

CDC and ADA minimized fluoridation harm

BECKY GILLETTE

Documents obtained through a Freedom of Information Act (FOIA) request to the Centers for Disease Control and Prevention reveal that the CDC worked hand-in-hand with the American Dental Association (ADA) to plan campaigns to minimize findings that water fluoridation has a larger negative impact, primarily on African Americans, in terms of dental fluorosis, a tooth defect caused by too much fluoride.

The documents include emails between the CDC and ADA discussing how to minimize potential harm to water fluoridation programs after former Atlanta Mayor Andrew Young and African American minister Gerald Durley came out against water fluoridation in 2011.

“When civil rights leaders started speaking out in 2011, we see in the FOIA documents how the CDC and dental representatives reacted,” said Dan Stockin, a career public health professional with toxics assessment and hazardous materials management work who filed the FOIA. Stockin works with The Lillie Center Inc., a Georgia-based firm working to end water fluoridation. “They were concerned that the talking point about fluorides helping minorities would be changed.”

The CDC has long maintained that water fluoridation is particularly important in low-income, minority communities where children often lack access to dental care. CDC and the ADA maintain that water fluoridation is safe and effective, and prevents poor children from having cavities that can lead to tooth loss and severe pain when untreated. But government research has shown dental fluorosis rates nearly doubled from the late 1980s through the latest period studied, 1999 to 2004, from 23 to 41 percent. Studies show that dental fluorosis is more severe and more prevalent in African American children with rates of 58 percent compared to 36 percent for white children. That represents a rate 61 percent higher for African Americans than in non-Hispanic whites.

Stockin said the FOIA documents show “how officials worked desperately to stop this story from spreading.”

“From the perspective of fluoridation promoters, the issue of disproportionate harm to African Americans from ingested fluorides is strongly supported by science,” Stockin said in an email July 6 to Hot Springs anti-fluoridation activist Crystal

“All that time they spent covering it up could have been spent protecting the health of our children, warning parents about the dangers of too much fluoride.”

~ Crystal Harvey

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Heritage of freedom –

Little Samantha Whaley and her mom came all the way from Kansas City to enjoy the parade and 4th of July weekend in Eureka Springs. Red, white and blue colored several big celebrations in Holiday Island and Eureka Springs. See them all and more on the Independent’s Facebook page!



PHOTO BY JAY VRECENAK

This Week’s INDEPENDENT Thinkers

Ah, Hawaii. Our grand state of orchids, pikaki and Mai Tais, has once again proved that to be beautiful we have to stay beautiful.

This week, Hawaiian legislators banned plastic bags used in grocery stores. The world is annually tossing up to one trillion plastic bags that don’t recycle or disintegrate into out-of-sight, out-of-mind dumps, including the ocean. Fish, birds and other life, like this stork wrapped up so tight it can’t get out, are suffering because we don’t re-use our own personal tote bags.

We thank our 50th state for becoming a leader in first-rate environmental activism, and hope Arkansas follows Hawaii’s example of being part of a solution. There is no down side to keeping care of the planet.



PHOTO BY MARGARET MONROE

Don’t connect the dots until you have all the dots.

Meditation and discussion

The Eureka Springs Buddhist Study Group will gather for 30 minutes of meditation followed by reading and discussion of *Atisha's Lamp for the Path* on July 9 at 4 p.m. at the Heart of Many Ways in the Christian Science Church at 68 Mountain Street. Anyone is welcome to attend.

Expeditious approvals from HDC

NICKY BOYETTE

The Historic District Commission took care of two new applications quickly at its July 1 meeting. These applications were approved unanimously:

- 34 N. Main – change window schedule
- 101 E. Mountain – new ancillary building

Commissioners also approved the Consent Agenda which is comprised of Level I applications the City Preservation Officer believes to be in accordance with the design guidelines:

- 266 Spring – replace front stair rails, new gutters
- 70 S. Main – new sign
- 19 Norris – new handicapped ramp

- 58 Vaughn – new paint colors
- 37 Spring – new sign

Chair Dee Bright presented these Administrative Approvals:

- 266 Spring – repair porch flooring
- 247 Spring – replace wood siding with same; repaint
- 8 Summit – re-roof
- 45 Benton – re-roof

Administrative Approvals are applications for repair or for work involving no changes in material or color and which also include applications for changes in roofing color.

Next meeting will be Wednesday, July 15, at 6 p.m.



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NICKY BOYETTE

For gardeners, the beginning of summer means the end of the season for spring crops like lettuce, snow peas, cilantro, turnips and spring greens. It's time to clean up and get ready for what's next. A consideration at this point would be to allow space in the garden for a few plants go through their entire life cycle of flowering and producing seeds.

Seeds are a plant's way of telling the world everything it learned.

Carolyn Jabs, in *The Heirloom Gardener*, states open-pollinated plants of the same variety are each unique in some small way, but as they cross-pollinate, "genes are constantly being shuffled and reshuffled." She said most changes are not visible, but "a gardener who saves seed from the best plants year after year will gradually produce a variant strain that is perfectly adapted to the local climate and soil, not to mention the gardener's own taste."

Left on its own, a radish root will sprout a stem that forms a gangly radish bush. Eventually it produces pink to pale lavender flowers from which pointy green pods emerge,

and the plant continues to get ganglier over its season. A radish might reach five feet tall and lean over onto pathways or over nearby plants, so staking and trimming helps maintain some control of the garden bed, and staking can be an art project if you let it.

After three months, the radish bush begins to dry up. Seedpods completely dry on their stems are ready to harvest. All seeds for brassicas – broccoli, kale, mustards, arugula, cabbage – look like little brown to pinkish-brown balls, and the fully-grown plants making these seeds take up precious garden space for a couple extra months and will probably require staking and selective pruning.

The result will be seeds better suited to your garden than any other seeds in the world.

Likely candidates

Typical vegetables will produce seeds the first year. Swiss chard, beets and parsley flower the second year. A dainty lettuce plant will eventually grow into a tall conical leafy thing, and the bottom leaves will brown and crinkle and fall away. The central stalk will grow three feet tall or so, and tiny lettuce



flowers toward the top dry up into white feathery explosions that are actually clusters of seeds. The seeds are easy to harvest and remain viable for four or five years if properly stored.

Beans are easy because the seeds are

SEEDS continued on page 15

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Music maker manages market magic

BECKY GILLETTE

The Eureka Springs Farmers' Market has brought on star power to lead the efforts of one of the more successful farmers' markets in Arkansas. Melissa Carper, an accomplished stand-up bass player, has taken the helm as manager.

The new job working to promote local, fresh, healthy food is right up Carper's alley.

"I love the local farmers and artisans, admire them for how hard they work and that many of them are doing this for their living," said Carper.

"This is a fun, friendly community. Locally grown food is the tastiest, freshest and healthiest you will find, and it's vital to our survival on this planet to support our local farmers who grow our local economy and lessen our carbon footprint.

"In addition to food grown locally, there are flowers, herbs, plants, baked goods, soaps, knife sharpening, a food

truck making delicious meals to order, and more. There is live music! Cooking demonstrations, free coffee and tea, and a covered area with chairs where folks can relax and chat a bit."

Carper refers to the scene from 7 a.m. to noon Tuesdays and Thursdays at Pine Mountain Village as "a sweet little social hub, definitely the place to be."

Carper, who has performed with the band Camptown Ladies on *Prairie Home Companion*, has been in Eureka on and off since 1995.

In between, she has lived in New Orleans, New York City and Austin, and done some touring. She recently came back to Eureka because it is home.

"I was ready to settle down and quit traveling around so much," Carper said. "Austin was a great town for me for the music, but it doesn't feel like where I want to live. Housing is expensive and traffic is crazy. It doesn't suit me. I'm a country

person who likes the slower pace."

Carper has played music at farmers' markets for years, and enjoyed seeing how much the market has grown.

"Music adds to market," she said. "It creates a great atmosphere. People will hang around more, sit down and have something to eat, and get to know each other. It feels more like a community event when you have that going."

Instead of playing music at the market, Melissa will be managing vendors, setting up the booth, selling t-shirts, handing out information and talking to customers.

Frank Rebeijo, who managed the market for about five years, said he is very happy to see Carper step into the role.

"Melissa is very conscientious," Rebeijo said. "She has a really warm smile and is an asset to our market."

Rebeijo and his wife, Lisa, have started Rebeijo's Fresh Eats at the market this year, using locally acquired, sustainable and seasonal produce for their "eclectic breakfasts and ever changing lunches." The food truck gives folks one more reason to visit the market.

Rebeijo said another mark of success for the market is the increasing number of vendors. Vendor Kaylynn Toombs, who with her husband, Jon, operate Homestead Farm in the Berryville area, agrees that having more vendors is healthy.

"This year we have as many vendors on Tuesdays as Thursdays," she said. "Our spaces are full. We have a waiting list of people wanting to be vendors. The cooking demonstrations on Tuesdays are very popular."

Toombs has noticed this year that the number of tourists has increased. Tourists

MANAGER continued on page 16



CARPER



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One-vehicle accident claims Berryville man

Matthew Bass, 22, of Berryville was pronounced dead at the scene of a one-car accident investigated by Arkansas State Police early Tuesday morning, July 7.

According to the police report, Bass was driving a Ford Fusion northbound on Hwy. 21 near Metalton when he attempted to pass another vehicle while approaching a right curve. His car left the roadway, striking a rock embankment, and became airborne coming to rest on its top.

FLUORIDE continued from page 1

Harvey, who is also discussed in the FOIA documents. "Fluorides disproportionately harm blacks and Hispanics through several mechanisms. This is one of the key issues in Fluoridegate (the name for federal and state investigations and hearings being requested by fluoride opponents), how officials worked desperately to stop this story from spreading."

"We believe this issue has the potential to gain traction," a CDC official said in the documents. "This may be a significant threat, especially if other cities/mayors/councils/legislatures see fluoridation as an intervention that creates fluorosis disparities rather than reducing disparities for tooth decay."

One CDC official involved in the effort to minimize the harm from the dental fluorosis findings said anti-fluoridationists have sunk to a new low using "race baiting" tactics.

The CDC says water fluoridation saves money because children in non-fluoridated communities have twice the cost of dental services as children in fluoridated communities. But Harvey maintains that dental fluorosis is linked

to lower IQs and Attention Deficit Hyperactivity Disorder in children, and can cost thousands of dollars for dentists to treat the tooth damage. Harvey, who has fought water fluoridation in Arkansas for more than 25 years, said she was ridiculed and mocked by officials in the 2011 FOIA materials.

"They also made fun of Joe Walls, the Arkansas water operator splashed with fluoride that ruined his health," said Harvey, who led a campaign resulting in Hot Springs voters rejecting water fluoridation. "Instead of them looking into the concerns we have, they are too busy acting like cats in a sandbox trying to cover up everything. There is something wrong with that. All that time they spent covering it up could have been spent protecting the health of our children warning parents about the dangers of too much fluoride."

Fluoride opponents are critical of the CDC for trying to conceal the harm rather than warning millions of parents that they should not use fluoridated tap water to mix infant formula, and should closely supervise tooth brushing by young children so they don't use too much fluoridated toothpaste, or swallow it.

Fluoride exposure changes water operator's life

BECKY GILLETTE

Joe Walls was working as a water operator at the Kimzey Regional water plant in Malvern, Ark., until March 28, 1997, when he was splashed by concentrated fluoridation chemicals [fluorosilicic acid] while attempting to repair a broken fluoride pump. When he tried to wash the chemical from his body, he found the chemical shower in the plant wasn't operational. He became so ill he was unable to carry out simple tasks of daily living. He has lost all his teeth. He has fiery bone spurs, joint

deformities and permanent neuropathy in his hands. His pain is constant.

"Our family is still struggling to recover financially from the loss of income, medical bills and bankruptcy," according to an article, "Arkansas Water Operator poisoned by fluoride. Do we really want this in our water?" by Joe and his wife, Jodee, that can be found on the Secure Arkansas website. "The emotional scars won't heal. Joe can only share his story with others and hope to prevent this happening to anyone else."



