

### This week's Independent thinker

There are some things we shouldn't do. Or should we?

Corey Hancock was hiking in Oregon a week or so ago, and you know how it is in Oregon, it just started pouring rain. Suddenly Hancock



Рното ву Corey Hand

came upon a bear cub that was barely breathing, just lying on its back in the rain.

What to do? Assume mom was nearby and would tear him apart for messing with her baby? Watch the cub die?

Hancock waited with the cub for 10 minutes and no mother appeared, so he scooped the wild animal up in his flannel shirt and carried it to his car a mile away. He gave it mouth-to-mouth.

As soon as he posted a pic on Facebook, a wildlife rehab employee responded, opened the clinic, and warmed and hydrated the cub all night. But it was really Hancock who saved the bear that now belongs to Oregon Fish & Wildlife.

Crazy. Happy.

#### Inside the ESI

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Drumming in the Park is back – From 6'til past 8 on Saturday, Basin Park was filled with the beating and rhythm of percussion for the first Drumming in the Park of 2017. The crowd formed conga lines and danced to the music in the delightfully clement weather. Drumming the Park will be on the first Saturday of the month through October from 6 – 8 p.m. Photo by Jeremunh Alvarado

## ESFD picked for ambulance contract

#### NICKY BOYETTE

Commissioners of the Western Carroll County Ambulance District convened for a special meeting on April 3 to discuss awarding the contract for ambulance service to the western district. On March 22, three bids for the contract were opened – Eureka Springs Fire Department Emergency Medical Services, Ozark Emergency Medical Services and Mercy Ambulance Service – and commissioners agreed to review the bids and meet in a special session. It was after a lengthy back and forth Monday afternoon about cost and compliance that commissioners eventually voted to award the contract to ESFD, but it was not easy.

ESFD was the only bidder with representatives attending the meeting.

Chair Sam Ward opened the discussion acknowledging many people wondered why the commission put the contract out for bid. He maintained "a more succinct and complete agreement" was necessary to clear up issues in the contract itself. He also said the role of the commission is to provide the best service for inhabitants of the western district, and what was sufficient 20 years ago is no longer adequate. In his

opinion was ESFD has fallen short on occasions.

Ward said the numbers of calls are increasing and ESFD has not met the requirement of responding to 90 percent of calls within 15 minutes. Commissioner Marie Lee said a previous commissioner had told her the 15-minute figure was "a number they picked," not one arrived at by experience. Ward also noted Mercy and Ozark both stated in their bids they would station an ambulance in Holiday Island, but ESFD did not.

Ward mentioned an occurrence when ESFD could not free up an ambulance for 20 minutes. Commissioner David Carlisle asked how many times this happened, and Ward replied once that he knew of.

Commissioner Ken Mills commented the bids from Mercy and ESFD included a balance sheet and profit and loss statements that showed they were viable. Ozark submitted only its Schedule C from Form 1040 which indicated a large loss, and nothing showing current assets.

Ward surmised, therefore, the bid from OMS was non-compliant. Mills reiterated he just wanted to see if the commission would have reasonable expectations

**WCCAD** continued on page 2

## Citizens question rate increases

#### NICKY BOYETTE

Eureka Springs city council staged a public hearing regarding a proposed increase in sewer and water rates March 29 at the Auditorium. The six aldermen sat at a table onstage alongside Mayor Butch Berry and City Clerk/ Treasurer Ann Armstrong, and they outnumbered the number of citizens eight to seven.

Berry explained the proposed increase would address the 2016 shortfall in the cost of sewer operations of \$166,804. In addition, Berry intends to meet the bond covenant, which requires the city to recoup 123 percent of operational costs of the water and sewer systems. He said meeting the covenant has been a longstanding goal which the city has never accomplished.

The city paid \$349,820 toward bonded indebtedness in 2016, so another objective of the proposal is to work toward eliminating two bond debts. Berry's figures indicate,

under his plan, one debt would be paid off in less than three years and the other in 2024, which would be three years before maturity. Accomplishing this would mean the city would be debt-free, and available funds could be refocused toward repairing the city's water and sewer system.

Berry also maintained the proposal is fairly distributed, and asked for feedback from those in the audience.

Harold Myer said there were questions about the proposed rate increase Berry had not answered. He claimed the city should have enough money because sales tax revenue has increased by 25 percent over the past few years. He also asked how many of the new water meters were still not installed. He said he has heard rumors some large users still have the older, less reliable ones. He insisted the rate increases would not fix the leaky water pipes, but fixing the delivery system would help the budget considerably. So he wondered, "Where's all the money going?"

Chris Fischer asked Berry to explain the tier system the city uses to set rates. Berry replied the rate structure is divided into three tiers based on consumption. According to Berry's chart, users who consume up to 2000 gallons are in Tier 1. The second tier includes consumers of 2001-10,000 gallons, and Tier 3 is for those who use more than 10,000 gallons.

In the proposed plan, sewer rates would increase by 21 percent just to meet the requirements of the bond covenant. Water rates would not be increased at all, so customers who buy water but do not have access to city sewer would not pay for an increase in sewer rates.

Berry's plan addresses reducing bonded indebtedness by adding an Infrastructure Improvement charge for each tier. For Tier 1, the I&I charge would be \$5, meaning a net monthly increase in an average bill of \$6.99 per month.

**SEWER RATE** continued on page 15

#### **WCCAD** continued from page 1

that bidders would be able to fulfill the contract, and he saw ESFD and Mercy as "viable."

Ward then commented the ESFD bid also to be non-compliant because in his opinion they bid two-part-time ambulances and the requirement was for two full-time ambulances available at all times for the western district. He insisted that because ESFD also serves the city of Eureka Springs, it would not have two available at all times for the western district. For Ward, that meant two of the three bidders were non-compliant, and Mercy's bid of \$590,000 was too expensive. Therefore, he suggested the commission rewrite the Request for Proposal.

"So we start from scratch?" Carlisle asked. Ward asked in response how the commission could award a contract if the parties are in violation of the contract at the onset.

Carlisle was not sure WCCAD could "achieve that luxurious level" of affording more than the two low bidders, and Mills read from the ESFD bid its strategy for calling in a third ambulance when necessary if one were out already.

Carlisle insisted ESFD would know when to call in a third ambulance to maintain compliance. There was also a mutual aid backup agreement with other ambulance services. He asked if ESFD would be non-compliant if all five ambulances happened to be called out for service. "There's a logic and pie in the sky and reality," he said, and pointed out as far as they know ESFD had one failure in 20 years.

Ward continued to point to what the contract says, and suggested the commission should rewrite the contract, as he did not want a contract the commission couldn't enforce. Lee read from the ESFD bid that they would have two ambulances ready for WCCAD, and if one were out, they would bring in another one. Carlisle asked Ward if he thought ESFD was lying about its commitment, but Ward still saw the ESFD commitment as providing only two part-time ambulances contrary to specs in the Request for Bid.

Mills agreed with Lee's reading of the ESFD bid. Carlisle replied that perfect costs \$590,000, which was the bid from Mercy. He insisted it would be a "ridiculous use of the community's resources" to force ESFD to buy another ambulance and hire more staff. He said the commission could ask for specifics about having a third ambulance available.

Ward mentioned the commission could put a penalty clause in the contract for non-compliance, and Mills agreed there was still some negotiating to be done with whomever they selected. Their job at this point, according to Mills, was to pick who most closely met the requirements of the contract.

Lee added that ESFD has equipment Ozark did not specify in their bid, such as 4x4 ambulances, and said such equipment is critical in her part of the county. Mills mentioned the training offered in Eureka Spring was a plus. He commented things change over time, so it is good to have a new contract, but he was satisfied they had resolved most issues. He asserted it was time to make a selection, then negotiate the contract.



**Dotting the I's and crossing the T's –** David Carlisle, Sam Ward, Ken Mills and Marie Lee of the Western District Ambulance board awarded the emergency services contract to Eureka Springs Fire Department on Monday, but will continue to tweak the details. **Photo BY NICKY BOYETTE** 

Carlisle and Lee were convinced the contract could be negotiated and finalized by early May. Ward mentioned again the past issues with ESFD having two ambulances available per contract language "at all times." Carlisle countered, "One hundred percent does not happen in this world. We can negotiate something that gives reality a voice."

Ward said he was not against Carlisle's point, but adamantly adhered to this view regarding "at all times." Carlisle rebutted the point that legally that would mean the first ambulance could not respond to a situation until the third ambulance arrived at the station.

Ward then commented, "If Eureka is the best we can do, then let's take out 'at all times '" As the points began to circle, Lee moved they vote. Carlisle was first to vote for ESFD. Ward stated that commissioner Judy Giggey, not in attendance, had given him her proxy, and she voted for ESFD. Ward said he would vote for Eureka Springs if the commission could clear up points in the contract regarding "at all times" and 90 percent responses within 15 minutes. Mills and Lee also voted for ESFD.

Lee pointed to the overwhelming community support for ESFD, and said any differences could be resolved. Regarding the contract, she commented, "We'll clean it up and make it right."

Next regular WCCAD meeting will be Tuesday, April 18, at 4 p.m., at the Holiday Island Fire Department.

# Planning puts Plan on hold

#### NICKY BOYETTE

Regional Planning consultant Craig Hull had presented the Planning Commission a strategy for creating a Master Plan for the city at its March 14 meeting, but at the March 28 meeting, commissioner Ann Sallee asked if the commission had the money or the time for it now. She said they are presently grappling with Code vagaries, and have a Vision Plan that they could revive, so she suggested they table the Master Plan indefinitely.

Glenna Booth, City Economic Development Director, disagreed. "We can handle it bit by bit," she responded.

She suggested they start with the Vision Plan, but had other planning documents they could draw from. She also commented Hull had made an offer of consulting for a reasonable fee of \$75 per hour for two-hour slots at a time.

Commissioner Susan Harman agreed with Sallee's point that they still have plenty Code to parse and amend, and commissioner Woodie Acord added. "I feel inadequate because I don't have a clue." He said some cities have full-time professionals who do nothing but this kind of planning.

Commissioner Tom commented that there were things they could do with Hull's guidance, and Hull has already worked for the city, so he has useful data. Buford suggested they at least start and see where they go.

Harman said the city needs a Master Plan and she was willing, but the timing is awkward because they are in the middle of important Code corrections. She wanted to finish what they started.

Chair Melissa Greene said they are 11, at 6 p.m.

not far from finishing work on definitions in Code, and suggested they revisit the idea at the first May meeting. Sallee agreed that waiting a couple of months would work.

#### Where have all the people gone?

There was also discussion about the loss of population in the city, which Acord called "a serious problem." Comments were made regarding the relatively high cost of new construction here, and Harman pointed out there is plenty of commercial space available. She also wondered if the Mayor's Task Force on Economic Development should reach out to those who could move here and work at home in addition to those who might bring a business here. She mentioned the City Advertising and Promotion Commission might add this element to its marketing.

