white flowers are that decorate our fences, field edges and roadsides, largely confined to in-town Eureka Springs, but spreading prolifically along the edges of town as well. I can't quantify how much more biomass of the thing there is now compared with ten years ago, but I would guess the increase is four-fold.

It's given the delicate names sweet virgin's bower, fragrant virgin's bower, sweet autumn clematis, and yam-leaved clematis among others. When you go to remove the woody vines, especially during the active growing season, you will want to cover your skin, because like many members of the Ranunculaceae (buttercup family) the plant contains acrid, caustic protoanemonins, which can cause contact dermatitis with blistering and an irritating rash.

In both American and Asian folk traditions, the fresh leaves have been applied to the skin as a counterirritant to treat rheumatism. The logic is a little like if you think rheumatism is bad, here, try this, it will divert your attention, giving new meaning to the phrase, "beauty is only skin deep."

Giving - to Make Sacred, Holy & Orderly Again

ednesday, just after midnight (West Coast time) is the full moon (timing mechanism). It is also the Virgo solar (sun) festival (14 degrees). Virgo's festival arrives just after Mercury turned direct at the Leo eclipse point. Reminding us that eclipses bring vast changes. And so, right after the eclipse (dividing the U.S., reflecting our polarized ideologies), the hurricane swept into Texas, producing massive flooding, changing the lives of hundreds of thousands

of people.

In times of crisis such as these, humanity is called to serve, to give and to sacrifice. Humanity is called to action, becoming part of the New Group of World Servers, working under the Law of Sacrifice, which is the Law of Giving and Group Endeavor. The flooding has given women and men of Goodwill, an opportunity to serve, which is the task of Virgo – and to restore order through acts of selfless service.

The Law of Sacrifice means to "make sacred, holy and orderly again." All of us are asked to give. The aftereffects of the flooding crisis in our country will continue for weeks, months and years.

Thousands have lost everything. There will be a great long-lasting sense of trauma by the flood victims. The towns and cities will need to be rebuilt. Let us continue to give, and then give some more.

Giving produces Joy.

ARIES: You will be asked to share possessions and resources, to drop your personal sense of security for a greater spiritual security. You might attempt to accomplish tasks alone and in solitude. However, you will need to join with others now to face the transformations & reorientations that have begun to change our planet. You can no longer dismiss others' values. You will move from instinct to intelligence to intuition to sharing.

TAURUS: Relying solely on yourself creates a state of alienation and possible loneliness. It is important to become more sensitive and aware of others' needs in your life, especially those close to you. You often don't understand what your partner is trying to communicate. You want to "get things done." You have a vision for the future. Are all the kingdoms considered? You focus on physical survival. But there are other voices, other needs and planes of reality to consider. **GEMINI:** Beware of not tending to practical details, becoming confused, disorganized and avoiding making goals, plans and agendas. It's important in the next 18 months to create reasonable plans and routines, scheduling in the morning and reviewing the day at night, creating daily goals, seeing them through. Without this (new) order, you may feel out of control and lacking in clear vision. The Soul is orderly.

CANCER: A deep welling up of creativity appears and at times you are the center of attention by those who recognize your intelligence, talents and gifts. They will want to learn from you. You will need to cease worrying if things are good enough. You are always good enough. Come out from under your shell, enter the garden without

fear and apprehension. Attempt contact with the devas (garden fairies). You will feel less alienated. The devas will become your friends.

LEO: Realizing you are dependent upon those you love can make you pull back and remain within yourself building our own "interior castles."

You often fear losing individuality when you love. You

live a bit within the heresy of separateness. Yes, there's the need to develop your own self-ness, leadership and ability to rule. However, for life to have meaning, love is all there is for you. You can love deeply without dissolving.

VIRGO: So often you feel the need to take responsibility. This can sometimes, without adaptation that creates fluidity,

move into a state of rigidity and then fear of not being recognized adequately. Having a standard of perfection and achievement is important. Beware of becoming too intense, too in control, too fearful of obscurity. Everyone sees you. You are acceptable and good. The unveiling is continuous.

yourself, your worth and values through the eyes of your close intimates.