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July 13 Metafizzies meeting

Rebekah Clark will lead the Eureka Springs Metaphysical Society meeting in a session of divine singing and sound meditation on Monday, July 13 at 7 p.m. No vocal experience required. The singing will be led in call and response style and chants and mantras from multiple traditions will be used. The meeting will be at the Heart of Many Ways in the Christian Science Church, 68 Mountain. All are welcome.

A toast to Bartender Competition winners!

Local bartenders whipped up some great cocktails, two of which will be featured during Fleur Delicious weekend. Judges Choice at the Ciroc Vodka Bartender Competition went to Katie Avery of DeVito's of Eureka Springs for her Anais Nin's The' Sucre. Ingredients included Ciroc Snap Frost Vodka, Tres Leches Liqueur, local honey, cardamom-infused chai tea with a splash of vanilla balsamic and a garnish of whipped cream, cardamom dust and star anise.



Judge's Choice winner, Katie Avery.

People's Choice went to Bert Jones of Gaskins Cabin Steakhouse and his Summer Daze Peach Lemonade. Ingredients included Ciroc Peach Vodka, fresh squeezed lemon juice, simple syrup, tea and fresh mint.

Competing bartenders included Troy Johnson of Fresh Harvest with a Ruby Slipper Shrub, Mary Howze of GROTTO with her Avant-Garden, Tracy Johnson of Chelsea's Off With Your Petticoat and Desiree Shepard of Eureka Live Underground with the French Press Revolution.



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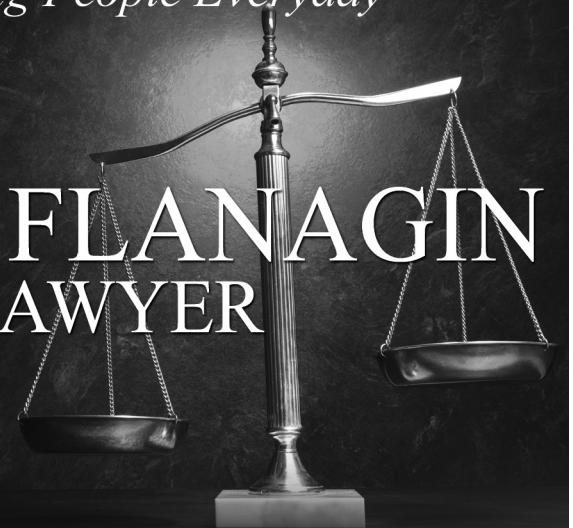
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Sycamore, written by Constance Wagner and published in 1950 by Alfred A. Knopf, is the story of a sophisticated New York girl who marries a boy from Arkansas. The Wagners and their daughter lived in Eureka Springs while the novel was written. In addition to five novels, Constance Wagner wrote numerous articles and stories published in *The New Yorker*, *Atlantic Monthly* and *Collier's*.

Mrs. Knowles sat on the arm of Roger's chair, her face as stiff as stone. Roger said uneasily: "We want to avoid starting a panic over this –" and was conscious of Walter's eyes upon him, steady and expectant.

Agnes's voice cut cleanly through the moment of indecision. "Election," she said, "is only a week off. I see no reason whatsoever for making this public until it's over. The samples could be sent, of course –"

Walter, who had been sitting on the far side of the room, an onlooker, now got to his feet and stood in front of his mother, his hands in his pockets. "Let me get this straight," he said levelly. "You're advertising that we just keep this among ourselves – in order to sew up the election. Is that it, Mother?"

They looked at each other, unwavering. "Yes," she said. "Yes." Then, as if his fixed gaze had somehow caused a slight crack in her armor, she added: "You can't have these people – you can't have *Fenton Sayre* –" and stopped.

Walter uttered a short, unpleasant laugh. "Fenton Sayre," he repeated. "So that's it. Well, by God, I never thought – *You*. He turned and walked away from her, aware then of his father who had come up behind him and touched his shoulder for an instant – a reticent, fleeting gesture, almost timid.

"I agree with you," Roger said suddenly. "The election's not that important. Not to me. We'll see that the samples go today, and Greg can write his warning notice right now, so you can set it up this evening." He turned to the doctor. "Tell 'em," he said, "that the report on the analysis will be made public as soon as we get it."

The colonel was on his feet again,



CONSTANCE WAGNER

tumultuous, but was ignored, while Doctor Totten scrawled words slowly with a pencil on the back of a prescription blank. "You're cuttin' your own throats!" the colonel cried. "If election wasn't next week, I'd resign as commissioner! Publish that and yo're through! I won't be a party to it!" He veered toward the hall doorway, pausing at each step to strew another burst of indignation behind him. "Jaffray will make the most of this. He's no fool... *Water!* Why, water is what's made *Sycamore!*" Reaching the door, he turned and swept one of his fine bows in Agnes's direction. "I'll have to ask you to excuse me, Ma'am," he said with emotion, and picked up his hat.

Mrs. Knowles said: "It's none of my doing, Colonel. You saw for yourself. You saw what happened. Walter – and Roger –" She spoke in a tone of cold intensity, and the muscle at the side of her jaw jumped nervously. She was standing alone, unnoticed, while her men intently watched

the doctor write.

On Thursday morning, Clytie Byrne, seeing Roy Gurley cross the square with his papers, ran down to the pool-hall to get one, and returned slowly, reading as she climbed the stairs. Tracy Blake popped her pinned and netted head out from under the drier, and asked: "What's up? You look like the cat that swallowed the canary."

"Well –" Clytie peered acidly at the sheet, reading one item over and over, as if she found it so pleasing that she could go no farther. "Well, *Walter's* filed for election. How do you like that? Walter and his father both. And Fenton. The whole family. You know, it strikes me funny –" Clytie's laughter, rarely heard, pealed through the mirror-bright shop.

"Walter?" Tracy snatched the paper to verify the news with her own eyes. "Why what's he thinking of?" She sat staring at the front page, her eyes narrowed, brooding. "They've split with the colonel. That's why," she decided, letting Clytie in on something. "Over some water mixup. Yes, here it is.

SYCAMORE continued on page 19

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Pipe dream

Editor,

Eureka Springs has been one of my favorite day trip destinations for years. I love the culture, diversity and art galleries. Eureka is seething with creativity and amazing artists and has an all around good energy. My last four visits to Eureka have caused me some sadness.

While it's still amazing and manages to hold onto its wonderful alluring energy it is disheartening to see so many galleries closing. Why is this? I think it's the constant roar of motorcycles that flood the quaint streets of Eureka with noise. You have to wonder, what is it that attracts them to Eureka? The fact they can be loud and annoying... perhaps.

I own a bike, in fact I am an avid rider and enjoy bike festivals such as Bike Blues and BBQ, Sturgis. There is nothing like the wind in your hair on the open road and that's just it, open road and Eureka is not that. The streets are small and the rumble of 100 bikes riding down Main Street sounds like thunder and *no* it's not cool to all you bikers reading this.

We have festivals for such things so I suggest to my fellow bikers, find one and stay out of Eureka. If you must, ride your Hog, crotch rocket or whatever two-wheeler you have to Eureka, park it and walk or take the trolley and don't be part of the noise pollution. Think of the other visitors who are not bike riders. They are there to enjoy what Eureka has to offer and when you hear what sounds like a stampede of buffalo going down the road when your having lunch on the terrace it's not very enjoyable. Trust me, I've heard it and my family and I could not even hear each other talk.

Eureka was never meant to be a biker

destination and the bikes are a big part of why people don't visit as much anymore.

Perhaps there needs to be an ordinance put in place that bikers need to park and stay parked until they leave, no more cruising through the streets creating noise pollution in downtown Eureka so everyone especially the non bikers can enjoy their visit.

Larry Low

Again we say No Fluoride

Editor,

A lot of folks are speaking against putting fluoride in their drinking water. Many people have called the Governor's office. Many people have voiced concerns. Yet the Carroll Boone Water District is still on purpose for the fluoride going into the water in two weeks.

We still have time. Please consider the following: Would you be interested to know that the same fluoride (sodium silicofluoride) that is scheduled to be put into our drinking water is used as a wood preservative, is used in insecticides, and is used as a coagulant for latex? *Newsweek* magazine has even printed information about the dangers of ingesting fluoride. How much more proof do we need?

Why are we letting the government tell us what we have to ingest? I still cannot understand why there are not more protests. The water operators do not want to put on hazmat suits to put the fluoride in the water, the water board feels bound by the law, the same law that does not protect the people.

I understand that there is a growing protest movement daily out at the dam where the water center is located. We

can be part of that protest, we can let our voices be heard. Let's not be led like sheep. Eureka Springs has voted twice against fluoride. Is no one listening?

Jasmine Stanley

Keeping fluoride out

Editor,

What we can do to keep sodium fluoride (an E.P.A. regulated rat poison) out of our water supply, as currently being mandated by the State of Arkansas.

1) We recognize the state does not have the authority to overturn our election not to fluoridate, much less mandate a mass "medication" of undetermined and obviously highly questionable substances. 2) The Carroll Boone Water District board is under no obligation to follow unconstitutional mandates, nor disobey state law ensuring safe substances being added, and takes no further action to fluoridate. 3) If the state were to prosecute the board for non-compliance, the board simply follows due process and demands a trial by jury. This brings the matter to be decided back to local citizens' hands, through the jury made up of citizens from the same state and district as the offense. The jury has an "unreviewable and irreversible power... to acquit in disregard of the instructions on the law given by the trial judge."

4) Only one juror need vote "not guilty" and the state is irreversibly held in check by a single heroic citizen, since trial by jury requires a unanimous vote. This is how "government by the consent of the governed" actually works. Government is powerless to enforce laws that people do not wish to maintain, provided they are aware of their jury power. And that is it.

MAIL continued on page 19



WEEK'S TopTweets

@duplictron: Pretty cool how you can turn cotton into delicious candy or a totally comfortable shirt to wear.

@badbanana: Tonight's going to be a good good night if I can get that stupid song out of my head. Otherwise, no.
@XplodingUnicorn: I always knew I'd end up drunk in a gutter. I just didn't expect everyone around me to keep bowling.

@PyrBliss: Disappointed the ATM didn't shoot out a burst of confetti to congratulate me for having enough to pull out twenty bucks.

@meganamram: I think one of my dads might be gay.

@kristygee: I didn't get groped by the TSA at all. We just kissed

a little, it was nice.

@hipstermermaid: I haven't been able to look at cereal since the time I walked in on my parents having Chex.

@BillMc7: I have a hard time believing an auto dealer really wants my business if their entire lot isn't covered in the shade of helium balloons.

@sixthformpoet: Irony is lost on kleptomaniacs because they take everything literally.

@juliusharpe: "Every time I go out, the paparazzi wants to make an oil painting of me. So annoying." – 1700s celebrity

@NikkiGlaser: How about instead of me calling you to let you know that I landed safely, you just watch the news?

Behind the 'seens'

For three years and one week we've been putting this obsolete form of half-mass media together and here's what we know: we couldn't have done it without you. Every single solitary time someone says something positive to us, we become a puddle. Every single solitary time someone says something disparaging to us, we stiffen. Mostly we're a puddle.

Our reasoning in starting a newspaper in July 2012, when there were already established and successful papers in the county, was believing that local people will rebuild the economy; local people will start their own businesses because they want to do what they love and work with those they love. We already live where we want, so why not work where we want? Local people want to benefit their community. Local people want to make their own decisions and take responsibility for what rambles through their minds. Locals might be carbon copies of people everywhere, but so what? Local people want enhanced, not diminished, lives. And as local people, we want to smoke, marry and work where we want, like it or not.

It was an immature thought to work for ourselves without the comfort of a steady paycheck and the freedom to shrug and say, "I dunno," in answer to everything, letting the muckety-mucks figure it out.

Then it occurred to us that what we do is still on the verge of being mysterious, so now that we're in our threes and on the road to our teens, middle age, and senility, we thought it would be good to check in with you on a personal level. You are the ones who pick this paper up and evaluate whether or not it's worth your time, but it's odd that we know you better than you know us. That's because you call us, you write to us, you drop by. We rarely go anywhere but the kitchen to get more coffee.

