



**Put on a happy face** – There were both fine and fun arts at the ESSA Art Show and Sale last weekend, as shown by this little village of happy faces from The Whimsical Jar. Each is individually made of polymer clay and no two are alike. They brighten everything from wine bottles to apothecary jars and just make you want to smile. See more from the Art Show on pages 15 – 16.

PHOTO BY CD WHITE

## CBWD postpones start of fluoride feed buildings

NICKY BOYETTE

The Carroll-Boone Water District board of directors convened a special meeting Nov. 18 to consider bids for construction of two fluoride delivery buildings at the Freeman-Raney facility overlooking Beaver Lake. This project is in response to the 2011 Arkansas law requiring all public water systems providing water for at least 5000 people be fluoridated. The law trumps protests of many Carroll County citizens, including plant operators. Voters in Eureka Springs have twice voted against adding fluoride to the water supply.

Brad Hammond of McGoodwin Williams & Yates (MWY), engineering and consultant firm based in Fayetteville, presented the seven bids he had received, and only one was below \$1,000,000, a bid of \$894,000 from L.E. Davis Construction of Harrison. However, the project is being paid for by a grant from the Delta Dental Foundation for \$763,000. Hammond said he had received a positive verbal commitment from a Delta Dental representative that the grant amount could be increased, and the grant deadline of October 31, 2014, for facilities to be completed and operational, could be extended. Hammond reiterated

**FLUORIDE** continued on page 21

### This Week's INDEPENDENT Thinker



PHOTO CREDIT: TATSU IKEDA

Noam Chomsky, who called himself “a fairly traditional anarchist,” turns 84 Saturday. As a professor at MIT, he revolutionized the study of linguistics. He has been a controversial political observer, being outspoken against U.S. involvement in Vietnam.

Chomsky is a strong proponent of free speech and human rights. He believes actions of the United States, which he called “a leading terrorist state,” have precipitated terrorist acts throughout the world.

His scholarship has received worldwide tributes. REM once invited him to tour with them and open each concert with a lecture, and this year a newly discovered species of leafcutter bee was named after him. See where independent thinking will get you?

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## Slip sliding away.



## Bawcom retires early; QC wants seamless transition

NICKY BOYETTE

The Quorum Court Budget Committee met early Monday morning to figure out how to fold the 911 mapping department into one temporary full-time position in the Assessor's office. The committee had recommended defunding the mapping department as part of its proposed 2014 budget, and the Quorum Court voted to approve the budget.

Justices of the Peace left the Nov. 23 meeting with the idea that Candy Bawcom, 911 mapping coordinator, would be retiring toward the end of 2014, but she would help transition her duties over to the office of Tax Assessor Jo Ann Harris during the first half of the year. However, the JPs learned Monday morning Bawcom had filed her papers for resigning since the Quorum Court meeting and will be retiring at the end of this month.

Cindy Collins, County Treasurer, said the last payroll period for the year would end Friday, Dec. 27, and therefore that would be the last day the county has funds to pay Bawcom.

JP Ron Flake, who chaired the meeting, said because of the new information, the budgeting part of this transition needed no more attention. Harris, however, pointed out her office will need to train someone quickly, and at some point during the first half of the year she will need another full-time entry-level position in her office.

JP John Howerton acknowledged Harris needs another position not only for handling the mapping duties, but for cross-training within the office anyway.

JP Jack Deaton, who is also the Chief of the Holiday Island Fire Department,

said sheriff's dispatchers will be first to know if something is not right with the transition of 911 mapping because the mapping office makes sure what pops up on a 911 screen is as accurate as possible, and there are changes in the system constantly.

Howerton commented the court would depend on Harris to tell them what she needs. "We want the transition to be as seamless as possible."

Flake then said big issues loom on the budgeting horizon, and thinks the budget committee should continue to meet at least monthly next year. He cited upcoming discussions about the four libraries in the county. He said the court also needs to address funding of the county airport. He thought the Airport Commission might be "unrealistic in their expectations," but realizes the court needs to consider maybe a different funding strategy because there is not much else it can do now. Another budget concern will be the growing expense of health insurance for county employees.

Flake was worried next year's budget wrangling might be even worse, "and we didn't make any friends this year."

"Maybe we didn't make friends, but everyone has a job," Collins observed.

The committee discussed how it could assist the sheriff's department in replacing vehicles over time and get ahead of other problems, but only if it meets regularly.

"The budget needs year-round vigilance," stated JP Lamont Richie.

Next Quorum Court meeting will be Friday, Dec. 20, at 10 a.m.

## Budhi Whitebear workshops Dec. 6

Budhi Whitebear will be at Flora Roja, 119 Wall St., for two workshops on Dec. 6. From 10 a.m. – 5:30 p.m. four different sessions will center around an Art space for Heart, Hope, and Healing offered on a sliding scale fee \$10-\$35.

