

### This week's Independent thinkers



Women organized it, but it's for and about everybody. It's about healthcare, reproductive rights, social and environmental justice, equality, freedom and non-violence. It's about any and all human rights for any and all human beings. It's about safety and love. It's about intelligence and fairness in a world hungry for compassion and understanding. It's about protection, caring, striving for excellence. It's about expansion and inclusion. It's about being good citizens and excellent caretakers. It's about work. It's about peace.

It's about believing that being human is a good gig and it's the only thing we all have in common. (Other than it seems we all sing.)

It's an exciting time – and we say that with no exclamation points because it's true.

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**I am woman, hear me roar –** Helen Reddy sang it in '72, an enduring anthem of the women's liberation movement. Women, and the men who love them, know they are the ringleaders and protectors of the culture and achievement of all life. Yet the Equal Rights Amendment, introduced in Congress in 1923, has still not passed. Three million women made it a point on Jan. 21, 2017 to harmoniously march in cities all over the world, sending a message that this will be done over and over until it's understood.

PHOTO BY JOHN RANKINE IN LITTLE ROCK, ARK.

### Tunnel attempt costs a bundle for water district

#### NICKY BOYETTE

"I don't like to sit here and tell you there was a cost overrun, but that's what I have to do," Brad Hammond, consulting engineer of McGoodwin, Williams and Yates (MWY) told commissioners at the Carroll-Boone Water District board meeting Jan. 19. He was recounting the unexpected complications crews encountered trying to bore a tunnel to insert a 42-in. pipe under the Kings River as part of the parallel transmission line project.

The original total project cost was estimated to be \$14.2 million, but lost time and labor plus other considerations ran the estimated total to \$15.15 million, a 6.7 percent overrun.

Hammond said complications arose from inconsistent underground conditions. After a few attempts to bore a tunnel met with complications, MWY and environmental agencies they consulted agreed the only feasible alternative was an open cut to lay the pipe and its encasement nine to ten feet below the surface of the river.

Chris Hall, also an engineer with MWY, said the pipe is held in place by 24 concrete anchors, and there are valves on each side of the river so that water can be diverted from one pipe to the other in case either pipe needs repairs. He and Hammond showed slides of the riprap embankment holding the riverbank in place where the crew had positioned welded steel pipe out of sight and under the river. Hammond said representatives of the Arkansas Department of Environmental Quality made one visit to the site and

were satisfied enough to state they saw no reason to return for another inspection.

Hammond advised the extra cost could be covered by CBWD reserves.

#### Better news

Hall and Hammond were more optimistic about the project to re-stabilize 780 ft. of Keels Creek stream bank close to the transmission line. Heavy rain on Dec. 28, 2015 washed away sections as wide as 60 feet, perilously close to the water supply headed toward Berryville, Green Forest and Harrison.

Hall had told the board last year that the Federal Emergency Management Agency approved the project but offered no funding. He continued to search for support and has since obtained a matching grant from the Natural Resources Conservation Services. The total project cost is projected to be \$620,000, and NRCS will pay 75 percent or \$465,000. The cost to CBWD will be \$155,000.

Hall said the actual construction time would be only "maybe" three weeks, but the project will need to be bid, which will take some time. He said if the board authorized MWY to proceed with the project of obtaining bids and if it were willing to convene a special meeting to approve a bid before the next meeting, Hall might even be able to complete the project before the April board meeting.

Commissioner Gene Bland remarked, "I'll meet Sunday

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#### **CBWD** continued from page 1

night at midnight for \$465,000." Chair Jim Yates said he would be there with him. The board unanimously approved authorizing MWY to move the project forward as fast as possible and agreed to have a phone conference if necessary to consider bids.

#### Refunds on the way

Office Manager Cathy Klein announced that as a result of the recent audit, CBWD would be able to refund \$213,500 to customer cities. The amount of individual rebates is based on the percentage of water used. Klein said CBWD would refund Eureka Springs \$26,013; Berryville, \$38,179, Green Forest, \$60,378, and Harrison, \$88,480.

#### Financial planning

Hammond suggested the board should build up its reserve funds because the cost of maintaining the facility is accelerating. He said he has worked with staff at the treatment plant to identify aging components – intake pumps, for example– and he advised the board to consider a plan for spending as much as \$200,000 -300,000 annually over ten years.

He said the Army Corps of Engineers could increase the water allocation fee. Plant manager Barry Connell had mentioned automating certain operations at the plant at some point, and this would

come with a cost. Even with careful financial management to account for these expenses, Hammond expected the board would need to increase water rates at some point. Bowers pointed out planning for the future is a board function, and Yates said the board would monitor rates annually.

#### **Beaver Watershed Alliance**

John Pennington, president of the Beaver Watershed Alliance, told the board development near Beaver Lake presents a challenge in his efforts to preserve and protect the water quality of Beaver Lake. On the north side of the lake there is less impairment so there is less funding to protect it. He works with landowners and all entities near all sides of the lake in an effort to reduce erosion and mitigate increases in phosphorus levels.

Its literature states, "BWA provides valued and meaningful programing to provide watershed landowners and environmental stewards with the resources they need to help protect the water quality of Beaver Lake and its tributaries."

The board again voted to contribute \$5000 to the efforts of the Alliance.

The next meeting will be Thursday, April 20, at 10 a.m., at the Freeman-Raney Water Treatment Plant.

# Water regs getting stricter

#### NICKY BOYETTE

Consulting engineer Brad Hammond told Carroll-Boone Water commissioners on Jan. 19 that CBWD produces safe water and meets all regulatory requirements. However, regulations change, and CBWD might want to consider options for enhanced "Lead Copper Rule" compliance. According to his research, the choices for enhanced compliance would be to raise the pH of the water or add orthophosphate although he noted it would not be practical for CBWD to add that compound.

Setting up for enhanced LCR compliance would include installing storage tanks, adding chemical feed equipment and pipe, miscellaneous expenses and contingencies. which Hammond estimated would cost \$325,000. Annual operation cost might be as much as \$70,000.

Hammond said he would continue to review all options and report back in April if commissioners wanted him to. He said the additives would make lead less soluble in water, and would not affect fluoride. He also advised that regulations only get stricter. "Enhanced compliance is doing all you can do to help customers," he said.

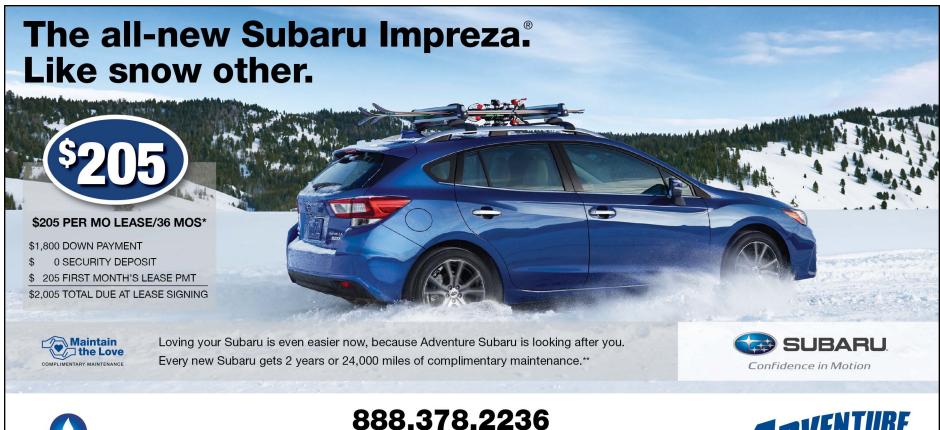
Board chair Jim Yates commented they would need to make sure all the cities are on board; otherwise CBWD does not need to consider it. However, it would be better for CBWD to take the project on than leave it to the individual cities.

Attorney Dan Bowers said it would advisable to do it. The board voted to authorize Hammond to continue his research but with a cap of \$5000 on his services.

### Holiday Island Singers new program rehearsals starting soon

Holiday Island Singers is on the way and rehearsals begin for the "Why We Sing" program on Wednesday, Feb. 1 at the Holiday Island Country Club

To all singers the spring season for Ballroom. Rehearsals will be every Wednesday from 1:15 - 3:30 p.m. The program will be on May 19 and May 21. For more information call Carol Morrison at (479) 239-0579.





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\$205/mo lease price based on a 2017 Subaru Impreza 2.0i Premium, model code HLD11; 36 mos @ 12k/mi per yr.; tax, title & license not included; \$1,800 down, \$0 security deposit, \$2,005 due at signing. (models shown above may be a different trim level than the model advertised.) Cannot be combined with any other incentive. Must take delivery from dealer stock by January 31, 2017. \*\*Purchase or lease any new (previously untitled) Subaru and receive a complimentary factory scheduler maintenance plan for 2 years or 24,000 miles (whichever comes first.) See Subaru Added Security Maintenance Plan for intervals, coverages and limitation. Customer must take delivery before 12-31-2017 and reside within the promotional area. At participating dealers only. See dealer for program details and eligibility.



## Mayor assesses health and wealth of the city

#### NICKY BOYETTE

Mayor Butch Berry delivered his 2017 State of the City address at the Jan. 23 Eureka Springs city council meeting, and thanked department heads for conscientious attention to watching budgets while still providing services to citizens following his spending freeze imposed in the spring of 2016.

Berry said the Police Department had more than 1600 calls during 2016, issued 1120 citations and made 320 arrests. Surprising to some, Berry noted, there were 183 noise violations cited.

ESPD also was actively involved with programs at the school, finding ways to reach out to the community and speak out about domestic violence.

Nick Samac, 20-year veteran of the Fire Department, was hired as the new chief, and Berry noted Samac's deft handling of his budget after the spending and hiring freeze. ESFD handled 178 fire and rescue calls and 1300 EMS calls with 12 full-time staff and 25 volunteers.

Berry said Public Works made money on water sales for the first time in several years. He worked with PW Director Dwayne Allen to identify areas where the city could proactively make changes leading toward long-term fiscal responsibility.

First on the list was to finish replacing faulty water meters. Berry said there were only 12 commercial meters left to install and 83 percent of residential meters are in place. All remaining meters have already been purchased. Another priority in 2017 is fixing leaky pipes in the delivery system, and Berry set a goal of reducing leakage by 20 percent.

The city got a non-matching \$200,000 grant to improve drainage at a spot just east of Main Street, but progress on implementing the grant has been on hold pending a cultural inventory of the area to be improved. Berry said once the project is completed, the city would be able to apply for other similar grants.