Your daily life may feel somewhat confused, there may be wounding that occurs, along with a sense of things important to you dissolving away. You are in a state of "isolated unity." With the difficulties, you

discover your own values, gifts and talents and establish a greater self-worth. Prayer takes you through any crisis. Someone far away loves you.

SCORPIO: It will be important to trust your instincts, to stand on the other side of fear, to stand alone, be decisive, asserting yourself while not being overly concerned with whether people think you're good or not. Peace is a wholesome response which brings forth healing. How do we achieve peace? We have intentions for Goodwill (always), which creates Right Relations which creates the experience and process of active peace. This is the only equation for peace.

SAGITTARIUS: Sometimes we have a dark night of the Soul. Isolation is significant. We feel separate from life. We cry out in the wilderness. No one answers (at first). There comes a day and upon awakening we sense the loss and despair are lessened. We hear the words "**Love is all there is.**" We wonder where the path of Love is? We realize we've been treading it all along. At first, we were asleep. Then,

through pain, we awakened. Then love came in a flash. Then it disappeared. We are still on the path.

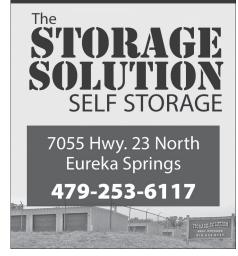
CAPRICORN: There is a new way of meditation. We must no longer "empty" our minds. We are to "use" the faculty of our minds in order to design, fashion and build, with boldness, the new world. We cannot create with an empty mind. We create through our imagination, the faculty of visualization. Our minds are to be an intensified light of constant imaginative creation. Visualize a future for yourself as part of a community for humanity. Do this daily. See what happens.

AQUARIUS: It's good to say mantras (holy words) each day. Their sound holds the resonation (vibration) that creates the future. We must realize the implication inherent in the words, "**Humanity must create the new future.**" Toning, sounding ohms, reciting ancient mantras help uplift and purify the present world around us. Out of that purity, and sound, which created the world, the future begins to appear. Doing this creative work comforts us.

PISCES: You want to live in community. You may need to seek out unusual places yet unknown to you. There is something profound occurring with you and groups of people. At times, you feel a deep loneliness. Remember Matthew 21: 22. "Pray and you will receive what you pray for." Read the story of Mary Gray (Theosophist) meeting Krishnamurti at the train station. Mary took Krishnamurti to Pine Cottage (Ojai) where he lived, studied, taught and grew in light, from 1922 until his death in 1986. From Lives in the Shadow with J. Krishnamurti, by R.R. Sloss.

Risa – writer, teacher, counselor, mentor, astrologer, esotericist. Founder & Director – Esoteric & Astrological Studies & Research Institute. Email – risagoodwill@gmail.com. Web – www.nightlightnews.org/FB – Risa D'Angeles. Note – all posts on FB are also on NLN - under Daily Studies.





Getting down to nature

The Native Plant Garden Project, in partnership with The Northwest Arkansas Master Naturalists and the Eureka Springs Parks & Recreation Commission will hold a Native plant Fair on Saturday, Sept. 30.

The free event is a fundraiser for the Native Plant Garden Project, a community volunteer project establishing a natural habitat and pollinator site in downtown Eureka Springs. The fair will take place at the new Eureka Springs Community Center from 9 a.m. - 5 p.m.

There will be area vendors, natural resource organizations on exhibit and talks by noted botanical experts. A nature hike to nearby Lake Leatherwood City Park with the guest speakers will conclude the event.

CONSTABLES continued from page 10

4:25 a.m. - Constable and EMS responded to the location of a 911 call that had been disconnected.

6:49 a.m. - A neighbor dispute required a constable's intervention.

2:14 p.m. – There was a two-vehicle bump-up in a parking lot. Drivers agreed they did not want a

3:03 p.m. – Two parked vehicles blocking a narrow street earned citations.