Now that we're out of our goo-goo stage, we want to see if there's anything we can scramble up to make us all feel closer.

We have columnists, but unless you have been riding with us from the first giddyup, there's no reason you would know who these characters are:

Steve Weems – he writes from home about home. He's been here longer than any of us, by four or five generations. He's shy. He's accurate because he genuinely listens to what he's told by old-timers. He's punctual. He always shares information none of the rest of us would ever have without him. He's dependable. He's reading this and we already sense his embarrassment at seeing an entire paragraph devoted to him. So let's do a demure blink and move on.

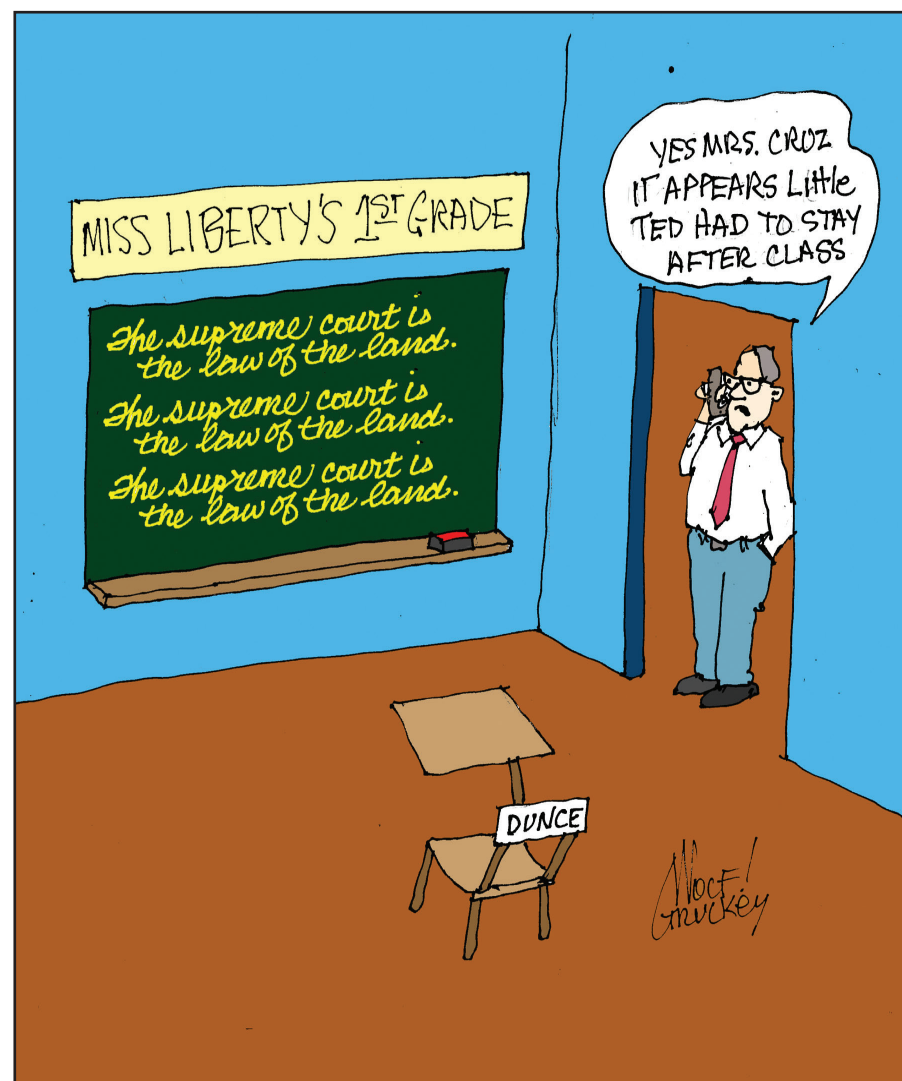
Steven Foster – he has written, sometimes in cahoots with others, 18 books and several file cabinetsful of magazine articles about an entirely different kingdom, the kingdom of plants. He has a hard time understanding why those of us in the animal kingdom have decided that our kingdom is more important than the plant kingdom ("Why do vegetarians get all twisted about meat-eating but don't hesitate to walk on wood floors?" he will ask no one in particular.) He shares office space with us so we see him walk in and out at least 10 times a week.

Dan Krotz – he has no shortage of opinions based on spending time inside his own dazzling head. He has a lifetime of corporate/government/big brother experience, and is a thoughtful guy who delights in pointing out the absurdity and vigor of religion while occupying his Sunday pew. He gives people a fair shake and doesn't hesitate to lop off their medulla oblongata (the part of the brain that controls breathing) when they lie, cheat, steal or are just ordinarily hypocritical. It's a gift.

Robert Johnson – we've never met the man. All we know is that Dropping a Line is the most read column in the paper and fishermen tell us, "That guy knows what he's talking about." Fishermen are not known for making a big deal about things, so Robert fits in beautifully.

We have reporters. We have an editorial cartoonist. A photographer. A renowned psychotherapist. An accountant and a bookkeeper. Delivery guys. A real-deal astrologer we've never met, either, and a sales dude and a music critic and all of you who've made it this far with us. For that we love you, all of you, and we're not just saying.

Mary Pat, CD and Perlinda



The Pursuit Of HAPPINESS

by Dan Krotz

I was in Austin, Texas, last week, and met with John Schultz, an executive responsible for locating and preparing new broadband markets for Google. Schultz's main area is in fiber optics – read high population areas – but he worked for more than seven years in rural America setting up hybrid broadband systems that combined both wireless and fiber optic elements. He's been to Eureka Springs and knows the topography of the Ozarks pretty well.

The biggest non-surprise of the interview was hearing that scale matters: if Carroll County is going to get genuinely efficient broadband services, local governments – Eureka Springs, Holiday Island, Berryville and Green Forest – need to come together and develop a consolidated master technology plan. An additional partner with existing infrastructure, like Carroll Electric Cooperative, would be a big win for everyone, and piggybacking on plans to expand public schools' broadband is even better.

Rural America is going to get the short end of the broadband stick unless county and city governments get together and aggressively seek out and locate resources. That means public money, but it also means investing the intellectual and social capital that every smart deal requires. Why should we make that investment? Because the availability of high speed broadband services is a close second to new highways as the main driver of economic development. Healthcare, agribusiness and the hospitality industry are only three of myriad sectors that must have effective broadband to stay profitable in rural areas.

Our local governments can't wait for state government to tackle the opportunity. Arkansas legislators have proven over and over again that their primary focus is on what's happening in our pants; that, and calling the black guy in the White House a commie anti-Christ. If we want great, accessible broadband, we'll have to get it for ourselves.

Everyone needs to be part of the conversation. The next time you see your mayor, city council representative, or Quorum Court judge, ask them what they're doing about getting broadband into our communities. Ask if your city has a technology committee that works across city boundaries. Don't accept the free dumb look. Ask for answers.



Kristi Kendrick

Attorney at Law

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 - Probate
- Real Estate
- Business
- Transactions
- Bankruptcy



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INDEPENDENT Constables On Patrol

JUNE 29

8:43 a.m. – There was a two-vehicle accident on private property.

1:42 p.m. – Caller claimed her rear window had been broken while she was parked near downtown.

6:24 p.m. – Groundhog was loitering near the back door of a restaurant, but it was gone before a constable arrived.

9:16 p.m. – Individual had trouble locking his back door and asked for constable assistance. Constable on patrol locked the door.

9:36 p.m. – Resident said she heard fireworks or gunfire in the north part of town. Constable went to the area but did not hear either.

10:22 p.m. – Traffic stop resulted in the arrest of the driver on a warrant out of Barry County, Mo., for failure to appear.

JUNE 30

2:14 a.m. – Door of a downtown shop was wide open, and constable cleared the building and locked the door.

9:45 a.m. – Constable searched for but did not encounter a dog roaming a neighborhood near the old high school.

9:55 a.m. – Constable arrested an individual for failure to appear.

5:41 p.m. – Vehicle owner told ESPD she believed someone had driven her vehicle the previous night causing damage. Constable took her information.

8:54 p.m. – Person at a bar on US 62 said she had just seen a female laying on a side street. Constables and EMS responded, but the alleged victim left the scene while the call was made.

9:40 p.m. – Person at a care facility heard someone calling for help. All residents were accounted for, and constables did not find anyone in the vicinity needing help.

JULY 1

12:30 a.m. – There was a motorcycle accident on US 62 toward the eastern edge of town, and the cyclist was arrested for DWI and careless driving.

3:15 a.m. – Motel manager reported a domestic dispute occurring in one of the rooms. The parties told the constable they had had a misunderstanding.

6:41 a.m. – Concerned observer told ESPD a male was walking in the middle of US 62. Constable went to the scene and saw the person walking just fine on the side of the highway.

11:49 p.m. – Central dispatch transferred a call from a 17-year old male who had been out with his father when they had an argument. His father had abandoned him, and a constable brought the youth to the

station where his mother later picked him up.

JULY 2

7:50 a.m. – Resident near downtown reported a vehicle had been parked in front of her house for three weeks. Constables red-tagged the vehicle.

11:10 a.m. – Central dispatch reported a vehicle stalled toward the western edge of town. Constable found the vehicle off the road and unoccupied.

11:54 a.m. – There was a 911 hangup call from a bank. Constable responded but he found everything okay.

2:26 p.m. – Constable went to check on a dog locked in a parked vehicle downtown. Windows were up but the animal had water. Owner arrived while the constable was there and took the dog out of the car.

2:26 p.m. – Individual reported a stolen laptop.

4:26 p.m. – Business people downtown told ESPD an intoxicated male was being a bother. Constables encountered the individual but found him neither intoxicated nor aggressive.

7:28 p.m. – Reports came in of a semi often crossing the centerline on its way to town. Constables saw the vehicle behaving nicely as it passed through town.

8:45 p.m. – Constable helped a disoriented female find her way back to her trailer.

9:23 p.m. – Residents in the north part of town saw a suspicious individual outside their home. He was gone before constables arrived.

9:43 p.m. – Constable spoke with people shooting off fireworks about the city ordinance prohibiting fireworks in city limits.

JULY 3

7:12 a.m. – There was an accident west of town with no injuries.

10:57 a.m. – Individual asked for a constable to stand by while his ex-girlfriend collected her possessions. Constable explained civil procedures.

12 p.m. – One neighbor claimed another neighbor's vehicle blocked access to an easement for her property. Constable spoke with both parties, and the vehicle was moved.

1:27 p.m. – Merchant apprised ESPD of a male who came to their store posing as an electric company worker. He convinced the daughter to give him money for a bill. Constable gathered information for follow-up.

2:07 p.m. – Three chickens were seen on the loose near downtown. They vamoosed before Animal Control arrived.

2:28 p.m. – There was a two-vehicle accident

on US 62 with no injuries.

8:52 p.m. – Constable watched for a reportedly very intoxicated cowboy downtown.

9:22 p.m. – Male at a hotel wanted to talk to a constable about a fight he had with his wife. The couple calmed down before the constable got there.

10:14 p.m. – Constable again stopped folks from setting off fireworks in a neighborhood.

11:07 p.m. – Staff at an inn reported loud intoxicated people outside. Constables went to the scene, and the people outside claimed they were neither intoxicated nor loud. They separated and went their own ways anyway.

JULY 4

5:05 a.m. – Hotel staff reported a possibly homeless person sleeping outside downtown. Constable asked the person to move along.

6:14 a.m. – Guest at a tourist lodging noticed a window of one of the units was broken. Constable and manager discovered the window had been accidentally broken.

10:41 a.m. – There was a two-vehicle accident on US 62.

11:19 a.m. – A business owner accidentally set off his security alarm.

11:44 a.m. – One vehicle backed into another one in a parking lot.

2:30 p.m. – Again a constable had to apprise people setting off fireworks of a local ordinance prohibiting fireworks in city limits.

3:33 p.m. – Someone pulled the fire alarm at a downtown hotel. Everyone was evacuated, alarm was reset and constables helped with traffic control.