From 6:30-8:30, a second workshop centers on learning the practice of Active Hope and what it means to the healing of our world. \$10 suggested donation – all materials provided. For more information please contact Budhi (479) 790-0400.



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## Wedding industry wants to tie the knot with CAPC

NICKY BOYETTE

Kathy Pickowitz, owner of Rock Cottage Gardens Bed and Breakfast, spoke for a group of representatives of the local wedding industry who attended the Nov. 27 City Advertising and Promotion Commission workshop. She shared information gleaned from research related to weddings in an effort to assist the CAPC in how it markets the weddings, or in her words, "How do we stop the bleeding?"

Pickowitz said the data indicated a trend toward destination weddings, which means a smaller wedding party but with the setting as part of the experience. Groups are willing to travel four to five hours for the wedding at just the right place, and they hear about the location primarily by word of mouth, not printed materials. She was less than satisfied with results of her online search for wedding locations because Eureka Springs, supposed wedding capital of the South, did not have as significant a search presence as she expected. She remarked Eureka Springs does not even host enough Arkansas weddings any more, and maintained figures tell her there is \$12 million waiting to be captured if the city can market weddings more effectively.

She also said the data indicated Eureka Springs should aim for the less expensive weddings because venues in town are perfect for mid-sized, mid-priced events. She asserted that using bridal fairs as a marketing tool works only in the right location. Bridal fairs in Memphis are a waste of time for Eureka Springs in her opinion, but Tulsa and Oklahoma City are fruitful locations.

Commissioner James DeVito pointed out Oklahoma eased its requirements for getting married there, so Eureka Springs naturally lost some weddings. In addition, marriages nationwide are at an all-time low. He asked how much money the CAPC should spend on a declining market.

Jan Grinnell, co-owner of 5 Ojo Inn B&B, mentioned that Missouri also requires no waiting period after getting a marriage license, yet her memory was that after both Oklahoma and Missouri changed their laws, Eureka Springs weddings spiked due to small chapels in town set up for cheaper weddings. She said numbers for weddings are always going up and down.

Commissioner Terry McClung asked if there were coordinated advertising by the wedding purveyors in town. Susan Misavage, co-owner of the Angel at Rose Hall B&B, said the Eureka Springs Wedding Guild hosts a website, and the Chamber of Commerce website has a wedding guide. There is also the Eureka Springs Bride website.

McClung said, "I'm not opposed to advertising for it, but we don't need to be the only one doing it." He encouraged them to "work your niche" and band together to stimulate interest in what Eureka Spring can offer the wedding market.

Grinnell told commissioners she and others in the wedding industry just want the CAPC to consider weddings in its advertising the way it reaches out to motorcycles and other special interests.

Chair Charles Ragsdell observed a spike in the number of local weddings coincided with a refocusing of their

advertising, so the CAPC has included the wedding market in recent ads.

Pickowitz said Eureka Springs should be Number One on an internet search for wedding sites, and McClung responded, "And that ought to be the result of a consolidated effort," implying that B&Bs should play an active role in whatever success Eureka Springs has in attracting weddings to town.

Misavage asked if extensive information she already has could be installed on the eukekasprings.org site, and Executive Director Mike Maloney said he would look into it.

Ragsdell said a group of researchers from the University of Arkansas will be conducting an extensive survey of visitors to town over several months next year. The CAPC can assist them in "building a better survey," then use the data to tailor websites so they appear on web searches.

## Celebrate C of C's 125<sup>th</sup> year on Dec. 5!

We may think of it as a modern organization, but the Greater Eureka Springs Chamber of Commerce has been serving the Eureka Springs business community since 1888.

It's not a celebration the Chamber has always kept track of over the years, but thanks to an aficionado of local history, the milestone was re-discovered just in time to close 2013 with a community celebration.

"I wasn't aware of this historic date until it was brought to my attention by

John Cross," Mike Bishop, Chamber President/ CEO, said. "He shared with me a program from an annual meeting dated 1938. In that program it honored the Chamber's fifty-year history."

The community is invited to celebrate with birthday cake and punch at December's "Business after Hours" on Thursday, Dec. 5 at the Chamber Visitor Center in Pine Mountain Village from 5 – 6:30 p.m. The cake will be presented at 5:30 for photo opportunities.

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**PUBLIC NOTICE OF DRAFT NO-DISCHARGE PERMIT  
PERMIT NUMBER 3568-WR-3  
AFIN 08-00051**

This is to give notice that the Arkansas Department of Environmental Quality (ADEQ) Water Division, 5301 Northshore Drive, North Little Rock, Arkansas 72118-5317 at telephone number (501) 682-0648, proposes a draft renewal of the permit for which an application was received on 7/8/2013 for the following applicant under the Arkansas Water and Air Pollution Control Act.