4:52 p.m. - Motorist downtown called ESPD because traffic was reportedly jammed up and stagnant. Constable arrived to find traffic flowing

5:25 p.m. – Business owner downtown told the constable someone had triggered the new alarm system, but every little thing was okay.

7:31 p.m. - Individual claimed she saw someone try to break into her vehicle and then drive away. Constables checked her vehicle and found no damage and no report was filed. 9:05 p.m. - Husband told ESPD his wife was missing. They had walked out of a business, and he had not seen her since. While constables searched the area, the husband called back to say he found her.

10:47 p.m. - Central dispatch reported a 911 hangup call. Constables went to the location and found one house vacant and everyone asleep in the

SEPTEMBER 4

9:11 a.m. - Guest at a tourist lodging reported damage to a vehicle overnight.

DININGOUT in our cool little town

Area restaurants are ready for you. EAT OUT OFTEN. Take a break and enjoy a good meal.



FARM to TABLE

Lunch • Dinner • Sunday Brunch

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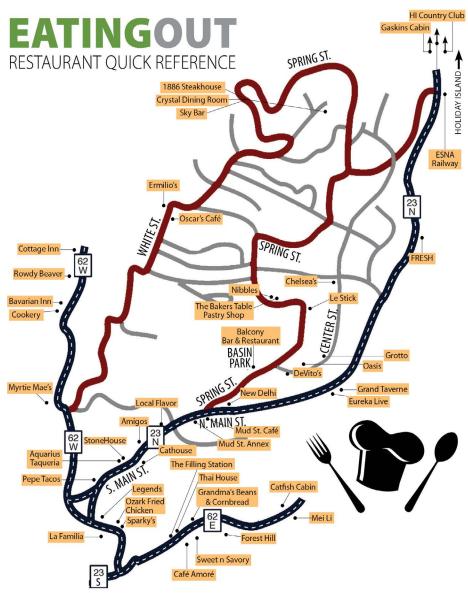












Blew Reed and the Flatheads sing the Carroll County Blues

Blew Reed is the lead singer and harmonica man, and if you love the sound of a great blues harp, this is your band! Formed in 2010, the guitar and harp driven blues of Blew Reed & the Flatheads has been tuned to perfection. Backed by Ken "Big Daddy" Cover on lead guitar/vocals, Jason Freeman on bass/vocals and Chongo Bailey on drums, Blew and his crew put on a show you won't want to miss. They are from around these parts as their song "Carroll County Blues" attests to. See them at the Cathouse on Saturday, 8-11 p.m.

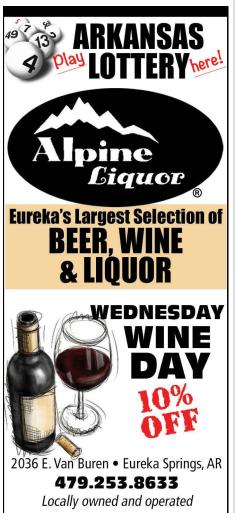
If you are looking for something a bit different, Count Tutu at Chelsea's on Friday will fill the order. With dual saxophones, trombone, trumpet and so much more, they sound like a funk symphony, starts at 9:30 p.m.

THURSDAY, SEPTEMBER 7

BALCONY RESTAURANT - Maureen *Alexander*, Singer/Songwriter, 5 p.m. CATHOUSE LOUNGE - Karaoke w/ **Phil**, 6-8 p.m.

GRANDE TAVERNE - Jerry Yester, Grand Piano Dinner Music, 6:30 p.m. GRUB N PUB - Boss Karaoke, 8 p.m. LEGENDS SALOON - About Time, Rock, 9 p.m.

FRIDAY, SEPTEMBER 8 BALCONY RESTAURANT -Jeff Lee,



Singer/Songwriter, 12 p.m. and 5 p.m. BREWS - Brian Martin, Folk/Roots, 7-10 p.m.

CATHOUSE LOUNGE - TBA, 8-11

CHELSEA'S - Count Tutu, Afro-Funk, 9:30 p.m.