Buford observed the city could promote itself and the area as an attractive and less busy alternative for those who work along the I-49 corridor.

Next meeting will be Tuesday, April

# Planning continues to hash out Code

NICKY BOYETTE

Planning commissioners continued on March 28 to discuss fair and appropriate ways to define terms in Code related to weddings and receptions. They noted indoor weddings are different from outdoor events in the number of guests who might attend. Would parking restrictions in Quiet Use zones be adequate for protecting neighborhoods from traffic and noise? How is a reception different from a special event? Commissioner Susan Harman pointed out that people have vastly different ideas of what a wedding entails, and insisted commissioners try to be specific in how they craft definitions.

For every rule they considered, found complications. commissioners Exceptions notwithstanding, commissioner Woodie Acord noted there are not many places in town to stage a large event, and chair Melissa Greene commented some wedding establishments have totally noninvasive events. Harman, however, insisted their purpose was to anticipate what might happen, think ahead, and make sure regulations were clear.

Commissioners were closer to being satisfied with their suggestion for what Code should say regarding revocations. City Economic Development Director Glenna Booth said the procedure is for her to send a letter to the holder of a Conditional Use Permit informing that person of the date of the revocation hearing.

Then, according to suggested language for City Code, "If the property owner or designated representative fails to appear and/ or fails to show good cause why the permit or license should not be revoked, the permit or license shall be revoked. The conditional use or legally non-conforming use shall cease immediately. Continued operation shall be a violation of the Municipal Code and property owner will be subject to citation. Revocation of either conditional use or legally non-conforming use may be appealed to the Eureka Springs City Council

at their next regular meeting."

Booth said there are times the commission should consider extenuating circumstances, such as a large renovation after a property changes hands. However, the suggested text for Code also explains, "Continual Operation shall be defined as being open and in business by having a Eureka Springs Occupational License, displaying signage and advertising, showing revenue, reporting and paying sales and local taxes with no lapse of operation greater than 180 consecutive days. A property owner may request that the Planning Commission grant an extension for Continual Operation due to extenuating circumstances."

Commissioners also discussed freezing the number of units granted in a CUP for a tourist lodging in R-1, which Booth mentioned the original ordinance failed to do

### Search every nook and cranny for Easter Eggs

The First United Methodist Church in Eureka Springs will have an old-fashioned Easter Egg Hunt at the church on Easter Sunday, April 16 at 9:30 a.m. before Easter services at 10 a.m. Hundreds of eggs will be hidden plus several golden eggs with special prizes inside. For more information contact Elizabeth Kelley (479) 981-1226.

### Ivan's really cooking now

The next airing of the episode of Cooks vs. Cons - "Gone Bananas" -Wednesday, May 10 at 10 p.m. CDT on the food network. Local Eureka character and farmers' market vendor Ivan of the Ozarks is a contestant, he is said to represent Eureka Springs just fine!



# Downtown adds new energy

#### BECKY GILLETTE

downtown retail scene is changing. Some long-time merchants have retired, and new businesses are coming into the marketplace.

and Emerald Forest. The other two stores closed earlier, leaving Emerald Forest, which has been leased to another operator.

before me and he wanted me to retire," just keeping up with the business."

Schrum said one of the most difficult

Darlene and Richard Schrum operated various businesses downtown for 42 years, including Spring Street Peddler, Down Under on Center Street,

"My husband retired three years Darlene said. "He just wanted to be home and do his music. We did incredibly well here even up to the last day. It wasn't really anything to do with business, it was

parts of the job was finding adequate labor, particularly when they had three stores. Finding people capable and willing to work evenings, in particular, was a major challenge.

"Night business is very good for

Pink Flamingo Boutique

Established 1976

open shops, but you can't work there all day and move into also working at night," Schrum said. "You have to be a little younger to do things like that. To hire someone for evenings who will stay there to have real stability, you are turning your whole business over to them. Finding people capable of staying there at night was difficult. It has been three or four years since I stayed open at nights. The people who leased our shop are younger and have more ability to fill in the nights and they plan to."

Schrum said when they started out downtown, there was a grocery store, a hardware store, the gas company and a cleaners.

"There weren't many shops," she said. "We started our shop on the second floor. Then we moved downstairs onto the regular Spring Street. Then some more shops came in. Some of those have also gone out recently. That is a long time to be in business and be open all the time. One thing I felt was that being there seven days a week was very important. In the latter years, it was just too much and it was time to retire."

Other long time retailers who have retired from the downtown include the Quilt Shop operated by the McClungs, and Cathy Gustin's Impressions. Nelson's has consolidated its stores.

Some shorter-term businesses that have left downtown cited rents being raised. But Schrum said taxes and insurance have gone up a great deal.

"It just depends on what you buy the building for what you can rent for," she said. "Downtown will continue to be a good place to run a business. I really think the younger people will be coming in with creative ideas. It is time for a new generation being in here, and I think that will happen."

Carole Freeman is one of those new, younger shopkeepers. She recently opened Hippie Biker Chick across from the Trolley Station next door to Local Flavor. She started her business in 2015 in a yurt located on 62 West.

"That location wasn't enough to bring in the traffic we wanted," Freeman said. "The yurt was too small. We needed more space. It seems like it was a good answer to move downtown. We cater to hippies and bikers and try to find that middle ground for hippie bikers. We have a lot of hippie items like tie shirts, backpacks, purses, festival belts, hats, and shirts." She plans to be open 10 a.m. - 7 p.m.Thursdays, Fridays and Saturdays.

"If the town is hopping at 7 p.m., we will stay open until 9 or 10 p.m.," she said. "I've had several storeowners come by and welcome me. They notice what I have and say they will tell other people what we have. I didn't expect to have that kind of support from other storeowners."

Jacqueline Wolven, director of the Main Street Eureka Springs, said spring is always a busy season and this year is shaping up very well.

"We have five open retail spaces on Spring and Main, which is less than five percent of the total retail spaces downtown," Wolven said. "What is exciting for the visitor is that the whole of downtown gets a fresh start each spring with a mix of old favorites that they love shopping in as well as new shops to explore for the first time. We relish the fact that the shuffle and explosion of new ideas happens each year and are excited by the many new offerings."

She said retail reinvention is important component of tourist destinations and we have been extremely lucky in downtown Eureka Springs that the lure of foot traffic and exquisite shopping continues to attract retailers to try something new.

"We have the best downtown shopping district in the state and it just continues to provide endless opportunities for entrepreneurs, seasoned business owners and visitors who use it as the primary attraction for the destination,"

Wolven said they have been tracking the retail spaces for the past eight years and this year looks especially good.

"The business reshuffle is good to keep things fresh, new owners in several established businesses and a really good new mix of businesses," Wolven said. "I predict a pretty good year. It's already doing well with virtually no winter season to speak of and a bright sunny spring."

### **INDEPENDENTART**

### April workshops from ESSA

April 12-14: Introduction to Encaustic - Learn the basics of this ancient

art form in this three-day workshop with Dee Levang. Students will learn to combine beeswax and resin with various mediums to create several pieces each day.

April 17-21: Basic Welding and Fabrication - Students are encouraged to bring ideas for metal sculpture and Gene Crutchfield will lead them through the basics of welding and cutting metal.

April 24-28: Still Life from Life – Tim Tyler will guide students through a unique method painting by demonstration and conversations centered on composition.

Sign up today and learn more about all the Eureka Springs School of the Arts workshops at www.essa-art.org or call (479) 253-5384.



Happy Homemaker, oil by Tim Tyler



### **Bark Parkers** cleaning up

There will be a volunteer clean up of the dog park on Wednesday, April 19 from 5:30 - 7 p.m. The park will be closed to dogs during this time. Bring a rake and a contractor-sized garbage bag if you can. Rain date is set for Wednesday, April 26. For any questions call Dog Park Committee Chair Rachel Brix at (479) 244-9151.



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# **INDEPENDENTNews**

# Activity can relieve depression

#### BECKY GILLETTE

Eureka Springs Hospital Psychiatrist Dr. Stephen Dollins has a prescription for depression that doesn't have to cost a dime: exercise.

"Physical activity always pays off," said Dollins, who has been directing the hospital's Inspirations program, which is intensive outpatient psychiatric treatment for Medicare patients, for eight years. "It always works. It works tremendously well. A lot of people improve with exercise."

About 45 people recently attended a talk on depression given by Dollins as part of the hospital's Lunch and Learn program. Dollins oversees the Inspirations program at 146 Passion Play Rd., Suite C. Dollins comes on Wednesday morning to work with the team that includes one nurse and two therapists providing individual and group counseling.

"I meet with folks when they first start the program, and then again every three to four weeks," Dollins said. "About 99 percent of what we do is provide therapy. I also do some medication management consultations."

Dollins said despite having been there for so long, a lot of people don't know about the program.

"It is a hidden gem," said Dollins, who is a full-time psychiatrist for the Vantage Point Behavioral Health Hospital in Fayetteville.

Dollins said having depression could be more than just a disturbance of mood. It can result in a loss of energy, weight loss, insomnia or sometimes oversleeping just to avoid feeling so bad. It can even lead to thoughts of suicide.

While sometimes depression is triggered by life events such as losing a job or the death of a loved one, Dollins said positive things could also cause depression, such as a promotion at work or a wedding.

At times, depression can have medical causes, such as a stroke, that affects the brain. He said about 50 percent of bypass surgery patients might experience depression, and thyroid problems can closely mimic depression. Betablockers commonly used to control high blood pressure can result in depression, as can steroid treatments.

Patients with depression are often prescribed anti-depressants, which Dollins said are cheap, safe and mostly non-habit forming, meaning they can be



stopped without withdrawal problems. But antidepressants take a long time to kick in, two to four weeks.

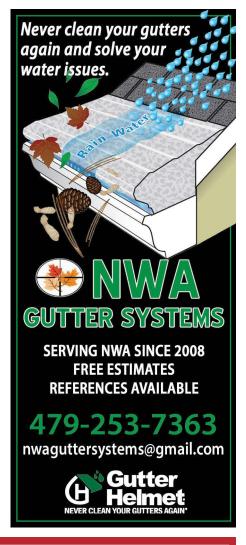
"And then they are hit or miss," Dollins said. "They work for about seventy percent of the people. People may have to try more than one anti-depressant to find one that works."

People don't have to stay on antidepressants forever. He said after a patient has been in remission for six months, patients can discuss getting off the medicine with their doctor.

Talk therapy is also often effective. Dollins said talking could be either individual or group therapy, depending on individual preferences. And like the antidepressants, sometime the first therapist seen isn't a good fit. If that happen, try another therapist.

Studies have shown that antidepressants are better than placebos, but not by much. Dollins said it might be a matter of mind over matter. Taking a placebo or an anti-depressant gives people a reason to be hopeful. It can also help to focus on positive actions to take, like dividing up tasks and setting reasonable

**DEPRESSION RELIEF** continued on page 19





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### **INDEPENDENTNews**

### Jewish and Hindu groups expand religious understanding

The Heart of Many Ways has welcomed two new affiliates to the organization that supports a diversity of different spiritual paths in an historic church at 68 Mountain St.