In an effort to move the water and sewer systems toward being self-sufficient, Berry has decided to redirect funds originally allocated for a new Public Works building toward three projects at the sewer treatment facility: installing storage capacity, allowing the city to buy chemicals in bulk; building a water testing facility to save on mandatory testing which Public Works now must outsource; and buying a generator for powering the facility during times of peak electricity usage. Each of these improvements will pay for themselves fairly quickly and thereafter reduce ongoing city expenses.

Berry commented the Transit Department is the only one in the state that is self-sufficient. In 2016, rides were up 3.6 percent and tram ridership increased by more than 20

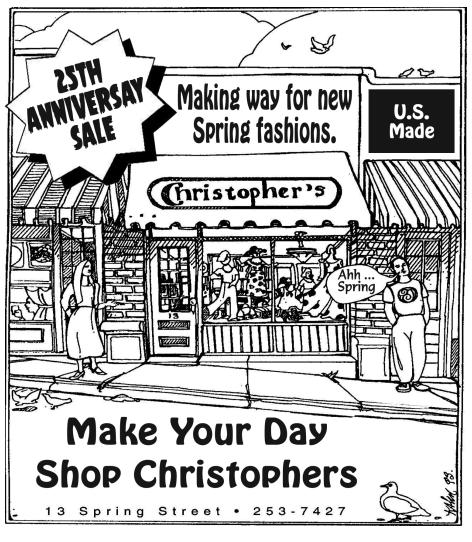
The City Advertising and Promotion Commission

collected \$1.4 million in taxes, a 7.7 percent bump over 2015. Berry commented that through Internet marketing the CAPC is able to reach a more targeted audience, and will expand its outreach to Chicago, Indianapolis, Austin and Houston. The CAPC also hopes to hire a new events coordinator this year.

The Parks Department hired Justin Huss as director. He purchased a new fleet of boats for Lake Leatherwood City Park last summer, and that has already paid for itself. He created new bike camps and improved the cabins at LLCP. plus he and Parks staff and volunteers have brought new attention to the trails at LLCP by participation in the recent International Mountain Biking Association world summit. Berry said as a result, serious trails riders from all over the world came to LLCP to ride.

Berry's primary goal for 2017 is to increase the city's effort to address needs of the water and sewer systems. "We cannot continue to keep passing the problem along to another city council," he said. He added that he would present a proposal to council in February regarding an increase in water and sewer rates that would at least allow the city to meet the minimum bond covenants and possibly pay for some new pipes.

Berry said climbing out of the fiscal hole will take everyone working together, and if anyone has ideas to offer,





## Trying to budge it

#### NICKY BOYETTE

A workshop before the regular city council meeting Monday gave aldermen one last chance to scrutinize and comb through the proposed 2017 city budget. Council noted that with the spending freeze in place and department heads hovering over their respective budgets during 2016, the city actually had some nickels and dimes left over at the end of the year.

Finance Director Lonnie Clark answered questions from aldermen about the nuances in city financial management, such as the fact bond payments are considered cash disbursements and not expenses, and distinctions like this make city budgets a quandary.

Nevertheless, intrepid aldermen pointed out particulars such as variations in month-to-month spending in line items within a department. Mayor Butch Berry responded that circumstances vary throughout the year regarding expenses, and he instead watches overall trends. For example, Public Works employees spend

time on water and sewer projects but also on street projects, so their labor costs are accounted for accordingly, and monthto-month finances might appear skewed accordingly.

For Berry, the bottom line was expenditures for the street fund at the end of the year was 74.26 percent of what was budgeted for the year.

Clark noted the spending freeze helped stabilize the financial situation so the city could reverse the trend of depleting its reserves. He contended 2016 was a good year if one compared the year-end financials with the way the year started.

During the meeting, council voted to adopt the 2017 budget as presented.

#### Final items

- Aldermen agreed to have Chief Nick Samac attend the Feb. 13 meeting to discuss by-laws of the Fire Department.
- Alderman Bob Thomas said he learned at the Municipal League conference he attended when he first sat on council that it is important that council be a model courtesy and respect.

Therefore, he moved to have council consider adopting a Code of Conduct as suggested by the Municipal League and have once-a-year trainings. Aldermen agreed to put the item on its next agenda.

- The following commission nominations were approved: Bobbie Foster for CAPC; Yip "Awesome" Vorbeck and David Sallee for the Cemetery Commission.
- Alderman Mickey Schneider noted there will be the Winterfest Party

at the Community Center gymnasium, a fundraiser for the Farmers' Market, Thursday, Jan. 26, 5 p.m. – 9 p.m. Details available on the Farmers' Market Facebook page.

Next meeting will be Monday, Feb. 13, at 6 p.m.

Council will have a joint workshop with the Parks Commission Monday, Jan. 30, at 6 p.m., in the courtroom, third floor of the courthouse to discuss land-vacating procedures.

# Airport commission prospecting for revenue

#### NICKY BOYETTE

At the Jan. 20 meeting of the Carroll County Airport Commission, consulting engineer Dan Clinton worked to identify projects for the five-year Capital Improvement Plan. Clinton handed out a page from the Federal Aviation Administration delineating "the useful life of the facility or equipment" which states how often the FAA will grant funds for particular projects. For example, CCA will complete its rehab of the taxiway in 2017 and guidelines stipulate FAA will not grant funds for that project for another 10 years.

Commissioners, with Clinton's guidance, approved these projects for the CIP:

- 2017: finish rehabbing the taxiway
- 2018: repair or replace precision approach path indicator lights and runway end identifier lights
  - 2019: replace runway lighting
  - 2020: expand south apron
  - 2021: purchase land

Clinton told commissioners if there were a groundswell of support for extending the runway there might be a chance of FAA support, but he had been advised CCA might need private funding with possible assistance from the Arkansas Department of Aeronautics. Airport Manager Michael Pfeifer commented the Berryville Chamber of Commerce had discussed staging a fundraiser to help with runway extension.

Clinton also announced the Arkansas Airport Operators Association might want to meet in Eureka Springs this autumn for its annual meeting, but commissioners should write AAOA a letter to improve the prospects. Commissioner Sandy Martin said she would also get a letter from Eureka Springs Mayor

Butch Berry. AAOA conferences attract airport managers, commissioners, elected officials, pilots, vendors of related products, and representatives of the FAA.

#### Slim budget

Martin said commissioners should discuss the "really slim" budget for 2017. She said because of the tight county budget, the Carroll County Quorum Court reduced allocations to almost all county departments. She suggested CCA, as a first step toward staying out of red numbers, reduce two monthly loan payments, but what the airport really needed was ideas for generating more revenue.

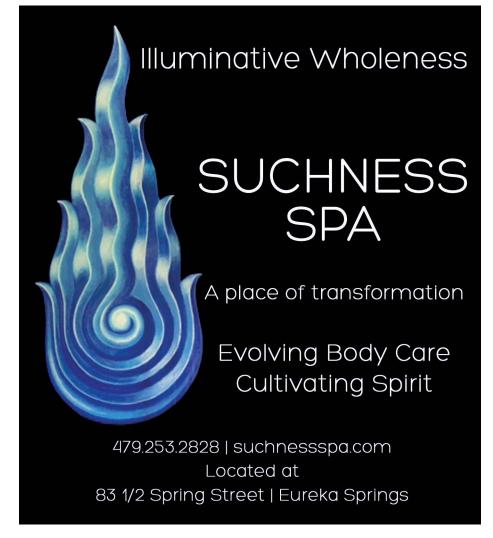
Commissioner Dane Mulligan pointed out they had spent money to improve access to hangars on the south part of the property so they could make more money on hangar rentals, but they have not resolved all the issues related to hangars.

Martin followed they could look at increasing hangar rental rates, but first they should look for other options such as attracting business meetings to the facility. In the meantime, they must reduce loan payments and watch expenditures. Commissioners agreed to discuss the budget again at the Feb. 16 meeting.

#### Need a door

Mulligan reiterated they had approved upgrading access to the 60x60-ft. hangar on the south part of the property to improve chances of more revenue, but movement toward renting it was at a standstill. There were two proposals from interested individuals, but the hold-up was the need for a new very large and expensive door for the building that, according to one estimate, would have to be lowered into place. Clinton said there might be state funds for it but the

**AIRPORT** continued on page 15



### **INDEPENDENTNews**

### ADA compliant restrooms coming to Leatherwood

#### NICKY BOYETTE

Parks Director Justin Huss told the Parks Commission at its Jan. 17 meeting something must be done at Lake Leatherwood City Park to create bathrooms accessible to those who use wheelchairs. He pointed out the new playground meets accessibility requirements of the Americans with Disabilities Act, as do some cabins. But to get to a bathroom with running water, a handicapped person must negotiate steps.

He said one person called the situation "dehumanizing," and Huss contended the unacceptable situation is "a stain our reputation." He proposed converting the old mostly unused office building next to the existing bathhouse into an accessible facility with showers and bathrooms before the season starts. He penciled the project at about \$35,000, and claimed Parks has the money available.

He noted part of the expense would be for rewiring and new fixtures, and he intends to take the bathhouse offline because, for one reason, he found a scary electrical scene inside the breaker box.

Commissioner Jay Fitzsimmons asked Huss for a monthly accounting of the expenses and revenue at LLCP, and moved to approve Huss's plan up to \$35,000.

Chair Bill Featherstone commented this facility improvement would help voters see Parks is using funds from the LLCP tax wisely. Vote to approve the motion was unanimous.

#### Using money wisely

Featherstone told the commission there was about \$2000 left in their Christmas fund, which is to be used for repairing, installing and storing the city's Christmas decorations. He said festooning the city for next Christmas would be a bigger challenge than this year unless Parks gets more Christmas money. He told television viewers if they wanted a bigger Christmas, make opinions known to city council. He also thanked the staff of Public Works for their assistance this year.

He added that Parks would set up a specific line item for donations, which will be spent only on repair and replacement of decorations and not on the labor needed to put up and take down the items. Also, Parks needs help with the labor.

Featherstone noted that the deficit of expenses over revenue at LLCP in 2007 was \$74,000, but in 2016 the amount was reduced by 17.57 percent to \$57,000. Also the difference between 2015 and 2016 was the greatest reduction during that period. "The number will get smaller if we can continue what we are doing," he said. As a consequence of this trend and the improvements at LLCP, Huss budgeted a hefty increase in revenue in his 2017 budget.