GRANDE TAVERNE - Arkansas Red. Guitar Dinner Music, 6:30 p.m.

LEGENDS SALOON - DJ Karaoke w/ **Stan**, 8 p.m.

NEW DELHI - TBA, 6-10 p.m. **ROWDY BEAVER - 2 Dog 2 Karaoke,** 7 p.m.

ROWDY BEAVER DEN - Chicken Pot Pie, Country/Rock, 9 p.m.

STONEHOUSE - Jerry Yester, Artist's Choices, 6 p.m.

SATURDAY, SEPTEMBER 9

BALCONY RESTAURANT - James White, Singer/Songwriter, 12 p.m. and 6

BREWS - Mark Currey, Folk/ Americana, 7-10 p.m.

Blues, 9:30 p.m.

CATHOUSE LOUNGE - Blew Reed & the Flatheads, Blues, 8-11 p.m. CHELSEA'S - Johai Kafa, European Mtn. music, 2:30 p.m., Los Roscoes,



Blew Reed and the Flatheads bring blues to The Cathouse, Saturday 8-11 p.m.

GRANDE TAVERNE - Jerry Yester, Grand Piano Dinner Music, 6:30 p.m. LE STICK - Vinny Ray, Jazz Violinist,

LEGENDS SALOON - The Hedley Lamar Band, Classic Rock/Blues, 9 p.m. NEW DELHI - Lindey with Issues, 12-4 p.m., Dr NOLA & the Soul Shakers, New Orleans Soul, 6-10 p.m.

ROWDY BEAVER DEN - Seboe & Brian Duo, 1-5 p.m., Duane Stevens Band, Country, 9 p.m.

SUNDAY, SEPTEMBER 10 BALCONY RESTAURANT - Jeff Lee, Singer/Songwriter, 12 p.m., Melissa Carper, Singer/Songwriter, 5

BREWS - Trivia Night, 7 p.m. **CATHOUSE LOUNGE - Melodie** Rooker & the Loud Boyz, Country/ Rock, 2-5 p.m.

CHELSEA'S - Blue Dream Blue, Blues, 7 p.m.

NEW DELHI - Opal Agafia and the Sweet Nothings, Soul/Folk/Roots, 12-4

ROWDY BEAVER DEN - Terri & Brett, Country/Rock, 1-5 p.m.

MONDAY, SEPTEMBER 11

CHELSEA'S - Sprungbilly, Bluegrass, 9 p.m.

TUESDAY, SEPTEMBER 12

BREWS - Ali Holder, Folk/Americana,

CATHOUSE LOUNGE - Los Roscoes, Blues, 5-7 p.m.

CHELSEA'S -Open Mic, 8 p.m.

WEDNESDAY, SEPTEMBER 13

CATHOUSE LOUNGE - Karaoke w/ **Phil**, 8-11 p.m.

ROWDY BEAVER DEN - Shawbee Karaoke, 8 p.m.



DROPPINGA Line by Robert Johnson



Well, the water is cooling and the stripers are coming up closer to the surface on Beaver Lake. The good thing about it most the bait will still stay up here on our end of the lake for most of September before migrating back south, closer to Rogers.

I have been putting on another motor so did not get out myself this past week, but all my buddies are doing pretty good and catching some big fish still from the dam to Point 5 from the surface down to 20 feet. Big shad are still the best bait and top water plugs like the big spook and redfins are catching some during the cool part of the mornings.

We've got our first trip out tomorrow since getting the motor on so looks like we will be having some fun also. Still open for the weekend and with these cooler nights it's looking like the cold water bite is on and going to be starting a little early this year.

Speaking of cold water, and moving on closer to Holiday Island and the Beaver tailwaters, here's a picture of another buddy, I guess a woman can be a buddy if she is also a guide. Lisa Mullins of Custom Adventures Guide Service, who fishes mostly for trout and walleye in the river on light tackle, caught this nice

striper while on a walleye trip this week with a jig tied on 6-pound line. Now that has to be fun and a little scary with the fear of losing on that might of line, but I heard she hollered a pretty good yeah when she got him in the boat.