Applicant: Good Shepherd Humane Society, Inc., 6486 Highway 62 West, Eureka Springs, AR, 72632 in Carroll County. Location:; Latitude: 36° 25' 56" N Longitude: 93° 46' 54" W.

This permit is for the operation of a septic system and subsurface dispersal system for an animal shelter. This type of system is also classified as a Class V shallow injection well under the provisions of Regulation No. 17.

ADEQ's contact person for submitting written comments, regarding the draft permit, or obtaining a copy of the permit and the Statement of Basis is Casey Vickerson, at the above address and telephone number, or at Water-Draft-Permit-Comment@adeq.state.ar.us. For those with internet access, a copy of the proposed draft permit may be found on the ADEQ's website at www.adeq.state.ar.us.

The last day of the comment period is 30 days after the publication date at 4:30 P.M. Central Time. If the last day of the comment period is a Saturday, Sunday or legal holiday, the public comment period shall expire on the next day that is not a Saturday, Sunday or legal holiday. For information regarding the actual publication date along with the actual date and time the comment period will end, please contact Casey Vickerson at the above address and telephone number or by email at Water-Draft-Permit-Comment@adeq.state.ar.us. The staff member listed above may be contacted for the actual publication date and the exact date and time for the comment deadline. Comments and public hearing procedures may be found at Regulation No. 8 (Administrative Procedures). All persons, including the permittee, who wish to comment on ADEQ's draft decision to renew the permit must submit written comments to ADEQ, along with their name and mailing address. After the public comment period, and public hearing, if one is held, ADEQ will issue a final permitting decision. A public hearing will be held when ADEQ finds a significant degree of public interest. ADEQ will notify the applicant and each person who has submitted written comments or requested notice of the final permitting decision. Any interested person who has submitted comments may appeal a final decision by ADEQ in accordance with the Regulation No. 8.

# INDEPENDENTNews

## Carroll-Boone

### Rebates coming to four cities

NICKY BOYETTE

Carroll-Boone Water District office manager Cathy Klein reported their

### Scots sting Yellowjackets

Senior boys crunched the Kingston Five Monday night in the Omaha Border Classic with a sterling 53-52 win. Dalton Johnson, who should get a scholarship to the Boston Celtics, swished four threes then added three deuces, Trevor Lemme was good for 16, and Ryan Sanchez sunk four for eight.

But it was Jake McClung who hit a driving left-handed layup at the buzzer for the one-point win. Reminded us of the Alabama-Auburn game.

The Highlanders are 8-2 for the season, and go up against the Green Forest Tigers at home Tuesday night.

audit was complete pending the board's decision on rebate calculations. She said there was \$186,000 available to be rebated to Eureka Springs, Berryville, Green Forest and Harrison. She suggested that because of large projects they will be facing in the near future, the board could decide to withhold the money this year.

Board Chair Jim Yates responded that he thought it was late in the year to suddenly decide to withhold the money. "I feel like we owe our member cities some consideration. I recommend we move the money this year, but let them know our

plans for the future." Yates reiterated his objection was not with a change but with the timing.

"I'm sure the cities would love to have the money," commented commissioner Gene Chafin.

Commissioner Gene Bland observed, "The cities have trusted us," and he moved to rebate the \$186,000. Vote to approve his motion was unanimous.

Rebate apportionments are:  
Berryville - \$36,642; Green Forest - \$48,174; Eureka Springs - \$19,716; Harrison - \$81,468.

### It's parade time! Park 'n' ride and stay for the party Dec. 6

*In case of bad weather, parade will be Dec. 13*

What many consider the best parade of the year, the Annual Chamber of Commerce Christmas Parade of Lights, will begin promptly at 6 p.m. Friday, Dec. 6, and light up the streets of historic downtown with marching bands, costumed characters, dancers, floats, horses and thrills for the entire family. In case of icy weather, the parade will take place at the same time on Dec. 13.

The parade of lights and sights - led by Grand Marshals, the world famous Platters - will finish with the jolly gent himself, Santa Claus. Come early, visit the shops, grab something to eat and secure a great vantage point to make sure not a moment is missed.

And don't run off after the parade - besides more shopping, there'll be music, food, fun and giveaways during a Party in Basin Park sponsored by the Eureka

Springs Downtown Network.

Get to the parade the easy way and hop a trolley ride offered by the Eureka Springs Transit System from 4 p.m. until just before 6 p.m. Park for free and be picked up from the Transit Welcome Center, the Planer Hill parking lot, the old high school parking lot or the Village at Pine Mountain - and delivered to the Downtown Trolley Depot. Return trips will run for about an hour after the parade.

Tickets to ride are a non-perishable food item per boarding or \$2 each way with all donated items and cash being split between the Flint Street and Wildflowers food banks. Food items may be exchanged in advance for tickets at the Transit Center, 137 W. Van Buren, any Monday - Friday between 8:30 a.m. and 4:30 p.m.