He also identified items Parks could hold off on if necessary. Fitzsimmons, who was an accountant, noted Huss had added \$31,000 to reserves and had timed his expenses with the cash flow. "Very good fiscal management," Fitzsimmons stated.

Commissioners were concerned about the sunset of the one-eighth cent LLCP tax this year. September is the last month Parks will receive funding from the tax, and Fitzsimmons said they would be stymied on capital expenses without the tax. Huss said he was eager to demonstrate to the public what Parks has done with the funds, and was researching what Parks must do to put the tax on the ballot again.

Commissioners approved the proposed budget.

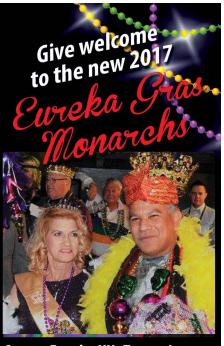
#### Director's report

- Huss told commissioners he is working with an information technology contractor to set up cameras at several locations "to boost public safety and protect our resources."
- Work on cabins and campsites at LLCP continues.
- Mowing contractors continue cleaning fence lines and removing leaves at Harmon Park. The goal, Huss said, is "crisp edges and clean corners."
- He has scheduled workdays near Black Bass Lake with the CC Riders to repair a bridge, correct drainage issues and build trails.
- The playground at LLCP is installed and in use.
- The online reservation system is being tweaked to get ready for a busy season.
- He intends to make the March 4 "Pre-Season Party" at LLCP an opportunity to show locals what Parks has been doing and the impact the improvements will have.

Parks will convene with city council on Monday, Jan. 30, at 6 p.m., in the third floor court room for a joint workshop on land vacating procedures.

Next workshop will be Tuesday, Feb. 7, at 6 p.m., at Harmon Park. Next regular meeting is Tuesday, Feb. 21, at 6 p.m.





Queen Eureka XII, Tracey Lovett, and King Krazo XII, Bill Sarad, as they invite you to join them at the upcoming

Eureka Mardi Gras celebrations

Jan. 25 • 5 p.m.
Umbrella Decorating
New Delhi

Feb. 4 • 1-3 p.m.

"Taste of N'awlins"

Grand Hotel and Taverne

Feb. 8 • 5:30 p.m.
Umbrella Decorating
Eureka Live

Feb. 16 • 6 p.m.

ArtiGras — Palette to Palate
The Basin Park Hotel

Feb. 17 • 6 p.m.

Coronation Ball

Crescent Hotel Crystal Ballroom

Feb. 18 • 6 p.m. Eureka Gras Night Parade

Feb. 18 • 7 p.m.

Black Light Ball

Event Eureka (above The Grotto)

Feb. 24 • 6 p.m.

Joker Masquerade Ball
Inn of the Ozarks Convention Center

Feb. 25 • 2 p.m. Eureka Gras Day Parade

Feb. 25 • 6 p.m.

Mayor's Ball

Basin Park Hotel

Feb. 26 • 11:30 a.m.

Jazz Brunch

(rescent Hotel

Feb. 28 • 6 p.m. St. Liz Cajun King Cake Ball St Elizabeth Parish Hall

For more info see EurekaSpringsMardiGras.org



**Auxiliary ambulance arrives –** Midwest Medical Transport has moved to Eureka Springs to provide non-emergency patient transport for patients at Eureka Springs Hospital. Vicki Andert, head of nursing at ESH, said the new service would reduce wait time for patients who need a ride back to a nursing home or another facility. LaMoise McLelland, regional manager for MMT, said her team is here to work alongside the Eureka Springs Fire Department and will be available to fill in if ESFD ambulances are out on calls. **Photo SURMITTED** 

### **INDEPENDENTNEWS**

### Five week series offered by First Presbyterian Church

Dr. Thomas Conboy, member of First Presbyterian Church in Eureka Springs will present a five week series on How we Create Hell reflecting C.S. Lewis' The Great Divorce and the works of English poet William Blake referred to as "The Marriage of Heaven and Hell."

The series is open to the public and will begin Feb. 9 from 4 - 5 p.m. in Fellowship Hall of the church. Fee for each session is a can of food for Flint Street Food Bank.

### A Cup of Love Ministry

Feeding the hungry. Located at 4032 E. Van Buren, Hwy. 62. Serving soup Monday – Friday 10 a.m. – 4 p.m. Sunday service - 10:30 a.m. - noon potluck following. Wednesday - Bible Study 5:30 p.m. Caring for our community, spirit, soul and body. (479) 363-4529.



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Dancin' the night away - The Ozark Mountain Music Festival rocked the top of the Basin Spring Park Hotel for 4 days last week. Pictured: People inside the Barefoot Ballroom moved closer to the stage to enjoy Horseshoes & Hand Grenades Saturday night. Music from multiple bands went into early Sunday morning. PHOTOS BY JEREMIAH ALVARADO





### Chef to headline Winterfest Party fundraiser

Chef Bill Lyle of Eleven Restaurant at Crystal Bridges Museum will judge the Winter Soup Contest at the Winterfest Party in the gym at the Eureka Springs Community Center.

The competition will pit local soup crafters in a throw down for cash prize and chef apron trophy. Doors open for the party at 5 p.m. for ticket sales. Soups will require an additional \$10 fee per entry and will be judged beginning at 6 p.m.

The Winterfest Party is a fundraiser to help increase the \$10,000 set aside by the Community Center Foundation for the Farmer's Market move to the grounds of the new community center. The party will include a community potluck, music from local jam musicians, silent and live auctions, farm vendors and a drawing for a cash prize. Entry tickets are \$15 per person or \$30 per family and the ticket includes a chance to be selected for a chance to draw for \$20,000

### Come with me and you'll be in a world of pure imagination -Willy Wonka

The 13th annual Chocolate Lovers' Festival will be on Saturday, Feb. 11 at the Best Western Inn of the Ozarks from 10 a.m. - 3 p.m. The event comes just in time for Valentine's Day with candy, cakes, chocolate novel items and body products. Vendors will showcase products and offer chocolate samples to attendees from organic and household brand names to select boutique labels.

This year will feature a Willy Wonka Room including pictures with Willy Wonka himself and boxes of chocolate with the chance at winning a Golden

Admission to this year's event is \$15 per person when purchased online www.eurekaspringschamber.com or at the Eureka Springs Chamber of Commerce. Admission at the door will be \$20. For more information about the event contact Jessica Wheeless at Jessica@eurekaspringschamber.com or call (479) 253-8737 or go online to www. eurekaspringschamber.com.

### **INDEPENDENTNEWS**

### Women's March draws robust crowds

#### BECKY GILLETTE

Eureka Springs was well represented in the Women's March Saturday, Jan. 21, in Little Rock, a protest in solidarity with the Women's March on Washington that attracted more people that the presidential inauguration the day before. The march spawned protests not just across the U.S., but on all seven continents. Even Anarctica.

Pat Costner estimated that several dozen people from Eureka Springs marched in Little Rock, "I was so happy to see Eureka had such a large representation at the march," she said. "It is hard to put into words what an experience like that is like. In a word, it was empowering. There were lots of young women and men carrying signs expressing sentiments I agree with. Seeing that many people show up in Little Rock convinces me we can have a government in Arkansas and this country that serves the people."

Costner said one of the biggest issues of concern expressed was the new administration's denial of climate change, which has led to worldwide concern. "The whole world is watching this and the primary reaction has been some form of horror because of what it could mean for the whole planet," she said.

Jillian Guthrie said she went to the march because a lot of things being proposed that she finds alarming and incongruent to what she has always been taught and understands America to be.

"For example we are a 'melting pot," said Guthrie, who marched with her mother, Betty Scott. "That's civics from elementary school, and it was taught as a point of pride. I wanted to add my voice, my energy and my intention to the other millions of people who still hold that dear as a foundational aspect of America's history. Guthrie said she hasn't felt that bonded to other humans many times in her 47 years. "We were all color-, gender-, sexuality-, and socioeconomicallyblinded by the experience, and I for one would love to find a way for us to see through that lens 24/7."

John Rankine expected a small crowd and was surprised the crowd that was so large it was hard to find others from Eureka he had planned to march with. "Like everybody, I was shocked at the size of it," he said. "I was just so glad to be part of this global demonstration that said, 'No, we are not going to do

this.' I didn't realize how global it was until after the act. I was blown away that people in my native Toronto, Canada, were demonstrating. I heard Bentonville had seven hundred people show up.

"I think it was a wake-up call to this country, for sure, and to the world, I was so moved. It was inspiring. I'm also excited about the grassroots movements that are happening lately like Indivisible Eureka Springs and efforts to get a Democratic Party back on track here in Carroll County, something that hasn't happened here in a long time."

Nancy Paddock, one of the organizers of Indivisible Eureka Springs, said the signs at the Little Rock rally showed a wide range of political interests. "It was amazing to be there. Everyone was hopeful we could make a difference. It was a very positive event. One of the organizers, Darby Wallace, said when they started, they thought they might get thirty to forty people. Instead, it was estimated at 6.000 to 7.000. People were saying it was the largest march in Little Rock since the Civil Rights era."

Faith Shah was encouraged by how many men attended the Women's March, perhaps three out of ten.

"It was a real positive vibe." she said. "People really did try to keep it positive. The objective was to guard our healthcare, education, equal rights and the environment. The organizers did an amazing job and the speakers were really inspiring. The most important thing to know is we are not just going to march. We are going to act. The Indivisible Eureka Group is forming. It is real. It is not going away. We're only going to get stronger and smarter."

Trella Laughlin mentioned how many non-white attendees there were, including a 90 year-old African-American woman with a sign saying, "Now you've pissed off grandma."

Harrie Farrow went both to a "stand-in" protesting the inauguration in Fayetteville on Friday and the Women's March Saturday. "The stand-in in Fayetteville was attended in much greater numbers than the organizers expected," she said. "The theme was to counteract hate with love, and most signs carried that message. There were people of all ages, babies, preteens, lots of college kids and professors and grandmothers. There were quite a lot of men there, too. The cars driving by honked in solidarity way more often than I would have expected in Fayetteville. A few times passersby did yell things like, 'He's still your president' or 'You lost. Get over it.' Other than that, I didn't see any signs of the other side, which was also surprising."

Farrow said it was much the same in Little Rock, where she saw no anti protesters, the crowd was varied, and the size much larger than expected. "In Little Rock there were more signs that expressed anger, fear, frustration than in Fayetteville. But, again, the situation was very peaceful, family oriented and almost no signs of police or security. The speakers in Little Rock were very impactful and there was a wonderful message of inclusiveness, to fight together for all the issues at stake. I also went to some of the workshops after the march. The messages there were all about how to be effective in actions, about not letting up, and again about being inclusive of all the causes that are endangered by the new administration."