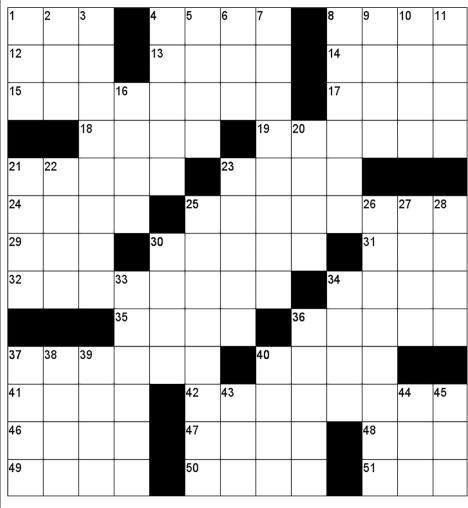
We have had more reports of stripers in the river since they had the flood gates open so much in the spring when we had all that rain. This one even had a complete intact 12-inch trout in his belly and was still hungry.

Here at the Island the crappie and bass are also moving up shallow with the cooler water. Look for crappie in the creek arms closer to the shoreline brush from 4 - 8 ft. deep, and I wouldn't waste much time fishing the bluffs since most the bass being caught are now relating more toward the flats and creek arms in water as shallow as 2 ft. deep. A square bill crankbait is still the best bait to throw so you don't snag the bottom so much.

Well, that's it for this week. Looks like winter might get here a little early this year so get out and enjoy while you can and take a kid with you when you can. Johnson Guide Service. www. fishofexcellence.com. (479) 253-2258.

INDEPENDENT Crossword

by Mike Boian with extensive help from his wife, Ann



ACROSS

- 1. In toto
- Senior of the Three 4. Bears
- 8. Antelope leap, when rightened
- v Wade
- 13. Fresh and breezy
- 14. Reds and Indians live here
- 15. Hungarian sheepdog
- 17. Awful smelling
- 18. Criteria for placing a bet
- 19. Bird that impales its victims on thorns or barbed wire
- 21. Ringworm
- 23. Sock partner
- 24. Scent
- 25. Twelve pence
- 29. Hawaiian taro dish
- 30. Frighten
- 31. Buck's love
- 32. Inferential
- 34. Period of political service
- 35. Tightly wrapped bundle of money or

- cotton
- 36. Competing groups
- 37. African vacation
- 40. Elite U.S. Navy member
- 41. Aid; encourage
- 42. Mosquito bite lotion
- 46. Very dry
- 47. Hugely significant
- 48. Ocean
- 49. Toboggan, for example
- 50. 9th letter of the Hebrew alphabet
- 51. New York opera venue

DOWN

- 1. Noah's conveyance
- John for Theresa May
- Ingredient of furniture polish
- Chinese gift to U.S.
- Helps through difficulty
- Paid athlete
- Hardy Scottish dairy cattle

- 8. Light reddish brown
- Bangkok native
- 10. Pig noise
- 11. Gratuity given by a gambler to a dealer
- 16. German river
- 20. Animal's burrow
- 21. Lightweight helmet made of pith
- 22. Image of a deity other than God
- 23. Remove whiskers
- 25. That is to say, e.g.
- 26. Pursuit of noble principles
- 27. Average
- 28. Beautiful jewels
- 30. Play a leading role, with in
- 33. Lessened; receded
- 34. Type of work
- 36. Instruct
- 37. Be a smart mouth
- 38. First homicide victim
- 39. Companion; mate
- 40. Narrow aperture
- 43. Copy; mimic

(Obs.)