Rabbi Rob Lennick, who recently moved to Eureka Springs, will be bringing a Shabbat service for the Community Synagogue of Northwest Arkansas at 7 p.m. on first Fridays of the month starting April 7 in the sanctuary. Lennick said the Community Synagogue is a small, tight-knit, welcoming congregation representing a diversity of practices, and dedicated to serving as the focal point for Jewish life in this part of Northwest

"Our spiritual interests vary from traditional to Reform - as well as Renewal and Reconstructionist," Lennick said. "As an inclusive religious community, all Jewish people are invited and encouraged to join us. You are welcome to join us even if you are not Jewish and wish to learn about Judaism."

Lennick has also been serving as a part-time pastor of the Unitarian Universalist Fellowship at 17 Elk St. where he gives one Sunday sermon per month and spiritual education classes on the first and third Wednesdays at 7

Asha Ravari will be starting a Hindu/ yoga group with a first exploratory meeting planned at 5 p.m., Tuesday, April 18 in the meeting room. The purpose is to explore the diverse practices of Hinduism/ yoga. Options include chanting, the journey inward to the true self, deities, chakras, meditation, breathing practices, Patanjali's Yoga Sutras and more.

Melissa Clare, program coordinator of the Heart of Many Ways, said she thinks the new affiliates are particularly

welcome during a time when religious freedom and tolerance for different faiths has become increasingly important. Hate crimes against religious groups have increased since the presidential election.

Other groups that meet at the facility include the Metaphysical Society that meets Mondays at 7 p.m., a Buddhist study group Thursdays at 4 p.m., silent prayer/ meditation in the sanctuary from 1 to 4 p.m. Wednesdays, Sufi classes on the third and fourth Thursdays at 7 p.m., and Sufi Universal Worship at 9:45 a.m. Sundays. There is also a Women In Circle group on first Thursday at 6:30 p.m., and songs and chanting on second Wednesdays at 7 p.m. Other activities include an "Earth Prayer" 1st Wednesdays from 11:30 a.m. to 12:30 p.m. and the "Presence Invocation Circle" as part of the I Am Fellowship activity on third Wednesdays from 11:30 a.m. -12:30 p.m.

### Alleged car stealer caught



George Purifoy was booked into the Carroll County Detention Center on March 23 for multiple charges, including felony warrants obtained by Eureka Springs Police Department for two counts of vehicle theft, delivery of methamphetamine, and burglary. Purifoy, arrested in Little Rock, was the suspect in the November 2016 vehicle theft at Bubba's BBQ and a subsequent vehicle theft on New Year's Eve in Eureka Springs as he was fleeing officers attempting to detain him for existing warrants. Purifoy was arraigned and placed under a \$250,000 bond.

### Save the date

The annual Eurekan Goddess Gala fundraiser is scheduled for 6 p.m. on Wednesday, April 12 at the Basin Park Ballroom. Proceeds go to the Merlin Foundation for abused children. This is an all-women's gourmet potluck and dance with blessings of seeds and children.

There will be a raffle, drumming, dancing, silent auction and live music. Tickets are available from Annie's, Gazebo Books, Eureka Market, and Valerie Damon. For more information go to www.goddessgala.com.

### Songcircle and Jam Session April 12

Songcircle and Jam Session on Wednesday, April 12 from 6 – 8 p.m. at the Carnegie Library Annex Friends meeting room. Instrument players

There will be a Community (acoustic and electric) and singers are welcomed to an evening of music. For more information contact Elby at elbyman1@gmail.com and call (914)

### YAC grant awards ceremony April 12

The Carroll County Community Foundation's Youth Advisory Council will hold their 2017 Grant Awards Ceremony and Silent Art Auction on Wednesday, April 12 from 5 – 7 p.m. at the Carroll Electric Community Building in Berryville. Local nonprofits that have been selected to receive a YAC Giving Tree Grant will be on hand to receive funds and

explain their programs that support youth and children in Carroll County.

The local Youth Advisory Council is made up of students, grades 9-12, from all three public schools as well as private and homeschool students in Carroll County. Students apply to be a member of this program that encourages teens to be active in their communities.

## **INDEPENDENTNews**



last Saturday night. He ended up having to back all the way back to the Cathouse, with assistance from Eureka's finest. The government claims GPS is accurate to within 16 ft. under ideal conditions, but buildings and trees can compromise accuracy.

PHOTO CREDIT CARL ROHNE

CLIFF OTTAGE INN \*

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is published weekly in Eureka Springs, AR Copyright 2017

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**Advertising deadline: New Ads** —Thursday at 12 Noon Changes to Previous Ads – Friday at 12 noon





Last hurrah of High **School** – Some high school kids gathered at Sparky's on Saturday before the Eureka Springs High School prom down at the top of the Basin Park Hotel. Pictured from top (I.-r.) Kendall Hull, Jordon Henley, Natalie Royal, Gabi Bloch, Zack Nelson, Elizabeth Louderback. Sara Bloch, Madison Eastburn, Greyson Ertel, Allison Follmer.

Рното ѕивміттер

# INDEPENDENTMail

All INDEPENDENTMail must be signed and include address and phone number for confirmation. Letters to the Editor should be limited to 200 words or so. We reserve the right to edit submissions. Send your INDEPENDENTMail to: ES Independent, 103 E. Van Buren, #134, Eureka Springs, AR 72632 or Editor.Indie@gmail.com

### **Death penalty another** form of murder

Editor.

- 1. According to the Council of State Governments Justice Center, Arkansas leads the nation in prison population growth
- 2. Most women in Arkansas prisons are incarcerated because of drug charges
- 3. It costs approximately \$23,000 a year to incarcerate a person; one year at the University of Arkansas is the same (also, our state spends much less on education and more on incarceration)
  - 4. One of the fastest growing

industries in Arkansas is the building of new prisons

5. Arkansas has a rate of 42.5 percent

- black males in prison, yet black males are only 15.4 percent of the state's population
- 6. Eight men are to be put to death within a period of ten days in April
- 7. These accelerated executions are due to the fact that the prison's supply of the drug Midazolam, a sedative, is due to expire the end of April
- 8. Four of the condemned men are black and four are white - all but two were accused of killing women
  - 9. Most religions forbid killing I am against state-sanctioned killing

because there is no proof the death penalty stops murders. One hundred and seventeen nations worldwide have stopped the use of capital punishment but the U.S. is one of the leading users of the death penalty, along with Iraq, Iran and China, and other abusers of human rights; the death penalty is applied more to people who kill white people than people who kill black people; life without parole is a worse punishment but gives an inmate a chance to repent and/or get his case appealed; and Buddhism places great emphasis on non-violence, reference for life and compassion.

T.A. Laughlin



**@simonholland:** I like having conversations with kids. Grownups never ask me what my third favorite reptile is. @mstern68: If a tarantula lived in a flowerpot it would be a hairy potter.

@Jake\_Vig: Do as many squats as you feel like, I don't want to get involved. – Impersonal trainer

**@CulturedRuffian:** Thankful public education taught us Algebra instead of how to do taxes, because two things are certain: Death and the Pythagorean Theorem.

@GlennyRodge: Whenever I left a door open, my mum would ask if I was born in a barn, which is odd because you'd think she'd remember something like that.

@DaddyKew: Interviewer: Which academic course did you find most difficult? Me: Spinach. Interviewer: You mean Spanish? Me: Exactly.

@addledpixie: Imagine my embarrassment at getting caught in the rain without a piña colada.

**@felixoshea:** He entered the gym: eye patch, peg leg in; he'd made his costume himself. It was a pilates class. He realized his mistake immediately.

@unFitz: "Missed you." – a lover. "Missed you." – a sniper. Context is important.

@martaeffing: I like how celery has dental floss built right in.

# **INDEPENDENT Guestatorial**

# Lean energy solutions

"There is no such thing as paranoia. Your worst fears can come true at any moment." - Hunter S. Thompson

Last week an Executive Order was signed at the Environmental Protection Agency (EPA), with a peculiar title: "Promoting Energy Independence and Economic Growth." My worst fears came true, we were back in the past with no way out.

The signing ceremony was surreal. Secretary of Energy, Rick Perry, Secretary of Interior, Ryan Zinke, EPA Administrator, Scott Pruitt, and a group of coal miners were on the stage. It looked like Saturday Night Live on "Coal Power Revolution" played by real people, setting the stage for another Executive Order.

Clean air, clean water, jobs for coal miners, energy innovation, energy growth, and many other words were mentioned at random, pretending to send a powerful message to the world. Little was said about economic growth, and nothing was said about the economic and environmental devastation caused by increased greenhouse emissions. What we saw was a group of climate deniers pretending to change reality with a magic pen. It was very depressing and hard to watch.

Why would Trump smile and lie to coal miners saying, "You are going back to work!" It seemed he was back on the campaign trail hoping to win West Virginia votes, attacking EPA and President Obama's Clean Power Plan.

Once again, Trump is trying to solve the wrong problem. There is nothing Trump can do to change the market or the climate. Coal is long dead due to old inefficient thermal plants and high operational cost. The cost of coal energy per kilowatt-hour is higher than natural gas, wind, or solar systems.

#### **Lean Energy Solutions**

Lean Energy Solutions are wastefree, emission-free, simple, low-cost, good for all, scalable, using the best, right-sized technology. Lean solutions start with specific needs and involve the end-user. Like the leaves in a forest, each tree generates the necessary power to grow and survive and is part of a live ecosystem. Trees in a forest are not isolated sticks in the ground.

Energy efficiency with LED lights, conservation behavior, Tesla solar roofs with integrated solar tiles, Powerwall batteries, and plug-in electric vehicles like the Chevy Bolt are examples of *lean* energy solutions.

The U.S. grid, a random collection of poles and wires, controlled remotely by power pool operators, is based on flawed assumptions. The grid tries to provide energy to all users, pretending the demand is unknown and unmanageable. To service the load, the grid uses large remote power plants designed to run 24/7 at full tilt, with excess power on the grid and fast generation plants to meet peak demand.

Several energy storage technologies are now available, a new, fast growing industry. The U.S. has most of the patents and mass manufacturing technologies. The best-known operation is the Tesla Gigafactory making lithiumion batteries for electric vehicles, home and community solar power systems, and the grid.