3:59 p.m. – A car was parked in a red zone on Main Street. Constable found the owner who moved it.

6:44 p.m. – Burglary alarm sounded at a business on Hwy. 23 South. Constables found the building secure and no one in the area.

7:25 p.m. – Central dispatch alerted ESPD to an intoxicated driver headed toward town. Constables encountered the vehicle, pulled it over and arrested the driver for DWI.

8:34 p.m. – Constables responded to a noise complaint at a music venue downtown, but the music had already stopped prior to their arrival.

8:36 p.m. – ESPD got a call to assist an officer in distress in Benton County, but the call was canceled en route.

9:36 p.m. – Constable investigated a dog resting in front of a convenience store door. The dog growled when the constable approached.

10:35 p.m. – Constable educated more people setting off fireworks about the local

CONSTABLES continued on page 19

Fifth Annual **Fleur Delicious**



July 7-12

*Enjoy Eureka Springs,
Fine Food, Wine, Art
and Entertainment!*



Fleur Delicious Weekend

C'est ci bon!



You can always plan on having fun in Eureka Springs, but the 5th Annual Fleur Delicious Weekend is a great time to be here if you like to eat! This weeklong celebration of food, wine and all things French began as an idea at a local restaurant and has expanded each year to the point where this summer's celebration includes more than 20 planned events. Numerous restaurants feature menu specials themed to the occasion, French wine flights, cooking demos and other gastronomic delights.

As an example of how diverse the venues are, there are happenings at the Farmers' Market, Crescent Moon Beads, Basin Spring Park – and even a “Spirits” (liquid and otherwise) tour at the Basin Park Hotel.

Most of the galleries in town will have events, too, such as Palette to Palate with artist Barbara Robinson on July 10 at Keels Creek Winery and Art Gallery at 3185 East Van Buren beginning at 6 p.m. Art and wine: What's not to love?

One of the coolest food experiences in town awaits you at Fresh Harvest in Pine Mountain Village. Who knew olive oil and balsamic vinegar could be so exciting? The guys at Fresh Harvest, that's who! On July 11 visit them between 10 a.m. and 5 p.m. to sample the goods and meet cookbook authors Sheila Reese, Casey Sams and Kim Duhamel.

Later on Saturday, the fun continues downtown with the Waiter's Race at 3 p.m. and a Dance Party in Basin Spring Park beginning at 5. After you get in the mood with the music of Ultra Suede, have a great dinner and enjoy the Gallery Stroll to round out your evening.

One thing you can count on: There's food and fun around every corner! ☺



Fleur Delicious – where did that name come from?

The **fleur-de-lis** symbol (a stylized lily) has many meanings but traditionally has been used to represent French royalty; and in that sense it's said to signify perfection, light, and life.

The definition of **delicious** is “highly pleasing to the senses; especially taste or smell.”

Fleur de-li-cious, therefore, is a royally perfect, French-themed weekend to spend enjoying light, life and food – and pleasing all your senses! ☺

Cheer your favorites on during Waiter's Race

A knowledgeable server can greatly enhance, if not create, a delightful social evening at your favorite club or restaurant – and we have some of the best!

Come watch them prove their skills during the FDW Waiter's Race on Saturday, July 11 at 3 p.m. The race starts at the Eureka Grill, 71 Spring Street, as waiters rush downhill to Basin Park with full, open beverage containers.

Speed and skill will determine who gets there first with the most liquid left in the container at the bottom of the hill.

Prizes for the “fastest with fullest” include a bottle of Ciroc vodka and:

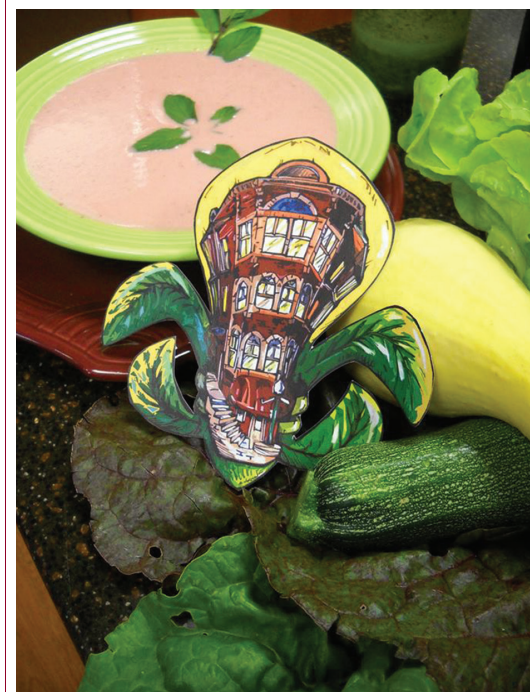
1st – \$100 dinner for two at the Grand Taverne Restaurant & Lounge and a one-hour couple's massage from The Grand Central Hotel & Spa

2nd – One-hour massage from Basin Park Hotel & Spa

3rd – \$50 gift certificate from Spring Street Candle

Participants should be in front of the Eureka Grill by 2:30 p.m. to sign in for the race.

After the race, get down at The Ultimate Dance Party with Ultra Suede at 5 p.m. in Basin Spring Park! As usual, check for updates on Facebook at Fleur Delicious Weekend Eureka Springs, AR. ☺



CALENDAR OF EVENTS

Ongoing fun stuff to do any day Tuesday through Sunday, July 7 – 12

BREWS, 2 Pine St., offers French wines, baguettes, French cheeses and tapenade specials daily from 8 a.m. to 10 p.m. (til midnight Friday and Saturday).

Crescent Moon Beads, 69 Spring, presents "Let's Get Stemmed." Decorate wine glass stems and bring your FDW-blinged stemware to the various tasting events around town. Drop by daily 10 a.m. – 5 p.m. (7 p.m. Friday and Saturday).

Fresh Harvest and **The Spice Boat** in the Village at Pine Mountain, US 62E, offer tasting and sniffing tours from 10 a.m. 5 p.m. each day.

Keels Creek Winery (3185 E. Van Buren/US

62E) and **Railway Winery** (4937 Hwy. 187) are open for wine tastings. Check websites or Facebook pages for tasting room hours.

Spirits of the Basin Tour Basin Park Hotel, 12 Spring, offers a Ghost Tour and Bootleg Liquor tasting. Purchase tickets online at www.spiritsofthebasin.com. Nightly tours at 8 p.m. (Saturday tour 6 p.m.) Check out **DeVito's of Eureka Springs**, **Sky Bar Gourmet Pizzeria** at the Crescent Hotel, and **Balcony Bar** at the Basin Park Hotel for specialty **CIROC** drinks daily throughout Fleur Delicious Weekend. Google websites and see Facebook pages for details and hours. ☺

Special events and dining:

Tuesday, July 7: Writers' Colony at Dairy Hollow presents local Guest Chefs' samplings and **Railway Winery** sips. 5 – 7 p.m., 515 Spring St.

Wednesday, July 8: Gaskins Cabin Steakhouse offers a three course FDW wine dinner with optional wine flight pairings. 5 – 9 p.m., 2883 Hwy. 23N.

Wednesday, July 8 – Friday, July 10: Le Stick Nouveau offers French inspired FDW entrées with optional wine flight pairings. Beginning at 5 p.m. 65A Spring St.

Wednesday – Sunday, July 8 – 12: Rogue's Manor will offer French Wines by Louis Jadot and FDW menu specials. 5 – 9 p.m. 124 Spring St.

Thursday, July 9: Eureka Springs Farmers' Market, US 62E, **Cooking Demos** with Chef Dustin of FRESH, Chef Jeff of The Grand Taverne and KJ of Caribe Restaurante y Cantina 7 a.m. – Noon. 2075 E. Van Buren in the Village at Pine Mountain.

Thursday – Saturday, July 9 – 11:

KJ's Caribe Restaurante y Cantina presents a French themed dinner featuring Eureka Springs Farmers' Market produce paired with **Railway Winery** wines. 5 – 9 p.m. US 62W.

DeVito's of Eureka Springs will offer FDW menu specials, French Wine Flights and FDW **CIROC** Martinis. 5 – 9 p.m. 5 Center St.

Friday, July 10: ESSA presents **Palette to Palate** (Paint and Party) with artist **Barbara Robinson** at **Keels Creek Winery** 6 p.m. 3185 E. Van Buren.

Friday, July 10 – Saturday, July 11: The Grand Taverne prepares FDW menu specials and optional wine pairings. 5 – 9 p.m. 37 N Main St.

Saturday, July 11:

White St. Farmers Market: Cooking demo with Chef Dave Gilderson of **Rogue's Manor**. 8 a.m. –

11:30 a.m. 26 White St.

Fresh Harvest presents cookbook authors Sheila Reese, Casey Sams and Kim Duhamel for samples and signings from 10 a.m. – 5 p.m., Pine Mountain Village, US 62E.

FRESH Farm to Table Fresh serves a seafood boil, po boys, étouffée, and a house infused jalapeño pepper **CIROC** Vodka Bloody Mary bar. 11 a.m. – 5 p.m. 179 N. Main.

Spring Street Waiter's Race. Local waiters race down Spring St. in the fastest race in Eureka Springs. 3 p.m. Spring St.

The Grand Taverne hosts **The Grand Bubbly Discovery** Champagne Tasting. 4 p.m. 37 N Main.

CAPC/Basin Spring Park presents the **Ultra Suede Dance Party** at 5 p.m. Basin Spring Park.

Le Stick Nouveau presents a 6 course FDW tasting menu with a truffle main course and a corresponding optional wine flight. Beginning at 5 p.m. 65A Spring St.

Eureka Springs Gallery Association Gallery Stroll. 6p.m.to9p.m.Participatinggalleriesaroundtown.

Sunday, July 12:

The Crystal Ballroom at The Crescent Hotel serves Sunday Brunch with French Champagne and all the classic brunch offerings. 9:30 a.m. – 2 p.m. 75 Prospect Ave.

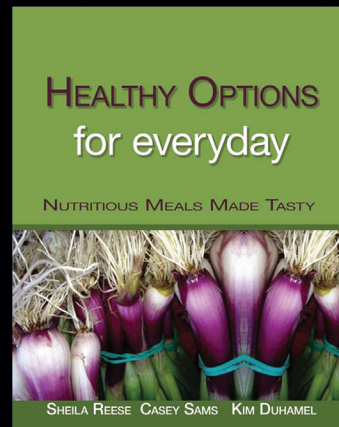
Cottage Inn Restaurant celebrates and closes out FDW with a five course French Wine Dinner. 7 p.m., 450 W. Van Buren (US 62E).

For updates and more information, See the Fleur Delicious Weekend Eureka Springs, AR page on Facebook or www.fleurdeliciousweekend.com or email Fleurdeliciousweekend@yahoo.com Check the individual participants' websites or Facebook pages for details, updates or changes. Many events use the freshest ingredients found at that time, so menu items are subject to change depending upon availability of product.

www.Ciroc.com
Celebrate Life Responsibly! ☺

"Healthy Options for Everyday Meals"

Cookbook Demonstration & Book Signing Party



Authors: Sheila Reese, Casey Sams & Kim Duhamel

**Saturday, July 11th
10am - 5pm**

Meet the authors! Get a signed copy of their book! Delicious samples of the recipes will be provided all day!



**fresh
harvest**



**Free Tasting
Tours all
Weekend!**

FreshHarvest.co

Premium Olive Oils & Balsamic Vingars

**512 Village Circle, Eureka Springs, AR 479-253-6247
(Located in the Village at Pine Mountain)**

Happy Fleur!

Monday-Thursday
8 a.m. to 11 p.m.

Friday & Saturday
8 a.m. to Midnight

Sunday
Noon to 10 p.m.

Largest selection of
vintage wines

**BOOZE
BROTHERS**



LIQUOR

138 E. Van Buren
Eureka Springs
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THE FIFTH ANNUAL
**Fleur
Delicious!**
Fine Food, Wine, Art
and Entertainment! **July 7-12**

Eureka Springs is excited to announce the 5th Annual Fleur Delicious Weekend! This event is a French-themed celebration in which restaurants, bars, art galleries, boutiques, spas and music venues participate in French-inspired indulgences.