#### The Eureka Springs Independent, Inc.

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Advertising deadline: **New Ads** —Thursday at 12 Noon

Changes to Previous Ads – Friday at 12 noon







Mardi Gras fills up New **Delhi –** More than two dozen people created umbrellas at New Delhi to use in the upcoming Mardi Gras parties and parades. They even took time to do a Second Line on Main Street in the rain. This was the 1st of 3 umbrelladecorating parties. The next one is Jan. 25 at 5 p.m. at New Delhi and the last will be at 5:30 p.m. on Feb. 8 at Eureka LIVE. PHOTO BY JAY VRECENAK

# **INDEPENDENTArt**

### Learn or practice figure drawing at Main Stage

John Robert Willer is offering studio life drawing classes on Thursday afternoons from 1 - 4 p.m. at Main Stage. The three-hour studio classes give beginners and professional artists the opportunity to practice figure drawing with a live model. No preregistration is required and attendants can choose to attend whenever their schedule allows.

The fee is \$30 plus a \$5 model fee per class. Classes will continue into the spring. Drawing boards, paper and charcoal will be provided for beginners until they can purchase their own while more advanced artists can bring their media of choice. Main Stage is located at 67 N. Main. For more information contact John Willer at (479) 981-0548.

### Come with me and you'll be in a world of pure imagination - Willy Wonka

The 13th annual Chocolate Lovers' Festival will be on Saturday, Feb. 11 at the Best Western Inn of the Ozarks from 10 a.m. - 3 p.m. The event comes just in time for Valentine's Day with candy, cakes, chocolate novel items and body products. Vendors will showcase products and offer chocolate samples to attendees from organic and household brand names to select boutique labels.

This year will feature a Willy Wonka Room including pictures with Willy Wonka himself and boxes of chocolate with the chance at winning a Golden Ticket.

Admission to this year's event is \$15 per person when purchased online www.eurekaspringschamber. com or at the Eureka Springs Chamber of Commerce. Admission at the door will be \$20. For more information about the event contact Jessica Wheeless at Jessica@ eurekaspringschamber.com or call (479) 253-8737 or go online to www. eurekaspringschamber.com.

### Knowing who you are at Metafizzies

The Jan. 30 meeting of the Springs Metaphysical Society will feature a program presented by local Jon Haydn to a beautiful way to know yourself from within. The meeting will begin at 7 p.m. at Heart of Many Ways, 68 Mountain Street. All are welcome.



# **WEEK'STopTweets**

@phook75: If I'm ever kidnapped and forced at gunpoint to recite the ABC's without singing the song tell my family I loved them.

**@WheelTod:** I hate when you turn up to a Klan rally and some other guy is wearing the same dress.

@lemonmartinis: How to tie the strongest knot ever: 1) put earbuds in your pocket, 2) wait one minute.

@iziankapani: Pandas, skunks and zebras are the oldest species on Earth, dating back to long before color was invented. **@Batmanoffduty:** A fax machine is just a surprise printer. @notfailzy: They say not to go to the grocery store when

you're hungry, but I ran out of food a few days ago and it's just getting worse.

**@yuckybot:** "Sleep tight, don't let the bedbugs bite." – Guy who doesn't understand how sleep works.

@melvinofyork: Me: Liar, liar, pants on fire! Nose as long as a telephone wire! **Daughter:** A telephone WHAT? **Me:** Wire. Daughter: That doesn't make sense.

**@antijokeapple:** My friend David recently lost his ID. Now we just call him Dav.

@chrisisjoking: Overheard this guy say, "I can skin a deer in 20 min, but I still can't hula hoop." Not sure why he thinks those skills are transferable.

# **INDEPENDENT Guestatorial**

### Diamond is a sucker's bet

There is one sucker born every minute - George Hull, 1858

uckers have been around for a long time. George Hull wanted to prove giants had lived on Earth. First, George had to create the illusion of petrified people. Once the idea had been established, George had a 10-ft. tall giant made of stone buried deep in the ground. Sometime later, the giant was "discovered" while digging a well. People came from far away and paid to look at the giant. There were plans to keep digging in the area where the giant was found, hoping to find more.

From the beginning, people have been concerned about running out of oil. Some keep digging, others look up and see the sun and feel the wind. Sunlight is free and available for all, the way clean water used to be.

#### **Fracking experiments**

Please try the following experiment, and write down your observations.

- 1. Take a glass of water and a drinking straw. Take a few sips.
- 2. Repeat the experiment using two straws connected end-to-end. Take a few sips.
- 3. Use now three straws, and continue for as long as you can. Post your findings online, to have a chance to get an award.

To simulate fracking, repeat the experiment using ice-cubes instead of water.

The amount of energy needed depends on the location and the physical form of the oil. The first oil well was 70 feet deep and crude was in liquid form. One barrel of oil was used to extract 100 barrels of oil. Today, fracking shale oil over 7,000 feet deep and drilling horizontally for thousands of feet, one barrel of oil is used to extract only 10 barrels of oil.

# Fracking economics – No fracking, no pipelines

Large investment banks have promoted shale plays buying land at low-prices, drilling for shale oil, and selling back the land at 10 times the price, pretending the entire region has oil and gas reserves. We are dealing with people who don't care about spills and will not pay for damages. The \$1 billion Diamond line is financed with debt. Diamond has no revenues during years of planning, approval, construction, and testing of the line. They can't afford to build a safe pipeline. Shale oil exports are financed

with tax incentives and unsustainable Master Limited Partnerships. Greedy investors, suckered by brokers, provide funds used to pay dividends. Investment banks make millions in fees, and no one dares to stop – like digging for giants.

#### **Diamond Demise**

No one has attempted to stop the line in court. Diamond is *not* a done deal. An excellent legal team with experience dealing with Plains All-American is our best hope to stop Diamond. We will prevail, we have an obligation to protect our families and God's creation.

The goal is to kill the snake. An anonymous donor offered \$5,000 to get the ball rolling. Arkansas Water Guardians have an online fundraising goal of \$100,000, a low-cost, low-risk solution. Please send \$10 for the legal team, www. arwaterguardians.org. With community participation, we will have resources to stop Diamond.

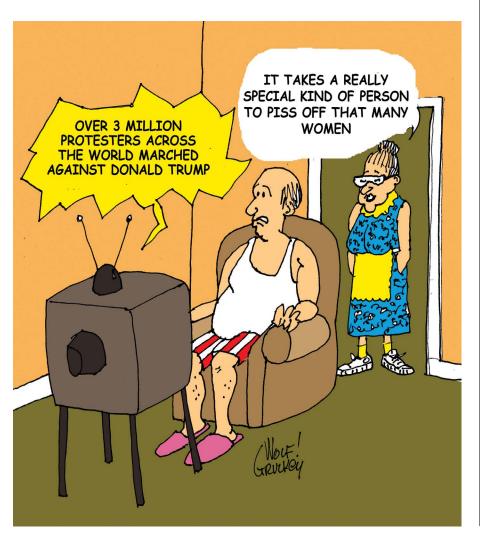
We have waited way too long, and Diamond does not play nice. Plains All America is using armed agents to get easements in Oklahoma. The Valero 12 were arrested for speaking up at the Memphis refinery. Armed police kept the press out of the area, afraid the concrete barrels used to block the gasoline trucks from leaving the refinery would explode. The Arkansas Rising 2, charged with criminal trespassing by the Jonesboro County, will be in court next month.

Erin Brockovich and her lawyers met with Oklahoma residents concerned with the alarming number of man-made earthquakes affecting the area. Arkansas Water Guardians met with Brockovich regarding Diamond. Many efforts are underway.

#### **Green Future**

We must get out of fossil fuels and enjoy the benefits of a green economy. How can an industry not paying its bills be a good investment? Investing billions in shale oil will destroy the U.S. economy and the world's ecology. Why invest in unaffordable fossil fuels when green energy is the future?

Dr. Luis Contreras



# The Pursuit Of

# **HAPPINESS**

by Dan Krotz

eelings of sadness and embarrassment dueled one another on Inauguration Day. While I could say much about those feelings, even a short string of despairing adjectives would fall into the category of masturbation; it feels good for the moment, but that's as far as it goes, and it will never be like making love with someone you love.

Let's cut to the chase: an implausible, amoral, character disordered nationalist is now President of the United States. But saying "he's not my President" is like saying "that's not my stop sign." For now, at least, we're still a democratic Republic, a nation of laws whose people are collectively responsible for how that Republic functions. Like it or not, we as a people are responsible for Donald Trump. And while he's not allowed to stand on my front porch because it's *my* porch, he has the right to stand on *our* White House's front porch – at least for the next four years.

It's time to hold not just others responsible, but ourselves too, for the future of our Republic. Although I'm a natural born American, I'm going to start by taking the U.S. Citizenship test to make sure I have at least baseline knowledge before spouting off. I challenge you to take it. And please challenge teachers, politicians, community leaders, and pastors to take it as well.

I'm also going to memorize the 1<sup>st</sup> Amendment: Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

Join me in being as organized and successful in defense of the 1<sup>st</sup> Amendment as 2<sup>nd</sup> Amendment advocates have been in protecting gun ownership rights. And give as much money as you can to organizations that protect those rights.

Kurt Vonnegut wrote, "A saint is a person who behaves decently in a shockingly indecent society." Be a saint. Act. Get involved. Don't go off the grid, change the grid.

Behave decently, and do everything you can to make America decent again.

# **INDEPENDENT Women's March**



Little Rock PHOTO BY JOHN RANKINE

Little Rock PHOTO BY JOHN RANKINE



Little Rock PHOTO BY JOHN RANKINE



Boston, Mass. PHOTO BY SOPHIA BOIAN



Bill King, Elaine Burks, Rae Hahn, Tom Burks in Little Rock PHOTO BY JOHN RANKINE



Boston, Mass. **PHOTO BY SOPHIA BOIAN** 



Boston, Mass. PHOTO BY SOPHIA BOIAN

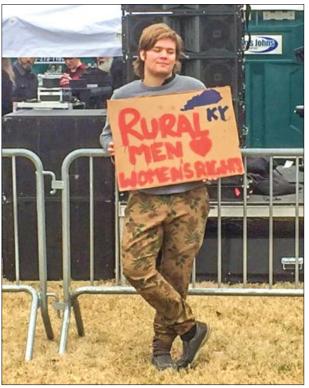
# **INDEPENDENT Women's March**



Boston, Mass. PHOTO BY SOPHIA BOIAN



Washington, D.C. **PHOTO SUBMITTED** 



Washington, D.C. **PHOTO SUBMITTED** 



Adam, Delphine, Emilia and Alder Boyette in Raleigh, N. Car.