- 44. Born as
- 45. Stick it in the pie hole

INDEPENDENT Classified Materials

The INDEPENDENT Classifieds cost \$8 for 20 words, each additional word is 25¢. **DEADLINE - Monday at noon** To place a classified, email Classifieds.Indie@gmail.com or call 479.253.6101

ANNOUNCEMENTS

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- providing affordable healthcare for the whole community. Sliding scale fee. \$15-\$35 per treatment, with an additional \$15 paperwork fee the first visit only. You decide what you can afford to pay! Francesca Garcia Giri, L.Ac. (479) 253-4968, 119 Wall Street. www. florarojaacupuncture.com

EUREKA SPRINGS FARMERS' MARKET now at Eureka Springs Community Center - Open Tuesday, Thursdays & Saturday, 8 a.m.-1 p.m. Vegetables and fruits, cheese, meat, eggs, baked goods. Come for the food, music and to be with your friends. Catch us on Facebook. Accepting applications for Saturday vendors.

IVAN'S ART BREAD

Organic Sourdough, Long Short, Euro Rye, and Breakfast breads

IVAN OF THE OZARKS

Grills the Market every Tuesday Early Bread day is Thursday Eureka Spring Farmers' Market 8-1 Special requests call Ivan (479) 244-7112

WHITE ST. FARMERS' **MARKET**

open Saturdays 9 a.m. to noon at Ermilio's.

Local veggies, eggs, baked goods, flowers, and plants. Enjoy coffee and food at neighboring Oscar's Cafe.

> Mark says to wash your hands...

Use cherry soap!

And I've got Green Beans. See Mark at the White St. Market, Saturday Morning, 9-12.

It's A Mystery BookStore

the gently-used book store featuring vintage, modern & classic reads on the Berryville Sq. www.itsmystery.net.

ANNOUNCEMENTS

Suffering from depression or anxiety? Get your life back! Learn how to identify causes of depression and anxiety, enhance energy level and mood, nutrition therapy for optimal brain function, and much more! Come to the FREE introductory DVD presentation on Sept. 5 or 7, at 6 p.m. at Abundant Health Wellness Center, 240 Huntsville Rd. (479) 325-9749

PERSONALS

Dear daughter,

The two C's will make an appearance this week. R, M, B and J showed up over the weekend. K and A still whacking things. M and P getting ready for a trip.

HKP - The light is still on. Awaiting your response.

GARAGE SALE

Not your ordinary sale!

Old phone booth, pinball machine, old and new furniture. In Shell Knob, MO on Friday, Sept. 15

& Saturday, Sept. 16 8 a.m.-4 p.m.

Just off Hwy. 39 behind the Plaza

HUGE MULTI-FAMILY YARD SALE

8 Cross St., Eureka Springs Saturday and Sunday, Sept. 16-17 8 a.m.

Dining room table w/6 chairs, china hutch, bedroom dressers, book shelf, 6 wooden dining room chairs w/2 bar stools, men's scuba diving gear complete with 2 tanks and wetsuit with many extras, women's BCD new in box, name brand men and women's clothing. New incline table. Art, jewelry, collectibles & much more.

FOR SALE

2004 NISSAN ALTIMA – 3.5L-V6, 4 door, silver with black interior, factory upgrade packages, 178K miles, new tires, clean, title, needs ignition coil. \$1,500 o.b.o. (479) 435-8273

HELP WANTED

NOW HIRING PREP AND LINE COOKS. Apply in person at Pied Piper/ Cathouse, 82 Armstrong.

HELP WANTED

NOW ACCEPTING APPLICATIONS for friendly, experienced hostess and servers. Also experienced line cook. Please apply in person at Rockin' Pig Saloon, (479) 363-6248 for directions.

BLUE SPRING HERITAGE CENTER

Reliable maintenance/gardener position available. (479) 244-6418

TIME HOUSEKEEPING POSITION - Apply at Bavarian Inn Hotel, 8 a.m.-9 pm.

LOCAL FLAVOR CAFÉ AQUARIUS TAQUERIA is accepting applications for all positions for immediate work. Great opportunities for hardworking people. Drop off résumé at Local Flavor between 2-4 p.m., Monday through Friday, 71 S. Main.