Make plans now to join us in the historic city of Eureka Springs, Arkansas for a celebration that treats all the senses, including sight, sound, smell, taste and touch!



Visit us online to see the full week's events and exciting specials from FDW participating businesses.



FleurDeliciousWeekend.com

Be an ESSA Volunteer!

Do you believe art is vital to the human spirit? If so, come have fun and contribute to the health and well being of Eureka's artistic community. There are many volunteer opportunities at ESSA – one's sure to be just right for you. Call (429) 253-5384 for details.



Doin' it Eureka Style

For one day only, Saturday, July 18, The Space at 2 Pine St. will become a stylish outlet mall for the latest designer fashions and accessories – by locals.

Don't miss this chance to own a one-of-a-kind piece by Gina Gallina, Nora Viola, Mary Springer, Leigh Valens, Stella Ipswitch, John Rankine, Mark Hughes, Rosie Rose, Danielle

James, Eleanor Lux and Eureka Janet!

This crocheted, upcycled, repurposed, contemporary, eco-eclectic, freewheeling boho, hi-falutin', bleach-painted, mixed-metal and comfy/natural showcase of fashion for men and women will be open from 2 – 8 p.m.

Stop in and get cool ... in more ways than one.

The Life of a Potter

A Gary Eagan Retrospective, 1964 – 2011, will be presented at Zarks Gallery Saturday, July 11. Elegant art pottery from every phase of Master Potter Gary Eagan's 40-year career will be represented in this comprehensive show curated by current Spring Street Pottery owner, Steve Beacham.

The Spring Street Pottery studio, located below Zarks Gallery at 67 Spring, will be open from 1 – 5 p.m. and during a reception from 5:30 – 8:30. Spring Street Pottery, founded in 1970 by Eagan, was one of the earliest of the Eureka Springs art galleries. From the beginning, he made it a center for fine pottery and a showcase for local artists. The high fire porcelain pieces are highly collectible and represent some of the most exquisite examples of the quality of artists living in Eureka Springs.

Coinciding with Fleur Delicious weekend, Zarks is also hosting its annual "Pie in July" event, serving homemade dessert pies! Enjoy it all during the Second Saturday Gallery Stroll series organized by the Eureka Springs Gallery Association.



Don't miss Taste of Opera

Don't take a chance all seats will be sold! Order tickets now for the July 15 Taste of Opera, the last of the 65th season of Opera in the Ozarks. Enjoy incredible love songs, favorite Broadway classics and opera arias as you wine and dine in the Crescent Hotel Ballroom.

The event begins at 5 p.m. with wine tasting in the lobby prior to dinner, and will finish in time for the final performance of Rossini's *La Cenerentola* at Inspiration Point. Tickets are \$55, available by calling the box office (479) 253-8595. Reserve now and don't miss out!

Julie Hop featured at Paul Daniel Art Company

Don't miss the lovely watercolors of Julie Hop in an exhibit opening Saturday, July 11, at the Paul Daniel Art Company, 123 Spring. This is Julie's first exclusive show, and her work is said to be simply stunning.

The show, *Saturation...*, opens with an artist's reception at 6 p.m. and features 28 of Julie's new watercolor paintings. Come say hello and enjoy this gorgeous show.



Hmmm ... T-shirt ... painting.
We see a theme here, Jay.

PHOTO BY ZEEK TAYLOR

Queer South Art Show

Two Eureka Springs artists, Zeek Taylor and Jay Vrecenak are among three locals exhibiting in the Queer South Art Show at the Fayetteville Underground through August 2. The third, Karrie Evenson, recently moved back to the area from Colorado.

The show opened last week with a reception featuring 50 works of art by 14 LGBTQ artists, all from the South. The event is supported by the Walton Family Foundation and the NWA Center for Equality. See more of the show on the Independent's Facebook page.

Set the muse free – Explore your artistic potential at ESSA

Summer workshops at Eureka Springs School of the Arts are definitely a high point of the season. Come learn a new art or continue to hone one to perfection. Either way, it's enjoyable time well spent; and you'll come away with something you've created yourself along with valuable information you can use forever.

Call ESSA today (479) 253-5384 or see www.essa-art.org to save one of the few spots left in these workshops – and check out upcoming sessions in all types of art and craft all the way through fall!

July 13 – 17: Drawing for 3-D Art (all levels) with Dan Morris, an extraordinary artist with a multi-media background ranging from paint and charcoal to papier-mâché and metal. Learn techniques that bring 3-D art to life in drawings and how to overcome hurdles in the transition from two-dimensional to three-dimensional. You'll also produce drawings for tangible sculptures. Class is from 9

a.m. – 4 p.m. each day.

Enameling: Picture in Picture in Picture (intermediate level) with Andrew Kuebeck, instructor of Jewelry Design and Metalsmithing at Bowling Green State University. Andrew works in a variety of formats ranging from functional jewelry to sculptural objects and vessels. (www.andrewkuebeck.com) This exciting workshop will focus on the creation of enameled jewelry pieces incorporating your own photographs.

Learn to combine traditional techniques and contemporary approaches that include enamel decals and photographic image etching and plating. Create infinite opportunities to include imagery in your work. Then create plates, which will be beautifully set into your final piece using traditional setting and cold connection techniques. Class is from 9 a.m. – 4 p.m. each day.

Off the Loom Weaving (all levels) with Eleanor Lux,

who has been weaving for 50 years using many different techniques. Got a little tension in your life? That's all you'll need to learn to weave without a loom by taking fibers and stretching them tight until they have tension. Using things found around ESSA, you'll begin to weave learning traditional tapestry techniques. No experience is necessary and you'll make any tools you need. Classes from 9 a.m. – 4 p.m.

July 15 – 17: BYOB – Build Your Own Birkenstocks with noted bootmaker, Floyd Ben Hilton. Create the sandals of your dreams in the new fully equipped leather-working studio. This workshop will introduce you to the art of shoemaking from how to measure the foot to developing patterns for designs, and color variations. Then you'll design your own sandals based on the popular Birkenstock footbed. From the footbed up the rest is limited only by your imagination! You'll walk away in a pair of leather Birkenstocks you made yourself!

Let Isolation Be the Rule

The entire week builds toward **Wednesday's** (July 15) new moon of Cancer (23.14 degrees). Mercury has entered Cancer. We speak in ways that allows others to feel emotional security. Our words offer sustained nourishment. We are resourceful, bringing people & ideas together. We care for and “mother” all environments.

Thursday, Friday and Saturday are under the Taurus moon. We seek the Art of Living truthfully and sustainably. **Sunday**, Gemini moon, the Cancer Sun squares Uranus (all things new) in Aries. Squares challenge us into new directions, lead to the future, work with a new identity (Aries), under the new Aquarian Laws

& Principles (new rhythms/archetypes).

Monday Mercury in Cancer trines Neptune in Pisces. Trines are harmonious. They lead us to heaven through mystical, spiritual insights and perceptions. **Monday night and Tuesday** Venus squares Saturn. We consider the state of our finances and resources. And the world's finances in difficulty.

Wednesday is Cancer new moon. At new moon times we recognize, stand with, support and “uplift the hands, arms and endeavors of the New Group of World Servers and women and men of Goodwill everywhere.” The Cancer keynote when building the personality is, “*Let*

isolation be the rule, yet the crowd exists.”

After lifetimes of building the personality (physical body, emotions, lower mind), unaware of the Soul's presence, we eventually become isolated, disconnected and lonely. This deep isolation creates in us a call for help. The Soul, always listening, replies, directing its light, love, intelligence and will-to-good for the first time into the personality. A relationship begins between the personality and the Soul. Isolation and loneliness cease. Realization of Oneness, connectivity and unity are felt. The Soul “builds a lighted house (in the personality) and from then on dwells within it.” Our life changes.

ARIES: The new moon sheds light upon home, mother(ing), nurturance, nourishment and how you need to live. Are comfort and security found in your home? How are family relationships? Is there a need to move, redecorate, restructure or redesign? Dynamics with parents and family, a new foundation, more nurturance are assessed to meet emotional needs. Design and build a gate.

TAURUS: There's a need to make changes in thoughts and communication with self and with others. There's more to be learned about listening carefully, understanding, speaking

or not speaking. As you listen and learn new perspectives become clear along with new ideas. Listening is most important. All your endeavors create knowledge for others. You're to bring about changes within the self for others to imitate.

GEMINI: Financial stability is important. In our financially unstable times, we must understand the undercurrents (reality) of our present and future economic situation. It's important to be up to date, to read Catherine Austin Fitts' (solaris.com/blog) site daily. She brings forth information, awareness and interpretation of world events, particularly financial, explaining our current difficult times. Knowledge is a psychological security. It leads to Right Action.

CANCER: The new moon calls you to greater self-identity, self-development, self-recognition, self-esteem seeing yourself as strong and reliable. It also brings forth an identity crisis; the old perceived self, ways and choices falling away. What you have done before must be changed. If you are determined to go about your life as before, without needed and practical adjustments, you will find yourself isolated and in danger. What needs to change in your life? What must you say yes to?

LEO: There is great expansion within your heart, mind and self-identity. There has also been much grief, from long ago, with those you love as you were learning how to love. In coming months you'll be spiritually impressed with the fact that you are interdependent. Joy in your life is in direct relation to making real contact with others. Your rich reservoir of talents needed expressing. For others to mentor.

VIRGO: It would be good to study historical

groups, masonry, different societies and the entire human race's progression through the centuries. The history of humanity as a group becomes more interesting and significant. As we have true identity,

our sense of self-worth is anchored, established and then helping others, humanitarianism, emerges and true service is a daily experience. Virgo is the sign of service.

LIBRA: Libras are many times like Capricorns, climbing the ladder of success. At times Librans feel great pressure concerning career, advancement, making money, public recognition. This creates a determination to advance, step around obstacles, pierce glass ceiling. You also look for evidence of success through material resources. In coming months different realities emerge. Know your service is seen, recognized, welcomed and appreciated.

SCORPIO: You're being given the opportunity to delve into abstract thoughts, intangible to most. Especially about beauty. You think about morals and ethics, religious practices, philosophical issues. You seek a new foundation and structure in life. It comes through study and cultural expansion. Travel, too. Pursue the wisdom of the ages, in whatever culture you find yourself in. You're to travel over the seas.

SAGITTARIUS: Attempt to share all things physical, material, emotional, intellectual and spiritual. Sharing brings more and more resources forth. Perhaps you've never thought of true sharing till now. For our spiritual development, we must begin to share all that we have until one day we actually give ourselves away, a high level of spiritual development. Many of us are not here yet. But you're swifter

than most.

CAPRICORN: Perhaps in your mind there's a pull between work and home, self and others, public and personal. This is difficult, as if you're on a cross – pulled up/down, side to side. Actually you are. It's the fixed cross and you're being asked by the Soul to offer yourself equally to all four areas of life. To self, to the “other” (intimate), to family, to the world. The emphasis is on family now and relationships. As you fulfill these duties to both, you are transformed.

AQUARIUS: There is a need to focus on health and nutrition. It's essential that you reduce all things that lead to stress and overwork. This includes physical and psychological worries. Having the intention to cooperate with others creates deep and lasting psychological health. Should there be anything you need in daily life, communicate this to others. Be very careful with finances and resources. Pray daily for right work, the right home and nurturance.

PISCES: You're being subtly urged to express more affection and love. It brings joy to you; something deeply needed to strengthen your life force. Expressing true affection also develops balance and cultivates self-esteem. Often Pisces are ignored and not seen. This can be a wound. A balance between spiritual and physical is essential for Pisces to feel happy and enjoy life. We become what we give. Notice those around you who love more. Imitate them.

Risa – writer, teacher, founder & director, Esoteric & Astrological Studies & Research Institute, a contemporary Wisdom School studying the Ageless Wisdom teachings. The foundations of the Teachings are the study & application of Astrology & the Seven Rays. Email: risagoodwill@gmail.com. Web journal: www.nightlightnews.org/. Facebook: Risa's Esoteric Astrology for daily messages. Astrological, esoteric, religious, news, geography, art, literature & cultural journalism.