Having storage on the grid will eliminate the waste of over-generation and standby power plants. Grid storage will simplify the integration of wind and solar energy. When the sun does not shine and the wind does not blow,

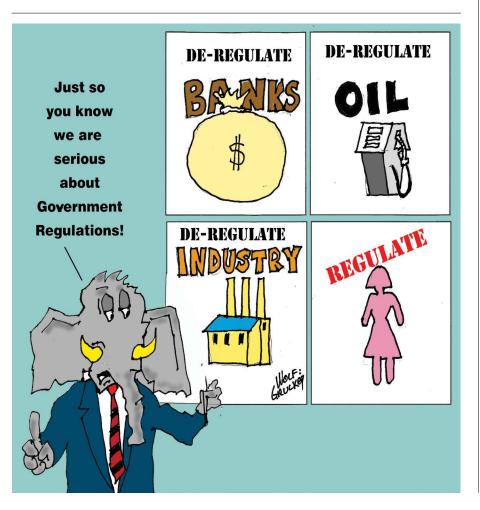
distributed generation with grid storage will increase grid reliability. This is what Rick Perry should have said when he promised clean air and water.

Energy storage will provide thousands of high-paying, safe jobs; it will be worth tens of billions of dollars in revenue within a decade. Rick Perry needs to learn about energy storage and stop dreaming of coal.

New solid-state cells use glass electrodes, sodium instead of lithium, have three times as much energy density as lithium-ion batteries. Hydrogen based storage systems and fuel cells used by Honda and Toyota are other alternatives.

Once again, Trump wants to eliminate EPA proven regulations with nothing to replace them. The Clean Power Plan has already reduced greenhouse emissions, and it has the support of industry leaders and all rational people. Protecting our forests and soil, and planting as many trees as we can, are part of the Climate Response. God willing, we will prevail.

Dr. Luis Contreras



# The Pursuit of **HAPPINESS**

by Dan Krotz

young woman in Romania wants to be my special friend and will send me special photographs. A Nigerian attorney informs me that \$10,000,000 US has been deposited in a bank account in my name and awaits my attention. The church down the block promises me salvation and eternal life. All I have to do is deform my sexuality, judge and condemn half the people in the world, and give it 10% of my money. Sometimes things are too good to be true.

A strong and lucid case can be made for the Republican Party of Dwight Eisenhower, Bob Dole, and John Kasich, but Republican populism, like Romanian sex trafficking and Nigerian banking, depends on suckers to operate. I won't say "operate effectively" because it's only a matter of time before the most optimistic of suckers realizes that they've been had. Sadly, the cultural and civic consequences of Republican populism depend on whether the sucker realizes he's been had - and decides to make better choices in the future - or gets even angrier and looks for someone to blame. That's how we get bathroom bills, gun permits for unmedicated manic depressives, and eight public executions scheduled for the month of April.

There's a Democrat born every minute too, and not just according to P.T. Barnum. These are the Democrats who think it's okay for their party to run a jobs program for five or six pals, and to hell with everything else. And there are the Democrats who support "centrist" candidates who say all the right things but spend their careers laundering money for bond traders and retire from "public service" with \$50,000,000 in the bank. Step right up, ladies and gents.

But maybe we've learned our lesson. Maybe we've learned that despair isn't the answer. In an act of hopefulness, I thinking of buying an old Baptist Church that's for sale on east Madison Street in Berryville and re-opening it as a meeting place for disenchanted voters. I'll call it the House of Obama Lama Ding Dong. There, fans of President Obama, His Holiness the Dali Lama, and Donald Trump can all come together and reason.

I'll make coffee.

# A little help from our friends:

- *Good Shepherd Humane Society* monthly board meetings are held the 4<sup>th</sup> Wednesday of each month at 1 p.m. at LeStick Nouveau Restaurant, 63 Spring St. All are welcome.
- *Carroll County Domestic Violence Hotline:* 1-844-247-3223 (844-24PEACE) is available 24/7. The Purple Flower Domestic Violence Resource and Support Center is open Tuesdays and Thursday from 10 a.m. 3 p.m. at 109 W. Church Ave. in Berryville. (479) 981-1676.
- **24-hour NWA Crisis Line for Women** NWA Women's Shelter serving Carroll County "Empowering families to live free of violence." (800) 775-9011 www.nwaws.org
- *A Cup of Love Ministry* Feeding the Hungry Located at 4032 E. Van Buren, Hwy 62. Serving Soup Monday-Friday 10 a.m. 4 p.m. Sunday Service 10:30 a.m. Noon potluck following. Wednesday Bible Study 5:30 6:30 p.m. Friday Food Pantry 10 a.m. 2 p.m. Caring for our community, spirit, soul, and body. (479) 363-4529.
- Flint Street Fellowship food pantry, lunch, free clothing Pantry open 10 a.m. 2 p.m. Mondays and Wednesdays. Free lunch Tuesdays and Thursdays, 10 a.m. 12:30 p.m. Free clothes/shoes closet, books and household items. (479) 253-9491 or 253-4945. Leave donations in barrel at entrance if facility is closed.
- *Wildflowers one-dollar, furniture barn/thrift store* US 62E across from Hill Country Hardware. One-dollar store in the yellow building open Tuesday Saturday from 10 a.m. 4 p.m. Thrift store, furniture bank in big blue barn behind chapel open Friday and Saturday from 10:30 a.m. 4 p.m. Donation drop offs by the blue barn only.
- *Recorded Teachings and Meditation Monday* Recorded Rinpocne teachings at 5:30 p.m. on Mondays followed by meditation at 6 p.m. Call Alece at (479) 244-6841 or Gary at (479) 2444-6840.
- *Celebrate Recovery* Soul Purpose Ministries, 801 S. Springfield, Green Forest, 6:30 p.m. each Wednesday. Potluck followed by 12-step Christcentered meetings for those suffering from addiction, habit, hang-up or hurt.
- *Grief Share* A Bible-based, 13-week program fro those who have lost a loved one will begin on Sunday, Feb. 12 from 2 4 p.m. at Faith Bible Church, Suite C, 3 Parkcliff Drive, Holiday Island. Share with others experiencing similar circumstances in an informal, confidential setting. Call (479) 253-8925 or email lardellen@gmail.com. You may join at anytime.
- *Overeaters Anonymous* Thursdays, 10:30 a.m. Barbara (479) 244-0371 *Narcotics Anonymous* Fridays, 5:30 p.m. (903) 278-5568. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn.
- Coffee Break Al-Anon Family Group Women Tuesdays, 9:45 a.m., Faith Christian Family Church, Hwy. 23S, (479) 981-1686. Al-Anon Family Group (AFG) Sundays, 11:30 a.m., Mondays and Tuesdays 7 p.m. Eureka Springs Coffee Pot AA Groups Monday Saturday 12:30 p.m.; Sunday 10 a.m.; Sunday Thursday, Saturday, 5:30 p.m.; Tuesday and Friday, 8 p.m. (479) 253-7956 Al-Anon Wednesday, 5:30 p.m. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn. All other meetings: See www.nwarkaa.org
- St. Vincent De Paul Thrift Store First Tuesdays provide assistance with medical help, utilities, clothing, emergency shelter, shoes, etc. Annual charity Christmas Gift & Food Program. Mon-Sat 10 a.m. 4 p.m. 1844 Hwy. 62W Berryville.
- St. James' Community Suppers Held Sunday from 5-6:30 p.m. Meals provided by local restaurants and are free to all. St. James' Episcopal Church is located at 86 Prospect Avenue on the historic loop and meals are served in the undercroft.
- Support Group for those with Parkinson's and their caregivers, first Wednesday of each month, ECHO Community Room at 10 a.m. For questions email Sally at sarahg@arkansas.net or call (479) 9810-1587. Next meeting Dec. 7.

### INDEPENDENT

# **ConstablesOnPatrol**

#### March 27

8:35 a.m. – Wanted person turned herself in to ESPD.

1:05 p.m. – Resident near downtown claimed her cell phone was stolen from her living room during the night.

#### March 28

12 p.m. – Individual said his firearm had been stolen out of his truck and sold to a third party.

12:25 p.m. – A mother told ESPD the father of her children went to the school and had lunch with her kids although there was an active protection order in place prohibiting such contact.

1:44 p.m. – Employer reported an employee was caught stealing.

5:59 p.m. – Central dispatch reported a 911 hangup call coming from a residence in the western part of town. Constable learned the resident had mistakenly made the call.

#### MARCH 29

2:41 a.m. – There was an accident on US 62 toward the eastern city limit. One individual was arrested for public intoxication and no insurance. Another was arrested for public intoxication.

6:18 p.m. – A big dog was running loose and barking on North Main. Constable did not encounter the noisy wanderer, and its owner's phone had been disconnected.

9:13 p.m. – Alarm was tripped at residence near downtown. Constable found the property secure and no signs of attempted entry.

#### March 30

11:45 a.m. – Constable took a report of inappropriate contact between two juveniles.

1:55 p.m. – Constable went to the high school for a followup for Bentonville PD.

11:59 p.m. – There was a verbal confrontation in a parking lot, but participants were gone when the constable arrived.

#### March 31

3:56 a.m. – Two possibly inebriated males were sitting on a bench downtown. Constable determined they were not causing any problems.

8:45 a.m. – Resident near downtown claimed her dog had just been attacked by another dog while they were walking. 11:02 a.m. – Individual came to the station to discuss a protection order and was arrested on an outstanding warrant. 3:31 p.m. – Two vehicles were involved in a minor accident. Drivers said they did

not want a report

#### APRIL 1

3:07 a.m. – Concerned observer reported a suspicious male beside the bathroom near a restaurant. Constable responded but did not see the suspicious person.

5:34 a.m. – Resident near downtown suspected there was a prowler outside. Constable looked for but did not encounter anyone.

10:03 a.m. – Passerby noticed a door of a restaurant had been open earlier. Constable checked and found the door closed, but the owner had opened it earlier.

11:57 a.m. – ESPD got word of a possibly intoxicated driver headed toward town from the west. Constables never saw the vehicle

4:11 p.m. – Witness claimed an older male grabbed a younger male and tried to shove him into one of three vans parked along US 62 in the commercial area. Constables responded but the vans were gone.

8:51 p.m. – Tour bus hit a wall and got stuck on a narrow street near downtown. Constables provided traffic control and directed the vehicle up another street to freedom.

9:33 p.m. – Motorist called in an erratic driver who parked in a motel parking lot. Constable went to the scene but did not make contact.

9:44 p.m. – A motor home damaged fencing downtown. Constables issued a citation

#### APRIL 2

11:33 a.m. – A reportedly reckless driver came to town from the south and then turned west on US 62. Constable watched for but did not encounter the vehicle.

12:31 p.m. – Father reported his wallet and his daughter's backpack had been stolen from his vehicle overnight. The items were later discovered nearby.

12:37 p.m. – People parked a trailer on a downtown sidewalk. Constable asked them to move it out of the way.

12:45 p.m. – Caller asked for a welfare check on children at a residence near downtown. Constable was not able to make contact with anyone but continued to follow up.

9:16 p.m. – Resident in the west part of town told ESPD the upstairs neighbors were fighting. The neighbors were outside when constables arrived, and they claimed they were just being loud, not arguing.