Boston, Mass. PHOTO BY SOPHIA BOIAN



Boston, Mass. PHOTO BY SOPHIA BOIAN



Marine One taking Obamas to Andrews AFB. PHOTO SUBMITTED



Washington, D.C. **PHOTO SUBMITTED** 



Boston, Mass. PHOTO BY SOPHIA BOIAN

# A little help from our friends:

- · Good Shepherd Humane Society monthly board meetings are held the 4th Wednesday of each month at 1 p.m. at LeStick Nouveau Restaurant, 63 Spring St. All are welcome.
- Carroll County Domestic Violence Hotline: 1-844-247-3223 (844-24PEACE) is available 24/7. The Purple Flower Domestic Violence Resource and Support Center of Carroll County is open Tuesdays and Thursdays from 10 a.m. – 3 p.m. at 103 West Church St. in Berryville. (479) 981-1676. The Purple Flower will also have free and confidential Domestic Violence Empowerment Support Group on every 1st and 3rd Thursday of the Month at the Berryville Community Center from 6 - 7:30 p.m.
- 24-hour NWA Crisis Line for Women NWA Women's Shelter serving Carroll County - "Empowering families to live free of violence." (800) 775-9011 www.
- A Cup of Love Ministries offering free soup A Cup of Love Ministries provides soup lunches at Flint Street Fellowship on Mondays and Wednesdays from 10 a.m. - 1 p.m. (479) 363-4529.
- Flint Street Fellowship food pantry, lunch, free clothing Pantry open 10 a.m. -2 p.m. Mondays and Wednesdays. Free lunch Tuesdays and Thursdays, 10 a.m. -12:30 p.m. Free clothes/shoes closet, books and household items. (479) 253-9491 or 253-4945. Leave donations in barrel at entrance if facility is closed.
- Wildflowers one-dollar, furniture barn/thrift store US 62E across from Hill County Hardware. One-dollar store in the yellow building every Friday from 10 a.m. – 4 p.m. Thrift store, furniture bank in big blue barn behind the chapel open Wednesdays - Saturdays from 10:30 a.m. - 4 p.m. Donation drop offs Thursday - Saturday between 11 a.m. - 3 p.m. Healing and delivery outreach in chapel Saturdays at 7:30 p.m.
- Recorded Teachings and Meditation Monday Recorded Rinpocne teachings at 5:30 p.m. on Mondays followed by meditation at 6 p.m. Call Alece at (479) 244-6841 or Gary at (479) 2444-6840.
- Celebrate Recovery Soul Purpose Ministries, 801 S. Springfield, Green Forest, 6:30 p.m. each Wednesday. Potluck followed by 12-step Christ-centered meetings for those suffering from addiction, habit, hang-up or hurt.
- Grief Share, A Bible-based, 13-week program for those who have lost a loved one will begin on Sunday, Feb. 21 from 1 – 3 p.m. at Faith Bible Church, Suite C, 3 Parkeliff Drive, Holiday Island. Share with others experiencing similar circumstances in an informal, confidential setting. Call (479) 253-8925 or email lardellen@gmail.com.
- Overeaters Anonymous Thursdays, 10:30 a.m. Barbara (479) 244-0371 Narcotics Anonymous - Fridays, 5:30 p.m. (903) 278-5568. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn.
- Coffee Break Al-Anon Family Group Women Tuesdays, 9:45 a.m., Faith Christian Family Church, Hwy. 23S, (479) 981-1686. • Al-Anon Family Group (AFG) - Sundays, 11:30 a.m., Mondays and Tuesdays 7 p.m. • Eureka Springs Coffee Pot AA Groups Monday - Saturday 12:30 p.m.; Sunday 10 a.m.; Sunday - Thursday, Saturday, 5:30 p.m.; Tuesday and Friday, 8 p.m. (479) 253-7956 • Al-Anon Wednesday, 5:30 p.m. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn. All other meetings: See www.nwarkaa.org
- St. Vincent De Paul Thrift Store First Tuesdays provide assistance with medical help, utilities, clothing, emergency shelter, shoes, etc. Annual charity Christmas Gift & Food Program. Mon-Sat 10 a.m. - 4 p.m. 1844 Hwy. 62W Berryville.
- St. James' Community Suppers Held Sunday from 5 6:30 p.m. Meals provided by local restaurants and are free to all. St. James' Episcopal Church is located at 86 Prospect Avenue on the historic loop and meals are served in the undercroft.
- Support Group for those with Parkinson's and their caregivers, first Wednesday of each month, ECHO Community Room at 10 a.m. For questions email Sally at sarahg@arkansas.net or call (479) 9810-1587. Next meeting Dec. 7.

## **INDEPENDENT**

# **ConstablesOnPatrol**

#### January 16

10:36 a.m. – Large untethered, unmonitored dog harassed people walking their dogs in an area east of town. The information was passed along to Animal Control.

6:03 p.m. - Motorist was stopped for speeding and arrested for driving on a suspended license.

7:57 p.m. - Several people reported hearing gunshots in the north part of town. Constable could not determine where the noise came from.

10:18 p.m. - Constable checked on an alarm triggered at a business but found the building secure.

10:53 p.m. – Alarm company called ESPD about an alarm at a bank but soon canceled the call.

#### January 17

5:14 a.m. - Constable filed a report of a vehicle stolen in the western part of town. 6:52 a.m. – Constable checked on a report of a deer in the roadway on Hwy. 23 South. 6:59 a.m. – Alarm sounded at a business on US 62 just west of downtown. An employee on site assured the constable everything was okay.

7:37 a.m. – Manager of a business reported fraudulent use of a customer's account.

2:08 p.m. – Citizen flagged down a passing constable to report his vehicle had been stolen. During the report, the constable noticed a suspicious vehicle parked nearby and determined it was the one stolen from Holiday Island. He notified CCSO.

4:38 p.m. – There was a vehicle versus deer accident on US 62.

4:47 p.m. – Constable was called regarding a vehicle parked in the same spot for a

5:11 p.m. – Staff at a tourist lodging reported fraudulent use of a credit card.

5:19 p.m. - There was another vehicle versus deer accident on US 62.

7:48 p.m. – There was a report of a possibly intoxicated driver headed toward town, and a constable waited for the vehicle.

8:39 p.m. - Because of reports of suspicious activities in a neighborhood in the western part of town, constables made extra patrols in the area.

#### January 18

5:22 a.m. - Constable searched for a suspicious individual walking along US 62 but did not encounter him.

1:23 p.m. – Constable initiated a traffic stop on an erratic driver.

2:36 p.m. – Three people were panhandling at a gas station. Constable told them to stop it.

5:53 p.m. – Two infants were in a vehicle in a parking lot and the constable tried to find someone responsible for them.

7:58 p.m. – Constable performed a welfare check on a person and found her doing

#### January 19

5:41 a.m. - Resident told ESPD said he saw on a security camera feed of someone inside his house. The person in the home told the responding constable he was a friend and was supposed to be there.

7:26 a.m. - There was a two-vehicle accident on US 62 in the commercial area. No injuries.

6:08 p.m. – Constable checked out a report of a female causing a disturbance.

8:38 p.m. – Alarm at a bank was triggered but the call was canceled while constables were en route.

11:08 p.m. – Concerned neighbor reported lights on and a door possibly ajar at a home where no one should have been. Constable discovered the light was for the dogs and the door was slightly open because it was broken. Constable found the house secure.

#### January 20

12:45 a.m. - Worried husband who was traveling had not heard from his wife in a few days and asked for a welfare check on her. Constable found her doing well, and she said she would call her husband.

3:05 a.m. - Resident near downtown told ESPD said her dog was continuously barking and she suspected someone might be on her porch. Constable searched the area and found nothing suspicious.

4:41 p.m. – Constables went to the scene of someone reportedly breaking into a residence and assaulting a female.

5:41 p.m. – Report came in about kids near downtown shooting BB guns.

6:56 p.m. - Constable responded to a report of custodian interference.

7:55 p.m. - A male subject at a motel had threatened suicide and a constable went to check on him.

#### January 21

10:13 a.m. - Driver backed into another vehicle in a parking lot.

11:37 a.m. - Motorist in a parking lot drove over the curb and into items in front of a building.

1:42 p.m. – Someone stole a gnome near downtown.

4:50 p.m. – Individual led a constable to the location of a suspicious person.

4:52 p.m. - Constable filed a report on fraudulent use of a credit card.

**CONSTABLES** continued on page 17

# Fairytale complex expanding

#### **BECKY GILLETTE**

In some cultures, there is no greater complement than to affect someone so emotionally that you move them to tears. And that is a common reaction to visitors touring the whimsical, one-of-a kind home created on by artists J.D. and Cathy Harris on Hwy. 23, about four miles north of Eureka Springs.

"It is amazing the number of people who cry when they see the house," Cathy said.

The 2,000 sq.-ft. home was designed to look as if it were an island in the middle of the ocean. The roofline is in waves, there is a shower that mimics being underwater and you can see the bottom of a boat on the ceiling of the living room. Upstairs, the boat is a bed.

The compound is difficult to describe, certainly unlike anything else you are likely to find on a normal day trip. The kids on the school bus probably have nailed it best, as they refer to it as "the Dr. Seuss house."

The home is just one of a number of buildings at the Harris Art Garden & Gallery that aren't just structures, but works of art. Nothing is square, roofs are canted at unusual angles, and throughout you will find the metal sculpture work of J.D. and the stained glass and beaded jewelry art of Cathy.

There is a studio/gallery close to the road, and the house is in the middle of a cluster of buildings. Other buildings include a greenhouse now being used as carport, an enclosed storage building with carport, a playhouse, a guesthouse and a big red barn. That was originally intended as a structure to house their head-turning, one-of-a-kind metal boat.

"But JD liked the red barn space so well we decided to make that into a studio for him," Cathy said. "So we are just waiting until spring to pour a slab, finish the rest of it, and move all his equipment over there."

The couple used to live on North Main across from the Art Colony in Eureka Springs that they started in 2006. They moved out to Hwy. 23 about eight years ago, living the first three and a half years in a 24-ft. fifth wheel trailer while working on the buildings. They originally envisioned building affordable housing on ten acres. But other buildings came out of J.D.'s imagination, so it has now turned into an art compound.