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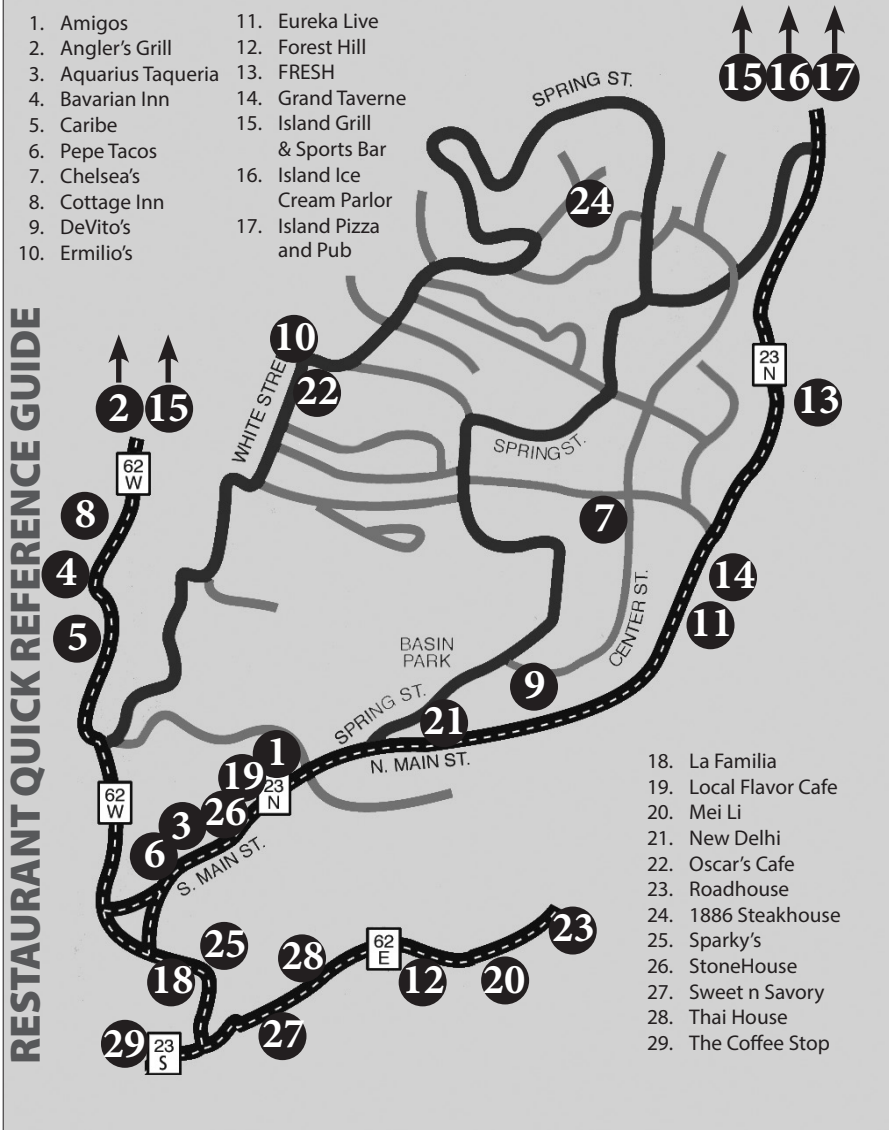
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Ultra Suede Party slides into Park Saturday, Dusty Pearls shine on Chelsea's and Cathouse

No shortages of good times around Eureka! We are dancing in the streets and swimming in the lakes. Dusty Pearls bring their sweet male/female harmonies to Chelsea's Friday and Cathouse Saturday, always a lovely treat. Saturday's live music in Basin Park will be performed by Ultra Suede, Northwest Arkansas' favorite dance party group, as part of our Second Saturdays in the Park. One night only, don't miss your chance!

THURSDAY, JULY 9

BASIN PARK BALCONY – Catherine Reed, Singer/Songwriter, 5 p.m.
GRAND TAVERNE – Jerry Yester, Grand Piano Dinner Music, 6:30 – 9:30 p.m.
LEGENDS SALOON – WTF Band, Funk, 8 p.m.

FRIDAY, JULY 10

BASIN PARK BALCONY – Hawgscalders, Folk, 12 and 5 p.m.
CATHOUSE LOUNGE – Kristen Ford, Folk, 8 p.m.
CHELSEA'S – Dusty Pearls, Americana, 9:30 p.m.
EUREKA LIVE! – DJ and Dancing, 9 p.m.
GRAND TAVERNE – Arkansas Red, Amplified Acoustic Guitar Dinner Music, 6:30- 9:30 p.m.
LEGENDS SALOON – DJ and Karaoke with Kara, 8 p.m.
LE STICK – Pete "Rock" Maiella, Singer/Songwriter, 8 p.m.
ROWDY BEAVER – Steve Hester and Deja Voodoo, Rock, 8 p.m.
ROWDY BEAVER DEN – Terri and

Ultra Suede play Basin Park, Saturday, July 11 at 5 p.m.



Brett, Rock, 9 p.m.

THE STONE HOUSE – Jerry Yester, Artist's Choices

SATURDAY, JULY 11

*****BASIN PARK** – Ultra Suede, Dance Rock, 5 p.m.***
BASIN PARK BALCONY – Crosstown Richard, Singer/Songwriter
BREWS – Maia Archote featuring Amanda Kitchens, Americana, 7 – 10 p.m.
CATHOUSE LOUNGE – Dusty Pearls, Americana, 8 p.m.
CHELSEA'S – Matt Smith and Ocie Fisher, R and B, 9:30 p.m.
EUREKA LIVE! – DJ & Dancing, 9 p.m.
GRAND TAVERNE – Jerry Yester, Grand Piano Dinner Music, 6:30 – 9:30 p.m.
LEGENDS SALOON – JAB the Band, Rock, 8:30 p.m.
LE STICK – Pete "Rock" Maiella, Singer/Songwriter, 8 p.m.
ROWDY BEAVER – Terri and the

Executives, Rock, 8 p.m.

ROWDY BEAVER DEN – Terri and Brett, Rock, 1 – 5 p.m., Norman Jackson Band, Rock, 9 p.m.

SUNDAY, JULY 12

BASIN PARK BALCONY – Jeff Lee, Folk, 12 p.m., Michael Dimitri, Singer/Songwriter, 5 p.m.
BREWS – Cards Against Humanity/ Board Games
EUREKA LIVE – DJ, Dancing, and Karaoke, 7 – 11 p.m.
ROWDY BEAVER DEN – Terri and Brett, Rock, 1 – 5 p.m.

MONDAY, JULY 13

CHELSEA'S – Sprungbilly, Bluegrass, 8 p.m.

TUESDAY, JULY 14

CHELSEA'S – Open Mic

WEDNESDAY, JULY 15

LEGENDS SALOON – DJ Karaoke with Lita, 8 p.m.

Watch a magical week be pulled out of a hat

Marty Hahne, the Reading Magician, will perform spectacular magic at the Eureka Springs Carnegie Public Library on Monday, July 13 at 3 p.m.

Tuesday afternoon at 3 p.m. is Lego Club where the construction of Gotham Springs will continue and the evening will wind up with Pajama Storytime for the little ones at 7 p.m. Wednesday morning Preschool Craft &

Story Hour is at 10:30 a.m. with books, games, crafts and snacks. Thursday at 3 p.m. you can beat the heat with free popcorn and a showing of *Big Hero 6*, rated PG.

All programs are free and intended for children and families with no pre-registration required. For more information visit the library at 194 Springs Street, call (479) 253-8754 or email EurekaLibrary.org.


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already in a pod, so leave a few handsome bean pods to dry on the vine. Beans typically do not cross-pollinate with other bean varieties. Peas are the same.

Onion seeds come from globular flowers atop long succulent stems. Each flower will produce dozens of seeds, more than a home gardener will need in one season. Seed catalogs and websites all point out onion seeds are viable for only one year. Therefore a gardener can grow one onion flower per year and always have enough seeds for that variety.

Peppers seeds are also easy to collect. The flat little seeds are easily shuffled off the pithy membrane inside the fruit. Spread seeds on a paper towel for a few days to dry. Viable seeds come from fully mature fruit, so it matters which seeds you save.

Seeds from tomatoes and cucumbers are messier to harvest but are still fairly simple to collect. Scoop out cucumber seeds from a fully ripe cucumber (way past eating stage) and gelatinous pulp will scoop out, too. Rinse the seeds in a strainer to wash away some of the pulp and let the seeds dry for a few days on a paper towel. Cucumber seeds will stick to the paper, so the conscientious seed harvester will carefully unstick them from the paper a few times over two or three days until they are dry enough for storage.

It matters which seeds you save

A gardener might go through proper harvesting and storage of tomato seeds in autumn, and the next summer get a prolific variety of odd-shaped warty tomatoes with zero taste. This could happen if you save seeds from a hybrid plant. Hybrids do not breed true the next year, which is another reason for using your own seeds.

There is also the consideration of cross-pollination. The *Vegetable Seed Saving Handbook* site suggests a gardener can avoid inadvertent cross-breeding by staggering the plantings so that two kinds of cucumbers, for example, are not flowering at the same time. Brassicas will interbreed, so if you want to maintain the purity of your varieties, select a collard plant for seeds in the summer and red mustard in autumn. The seeds will last for four or five years if stored properly.

A gardener can also surround a bed with a screen or some barrier to lessen the chance of crossing, and someone who knows enough about it can surround individual flowers with bags or coverings.

Another strategy is planting susceptible crosses far enough apart. That sounds easy enough, lettuce varieties will cross-pollinate if flowering at the same time and less than 25 feet from each other. Brassicas and squashes might require a mile for seed purity and corn might need five miles.

A complication in our area is Queen Anne's Lace, a common roadside weed, which

is from the same species as carrots with which it will cross, thereby making the carrot seed unpredictable if you have Queen Anne's lace nearby.

A home gardener might want to take a chance and see what your homegrown seeds can do for you next year. The cross from two open-pollinated lettuce varieties might become a whole new variety that likes your soil and climate, and you might not notice much of a difference. In Nancy Bubel's *Seed- Starter's Handbook*, she says, "Selection won't introduce dramatic changes or new crop improvements, but over the years the process can gradually intensify good qualities."

Seed Storage

The first step in storing seeds is to collect them and dry them properly. After that, you have choices. Some seeds savers keep seeds in plastic bags in a freezer. Others keep seeds in carefully marked envelopes in alphabetical order in baskets in an out-of-the-way corner under the stereo. As long as you can keep the seeds fairly cool and dry and away from light, you have choices.

Let the seeds fall where they may

Another strategy is to let seeds spread themselves around. If left on the plant, seedpods will burst and send seeds flying. Arugula, mustard and kale will continue to sprout up in a garden if successive generations are allowed to grow and spread seeds. Cilantro and lettuce establish themselves readily, and will sprout in pathways as easily as planting beds.

A gardener who facilitates volunteers in the home garden must abide arbitrary unexpected sproutings, like seventy red mustard seedlings in a one-foot-square space that is fun when it happens and leads to the art of transplanting.

In spite of volunteers, gardeners will still need to plan the garden and plant seeds on purpose, but allowing plants to live their entire cycle, including producing seeds, can become just a regular feature of the gardening adventure. The Center for International Studies stated in an article on preserving open-pollinated seeds, "Promoting the use of diverse seed types enhances food security and promotes the preservation of traditional cultural practices and values... the modern system of agriculture, using patented genetically modified seeds, cuts off the natural evolution of the organism. Forbidding farmers from replanting the seeds of the harvest stops that naturally evolving system from moving forward, relegating the selection of traits to a laboratory."

Perpetuating your own heirloom variety of snow peas or tomatoes is personally satisfying and a gift to the future, and it is easy. There are books and online guides with many particulars, but getting started is as simple as picking a healthy plant and letting it grow through all its phases. In return, you get your own seeds, and you get to do it all again next year.