REAL ESTATE

COMMERCIAL BUILDINGS FOR SALE

TWO COMMERCIAL BUILDINGS on Berryville Sq. 9,990 sq. ft. 5 apartments, 3 commercial spaces. Call (870) 480-6374 for details.

HOMES FOR SALE

REDUCED PRICE!

BEAUTIFUL CUSTOM ВИПТ EUREKA SPRINGS AREA HOME FOR SALE. Three bedrooms, den, awesome kitchen, vaulted great room, 3rd floor vaulted master bed and bathroom suite. Lots of windows, French doors, deck space, garage space. Two Jacuzzis. Huge step-out partially finished basement. On 15 wooded acres. Photos and more info. at www.eurekaspringshouse.wordpress. com. (479) 981-0382.

BEAUTIFUL DOWNTOWN VIEWS!

(First house sold, 1 more available!) New construction. Total stone cottage, 2 bedroom, 2 bath, 1,500 sq. ft. Low maintenance, custom details. OPEN HOUSE 7 DAYS A WEEK. Salesman on duty. FSBO #24120390 (20 Corley Loop), Dave (479) 253-2383 or (479) 304-0041.

REAL ESTATE

HOMES FOR SALE

BY OWNER: 4-bedroom, 3-bath, 1.3 acres, attached garage, granite countertops, oak cabinets, engineered wood floors, workshop, fireplace on quiet cul-de-sac, in East Eureka Springs. \$205,000. (479) 244-5115

RESTAURANT FOR SALE

REDUCED PRICE! Restaurant (Autumn Breeze) for sale on 4.25 acres. Spacious dining room seats approximately 70. Every table has a lovely woodland view. Large kitchen, wine cellar, lots of room to expand or add on including basement area, usable attic room. Lots of highway frontage, less than 10 minute drive from downtown and Hwy. 62 hotels/ businesses. (479) 981-0382

RENTAL PROPERTIES

APARTMENT FOR RENT

UPSTAIRS APARTMENT - 1 bedroom/1 bath, 2 entrances. Refrigerator, dishwasher, washer/dryer included. Renter to pay small utility bill. \$600/mo. + \$500/deposit. (479) 244-6526

COMMERCIAL FOR LEASE

CREEKSIDE CAFÉ on North Main Street. Beautiful location with views of the creek. First months rent plus deposit. All utilities paid except electric. (479) 981-9811

RETAIL SPACE on North Main Street. Updated with view of the creek. First months rent plus deposit. All utilities paid except electric. (479) 981-9811

HOMES FOR RENT

STUDIO, UTILITIES INCLUDED, downtown Eureka, parking, patio, no smoking/pets. \$900. (479) 981-2507. Available Sept. 1.

LARGE 4-BEDROOM, two bath house for rent. Ten minutes from downtown Eureka, on 15 wooded acres. Custom kitchen, two Jacuzzis, walk-in shower/ sauna. Large, partially covered deck. \$1,300/ mo. + utilities. (479) 981-0382 after 10 a.m.

INDEPENDENT

ClassifiedMaterials

RENTAL PROPERTIES

HOMES FOR RENT

ONE BEDROOM, 1 1/2 bath, cozy, furnished cottage on 10 acres. Near Beaver Dam. \$695/mo. includes utilities and washer/dryer. References. First/last/deposit. (479) 981-2777

HOUSE FOR RENT – Classy 3 bedroom, 2 bath Victorian home on upper historic loop. Close to hospital. Parking off the street. All utilities included. \$1,075 Monthly. Pets ok with a deposit. Smoke free. Call (479) 244-0354.

MOBILE HOMES FOR RENT

MOBILE HOME FOR RENT – 2 bedroom, 2 bath, small yard. \$500/mo. + \$500/deposit. Renter pays all utilities. Country setting. Credit check required. (479) 244-6526

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TURNER PAINTING AND FURNITURE RESTORATION

offering all types of painting, staining, furniture restoration and all types of clean up. Call for more information. (870) 423-5674

UPHOLSTERY

UPHOLSTERY-RESIDENTIAL, COMMERCIAL, CUSTOM BUILT.