"It is wonderful," Cathy said. "This is our island, and we want to feel like we are on vacation every day. Everything around us is fun."

The newest structure, the red barn, has a lighthouse on top of it. It adds to the marine feel of the property. The kid's playhouse next to it has large rope ladder going up to the doorway, again fitting in with the nautical feel of the place.

The compound aligns with their love of the environment. Many materials have been recycled or reused. Trees used as posts were harvested either from the property or nearby. Cathy likes to cook, and

her pantry includes storage made from old school lockers. All the windows were repurposed having been purchased from the Habitat For Humanity store.

Views from the home were also crafted for maximum enjoyment. From the hanging chairs in front of a pot-bellied stove, they can see the sun rise in the morning and set in the evening.

Sometimes projects change from what might initially have been conceived on the drawing board. But J.D. gives a guarantee: If he builds something for you that you don't like, you don't have to buy it.

Looking at all the art and buildings, you would think this couple never does anything but work. But they say that while they work a lot, they take a couple days off each week and make time to play. The only time he ever sketches plans out is if someone else needs to see them. Cathy helps during construction by running the backhoe. She also does painting, trim and decorating of the buildings.

J.D. has no shortage of projects planned.

"He has so much in his head, there would never be enough time to get it all done." Cathy said. "In the past couple of months he decided he wanted to create bigger sculptures. So he built himself a doublesided power hammer and coal forge. We have been married twenty-six years, and I have seen J.D.'s work evolve a lot. He has given himself more freedom. His skills have evolved. He doesn't work on anything that doesn't make him feel good. And it just keeps branching out. He is always learning something. The year before last he made a mutant vehicle for a man from Kansas City to take to the Burning Man event in Nevada. There were thousands of art vehicles out there. And a picture of our vehicle made the Burning Man calendar this year. That's one of the things he is most proud of."

J.D.'s current projects include ten-foot-tall sculptures of a trout, a bass and fisherman being considered as public art for the City of Cassville, Mo. He's also working on an eight-foot-wide turtle being ridden by a little girl with pigtails. A smaller project is leaf-shaped outdoor fireplace being built for a friend.

Cathy used to do a lot of stained glass, but now concentrates of a new form of art she created that she calls house jewelry. She started by weaving and beading her grandmother's crystal bead necklace.

"I call it house jewelry because I use jewelry quality crystals for this artwork that hangs in the window," Cathy said. "J.D. makes frames for me. I have jellyfish and other designs that I sell. I do some custom work where ladies bring family crystals that no one uses anymore and make it into crystal art for them."

There is tremendous creativity in everything this couple touches. But they don't consider what they do "work."

"It's all about having fun in life," Cathy said. "We're going to have the most fun we can have."







# Chinese New Year of the Fire Rooster

riday, January 27 is the new moon, at 8 degrees Aquarius. The next day, Saturday, Chinese New Year begins. Chinese New Year always follows a new moon. This year is the Chinese new year of the Rooster. There are five types of roosters (wood, fire, earth, gold & water), each with their various characteristics.

2017 is the year of the Fire Rooster – with the characteristics of trustworthiness, timekeeping and responsibility. Let's think about roosters. They crow a lot, especially at dawn. They're active, they strut around,

tail plumes aflutter. They're amusing, seemingly vain & boastful. Roosters think their crowing makes the sun come up! And so they brag about their accomplishments. Roosters are sensitive and can be quite moody at times. They're healthy, don't often become ill, love sports.

As the most motivated of the Chinese animals, they're talented and hard working. 2017 is a "work hard" year, a year of saving money and of creative leadership. It is a year of following rules, tending to family and health. It's a good year for marriage. The night before the start of the new year, there is a "reunion dinner,"

a gathering of many generations within a family. This dinner is considered the most important dinner of the year.

Houses, buildings & streets are decorated for the new year with the auspicious color red. Streets are hung with red lanterns, doors have red couplets, banks and official buildings depict images of prosperity. Firecrackers and roosters (red rooster dolls, paintings, etc.) are everywhere! It's a happy celebration! Chinese New Year celebrations last two weeks, culminating at the full moon Lantern Festival.

**ARIES:** The key thoughts for Aries this year, in order to feel victorious in the midst of transformations in the world are: quality, devotion, courage, Right Relations, group endeavors and being directed by spiritual values that equalize everyone. Take seriously Buddha's words. He prepared the Way for his Brother. Go through everything from the past. Eliminate most. Keep treasures. Take long trips up mountains.

**TAURUS:** A new artistic ability has emerged much to your surprise, though you have longed for this since childhood. Make contact, a sort of networking on spiritual levels, with different people this year. Telling the truth concerning goals, purposes,

the need for resources and resourceful people calls them forth quietly. Continue on your many paths. You have extra-planetary help. Pure foods and the circadian rhythm alleviate what hurts.

**GEMINI:** Do you know what your future goals are? Sometimes neither Gemini nor Pisces can bring them into form and matter. We have goals but they remain hidden, etheric and remain in a visionary stage. This is a year of spiritual principles brought into outer practice. You find the Aquarian principles sustain and create health and vitality. You'll ask for no boundaries, thinking nothing is impossible. However, discipline is needed and this is a paradox.

**CANCER:** Whenever you find yourself in a group, observe that you have become quite able at accomplishing multiple tasks. When seeking help and support, along it comes attempting to serve you. It's important

to live life as a cooperative participant. As routines disappear, imagination becomes a source of direction. Maintain daily disciplines for health and well being. You need strength for the future.

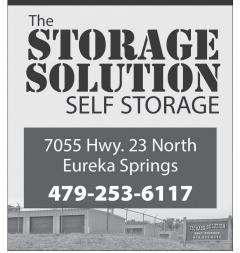
**LEO:** Work responsibilities expand. At times you may feel overwhelmed, other times you're glad for the recognition and reliability of work. Sometimes you're to be the leader. Leadership helps you focus on what the gifts and skills you have developed. Now they're needed by the group. This is the Leo/Aquarius partnership, yin/yang. Actually you're the yang. Be fun-filled for the festivities.

**VIRGO:** It's good to assess all the good acts of service you have done for others. These are your deeply personal and creative achievements. Stay within these boundaries of

OF THE OZARKS RADIO

o-li-o (ō-lē-ō), n., 1. a dish of many ingredients.
2. hodgepodge. 3. a medley or potpourri.

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goodness lest you feel emotionally exhausted and out of balance. The focus for you is self-identity, expansive trips and travel that sustain your spirit. Work and family are most important. Protect them.

**LIBRA:** You have shown discipline and structure these last years and they have helped create your self-identity as responsible and successful. Childhood may have felt difficult, harsh and cold, with either abandonment or strictness you didn't understand. However, childhood was a training ground that has taken you into the fields of humanitarian

service, assisting humanity always and everywhere. New resources emerge from the shadows. Someone misses you.

**SCORPIO:** What personal decisions have you made recently from listening to your inner voice and instincts? Do you find them reliable and do they protect you? Notice I didn't use the word intuition. Because very few of us have evolved enough into intuition. We must be directed by the Soul and have built all seven levels of our mind to enter intuition. Another name for intuition is the Rain Cloud of Knowable Things. That door is opening.

SAGITTARIUS: Wishes are powerful. One day they manifest. Usually when our wish has dissipated and we're wishing for something else altogether. What have you wished for? What has come true? What are you wishing for now? If our wishes are deep

enough we can't reverse their manifesting in our lives. Most of our wishes are good things. I wish for you Right Resources and Right Use of Money. Love, too, of course

**CAPRICORN:** In the next months there are two important things to consider. You are to apply more of yourself to creative pursuits, bringing beauty out of everything. You are also to organize your money and finances. If young ones are around teach them about values and finance: how to save, how to give, how to choose things of value, how to care for themselves and having gratitude. All Capricorns are experiencing deep transformations, like inner earthquakes. You are the unicorn on the mountaintop.

**AQUARIUS:** You will feel in the coming months the need for a more stable home that sustains, comforts and protects. You seek a future that enables you to feel both security and freedom. Each day prepare for that future through visualization. Visualize how you want to live, where, with whom. Visualization is your deepest creative resource. What we deeply aspire to appears eventually. Soon you will seek a new direction and bring forth new endeavors. You've already begun. Have fun now.

**PISCES:** Chiron is in Pisces and Neptune, too. Both make one very sensitive to the needs of the world. Sensitive to the abandoned, the unseen, the hungry, the homeless and the isolation many of us live in today. Chiron's sensitivity makes you want to serve others. Your mind seeks ways to create an alternative way of life, a template of care for everyone. You seek resources. Ask for them. This is a spiritual journey. A journey of White Magic.

Risa — writer, teacher, mentor, counselor, astrologer, esotericist. Founder & Director — the Esoteric & Astrological Studies & Research Institute, a contemporary Wisdom School in the Ancient Mysteries tradition Email: risagoodwill@gmail.com Web: www. nightlightnews.org/ Facebook: Risa D'Angeles Note: FB posts are now available on NLN under Daily Studies.

#### **AIRPORT** continued from page 4

money would not be available until at least May. He will prepare the grant application before the next meeting.

Pilot Harper Goodwin commented, "You would have a real jewel if it had a door on it."

#### And need a fence

Commissioner Morris Pate reported he had been at the airport one morning eating breakfast when he saw two males dressed in dark clothes running across the west end of the airport property. He said they took off when they noticed he had seen them, and he reported the trespassing to the sheriff's office, then went looking for the interlopers. A deputy took a report.

Pate asked what the commission

could do to secure the perimeter. Clinton replied CCA might need 4000 feet of fencing, and a federal grant would require a light on top of every fence pole. He said the state might fund the project piecemeal. but each grant would require a match.

Pfeifer mentioned there was evidence someone had tried to pry open a door of a building on the south part of the property.

Pate remarked they cannot control the deer or turkeys getting onto the property and now, apparently, people, and the situation could present a hazard to planes landing or taking off. He suggested they continue getting more information about fencing.

Next meeting will be Friday, Feb. 17, at 12 p.m. at CCA.