Slithering visitor – One guest over 4th of July weekend wasn't quite so welcome at Turpentine Creek when a visitor reported, "I don't know if it's a problem but there is a **big** snake climbing up the back of that building over there." Staff biologist Katie Anderson got the black snake down and she and fellow biologist John Chavez assured the crowd it was one of the "good" snakes. (Nonetheless, it's now happily slithering elsewhere outside the compound.) **PHOTO SUBMITTED**

A little help from our friends:

- **Carroll County Domestic Violence Hotline:** 1-844-247-3223 (844-24PEACE) is available 24/7. The Purple Flower Domestic Violence Resource and Support Center of Carroll County is open Tuesdays and Thursdays from 10 a.m. – 3 p.m. on North Springfield St. in Berryville. (479) 981-1676.
- **Grief Share** is a weekly seminar and support group for people who are grieving the death of someone close to them. Group meets in the library of the Holiday Island Community Church from 2 – 4 p.m. each Sunday. Contact Dale or Laura Nichols (479) 253-8925 or email lardellen@gmail.com for more information.
- **24-hour NWA Crisis Line for Women** – NWA Women's Shelter serving Carroll County – "Empowering families to live free of violence." (800) 775-9011 www.nwaws.org
- **Cup of Love free soup lunches** – Cup of Love provides soup lunches at Flint Street Fellowship Mondays and Wednesdays from 10 a.m. – 2 p.m. (479) 363-4529
- **Flint Street Fellowship food pantry, lunch, free clothing** – Pantry open 10 a.m. – 2 p.m. Mondays and Wednesdays. Free lunch Tuesdays and Thursdays, 10 a.m. – 12:30 p.m. Free clothes/shoes closet, books and household items. (479) 253-9491 or 253-4945. Leave donations in barrel at entrance if facility is closed.
- **Eureka Springs Meditation Group** All are welcome for meditation and teachings every Tuesday from 6 – 7 p.m. at 17 Elk St. in the UU Church building. Come any Tuesday for 20 minutes of meditation followed by a

10-minute break and teachings from various traditions.

• **Wildflowers one-dollar, furniture barn/thrift store** US 62E across from Hill County Hardware. One-dollar store in the yellow building every Friday from 10 a.m. – 4 p.m. Thrift store, furniture bank in big blue barn behind the chapel open Wednesdays – Saturdays from 10:30 a.m. – 4 p.m. Donation drop offs Thursday – Saturday between 11 a.m. – 3 p.m. Healing and delivery outreach in chapel Saturdays at 7:30 p.m.

• **Celebrate Recovery** – Soul Purpose Ministries, 801 S. Springfield, Green Forest, 6:30 p.m. each Wednesday. Potluck followed by 12-step Christ-centered meetings for those suffering from addiction, habit, hang-up or hurt.

• **Coffee Break Al-Anon Family Group Women** – Tuesdays, 9:45 a.m., Faith Christian Family Church, Hwy. 23S, (479) 363-9495.

Meetings at Coffee Pot Club:

• **Alateen** – Sundays, 10:15 – 11:15 a.m. Email alateen1st@gmx.com or phone (479) 981-9977 • **Overeaters Anonymous** – Thursdays, 10:30 a.m. Barbara (479) 244-0371 • **Narcotics Anonymous** – Fridays, 5:30 p.m. (903) 278-5568 • **Al-Anon Family Group (AFG)** – Sundays, 11:30 a.m., Mondays and Tuesdays 7 p.m. • **Eureka Springs Coffee Pot AA Groups** Monday – Saturday 12:30 p.m.; Sunday 10 a.m.; Sunday – Thursday, Saturday, 5:30 p.m.; Tuesday and Friday, 8 p.m. (479) 253-7956 • **Al-Anon** Wednesday, 5:30 p.m. All other meetings: See www.nwarkaa.org

DEPARTURES

Doris Pauline Giles May 1, 1939 – June 27, 2015

Doris Pauline Giles of Eureka Springs, Ark., was born May 1, 1939 in Mobile, Ala. She departed this life Saturday, June 27, in Fayetteville at age 76.

Doris was a member of the Wildflower Church in Eureka Springs. She enjoyed gardening and loved horses.

She is survived by one son, Alan Hayes of Goodyear, Ariz.; three granddaughters, Crissy and husband, Eric Faul, of California, Ashley Hayes of Arizona, and Wendy and husband, Romeo Bodnar, of California; seven great-grandchildren; and a host of friends and loved ones.

On Sept. 26, 1981, Doris was united in marriage with David Giles who preceded her in death. She was also preceded by her parents, one son, Tony Hayes, and one sister.

Interment was in the Eureka Springs Cemetery, with cremation arrangements under the direction of Nelson Funeral Service. Memorial donations may be made to the Wildflower Church, 6789 U.S. 62, Eureka Springs, Arkansas 72632. Online condolences may be sent to the family at nelsonfuneral.com. © Nelson Funeral Service, Inc. 2015



Mary Evelyn Seward Feb. 19, 1933 – July 3, 2015

Mary Evelyn Seward, 82, went home to be with the Lord on July 3, 2015. Mary was born on Feb. 19, 1933, to Clifford and Cora Collins who preceded her in death.

Mary lived a rich life with a wonderful husband, Fred Seward, for 62 years. They were wed on Dec. 31, 1952. He preceded her in death, as did one sister, one brother, and two sons, Steven Cain and Michael Cain.

She has one living brother, Lee Collins of Oklahoma City, Okla. She also leaves behind three children, Diana Seabolt of Winfield, Kan., Lisa Liggett of Eureka Springs, Ark., and Randy Seward of Eureka Springs. She had 14 grandchildren, 30 great-grandchildren, and one great-great-grandchild.

She and her husband lived in several different places, from New Mexico to California to Winfield, Kan., where they made their home.

Mary had a lot of friends. She loved gardening, quilting, being with her family on the Table Rock Lake where she and Fred retired in 1984. She was an avid photographer of nature. She loved to read. She had one of the most beautiful gardens all around their house. She liked making crafts and going for walks. No matter the time of day, if you were hungry, she would cook!

Mary was loved by all who knew her, friends and family alike. The Lord received a special lady and now she can be with her family in heaven, waiting on the rest of her loved ones to join her.

Private family memorial service held at a later date. Cremation arrangements are under the direction of Nelson Funeral Service. Memorial donations made to Children's Miracle Network, 1305 East 5th, Winfield, KS 67156 or Mayo Clinic, 201 West Center St., Rochester, MN 55902. Online condolences sent to family at nelsonfuneral.com. © Nelson Funeral Service, Inc. 2015



Nancy Kay Graham June 29, 1943 – June 30, 2015

Nancy Kay Graham Berryville, Ark., was born June 29, 1943 in Topeka, Kansas, a daughter of Clyde Samuel and Lucile Emma (Ward) Darling. She departed this life in Berryville on June 30, 2015 in her home with family by her side at age 72.

Nancy worked as a dental hygienist. She was a member of the Berryville Book Club and the Carroll County Democratic Women's Club. She loved to read,

garden and travel.

Nancy is survived by one daughter, Heather Graham of Berryville; one son, Eric Graham of Walnut Creek, Calif.; one sister, Patsy Kinsman of Albuquerque, N.M.; one brother, Gene Darling and wife Judy of Austin, Texas; several nieces and nephews; and a host of friends and loved ones.

Nancy was preceded in death by her parents and one

brother, Sammy Darling.

A memorial service will be held at a later date. Cremation arrangements are under the direction of Nelson Funeral Service. Memorial donations may be made to the American Red Cross, P.O. Box 4002018, Des Moines, Iowa 50340-2018. Online condolences may be sent to the family at nelsonfuneral.com. © Nelson Funeral Service, Inc. 2015

MANAGER continued from page 4

are more likely to buy items like jellies, jams, and fresh baked breads rather than produce.

"Melissa is coming on at a pretty exciting time," Toombs said. "She is settling in, and I think we are looking at a pretty good year."

Longtime organic farmer, Patrice Gros of Foundation Farm, said, "We are happy to find Melissa. We are having a lot of good fun at the market. Tuesdays have been hopping because we have cooking demos and Carrie Merry is there with her juicing, soups and salads. Cooking demos are always fun. Music has also been working well for the market. We have music now for every single market."

Gros said another perk this year is free coffee from Mountain Bird coffee, a local roaster certified sustainable by the Rainforest Alliance.

"You don't have to buy anything, just come in for a cup of coffee and music," Gros said. "We want people to think of the market for good times and, of course, we have the food truck now that can offer breakfast or lunch. That is quite a bit of progression for a small town market."



Freedom

– Among the many freedoms celebrated during the 4th of July parade was the hoped-for Freedom from Fluoride. It wouldn't be a Eureka Parade without an issue to march for!

PHOTO SUBMITTED

DROPPING A Line

by Robert Johnson

Well, its been a rough week fishing with all the high water and pleasure boats out for the 4th of July weekend, but we got 'er done.

Local angler Jim Wilson of Eureka Springs was hoping his grandson, James, would get on a striper while visiting for the week. Well, we proved hoping is better than wishing, with James catching his limit. They weren't 30 pounders but all three were hard fighting fish. We got all off a bluff in 80 – 180 ft. of water running baits 24 – 30 ft. deep with two coming in on big brood shiners and one on a five-inch shad.

Most these big fish are being caught between the dam and Rocky Branch, where they shall roam for the rest of summer. Water temps were running close to 81° which is good for some early morning or late night fishing, too, so no one gets sunburnt.

Had another trip to Lake Leatherwood this week and caught crappie and bass in 10 – 14 ft. of water with baits set at about seven ft. deep which puts it right above the grass.

Here at Holiday Island some crappie and bass are being caught but the high water has made it a little rough all over Table Rock. We



should be sending through our chain of lakes and to the Gulf as soon as the Mississippi can take some away, then all will be back to normal. Until then, remember fish still have to eat so go fishing and maybe you might do some catching, too. If not catching you can still enjoy the water with a good swim or a boat ride. Be safe and watch out for others out there with you. See ya on the water, friend.

Robert Johnson, Johnson Guide Service, www.fishofexcellence.com (479) 253-2258.

Vegetable bounty – Tended by Act 309 State inmates, the garden at Carroll County Sheriff's Office is yielding a huge bounty of corn, radishes, greens, lettuce, yellow squash, zucchini squash, cucumber, bell pepper, cayenne pepper and jalapeño. Seeds and supplies were donated by area businesses, and there's no expense to taxpayers other than fuel for the garden equipment. As of June, a total of 2,947



pounds of vegetables, not including the corn, was harvested – substantially reducing meal costs and contributing to a healthy diet for inmates. CCSO made a sizable vegetable donation to Loaves and Fishes, and the Detention Center cooler and freezer will be well stocked at the end of the season.

PHOTO SUBMITTED

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ONE FLY OR LURE

FISHING TOURNAMENT

SATURDAY, OCTOBER 17, 2015

Watch our web site for Rules and info!

INDEPENDENT Crossword

by Mike Boian Solution on page 19

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20				21							22			
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63					64					65				

- ACROSS**

1. “___ have you gone Joe Dimaggio?”

6. Calypso and soul

10. Canine holders

14. Icelandic coin

15. Atop

16. Ear related

17. Digestive tract

19. Indian stringed instrument

20. Fled

21. Short handled hammer

22. Twelfth month of Jewish calendar

23. Striping material

24. Unorthodox opinion

26. “Scrolls of severely snowy sentences”

31. Sister’s daughter

32. Focusing aid

33. Marked displeasure

36. Snack

37. Cannabis tea

39. Goad to action

40. Insect that lives in a colony

41. Toto’s creator

42. Audibly

43. Thanksgiving Day centerpiece
46. Best quality

49. Pelvic bones

50. Guttural Hebrew letter

51. Sheer confusion

54. Need help ASAP

57. Dang!

58. Makes impure

60. Eat in or out

61. Wax-like swelling on some birds’ beaks

62. John ___ Garner

63. Single cycle around the sun

64. 1.15 statute miles per hour

65. Twenty something Hobbit
- DOWN**

1. Use up

2. Tree frog

3. Emerald Isle

4. Edge

5. Religious recluse

6. Army camp follower

7. Australian gem

8. Heart

9. Non-specific item

10. Call the shots

11. Useful

12. Take away

13. Encrusted
18. Appellation

23. Undead spellcaster

25. Goddess of dawn

26. ___ and the King of Siam

27. Baum’s one lacking courage

28. For fear that

29. Site of 1836 slaughter

30. Perfect Olympic score

33. Press

34. Complete victory

35. Swirl of water

37. Lady Godiva’s equestrian style

38. Barbarian

39. Guilty or not guilty

41. Where the batter stands

42. Food

43. Orion

44. Boneless strip of meat

45. Land map

46. “Who’s your ___?”