Elks Honor members – Elks Lodge 1042, Holiday Island, honored some of the long time members with certificates of appreciation during a recent Awards Dinner held at the lodge. Pictured (I.-r.) Don Naas, Elk of the Year; Al Selleck, Officer of the Year; Chuck Phillips, Outstanding Service; Phyllis Sarratt, Extraordinary Service; Dale Eis, Excellence Award' and KESA Station Manager Joanie Kratzer, Media Award. Not show is Rick Ragan, received a Special Award and Pat Kasner of Flint Street Food Fellowship, who received the Elks Distinguished Citizenship Award.



### Celebrate our freedoms April 15

Celebrate your First Amendment rights at a parade on April 15. At 2 p.m., after the parade, there will be a gathering in Basin Park where various social organizations will have petitions

and information. To sign up or for more information contact Nancy Paddock at nlpaddock@gmail.com or call (479) 244-0123. Parade lines up at 1 p.m. and rolls out at 2 p.m.

### Easter Sunrise services at Passion Play

The Western Carroll County Ministerial Association would like to invite everyone to attend Easter Sunrise Service on April 16 at 7 p.m. at the base of the Christ of the Ozarks on the Passion Play grounds. There will be transportation down to the area for the handicapped and disabled. There will be music, prayer, and preaching. In case of inclement weather the event will be held in the Great Hall.

### Meditation, reading and discussion

of meditation followed by reading and Street. All are welcome.

The Eureka Springs Buddhist discussion on Thursday, April 6 at 4 p.m. Study Group will gather for 30 minutes at Heart of Many Ways, 68 Mountain

### Yard Sales galore last week of April

The springs Yards & Yards of Yard Sales will be on Friday, April 28 and Saturday, April 29 from 7 a.m. -3 p.m. Now is the time to clean up your clutter and you can make the most of your efforts by signing up and getting your name on the official YYYS map that is distributed throughout the town on the weekend.

Stop at the Eureka Springs Chamber of Commerce at Pine Mountain Village and pay \$15 to mark your spot on the map and get your YYYS permit sign. Signup deadline to ensure your space on the map is noon on Wednesday, April 19. For more information call (479) 253-8737 or email Jessica@eurekaspringschamber.com

### Meditation and teaching with Anam Thubten

Anam Thubten, a Tibetan Buddhist teacher and author, will be returning to Fayetteville on Thursday, April 20 at 7 p.m. to guide participants in developing mindful attention, open awareness, and working with our thoughts and emotions a St. Paul's Episcopal Church, 244 N. East Ave. He will be signing copies of his most recent book Embracing Each Moment. For more information call Sandy Pope at (501) 940-9244.

### Divine singing at Metafizzies

Rebekah Clark will lead the Eureka Springs Metaphysical Society meeting in a session of Divine Singing and Sound Meditation on Monday, April 10. No vocal experience is necessary and chants

and mantras from multiple traditions will be used. The gathering will begin at 7 p.m. at the Heart of Many Ways, 68 Mountain Street. All are welcome.

### Sunday at EUUF

Lamont Richie, Justice of the Peace for Eureka Springs on the Carroll County Quorum Court, will speak on issues of topical interest at the Eureka Unitarian Universalist Fellowship, 17 Elk Street on April 9 at 11 a.m. Childcare is provided and there is extra parking at Ermilio's Restaurant, 26 White Street.

### A Cup of Love Ministry **Crockpot Creation winners**

In 1st place Nancy Silvers with Vegetable Lasagna, 2<sup>nd</sup> place Eric Hendricks with Chili, and 3<sup>rd</sup> place was Katelyn Bradshaw with Apple Cobbler. A Cup of Love Ministry would like

to thank everyone who entered and participated in the competition also thank the Crescent Hotel, Basin Park Hotel and the Passion Play for donating prizes.

## **INDEPENDENTNews**

# Mushroom hunting is back for its second year!

Greater Eureka Springs Chamber of Commerce will host the 2<sup>nd</sup> annual Morels in the Ozarks on Saturday, April 22 from 9 a.m. - 4 p.m. at Pine Mountain Village. There will be live music from Route 538, vendors, food trucks, and music will be on display.

A Morel Mushrooom Hunt will leave Pine Mountain Village at 1 p.m. There is limited booth space

still available for \$50 if you want to showcase yourself or sell your products. Deadline to secure your booth space is April 20.

For more information contact Jessica Wheeless at Jessica@ eurekaspringschamber.com or call (479) 253-8737. To purchase tickets for the Morel Mushroom Hunt go to www. eurekaspringschamber.com.

### Personal safety preparedness meetings set for Holiday Island

Learn about personal safety and preparedness on April 21 at 2 p.m. at the Holiday Island Firehouse No. 1, 251 Holiday Island Drive, to help inform individuals and local communities about disaster and emergency preparedness.

The meeting will focus on earthquake awareness, preparedness and response. The meetings are open to all. For more information contact Drenda Higdon at (479) 363-8125.



Local student wins DAR state award – After winning the DAR Abendschone Eureka Springs Chapter award for her American History Essay in January, Andrea Santamaria of Berryville Middle School was also awarded the Arkansas State DAR award on March 18 at the Old State House in Little Rock. Her essay will go on to be judged at the national DAR level. Pictured: (l.-r.) Berryville Middle School teacher Delene McCoy, Andrea Santamaria, and DAR Regent Judy Germani.

# TheNATURE of EUREKA by Steven Foster

## Dogwood Days of April

The dogwood days of April are upon creamy white "petals." us. Look closely. Those four white "petals" surrounding the flower head are not petals at all, but simply modified leaves called bracts. They serve to draw attention to pollinators and tourists to the cluster of tiny greenishvellow flowers at the intersection of the

Botanists call dogwood Cornus florida. "Florida" means flowering. The genus name Cornus, derives from the Latin cornu, meaning horn, referring to the horn-like hardness of the wood. There are about 60 species, mostly northern temperate climate small trees and shrubs.

Twenty species are found in North America, mostly shrubs.

The wood of dogwood is very hard, heavy and dense and takes on a high polish. Although never used as lumber as such, in early America it was used for making small durable objects, including mill wheel cogs and the small parts of other

> wooden machinery susceptible to wear. The well-seasoned wood is subject to crack as it dries, but once dry it will not fray when hit with a hard object, so was used for chisel and hammer handles, mallet heads, and wooden vices. Weavers long enjoyed shuttles and bobbins made from the wood.

> In the early years of industrial manufacturing, textile mills used boxwood from Turkey for weaving shuttles, but after the Civil War a roller skate craze consumed the boxwood supply. Boatloads of flowering dogwood trunks were shipped to Europe to supply the demand for industrial weaving shuttles. The tree was once much more abundant than it is today.

> > Starting



following publication of a doctoral dissertation on the value of dogwood for "intermittent fevers," better known as malaria, dogwood's inner bark was a preferred alternative to Peruvian bark, Jesuit's bark, or cinchona - chief source of the drug quinine, long the standard drug for malaria. During the Civil War years dogwood bark was used almost exclusively to treat malaria in Confederate field hospitals.

One of the more iconic symbolic trees of the eastern deciduous forest, dogwoods are now threatened by a blight, dogwood anthracnose, a fungal disease that has decimated dogwood populations in the northeast and is spreading across the continent. While dogwood's flowery exhibition reminds us spring is here to stay for this year, we can only hope that the flowering dogwood is not another passing memory from American forests.



# OTHER DAYSat Eureka Springs<sup>©</sup>-by Nellie Alice Mills, 1949

Nellie Mills wrote Early Days at Eureka Springs 1880-1892 as a memoir of growing up in Eureka Springs. She received so much information from those who shared those times that she published her second book based on correspondence and newspaper research. Other Days was published in 1950 by Free Will Baptist Gem, Monett, Mo.

### Chapter Eight

"Taking the year together, my dear, there isn't more night than day."

any of the old timers are gone and "the places that knew them shall know them no more forever." Mr. Barnett and Mrs. Barnett, whom we had also learned to love, have passed to their reward. Some who were unborn then have gone before us. But "to live in hearts you leave behind is not to die."

Not all death is tragedy. But two tragedies stand out in my memory. The first was when Miss Stubblefield was teaching at the old Lamar. One day she told us that we must be quiet when we went out to play, for Mrs. Haman's son, Elmer McClintock, had been killed by the train and his body had been brought home for burial. The Hamans lived by the side of the store, which was directly across Mountain Street from Lamar.

Elmer McClintock had worked for the Eureka Springs Railroad, but had gone to some other road. I knew him by sight, for he had passed our home. It was a shock that he had died so young and so violently.

In the letter from Ben Osborn, he said: "I went to school with Walter and Tom Bentley. Mr. Frank Bentley (their father) was a brakeman on the Eureka Springs 'Railway to Health.' He sold a book, 'The First Mortgage.' He could recite the whole book."

Another son, George Bentley, was in my East Mountain school. I wrote of him that he was an excellent student and very good to his sisters, Ida and Rose. George was a good boy. After we came to Monett, he came to me to see if I would ask my brother Charlie to recommend him for a job on the Frisco. Charlie did so. But the first winter he worked, on a sleety day when everything was coated with ice, in the course of his duty, George slipped on the ice and was killed by the train. It was said he was wearing new shoes which made footing more precarious. Charlie felt it deeply. He never after that liked to help anybody get into railroad work, much as he liked the life.

Will Pickering was quite a big boy when our father worked for Short and Pickering. We children went to the big warehouse nearly every day, often accompanied May and Kate

Rippetoe, especially after Ida Rippetoe and John Ping were married. Will Pickering was down there occasionally. But a boy of fourteen or sixteen years never sees children of ten years or so. We knew him quite well by sight.

Will died in Kansas City in 1930, three years after his father's death. The Springfield newspaper tells this story: "W.A. Pickering was taken suddenly ill in Kansas City. His wife, the former Zo Cravens of Springfield came by airplane to his bedside. Her health was such that she came on a cot attended by her physician and a nurse, and accompanied by her son, her daughter, and her daughter-in-law.

"W.A. Pickering, wealthy lumber dealer of Kansas City and Santa Monica, Calif., was once a student in Drury College and for a number of years was a Springfield business man."

But there were many happy scenes.



James Brumfield won for our school the American Flag from the Youth's Companion's statewide contest. His essay is printed in the copy of the "Points" magazine I have; also his picture taken with the flag. James finished high school after Mr. Barnett had established a four year's course. He finished a four year's course at William Jewel College at Liberty, Missouri. In 1900 when that "Points" was published, he had been pastor of the Baptist Church at Pilot Grove, Mo., and had entered the Southern Baptist Theological Seminary, Louisville,

We do not all live to be old. James had made a good record before his death, many years ago. His older brother, Sidney, also graduated at William Jewel College and was pastor at that time in several missionary churches. Sidney Brumfield is still a Baptist minister.



The home of the Hawleys. Capt. Hawley had three fads – bees, pear trees and roses.