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If every person takes one small step toward being more conscientious of the environment, the collective effort will change the planet. **FALL FORWARD** continued from page 2 the activities mentioned below.

Around the home

The transition from summer into autumn brings home practical demands. At some point, there will be no more picnics, campouts or swimming trips, so all the related gear should be cleaned and stored away. If you have a shed or garage, better clear out the unfinished summer projects so there will be room to store the summer gear.

If you are one of the many who own well-traveled vehicles, now is a good time to paint over the rust spots before yet another winter.

Autumn is caulking and weatherstripping season. Sealing the gaps around windows and doors prevents loss of heat during the winter and helps keep spiders out.

If you have a wood stove or fireplace, get it ready. Stovepipes and chimneys need to be cleaned regularly, so maybe this is the year.

Change filters on the heat return, change batteries on smoke alarms, flip your mattress, clean behind the refrigerator and check your spider traps. Is your backup generator ready for action? Do you need to get a generator?

Around the yard

Those who are inclined to fertilize and aerate their lawns should do so soon, and before the first frost, make sure the sprinkler or water delivery systems are ready for winter. Garden hoses should be drained and stored before the first freeze.

Get the firewood ready. Wood stacking connects us with our wood-stacking ancestors, so make firewood stacks which demonstrate your architectural genius and historical perspective. Start collecting kindling and nexters, pieces bigger than kindling that get the big chunks burning. Cutting, splitting and stacking firewood can be an arduous yet mindful task, and none of that matters anymore when a fire in the woodstove warms your winter evenings.

Make sure your heating system is in working order.

Moderate tree trimming will improve the health and appearance of the trees and your attitude, and soon enough there will be heaps of leaves for your mulching needs.

Make sure gutters and downspouts are ready for the deluge of leaves coming soon.

Gardens

The end of summer means clearing out spent plants in flowerbeds and gardens and collecting seeds for next

year. Annuals, like zinnias, cosmos and marigolds, are already dropping seeds, as are cilantro, lettuce and arugula plants. Most seeds are easy to collect, and left on the mature plant will spread themselves around producing happy surprises next year.

Folks with an instinct for floristry will find seedpods and ornamental dried branches to use in arrangements.

This is the time to dig up and properly store tubers, corms and your favorite rhizomes.

A gardener can plant a few of the garlic cloves saved from this year's harvest for more fresh garlic next spring. Provide plenty of mulch to help protect them during the winter. In fact, a healthy layer of mulch will benefit all garden beds. Autumn is the time for the big garden cleanup, so as the late summer weeds, bean vines and old tomato plants get pulled out, and mulch, compost and manure are piled on. Pathways are cleared, stakes gathered and stored, perennials like oregano and thyme trimmed back, and dreaming about next year's garden begins.

Health and well being

Easing into autumn means a transition for our bodies as well. Traditional Chinese herbalists encourage folks to move from summer fruits and salads toward root vegetables, winter squashes and pumpkins, and soups and stews which naturally warm the body. Warming herbs like cinnamon, cloves, nutmeg and ginger are appropriate for the season.

Instead of cold beverages like iced tea and lemonade, drink winter teas. Use all the mint, sage and goldenrod you gathered during the summer for healing teas. Fenugreek tea not only warms the body, it helps clear mucus from your lungs. Anise is useful in this way, as well.

Outside activities might abate somewhat, although the colder weather mitigates the tick and chigger element from walks in the woods, and, after a point, snakes hide away for a while. Colder weather seems to make outside activities more introspective, like Robert Frost poems. We can see deeper into the woods, and the pines and cedars are more prominent. Juncos replace chipping sparrows, raking replaces mowing, boots replace sandals, and we sit near the woodstove instead of on the deck. It's the circle of the seasons.

There are two things, however, we can count on that are constant and never-changing: Alex Trebek on Jeopardy and televised performances by padded athletic individuals wearing helmets chasing each other and the leather ovoid prize.