### Mardi Gras schedule

- Umbrella Decorating at New Delhi and Feb. 8 at 5:30 p.m. at Eureka Live
- Feb. 4 from 1 3 p.m. Taste of N'Awlins at the Grand Central Hotel and Taverne
  - Feb. 16 6 p.m. ArtiGras Palette to Palate at The Basin Park Hotel
  - Feb. 17 6 p.m. Coronation Ball at the Crescent Hotel Crystal Ballroom
- Feb. 18 6 p.m. Eureka Gras Night Parade "Light and Sound Parade" will roll through downtown on Spring and Main Street.
- Feb. 18 7 p.m. Black Light Ball will be at Event Eureka (above the Grotto)
- Feb. 24 6 p.m. Jokers Masquerade Ball at the Inn of the Ozark Convention
  - Feb. 25 2 p.m. Eureka Gras Day Parade
  - Feb. 25 6 p.m. Mayor's Ball at the Basin Park Hotel
  - Feb. 26 11:30 a.m. Jazz Brunch at Crescent Hotel Bring your Umbrellas
  - Feb. 28 6 p.m. St. Liz Cajun King Cake Ball at St. Elizabeth Parish Hall

Learn more at EurekaSpringsMardiGras.org.

# **DININGOUT** in our cool little town

Area restaurants are ready for you. EAT OUT OFTEN. Take a break and enjoy a good meal.











#### OPEN

Sat., Feb. 11 • Benefit for Clear Spring School Krewe du Kork Dinner

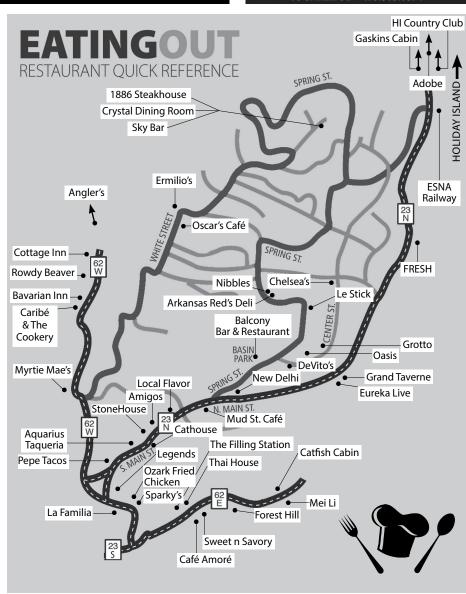
**Valentine's Day Dinner** 

Tues., Feb. 14 • 5-8 p.m.

See website for menu Hwy 62 West • Eureka Springs • 479-253-5282



HWY 62 E. ONE BLOCK EAST FROM E.S. VISITOR CENTER

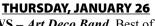


## Mountain Sprout plucks a party at Chelsea's Friday, The Pool Boys splash into Cathouse Saturday

ocal favorites Mountain Sprout return to Chelsea's Friday night with songs about beer, buzzards, the government, and Arkansas. Saturday, The Pool Boys bring their wet sounds to Cathouse lounge to remind us aquatic maintenance goes great with rock and roll.



Mountain Sprout plays Chelsea's Friday, Jan 27



BREWS - Art Deco Band, Best of music from 1900 - 1960s, 6 p.m.

CARIBE – Eureka Springs Anti-Pipeline Benefit Show featuring Los Roscoes, Sage Ahava, Rochelle Bradshaw and *Hypnotion*, Americana, 6-9 p.m.

**CATHOUSE LOUNGE – George** Brothers, Rock, 6 p.m.

EUREKA LIVE! – Green Screen Karaoke, 9 p.m.

**GRAND TAVERNE** – *Jerry Yester*, Singer/Songwriter, 6:30 p.m.

LEGENDS SALOON - Another Turn, Rock, 9 p.m.

#### **FRIDAY, JANUARY 27**

BREWS - Buffalo Gals, Americana,

CATHOUSE LOUNGE - Jesse Dean, Rock, 8 – 11 p.m.

CHELSEA'S - Mountain Sprout, Americana, 9 p.m.

EUREKA LIVE! - DJ and Dancing, 9

GRAND TAVERNE - Arkansas Red,



Guitar Dinner Music, 6:30 p.m.

LEGENDS SALOON - DJ Karaoke with Stan, 8 p.m.

ROWDY BEAVER - 2 Dog 2 Karaoke,

**ROWDY BEAVER DEN – Terri and** Brett, Rock, 8 p.m.

#### **SATURDAY, JANUARY 28**

BREWS - Reeves Brothers, Americana, 6 - 9 p.m.

**CATHOUSE LOUNGE – The Pool Boys**, Rock, 8 – 11 p.m.

CHELSEA'S – Jeff Fox Band, Rock, 9

EUREKA LIVE! - DJ & Dancing, 9

**GRAND TAVERNE** – *Jerry Yester*, Singer/Songwriter, 6:30 p.m.

**LEGENDS SALOON - Some Other** Band, Rock, 9 p.m.

LE STICK – Pete Maiella, Singer/ Songwriter, 7 p.m.

ROWDY BEAVER - Terri and the Executives, Rock, 7 p.m.

**ROWDY BEAVER DEN – Terri and** Brett, Rock, 12 - 4 p.m., Blew Reed and the Flatheads, Rock, 8 p.m.

#### **SUNDAY, JANUARY 29**

BREWS - Trivia Night, 6 p.m. EUREKA LIVE! - Green Screen Karaoke, 7 p.m.

**ROWDY BEAVER DEN – Terri and** *Brett*, Rock, 12 – 4 p.m.

#### **MONDAY, JANUARY 30**

CHELSEA'S – Sprungbilly, Bluegrass,

#### **TUESDAY, JANUARY 31**

CATHOUSE LOUNGE - Los Roscoes, Blues, 5 p.m.

CHELSEA'S - Open Mic, 9 p.m. **INDY SOUL** continued on next page





Wed. & Thurs. 5-close • Fri.-Sun. 11-close

Happy Hour 5-8 Wed.-Fri.



# DROPPINGA Line by Robert Johnson



rell, the weather has been good to us another week. We about made it through December and January without spinning a tire. These 60°days make the fish want to play and the wind from the south puts the bait in their mouths.

So these warm days and the sun making the days longer will be putting more fishermen in the water as fish are all starting to want to spawn.

We're running our special 'til the end of the month, then for some reason the phone starts ringing and by March I should not have a problem getting those pictures again of some fresh caught fish. In the meantime, just beautiful sky and water will have to entice you to drop a worm.

Right now the best time to fish for all species is to go out on one of these days after that south wind blows in the warm air. I like after it settles before the next cold front comes in on the north wind. Then grab that pole and go.

Well, I'm having a sale today so better go. You know, those headache online garage sales just go crazy when you least expect it.

#### **CONSTABLES** continued from page 12

9:21 p.m. - Traffic stop resulted in the arrest of an individual for possession of a controlled substance and possession of drug paraphernalia.

9:54 p.m. – Another traffic stop resulted in the arrest of the driver for DWI, refusing to submit and driving left of center.

10:16 p.m. – Caller spoke with a constable about a suspicious letter.

#### January 22

2:04 a.m. - Musicians playing music downtown were disturbing guests at a nearby hotel. Constable asked them to take a break until the morning light.

2:07 a.m. - Traffic stop resulted in the arrest of the driver for driving left of center and DWI.

#### **INDY SOUL** continued from previous page

#### **WEDNESDAY, FEBRUARY 1**

CATHOUSE - Jimmy Wayne Garrett, Singer/Songwriter, 6 p.m.

EUREKA LIVE! - DJ and Dancing, 9

LEGENDS SALOON - Some Other Band, Rock, 9 p.m.

3:03 a.m. – Clerk at a business became ill, and the constable stood by until another employee could take over. EMS checked out the ill clerk.

8:42 a.m. - There was a tenant and landlord dispute which prompted a visit from a constable. Everything was resolved.

10:45 a.m. – Apartment dweller requested a welfare check on a neighbor who had been yelling since early morning. Responding constable learned the neighbor had been having an anxiety

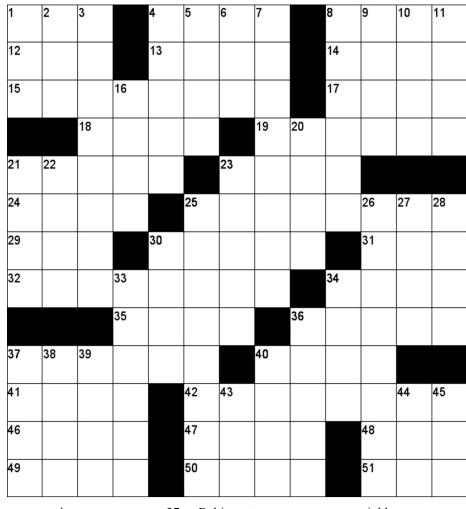
5:55 p.m. – A customer would not leave a downtown establishment. Constables went to the scene and got her a taxi.

9:19 p.m. – A male customer threatened the bartender at a downtown bar. A constable arrested the individual for public intoxication and resisting arrest.

11:14 p.m. - Person told ESPD he was supposed to go to a local tourist lodging and pick up his cousin. When he arrived, the cousin's boyfriend would not let him speak to her. He requested a welfare check, and the responding constable found she was okay.

## **INDEPENDENT Crossword**

by Mike Boian with extensive help from his wife, Ann



#### Across

- 1. Method, style
- 4. Single time
- 8. Church area
- 12. Diamonds, to some 13. First homicide
- perpetrator
- 14. Catherine -Jones
- 15. Roundworm
- 17. Some extracted minerals
- 18. Special times in history
- 19. Once in a lifetime thing
- 21. Wolf, jackal or fox
- 23. Fairy tale baddie
- Capital of Western Samoa
- 25. In a manner of the clergy
- Soak in water
- 30. Outdoors commercial space
- Fish eggs
- 32. Feel loathing for
- 34. Tease
- 35. Top notch
- Old Finnish money 36.