# Two Retrogrades & Two Festivals

week and we have two festivals (Palm Sunday & the Aries Spring Festival). Sunday is Palm Sunday and next Sunday is Easter. Tuesday is full moon, the Aries Spring Resurrection Festival, the first of the Three Spring Festivals. The two retrogrades (Saturn & Mercury) can, at first, create confusion as we all turn inward. Retrogrades are magical unpredictable times, fun and humorous to observe.

**Saturn retrograde** ('til August 31) helps us with discipline, structure and patience, rethinking

responsibilities and commitments, restructuring plans and projects. We become wiser during Saturn retrogrades.

Almost everyone knows about **Mercury retrograde** (April 9 – May 6), turning us inside out, upside down and sideways. Three weeks of magic and mayhem as the trickster Mercury shifts our perceptions inward. We assess (synthesize, eliminate) everything we learned since Mercury's last retrograde (December/January).

**Palm Sunday**, beginning Passion Week, biblically marks the triumphal entry of Jesus of Nazareth, overshadowed by the Christ, into Jerusalem (City of Peace).

Palms (symbolizing peace, victory & respect) were waved, heralding the Messiah, the Promised One. In our days now, we await His return.

Spring's first full moon is the **Aries solar Festival**, when the Love of the Father, the Forces of Restoration and the Spirit of Resurrection flow into the Earth (the Mother). They offer humanity a new "livingness" by restoring moral and psychological health. They bring about the new Aquarian culture & civilization and the new Spiritual Materialism." And a new hope and vision for the new world to unfold. Join us, everyone!

**ARIES:** Everything changed for you when Mars entered Aries. Your energy lifted and became more available. You also felt more impatient, wanting to move forward, engage in new enterprises, make new impressions in the world. You might feel the need to assume leadership over everyone and everything. Careful. Be kind. Be a leader, but understand you move more quickly than others. Always have love.

**TAURUS:** You tell everyone you'd rather remain at home and research and not go out and about for a long time. You want to catch up on tasks not tended to the past many years. Needing to maintain reserves of energy to get through each day, you

need privacy and solitude. Many previously learned behaviors may arise. Observe them. Consider, are they useful? You may dream more. Record all dreams. Over time they tell you a story.

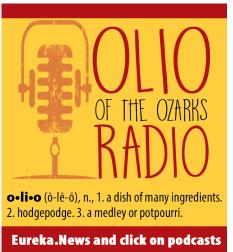
**GEMINI:** You need to participate in your affiliations and groups of friends, seeking their cooperation in either working on a project with you or listening to you with care and intention so you can clarify your thinking. If leading a group, teach cooperation, organize them as a team to achieve a particular goal. Ask each member their hopes, wishes, dreams and aspirations for the future. You're achieving Aquarian goals. You're mentoring humanitarianism.

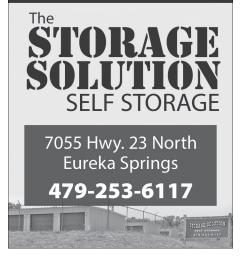
**CANCER:** You want to be recognized for your knowledge, abilities, and what you accomplish each day. It's good to want this recognition for it stimulates your ability to share and provide information to others. Many are in need of real and true information. You always ask the question,

**"What is real and true?"** When we ask, the answers are always given. For those seeking new work or a job, after mid-May step forward into the world.

**LEO:** You may feel a hunger for things far from your usual life and ways of living. Other cultures, people, places and things seem to be summoning you in subtle persistent ways. You're restless for new realities, a new adventure. You need new activities, conversations, goals, new subjects to study. An outer fire blends with your inner Leo fire. Everything you seek will appear. Careful with legal issues. Cultivate patience.

VIRGO: You may be called to be more cooperative and this may be a challenge. But you





can do this. Relationships will be the challenge, the wound, the confusion. It may be good to consult with someone concerning how to settle differences and how to allow everyone to be heard. Careful with impatience and ending things too quickly. Reconcile with those you have had differences. Love more.

**LIBRA:** Life seems to be accelerating, moving faster each day. Sometimes those around you move too quickly and you feel left behind. Perhaps you're working too hard and too long. Even though you may have abundant energy, tend to your health, make tending to your health a consistent daily practice. Careful with inflammation and infections.

Slow down on glutens, grains and all sweets. Eat apples. Be calm with co-workers.

**SCORPIO:** Intimacy is important for you at this time. There are many types of intimacy – from friendship to lovers, intimacy of the mind, the heart, and physical intimacy. Things held in common with another is an intimacy. Knowing your values is an intimate level concerning the self. Sometimes, intimacies end and a new intimacy begins. Both affect you deeply. Be aware of your subtle feelings. Realize what you need. Ask for it. Intimates will help.

**SAGITTARIUS:** There's so much energy flowing through your body and mind you simply can't seem to find self-discipline. That's OK if you use that unbounded energy for creative activities. You could also find children, or those who are child-like, to play with.

Romantic things are good too and your love life may sense a deeper level of passion. Make sure you get enough sleep. Don't risk anything by gambling.

Play (innocently) more. Reveal yourself more.

**CAPRICORN:** Much of your energy is focused at home or where your domestic self resides. You're highly instinctual at this time and protective. It's important that you feel secure because you are called to make important decisions concerning family and the home. When feeling unusually moody or frustrated, tend to home repairs and re-arrange family activities. Step back if arguments begin. Old emotional issues may resurface. They've arrived for review. Soothe them. Then they disappear.

**AQUARIUS:** So many ideas and plans on your mind that you feel a bit overwhelmed and scattered and so you try to share these ideas with others but so many errands and tasks come in between you and sharing with others that you feel frustrated and can move into arguments if you're not careful. Realizing you could feel impatient and impulsive, be careful driving and when using machinery, scissors or knives (while cooking). Your inventive original mind slowly reveals your future.

**PISCES:** It's a good time to create a journal of values (past, present and future values, aspirations). Often we can ascertain values by deciding what we need. Tend to monetary issues – bank accounts, taxes, insurance, inheritances, precious metals, etc. With Venus continuing its retrograde, money, values and resources need attention. Have you changed to a local bank yet? If not, do so. Don't impulse buy. It's important to acknowledge your value and worth. Meditation upon the self is good.

Risa — writer, teacher, counselor, mentor, astrologer, esotericist. Founder & Director - Esoteric & Astrological Studies & Research Institute, a contemporary Wisdom School. Email: risagoodwill@gmail.com. Web journal: www.nightlightnews.org/. Facebook: Risa's Esoteric Astrology. Note — all FB posts are now on NLN, under Daily Studies.

# **DININGOUT** in our cool little town

Area restaurants are ready for you. EAT OUT OFTEN. Take a break and enjoy a good meal.

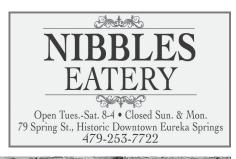














HWY 62 E. ONE BLOCK EAST FROM E.S. VISITOR CENTER

#### **SEWER RATE** continued from page 2

For Tier 2, the I&I charge would be \$10 meaning a net monthly increase of \$15.63, and for Tier 3, the I&I charge would be \$50 which would make the average net monthly increase \$350.42.

Berry's chart displayed on the onstage screen indicated the changes would bring the city into compliance with the bond covenant, meet state law requiring sewer rates to cover operational costs, provide an achievable schedule for paying off the debts, and fairly distribute the increase across all tiers.

Eric Knowles was not convinced. He stated, "Water and sewer rates based on tiers make no sense." He claimed users in Tier 1, for example, must pay a rate for 2000 gallons used whether they use that much or not. He suggested the city figure out what a gallon of water costs. Add all factors expended for water together to get one sum and divide that number by the number of gallons sold in a year. He said his calculations indicate the city spends just under a half cent per gallon for water. For sewer rates, he said, "Sewer rates can be done similarly except the costs for the sewer system include an extra \$277,800 each year to pay off the sewer bond. When added to the cost to run the system, the cost per gallon of water introduced to the sewer is just over one cent per gallon."

He also said the I&I charge, which he considered arbitrary and made no sense, should be figured into the cost for water.

These three were the only citizens who spoke. In looking back on the public hearing, Berry later commented city staff had looked at several scenarios to come up with a final way to address bringing sewer rates into compliance with bond covenants and be equitable to the entire community, not just residents but upperend users, and this proposal achieves his goal.

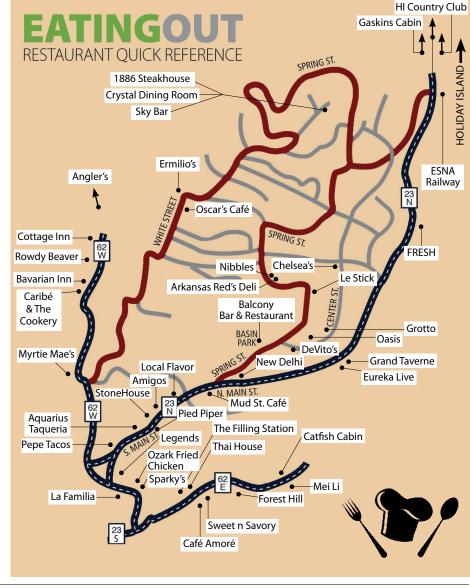
Mayor's assistant Kim Stryker said there must be another public hearing because state law requires, when raising sewer rates, for the city to have an ordinance introduced before city council that establishes the proposed rates and for the rate increase to be published ten days before the public hearing.

Council held a special meeting Thursday afternoon, March 30, and set the next public hearing to be at 6 p.m., Monday, April 24, just prior to the regularly scheduled council meeting. Berry distributed the proposed ordinance, and alderman Terry McClung moved to establish it as the ordinance to be published and discussed at the public hearing. Vote was unanimous to approve his motion.

Alderman Peg Adamson moved to have the April 24 budget workshop, public hearing and regular meeting in the Auditorium. The vote on her motion was 3-3, aldermen Mickey Schneider, David Mitchell and McClung voting No, and Berry announced the motion failed for lack of a majority, so the workshop, public hearing and meeting will be held in the jury room on the second floor of the courthouse.







# Spring Fling Motorcycle Rally at Cathouse, Diversity Weekend around town

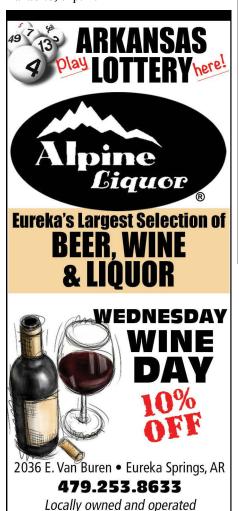
The Cathouse Lounge changed ownership about a year ago and the new owners are hosting the first Spring Fling Bike Rally with live music in the beer garden and the lounge. Pinetop Renegades, new to playing in Eureka Springs, kick things off with their signature rock sound Thursday afternoon, and play again Saturday night. Leah and the Mojo Doctors from Fayetteville haven't played Eureka Springs in a while, don't miss them, they're a rollicking fun group that plays Saturday afternoon in the beer garden. Come dance in the sun.