47. Eagle’s nest (var.)

48. Tropical vine

52. First garden site

53. A *Star Wars* planet

54. Not loopy

55. Never again

56. British submachine gun

59. Not processed

INDEPENDENTClassifieds

The INDEPENDENT Classifieds cost \$8 for 20 words, each additional word is 25¢. **DEADLINE – Monday at noon**
To place a classified, email classifieds@eurekaspringsindependent.com or call 479.253.6101

ANNOUNCEMENTS

FLORA ROJA COMMUNITY ACUPUNCTURE – providing affordable healthcare for the whole community. Sliding scale fee. \$15-\$35 per treatment, with an additional \$15 paperwork fee the first visit only. You decide what you can afford to pay! Francesca Garcia Giri, L.Ac. (479) 253-4968, 119 Wall Street.

It's A Mystery BookStore

the gently-used bookstore featuring vintage, modern & classic reads on the Berryville Sq. www.itsmystery.net.

LAUGHING HANDS MASSAGE ANNOUCES its summer special: One hour massage with a cool peppermint foot scrub. Laughing Hands always a good location for couples massage. Call (479) 244-5954

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EUREKA SPRINGS FARMERS' MARKET Every Tues. and Thurs., 7 a.m. – noon. Vegetables and fruits, cheese, meat, eggs, honey and so much more. Come for the food, music and to be with your friends. Catch us on Facebook.

BREAD ~ LOCAL ~ ORGANIC ~ SOURDOUGH – **Ivan's Art Bread at the Farmers' Market!** Rye, Whole Wheat and Breakfast Breads like English Muffins and Bagels, also Ivan of the Ozarks Dry Rubbed Ribs at Anglers! Now every weekend! Fri. Sat. – Ivan's request line (479) 244-7112

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MISSING

REWARD \$200

Missing from Forest Lane behind Elementary School on May 11. Miniature male Pinscher weighs 15 lbs. Call (479) 363-6707 or can leave message. *See ad on page 3!*

ANTIQUES

EUREKA WEST ANTIQUE MARKET:

Open 6 days/wk., 10 a.m. - 5:30 p.m., closed Tuesdays.

and Outdoor Trade Days Market:

Open Friday, Saturday 10 a.m. - 5:30 p.m. at 15677 US 62W, 5 mi. west of Eureka. (405) 314-8607.

WONDERLAND ANTIQUES buys/sells antiques, primitives, unique vintage items. Open 10-5. Closed Tuesday & Wednesday. Hwy 62 east of Eureka 3 miles. (479) 253-6900

ESTATE SALE

HUGE TUTTLE

ESTATE SALE

Priced to move!

July 10th and 11th, Friday and Saturday 9 a.m. to 4 p.m.

Contents of two 10x20 storage units, furniture, clothing, household items and whatever we ran out of time to sell in the Spring Street sale. 4 States Event Center on Hwy. 62, 2100 E. Van Buren, Eureka Springs, AR (formerly WT Focker's). Lots of flat parking.

FOR SALE

Like new. **JOHN DEERE Z445 ZERO-TURN MOWER.** \$3750. Purchased from John Deere dealership Wynne, Arkansas. All paperwork included. Usage 24 hours. Well cared for. Blown clean, never wet. Oil change three times in 24 hours use. New heavy duty battery purchased 5/1/15. 54" cut — Call (870) 588-1364 or (870) 253-6970.

YARD SALE

Two family, 8 a.m. - 2 p.m. All of July on Thursdays, Fridays. New items every week. If sign is up, **SALE IS ON!** Onyx Cave Road, Roadrunner Storage.

HELP WANTED

FULL TIME experienced cooks, servers, and part time bartender wanted at a fast paced, fun environment. Apply in person at the New Delhi Cafe, located at 2 North Main St. Applications will be accepted Monday through Friday between 1 and 6 p.m.

HELP WANTED

NOW HIRING FOR ALL POSITIONS

– Service, bartenders, cooks, prep cooks. Apply in person at Rockin' Pig Saloon or info@rockinpigsaloon.com

Forest Hill Restaurant in Eureka Springs seeking **QUALIFIED** and **RESPONSIBLE BREAKFAST** and **NIGHT GRILL COOK** to its existing kitchen team. **WAITSTAFF** position available as well. Apply in person and ask for Paul.

EMPLOYMENT OPPORTUNITY AT MUD STREET CAFE – DISHWASHER. Apply in person.

Holiday Island Country Club CHEF/COOK/MANAGER

Year Round Full Time, \$10 to \$12 per hour depending on experience.

Medical, Dental, Vision,

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Send Resumes to: Barry Storie,

#1 Country Club Dr.,

Holiday Island AR 72631

Or email: golfpro@holidayisland.us

Holiday Island Country Club PART TIME CASHIER

Enquire @ Holiday Island C.C.

#1 Country Club Dr.

(479) 253-9511

BAKER FOR SWEET-N-SAVORY CAFE. Apply in person, 2076 E. Van Buren between 2 - 4 p.m. Some experience preferred.



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is accepting applications for the following:
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Phone (479) 253-9768

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NORTH MAIN COMMERCIAL PROPERTY. Over 1,500 sq. feet of versatile space. Nightly rental? Shop/gallery? Live/work? Lots of potential with off-street parking! Newer water heater, central H/A, 1 bath. New siding & paint. Only \$135k. (479) 244.9151

HOMES FOR SALE

LAKEFRONT HOUSE, 3 bedroom, 3 bath, 2,400 sq. ft. living space. Private boat dock Beaver Lake, Eureka Springs. (479) 253-4158

17 ACRES WITH OFF-GRID CABIN. Adjoins Nature Conservancy. Nine miles from Eureka near Trigger Gap on 221 S. \$120,000. Will finance with 20% down. (870) 480-9195.



[ThinkGreen]

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HOLIDAY ISLAND VILLAS & TOWNHOUSES near lake and marina. Peaceful and quiet, ample parking. From \$375/mo. (479) 253-4385

HOLIDAY ISLAND ONE BEDROOM APARTMENT FOR SINGLE PERSON. \$550 includes utilities, cable. Clean, bright, vaulted ceiling, deck. F/L/S. No pets. (479) 981-2979

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CONSTABLES continued from page 10

fireworks ordinance.

11:19 p.m. – Passerby reported three juveniles yelling at vehicles near a business on US 62. Constable came across the juveniles nearby and advised them to stay away from the roadway.

11:31 p.m. – More fireworks near downtown precipitated another lesson from the constable about the fireworks ordinance. 11:40 p.m. – Fireworks again, this time above downtown, and the culprits avoided detection.

July 5

3:34 a.m. – Traffic stop resulted in the arrest of the driver for driving on a suspended license.

10:53 a.m. – Resident claimed her neighbor was blocking an alley. Constable referred

SERVICE DIRECTORY

SENIOR SOLUTIONS

SENIOR SOLUTIONS GERIATRIC CARE MANAGEMENT – Licensed social workers guiding families in the care needs of loved ones. Assistance with Medicare enrollment. Piper Allen (479) 981-1856, Susan Hopkins (479) 253-9381. www.seniorsolutionsar.com

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her to the Building Inspector.

10:59 a.m. – A large dog cavorted along a road in the western part of town, but the constable never saw it.

11:44 a.m. – EMS asked for a constable for an unattended death report.

8:13 p.m. – Constable filed a report on a vehicle which had been rear-ended the previous day near downtown.

9:13 p.m. – Constables responded to a residential burglary alarm and found the home secure with no signs of attempted forced entry.

10:13 p.m. – Concerned resident reported what sounded like an alarm maybe at nearby tourist cottages. Constables scoured the area and checked with a couple sitting outside who said they had been there for almost an hour but had not heard an alarm.

Mandala Sand Painting at the Barefoot Ballroom

For the past 16 years the Mystical Arts Monks of Tibet have traveled the globe performing the sacred art of the Mandala Sand Painting. On July 14, 15 and 16 this special event will take place in Eureka Springs at the Basin Park Hotel's Barefoot Ballroom.

The monks will create an elaborate and ancient Healing Medicine Sand Mandala using millions of grains of colored sand. Each day over the three day period the community is invited from 9 a.m. – noon

and 2 – 5 p.m. to watch the monks build the sand mandala that has been recreated for over 2500 years. There will be a special closing ceremony at 3:30 p.m. on July 16.

There will be talks and events during the day, including children's activities. The Venerable Geshe Thupten Dorjee and the Tibetan Cultural Institute of Arkansas of Fayetteville are bringing this special and sacred event to Eureka Springs as a gift. Donations are gratefully accepted but not required.

SYCAMORE continued from page 7

'Public notice by health officer.' I guess they wanted three names on the slate, from their side. The colonel says," she added importantly, "that they've cut off their noses. He's all out for Jaffray now."

"I know," said Clytie, confident, herself now elevated to the plane of high statecraft, if only through association. "It's about time somebody got ahead of the Knowleses. They've run things long enough. Them and all their kinfolds! If Floyd Skelton was here, *he'd* probably be on the ticket, too!" She ran her hands over Tracy's head, and said.

"You're dry," and shooed her to a chair that faced a mirror and dressing-table.

"Never did find out what became of him, did they?" she asked, pulling pins rapidly from Tracy's hair, leaving her head covered with tight, coiled ringlets like rows of cutworms.

"Only what everybody knows, I guess." Tracy gazed at her own face with her habitual discontent. "That he took off for California with some woman or other. Jarvis thinks he meant to skip out with the Chamber of Commerce money, too, but got cold feet."

MAIL continued from page 8

We "nullified" Fugitive Slave Laws, Eminent Domain Foreclosure and Alcohol Prohibition, etc., and we can nullify sodium fluoride poisoning by the State of Arkansas. Use every opportunity you have to pass on this essential information about how the citizens peaceably hold their government in check to the service of its citizens.

Eric Scheunemann

P.S. We would be remiss not to follow the law further and root out the cause, and permanently remove state officers who voted for and maintain this monstrosity as well as accepting bribes from Delta Dental as published in local newspapers, by prosecuting Delta Dental as well.

Wait, there's more about the dangers of fluoride

Editor,

Guess what Eureka, fluoride is radioactive as well as poisonous. Look it up.

Mike Sutton

Fluoride the wrong choice

Editor,

It was ironic to have a Freedom Protest in the Independence Day Parade,

and go with friends to the Beaver Water District Treatment Plant. Adding hydrofluorosilicic acid to our water supply is controversial and should not be mandated. After voting three times against fluoridation, why is the people's choice ignored?

Unless someone cares an awful lot, bottled water may be the best choice after July 15. While fluoride toothpaste may reduce cavities, fluoride ingestion is not recommended by medical doctors.

Unlike fluoride used in toothpaste, fluoridation chemicals added to drinking water are not pharmaceutical grade quality. They are low-cost industrial by-products collected in air pollution control systems at fertilizer plants.

Are your kids going to stop drinking water and go for soda? If you replace water with a daily Big Gulp, you will gain about 36 pounds per year. Our bodies need clean water daily, not sugary drinks.

With fluoridated water, we may end up with overweight kids with bad teeth and poor health. That is the wrong choice. How hard is it to teach your kids to brush their teeth?

Please call Gov. Hutchinson today, (501) 682-2345 and ask for a 60-day moratorium on the addition of fluoride in our drinking water.

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