- 37. Baltic port
- Water expanses
- Anatomical wrinkle or fold
- Discontinue 42. temporarily
- Surrounded by
- Non-alcoholic beer, in slang
- Humphrey's High Sierra co-star
- Magical power
- Polished stones 50.
- Simple toy

#### DOWN

- Achieve victory 1.
- 2. High/low card
- 3. Inhabitant of Aden
- 4. Group of eight
- Byzantine church 5. nave
- Branch of British 6. police, for short
- Activate
- Portuguese islands in N. Atlantic
- 9. Start for scope or

- winkle Leave it in, to a
- proofreader
- 11. Simple
- Operatic solo 16.
- Region
- Type of donated package
- Peak
- Speak vigorously 23.
- Boat flooring 25.
- 26. Send
- 27. Pork cut
- 28. Abominable Snowman
- 30. Affirmative reasons
- 33. Dry Ginger Ale
- 34. Tote a heavy load
- Members of a jury
- One thousandth of a
- kilo
- Lower House, under 38. Nicholas II
- Opposed to, to Li'l Abner
- Cell type
- 43. Born
- Life changing words
- Beer dispenser

# **INDEPENDENT Classifieds Material**

The INDEPENDENT Classifieds cost \$8 for 20 words, each additional word is 25¢. **DEADLINE - Monday at noon** To place a classified, email Classifieds.Indie@gmail.com or call 479.253.6101

#### **ANNOUNCEMENTS**

FLORA **ROJA COMMUNITY** ACUPUNCTURE & APOTHECARY - providing affordable healthcare for the whole community. Sliding scale fee. \$15-\$35 per treatment, with an additional \$15 paperwork fee the first visit only. You decide what you can afford to pay! Francesca Garcia Giri, L.Ac. (479) 253-4968, 119 Wall Street. www. florarojaacupuncture.com

EUREKA SPRINGS **FARMERS'** MARKET Open Thursdays, 9 a.m.noon. Vegetables and fruits, cheese, meat, eggs, honey and so much more. Come for the food, music and to be with your friends. Catch us on Facebook.

Local - Sourdough - Organic

#### IVAN'S ART BREAD

Farmers' Market Thursday 9-12 Sourdough Breakfast Bagels, Bialys, English, Crumpets Round Euro Rye Request line: (479) 244-7112

#### It's A Mystery BookStore

the gently-used book store featuring vintage, modern & classic reads on the Berryville Sq. www.itsmystery.net.

#### FIRE OM EARTH RETREAT **CENTER**

www.fireomearth.com 479-244-6273 Flutes, Drums, Ocarinas, Pottery. Call for studio hours, Classes, Trails, Nursery, Workshops, TaiChi, Yoga, Bellydance

#### **PERSONALS**

Dear parents,

Lot's o'woods to clean. Lot's o'rocks to relocate. Can't wait for you to come back!

HKP - Any word on the elf and the strange woman? They've probably already fled the state... or pehaps they are merely hiding under the house. Keep them on your side of the big river.

#### **GARAGE SALE**

EVERY SATURDAY 9 A.M.-4 P.M., Holiday Island Shopping Center behind gas station.

#### **HELP WANTED**

NOW HIRING PREP AND LINE COOKS. Apply in person at Pied Piper/ Cathouse, 82 Armstrong.

NOW ACCEPTING APPLICATIONS for experienced kitchen staff. Please apply in person. Rocking Pig Saloon.

PHARMACY TECHNICIAN - Full or part-time. Call (479) 253-9751.

ROWDY BEAVER HIRING COOKS. \$10-\$13/hr. Start immediately. Apply at 417 W. Van Buren.

#### FULL-TIME LINE COOK AT ERMILIO'S

Apply in person Thursday through Sunday between 2-4 p.m.

### **REAL ESTATE**

#### **HOMES FOR SALE**

CUSTOM BUILT HOME FOR **SALE.** Three bedrooms, office, beautiful kitchen, great room, vaulted ceilings, well insulated, passive solar, radiant heat, two Jacuzzis, steam sauna, two car garage, large deck, on 15 acres ten minutes south of Eureka, expansive views in winter, \$325,000. (479) 981-0382.

#### NEW **CONSTRUCTION**

exceptional homes overlooking historic downtown. Low maintenance, beautiful porches, hardwood floors, central VAC. (479) 253-2383 or (479) 253-7874

BEAUTIFUL 3-BEDROOM, 3 BATH, BUILT 2008. On golf course, amenities include swimming pool, unlimited golf, bar, fishing ponds, river access. (501) 238-2685

> To place a classified, email Classifieds.Indie@gmail.com or call 479.253.6101

#### LAND FOR SALE

2 PARCELS - 43 ACRES AND 53 ACRES. Partially cleared. Both border County Road 207. 5 miles from Eureka Springs city limits. High elevation, very good vistas. Paved frontage and electric. (479) 650-1012.

### **RENTAL PROPERTIES APARTMENTS FOR RENT**

HOLIDAY ISLAND VILLAS & TOWNHOUSES near lake and marina. Peaceful and quiet, ample parking. From \$400/mo. (479) 253-4385

SHARE BIG BEAUTIFUL HOUSE -Ten minutes south of Eureka in country setting. \$400/mo. & electric. (479) 981-6049

THREE STUDIO APARTMENTS, Passion Play Rd., electric, water, trash, cable, gas paid. \$450 or \$500 for furnished. Amenities include pool, basketball court, BBO pavilion, discounted gym membership and two minutes from downtown. Contact Christina (479) 253-5071.

**IMMACULATE** LARGE 2 BEDROOM, 1 BATH, with bonus 10x20' storage room. Private entrance, laundry hookups. \$650/month, \$100 towards utilities/WiFi. (720) 212-8495.

#### COMMERCIAL FOR LEASE

1,000 SQ. FT. - 99 SPRING. Studio/ workshop next to post office. Mountain Street access. (479) 244-5100, (479) 253-4314.

CAFE OR RETAIL BUSINESS with deck overlooking creek on North Main. Beautiful location! All utilities paid but electric. (479) 981-9811

CHARMING, REASONABLE DOWNTOWN SHOP SPACE ON SPRING. 340 sq. ft. Great for an office, too. Call (479) 253 9481 or email dan@ twilight.arcoxmail.com

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**DOWNTOWN FURNISHED RENTALS** - 2 studios & 2 BR home. Short & long term. NO PETS/SMOKING. \$595-\$1195 includes utilities. (479) 981-2507

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Rotary Student of December recognized – Haley Milawski, a senior at Eureka Springs High School, has been named Eureka Springs Rotary Student of the Month for December 2016. She has received the Yearbook Award for 2016, is captain of the softball team and has played Highlander basketball for 5 years. She is a member of Future Business Leaders of America and DECA and is the current yearbook editor.

### Quiet meditation and discussion at Heart of Many Ways

The Eureka Springs Buddhist Study Group will gather for 30 minutes of meditation followed by reading and discussion on Thursday, Jan. 26 at 4 p.m. at Heart of Many Ways, 68 Mountain St. All are welcome

### Knowing who you are at Metafizzies

Springs Metaphysical Society will feature a program presented by local Jon Haydn to a beautiful way to know

The Jan. 30 meeting of the Eureka yourself from within. The meeting will begin at 7 p.m. at Heart of Many Ways, 68 Mountain Street. All are welcome.

## Multiple alerts from CBCO

The Community Blood Center of the Ozarks has issued a Code Red Alert for O Positive and Negative blood types and a Code Yellow Alert for B Negative and A Positive blood types. There will be a blood drive at the Inn of the Ozarks on Tuesday, Jan. 31 from 1 - 6 p.m.

Each donation will be awarded LifePoints as part of CBCO's donor rewards program. LifePoints may be redeemed online for a variety of gift cards or points may be assigned to other meaningful causes or charities.

To be eligible to give blood you must weigh at least 110 pounds, be in good health, and present a valid photo ID. For more information about sharing your good health with others or the LifePoints donor rewards program may be found at www. cbco.org or call toll-free (800) 280-5337.

### King Cake Ball plans announced

The St. Elizabeth Catholic Church will hold their 2017 St. 'Lizbeth King Cake Ball and Cajun Dinner on Fat Tuesday, Feb. 28. The event will be held at the St. Elizabeth Parish Hall at 232 Passion Play Road with festivities beginning at 5:30 p.m. with the opening of Gloria's Fresh Oyster Bar and cocktail bar.

Homemade boudin balls will be served

starting at 6 p.m. and Naturally Brass will return for their 8th consecutive year starting at 6:45 p.m. Dress for the event is semiformal/formal/costume and the glitzier the better.

Get your tickets early as the ball sells out every year. Tickets are \$40 per person and can be obtained by calling Rod at (479) 253-8864 or (479) 253-4503.

### 1 Billion Rising event in Eureka Springs

Join on Feb. 12 at the Main Stage Creative Community Center, 67 N. Main for a 1 Billion Rising even from 1:30 – 4 p.m. Join for music, speakers, dance and drumming and rise in solidarity against the exploitation of women.

One Billion Rising first began in 2013 with the struggle against sexual and physical violence.

# **EXPLORING the fine art of ROMANCE...** by Leslie Meeker

My wife has mentioned sensual massage as one way to spice up our sex life. I don't know the first thing about massage. I've never even had one. Can you offer some pointers to get me headed in the right direction?

Tirst, get a massage! If you're hesitant about being naked while under the soothing touches of a total stranger, you're definitely not alone. The capacity to be vulnerable, relatively non-participatory and receive pleasure is a challenge for many, whether in a professional or personal setting.

While it is an intimate experience, a professional massage is intended to relieve pain and provide healing. A sensual massage may have the same benefits but the intent is to build emotional, physical and erotic intimacy between partners. Turning up the heat between the sheets is guaranteed.

> Experiencing professional

massage yourself will give you the basic information and structure you'll need to begin your foray into sensual massage with your wife. You'll learn that ambiance is everything. Focusing the senses of sight, sound and smell determines the experience.

To pique sensuality through smell, essential oils or fragrant candles will do the trick. The options are endless but for simplicity's sake, if you're going for soothing, try lavender. If you'd rather entice, consider jasmine, well known for its aphrodisiac qualities.

For sound, soothing, seductive music without lyrics works best. Words keep us connected to our cognition, distracting us from physical and erotic sensations.

Low lighting or candlelight serves to dim visual perception. During a sensual massage, blindfolding provides even greater benefits. Eliminating sight ignites anticipation and forces more focus on sensations of touch.

Restricting movement along with sight can throttle an extra thrill. Developed a decade ago by a professional massage therapist and dominatrix, the practice of Bondassage is a sensation play of yet another sort.

Always consensual and pleasurefocused, the element of bondage creates a perceived loss of control and a definitive invitation to surrender, further amplifying arousal. Fascinating as it is, Bondasssage far exceeds the feng shui of this familyfriendly format. A simple web search will inform you.

The most important rule of all: Avoid going for the goodies right off the bat. Then avoid doing so again. If the begging has not begun, the time for direct stimulation has yet to come.

Ouestions? Email leslie@esindependent. com. Leslie Meeker, M.A., L.P.C., is a psychotherapist who has specialized in relational and sex therapy, sexual

compulsivity and sexual trauma for the past 18 years, after receiving extensive training in human sexuality at the Masters and



Johnson Institute in St. Louis, Mo.

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