#### **THURSDAY, APRIL 6** BALCONY RESTAURANT

- Maureen Alexander, Singer/ Songwriter, 5 p.m.

BREWS - Nathan Kalish, Singer/ Songwriter, 7 - 10 p.m.

**CATHOUSE LOUNGE – Pinetop** Renegades, Rock, 2 – 5 p.m., Opium *Western*, Rock, 7 – 10 p.m. EUREKA LIVE! - Green Screen Karaoke, 9 p.m.



#### **GRAND TAVERNE**

- Jerry Yester, Grand Piano Dinner Music, 6:30 p.m.

**LEGENDS SALOON** – Another Turn, Rock, 9 p.m.

### **FRIDAY, APRIL 7**

BALCONY RESTAURANT - Jeff Lee, Folk, 12 p.m., Catherine Reed, Singer/Songwriter, 5 p.m.

BREWS - Carter Beggs, Singer/ Songwriter, 7 - 10 p.m.

**CATHOUSE LOUNGE – Headley** Lamar Band, Rock Ridge, 2 – 5 p.m., **Pool Boys,** Rock, 7 – 10 p.m.

CHELSEA'S – Diversity Band, Party Rock, 9 p.m.

**EUREKA LIVE!** – *Diversity* Celebration, 9 p.m.

GRAND TAVERNE - Arkansas Red, Guitar Dinner Music, 6:30 p.m.

LEGENDS SALOON - Opium Western, Rock, 8 p.m.

NEW DELHI - Pete and Dave, Americana, 6 - 10 p.m.

**ROWDY BEAVER - 2 Dog 2** Karaoke, 7 p.m.



Leah and the Mojo Doctors play Cathouse Lounge Beer Garden Saturday, April 8 at 2 p.m.

THE STONE HOUSE - Jerry Yester, Artist's Choices, 6 p.m.

#### **SATURDAY, APRIL 8**

2 WHEELS ON THE PIG TRAIL -Lori Locke Band, Rock, 2 p.m. **BALCONY RESTAURANT – James** White, Singer/Songwriter, 12 p.m., Michael Dimitri, Singer/Songwriter, 6 p.m.

BREWS - Stephen Pruitt, Singer/ Songwriter, 7 - 10 p.m.

CATHOUSE LOUNGE - Leah and the Mojo Doctors, Rock, 2-5 p.m., Pinetop Renegades, Rock, 6 – 10 p.m. CHELSEA'S - Iris, Americana, 7

CLUB E -Posh Pride, 90s Dance Party, 8 p.m.

**EUREKA LIVE!** – *Diversity* Celebration, 9 p.m.

GRAND TAVERNE - Jerry Yester, Grand Piano Dinner Music, 6:30 p.m. **LEGENDS SALOON – Another** Turn, Rock, 9 p.m.

LE STICK - Pete Maiella, Singer/ Songwriter, 7 - 9 p.m.

NEW DELHI - Whisky Mendez, Singer/Songwriter, 12 – 4 p.m., *Pete* and Dave, Americana, 6 – 10 p.m. **ROWDY BEAVER - Septembers** End, Rock, 7 p.m.

**ROWDY BEAVER DEN – Steve Zimmerman**, Singer/Songwriter, 1-5p.m., Richard Burnett Trio, Rock, 9

#### **SUNDAY, APRIL 9**

**BALCONY RESTAURANT - Steve** Jones, Singer/Songwriter, 12 p.m., Catherine Reed, Singer/Songwriter, 5

BREWS - Trivia, 7 p.m. CHELSEA'S - Diversity Band and Iris, Rock Powerhouse, 2 p.m.

EUREKA LIVE - Green Screen Karaoke, 7 p.m.

NEW DELHI - Melissa Carper Trio, Americana, 12 - 4 p.m.

**ROWDY BEAVER DEN - Terri and** Brett, Rock, 1-5 p.m.

#### **MONDAY, APRIL 10**

CHELSEA'S - Sprungbilly, Bluegrass, 8:00 p.m.

#### **TUESDAY, APRIL 11**

CATHOUSE LOUNGE - Los Roscoes, Blues, 5 p.m. CHELSEA'S - Open Mic, 9 p.m. DOWNTOWN - Max Elbo Jazz Funeral, Sweet Spring to Basin Park, 6 p.m.

#### **WEDNESDAY, APRIL 12**

CATHOUSE LOUNGE - Jimmy Wayne Garrett, Singer/Songwriter, 6 -8 p.m.

**ROWDY BEAVER DEN** – Karaoke with Stan, 8 p.m.



# DROPPINGA Line by Robert Johnson



That about this weather? One day a south wind and 70°, next day temp drops 20 degrees and we have a north wind. Have had more people cancel or rebook for a later date due to the weather this year then all previous years combined

We did have one striper trip on Beaver but caught only smallmouth and spotted bass that could manage getting a 6-in. shad in their mouths fishing the Prairie Creek area, but no striper. Other guides a little further upriver were complaining, too. Just a bad day.

Johnny Glantz big1sstriperguideservice was out a few more days than me, and they were the good days, so here's a pic from a trip he had on March 27 with Jerry Chambers from Edmond, Okla., holding the biggest catch at 27 pounds before releasing. They limited out with nine stripers and caught and released them all for me. He got on these fish in the river channel on shad running 18 ft. deep this side of Point 12 fishing the edge of the mud line.

The mud line has now moved up to the Horseshoe Bend area with most stripers being caught from there to Prairie Creek. Water temp is just getting warmer from here on, and getting close to 60° now. These fish are still full of eggs with the spawn starting at 64° for stripers and the whites, so it should start of getting pretty good by next week.

Here at Holiday Island everybody's catching a pretty good mix in the river of whites, walleye and spotted bass along with some good trout trolling flicker shad, crankbaits and casting jigs.

Crappie are moving back and forth from the shoreline and being caught from 4 - 8 ft. of water depending on if the sun and south winds are warming the shoreline or clouds and north winds are cooling it. Jigs, minnows and small flicker shad can find them for you.

It's April, so most all our warm water fish are close to where they want to spawn. They just don't like this unsettled weather, but they still have to eat.

Well, I'm late on this again so I better get it in. I have trips Friday and Saturday this week with warm front on my side so it should be a good weekend for catching.

Johnson Guide Service, www. fishofexcellence.com (479) 253-2258

### Kings River Clean-up coming soon

The Kings River Watershed Partnership will host a river clean-up on the Madison County portion of the river on Saturday, April 21. Participants will need to be at Marble Access just off Hwy. 412 west of Marble at 8 a.m.

Dress for the weather and pack a lunch. Shuttles will be provided but you will need to bring your own canoe or kayak.

For more information contact Ray Warren at (870) 654-4134 or email rayandkarenwarren@gmail.com.

### NDEPENDENTCrossword

by Mike Boian with extensive help from his wife, Ann

1	2	3		4	5	6	7		8	9	10	11
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	ACROSS		children's novel	10.	Inhabitant of
1.	Born as	35.	Two solos?		Latvia or Estonia
4.	Puncher's target	36.	Abrupt	11.	Independent
8.	Center of a shield	37.	Cast doubt upon		podcast
12.	Night bird	40.	Coffin stand	16.	Swear
13.	Donut center	41.	Drying powder	20.	Summer feature
14.	Ring out!	42.	Vision aid	21.	Surprised intake of
15.	Aztec temple	46.	Hint		breath
17.	Indonesian island	47.	Locale	22.	Length times width
18.	Slammer, in British	48.	Afternoon rest	23.	Android
	slang	49.	Viper sound	25.	Tardiness
19.	1969 Presley hit,	50.	Practice boxing	26.	Infallible
	"In the"	51.	Pan Am competitor	27.	Rowboat propellers
21.	One ten-thousandth			28.	Hawaiian state bird
	of a tesla			30.	Cozy
23.	Carla's portrayer		DOWN	33.	Brings out
	on Cheers	1.	Negative	34.	Sense
24.	Greek god of war		exclamation	36.	Golfer Woods
25.	Round, flat part of	2.	Ram's dam	37.	Skin annoyance
	ear underhang	3.	Silver-tongued	38.	Was French Sudan
29.	1/100th of a yen	4.	Pandemonium	39.	Addition sign
30.	Wooden shoe	5.	Ship's storage area	40.	Second level of
31.	Scottish negative	6.	Under the weather		testing
32.	Inventor, often	7.	Next-door resident	43.	Puppy's cry of joy
34.	Where the Wild	8.	Optimistic	44.	Carpentry tool
	<i>Grows</i> , 1961	9.	Flesh	45.	Health farm

# **INDEPENDENT Classified Materials**

The INDEPENDENT Classifieds cost \$8 for 20 words, each additional word is 25¢. **DEADLINE - Monday at noon** To place a classified, email Classifieds.Indie@gmail.com or call 479.253.6101

### **ANNOUNCEMENTS**

#### FLORA **ROJA COMMUNITY** ACUPUNCTURE & APOTHECARY

- providing affordable healthcare for the whole community. Sliding scale fee. \$15-\$35 per treatment, with an additional \$15 paperwork fee the first visit only. You decide what you can afford to pay! Francesca Garcia Giri, L.Ac. (479) 253-4968, 119 Wall Street. www. florarojaacupuncture.com

EUREKA SPRINGS **FARMERS'** MARKET Open Thursdays, 9 a.m.noon. Vegetables and fruits, cheese, meat, eggs, honey and so much more. Come for the food, music and to be with your friends. Catch us on Facebook.

Bread - Local - Sourdough

### IVAN'S ART BREAD

Thursday Eureka Farmers' Market Breakfast Breads - Euro Round Rye Long and Short Sourdough Pizza Orders & Special Requests Call (479) 244-7112

### It's A Mystery BookStore

the gently-used book store featuring vintage, modern & classic reads on the Berryville Sq. www.itsmystery.net.

### FIRE OM EARTH RETREAT **CENTER**

### **April Retreats**

April 7-9 – Susun Weed, renowned herbalist, author, teacher and the voice of the Wise Woman Tradition April 20-23 - Herbs & Botanical Seed Swap, Botanical Illustration, Steven Foster, Larry Lowman, Chris Fischer, Amrit Knaus, Glenda Moore, Hilka Zimmerman.

www.fireomearth.com

### **Eureka Springs Farmers'** Market

located at 2075 E. Van Buren in Pine Mountain Village

has Tuesday spots available for LOCAL RESTAURANTS to hold food demonstrations.

Perfect opportunity to showcase your restaurants' food talents! Call market manager Tara at (918) 399-0434 to reserve your restaurants' spot! Leave a message if no answer.

### ANNOUNCEMENTS

### **REBIEJO'S FRESH EATS**

food truck, personal chefs for hire. Public/private parties, events. We smoke all our own meats. (479) 363-6754, (479) 244-6194

### REIKI

#### **CURIOUS ABOUT REIKI?**

Complimentary sessions at Focus Therapeutic Massage. (479) 253-5744

### **PERSONALS**

Dear parents,

Lots of food in the ground. Waiting to be introduced to the GH – got a space cleared for it!

HKP - I understand you've been to Hell and (hopefully) Back. As I recall, yes, the people were rude and I couldn't wait to exit stage left. Hope you don't have any more Pleasant Trips scheduled anytime

### **ESTATE SALE**

### **ESTATE SALE BY HILL**

8 Beaver Drive, Holiday Island April 7-8 • 8 a.m. to 3 p.m. Antiques, furniture, commercial grill, tools, fishing, wall mounted pheasants, TV, Much More!

### **MOVING SALE**

HOUSEHOLD, **GARAGE** and FURNITURE ITEMS. 1-D Fairway Dr., Holiday Island, April 7 & 8, 9 a.m.-3 p.m.

### **HELP WANTED**

#### NOW ACCEPTING APPLICATIONS

for friendly, experienced hostess and servers. Also experienced line cook. Please apply in person at Rockin' Pig Saloon, (479) 363-6248 for directions.

LOCAL FLAVOR CAFÉ is looking for experienced kitchen help, starting at \$10. AQUARIUS TAQUERIA is accepting applications for all positions for immediate work. Great opportunities for hardworking people. Drop off résumé at Local Flavor between 2-4 p.m., Monday through Friday, 71 S. Main.

### **HELP WANTED**

NOW HIRING PREP AND LINE COOKS. Apply in person at Pied Piper/ Cathouse, 82 Armstrong.

LINE COOK - Full time, \$11/hr. Call Dustin for interview. (479) 981-1193

**SERVER WANTED** – Our servers make \$20/hr. average. Call Joe, (479) 263-6095

THE LADYBUG EMPORIUM is seeking experienced full and part time staff. Shiny, happy people. Please apply in person at 51 S. Main St.

**CHRISTOPHER'S QUALITY** CLOTHING seeks apparel manager.

Experienced in merchandising and window displays required. 40-hour week, excellent pay. DOE. Shiny, happy people encouraged to apply. 13 Spring St.

PALACE BATH HOUSE SPA seeking part/time attendant and part/time massage therapist. Apply within. (479) 253-8400

#### **BLUE SPRING HERITAGE CENTER**

now hiring gift shop sales, maintenance, gardener and office assistant. (479) 244-6418

BAVARIAN INN HOTEL AND RESTAURANT in Eureka Springs is hiring for housekeeping and hosting positions. Please apply 8 a.m. till 5 p.m. 7 days a week at the front desk at the lodge.

Looking for an enthusiastic Eureka Springs knowledgeable customerservice driven HOSPITALITY SPECIALIST for the Eureka Springs Chamber of Commerce/Visitors Bureau. 30+ hours a week, must be able to work weekends. Please send résumé to president@eurekaspringschamber.com. No phone calls please.

### **REAL ESTATE**

CALL EUREKA'S OWN! Sell your house? Buy a home? Allow me to be your REAL ESTATE AGENT! Reillot Weston - All Seasons Real Estate. Cell. (479) 879-5330. Office (479) 253-0303. reillotweston@gmail.com

### **REAL ESTATE**

### **HOMES FOR SALE**

BEAUTIFUL CUSTOM **EUREKA SPRINGS AREA HOME** FOR SALE. Three bedrooms, den, awesome kitchen, vaulted great room, 3rd floor vaulted master bed and bathroom suite. Lots of windows, French doors, deck space, garage space. Two Jacuzzis. Huge step-out partially finished basement. On 15 wooded acres. Photos and more info. at www.eurekaspringshouse.wordpress. com. (479) 981-0382.

**BEAUTIFUL DOWNTOWN VIEWS!** 

New construction, 2 bedroom/2 bath, 1,700 sq. ft., low maintenance, custom details. (16 Corley Loop) FSBO #24120390. Dave, (479) 253-2383/7874 or Paul, (479) 304-0041. OPEN HOUSE 7 days a week until house sells. Sales person on site.

### RESTAURANT FOR SALE

RESTAURANT (AUTUMN BREEZE) FOR SALE OR LEASE on 4.25 acres. Spacious dining room seats approximately 70. Every table has a lovely woodland view. Large kitchen, wine cellar, lots of room to expand or add on including basement area, usable attic room. Lots of highway frontage, less than 10 minute drive from downtown and Hwy. 62 hotels/ businesses. (479) 981-0382

### **RENTAL PROPERTIES APARTMENTS FOR RENT**

HOLIDAY ISLAND VILLAS & TOWNHOUSES near lake and marina. Peaceful and quiet, ample parking. From \$400/mo. (479) 253-4385

SECOND FLOOR DOWNTOWN **APARTMENT** with office space. Central heat/air. Must be considerate as shops are below. Water paid. \$750/mo., first, last and security. (479) 253-6283

2 BEDROOM/1 BATH APARTMENT

on North Main overlooking creek. Washer/dryer, all utilities paid except electric. \$690 plus deposit. (479) 981-9811

### INDEPENDENT

# ClassifiedMaterials

### **RENTAL PROPERTIES**

### **COMMERCIAL FOR LEASE**

CAFE OR RETAIL BUSINESS with deck overlooking creek on North Main. Beautiful location! All utilities paid but electric. (479) 981-9811

### **HOMES FOR RENT**

LARGE, BEAUTIFUL, 3 BEDROOM HOUSE with many extras, ten minute drive from Eureka Springs downtown, in wooded setting. \$1,500 plus utilities. Call after 10 a.m., (479) 981-0382.

CLEAN 2 BEDROOM, 2 BATH COUNTRY HOME. Central heat/air, large deck, mountain view. No pets, nonsmoker, references required. \$800 per month. (479) 981-1900

**HOLIDAY ISLAND** 3-bedroom. 2-bath. sunroom, attached garage with attic. Quiet street. Universal access. No smoking. No pets. \$850, first, last. (479) 981-4479, (479) 981-2322.

> To place a classified, email Classifieds.Indie@gmail.com or call 479.253.6101

### **LOOKING TO RENT**

Responsible, retired local couple, nonsmokers, no pets, NEEDS TO RENT A TWO-BEDROOM, UNFURNISHED APARTMENT OR HOUSE. Excellent references. (479) 253-2415

### **SERVICE DIRECTORY**

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PROFESSIONAL **CLEANING** SERVICE - RESIDENTIAL. Deep cleaning and organizing. References available. Call Sharon, (479) 244-6527

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TOM HEARST PROFESSIONAL PAINTING AND CARPENTRY Painting & Wood Finishing, Trim & Repair Carpentry, Drywall Repair & Texturing, Pressure Washing (479) 244-7096

### **SERVICE DIRECTORY**

### MAINTENANCE/ LANDSCAPE/ **HOME SERVICES**

FANNING'S TREE SERVICE Bucket truck with 65 ft. reach. Professional trimming, stump grinding, topping, removal, chipper. Free estimates. Licensed. Insured. (870) 423-6780, (870) 423-8305

TREE WORKS Skilled tree care: trimming, deadwooding and removals. Conscientious, professional arborist and sawmiller. Bob Messer (479) 253-2284

CHIMNEY WORKS Complete chimney services: sweeps, repairs, relining and installation. Call Bob Messer (479) 253-2284

#### PERFORMANCE PLUMBING

Free estimates, bonded, insured, Master Plumber lic. MP6242. All plumbing services, water heater specialist, background checked and drug free. Cell (479) 244-5335. "When you call us you will talk to a licensed plumber not a machine."

#### **TURNER PAINTING AND FURNITURE RESTORATION**

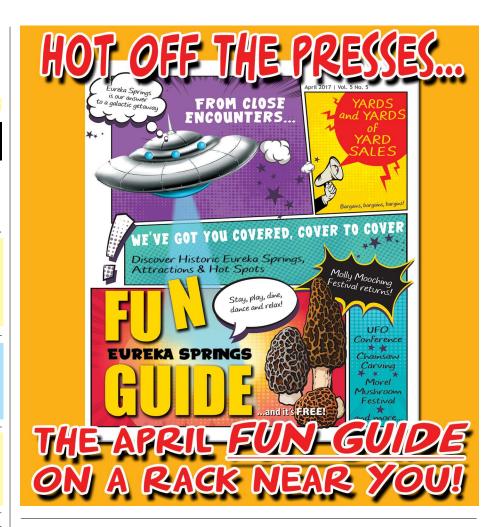
offering all types of painting, staining, furniture restoration and some types of clean up. Call for more information. (870) 423-5674

### **UPHOLSTERY**

UPHOLSTERY-RESIDENTIAL. COMMERCIAL, CUSTOM BUILT. Furniture repair, antiques, boats, caning.

Fabrics & Foam. Free Estimates. No job too small. Call Aaron (479) 212-2875 or abunyar@sbcglobal.net





#### **DEPRESSION RELIEF** continued from page 5

goals. Expect gradual improvement, and don't withdraw.

Some people with depression become socially isolated. It is important to have good social contacts, and Dollins said people should make themselves get out and do things, because "it really pays off." Dollins also spoke about myths, such as depression being a form of character weakness. "That is simply not true," he

"It's all in your head," is another myth. Dollins said it is more complicated than that. In addition to medical conditions and prescription medications that can cause depression, there can also be family history involved. However, he

said "family history connection is not a major factor. Just because others in your family have depression doesn't mean you are doomed to have it, too." Another myth is that anti-depressants

give people a false, happy mood. "They don't make you happy," he

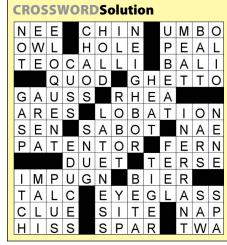
said. "It doesn't block normal moods. If something sad happens, you will feel sad "

Some people report anti-depressants leave them feeling very flat. They aren't happy or sad. They just don't care about things. He said if that is someone's response to an anti-depressant, they need to talk to their doctor about switching medications.

Dollins said that for a long time, most new anti-depressants were "me too" medicines very similar to older anti-depressants. But there are some new medication being developed that he feels have exciting potential. He mentioned that one effective over-the-counter treatment for depression is SAM-E.

"It's pretty good, but not as good an anti-depressant," he said.

Dollins recommends that anyone with depression seek help. And although there is a severe shortage of psychiatrists in Northwest Arkansas, he said most primary care doctors and nurse practitioners are very familiar with treatments for depression.



# OUNER APPRECIATION WEEKEND! APRIL 8TH & 9TH 10% OFF GIFT CARD **PURCHASE!** Owners enjoy 10% We will be giving away off their purchase (1) \$100 gift card each day! (excluding beer & wine, Co+op Deals, Co+op Basics) Ozark Natural Foods 1554 N College Ave Fayettevill 479.521.7558 | www.onf.coop