For more information phone the Chamber of Commerce (479) 253-8737.

### Take a "quiet morning"

Harried by all the holiday busyness? Leave the whirlwind behind and come to a quiet retreat at St. James' Episcopal Church, 28 Prospect, on Saturday, Dec. 14, from 9:30 a.m. - 12:30 p.m.

The event will feature a series of meditations led by The Rev. Anne Carriere, retired Episcopal priest from Mountain Home, alternating with times for quiet reflection through praying, walking, reading and journaling, etc.

The time of silence will conclude with a service of Holy Communion. A light lunch will follow. For more information or to RSVP to the lunch, call 253-8610.



## Paying it forward is a doggone good idea

**C.D. WHITE**

Becky and Fred Halper, owners of Eureka Sunset Cabins, were recent winners of a raffle which included \$1000 in cash awarded at the Nov. 23 OARS fundraising concert with Heartland Men's Chorus. The Halpers are long-time supporters of OARS – Becky acting as Volunteer Coordinator and Fred serving on the Board of Directors.

They were surprised and happy to win the raffle, but instead of going on a Christmas shopping spree like most of us would have, the couple decided to pay their "windfall" forward by donating it to another deserving group.

Unconditional Love Pet Rescue, coordinated by Diane Ferguson, is in need of a van to help with local transport of pets to veterinarian appointments. That may not sound like a big problem on its face, but having 18 dogs to be spayed, neutered and/or get their health checks in one day means one routine vet visit can take a volunteer nine trips (and a lot of precious time) by automobile. And the next day there are more dogs. The obvious solution is getting enough funds to buy a used van.

Becky and Fred are helping to fulfill that need and hope others in the community will help as well. "I got the idea from

witnessing firsthand what those volunteers do," Becky told the *Independent*. "My neighbor is one of the volunteers and often fosters pets who need some care while healing from some sort of mistreatment, which can include wounds. I'd seen her out walking those dogs and became interested."

When back in good health and with all their shots, the dogs are transported to new adoptive homes, mostly in the northeastern US. Although they are separate operations, Unconditional Love and Go East, Young Dog often work together with fostering and adopting when the need arises.

There are normally around 30 – 40 dogs at Unconditional Love on a given day as dogs are adopted out and new ones come in. So far this year, 350 dogs have been adopted out to appreciative folks in other states.

If you can help the facility obtain a used van or if you can foster a dog, phone (870) 577-3744 or email [diane@ulpr.org](mailto:diane@ulpr.org).

And if you just want to feel very, very good about what someone else is doing, look at the pictures and read some of the testimonials at [www.unconditionallovepetrescue.org](http://www.unconditionallovepetrescue.org). At the very least it will put a smile on your face, or you may end up falling in love with a little furry face – like Becky Halper did.



**Paid forward** – Fred and Becky Halper, left, were happy to donate their \$1,000 cash raffle prize to Diane Ferguson's Unconditional Love Pet Rescue for a badly needed used van. **Precious cargo** – Precious is just one of the dogs at Unconditional Love waiting for a new home.

### Signing up for AHC?

Interested in affordable insurance through the Arkansas Healthcare Marketplace? Carroll County In-Person-Assister Guides, Collette Crawford and Charlisa Cato will host an Enrollment Event Wednesday, Dec. 11, 3 – 6 p.m.

at the Eureka Springs Carnegie Library. Bring your questions, and receive help applying. This event is free and open to the community. For further information call Charlisa Cato (479) 325-0943 or Collette Crawford (501) 529-0174.



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## INDEPENDENTNews

### CAPC mulls over funding requests

NICKY BOYETTE

City Advertising and Promotion Commission Finance Director Rick Bright said at last Wednesday's workshop he has received \$93,000 in funding requests for 2014 plus a request by the Eureka Springs Downtown Network to be included as a line item with \$44,000 to spend. In 2013, the CAPC spent around \$20,000 on funding requests.

"So, what do we do?" Chair Charles Ragsdell asked.

Bright's first response was to continue tightening requirements for receiving funding. To begin with, he said they must continue educating those who receive funding. He also suggested the CAPC require a purchase order signed by his office for all payments, saying some organizations either did not understand the requirements or ignored them, and the commission needs absolute control of its investments. "Our title is not Advertising and Funding," he said.

Commissioner James DeVito suggested as much as possible be done with hands-on oversight by the CAPC office to the point of doing advertising and promotion in-house. "Not only would that bring a consistency and quality control to the advertising, it would provide better management of taxpayer dollars."

Executive Director Mike Maloney said it takes \$33 of spending to make \$1 of tax. "Somewhere in there is an obvious return expectation for a request. Many of these requests just don't look like a good return on the investment."

Ragsdell said according to the Attorney General's opinion, their investing must be for a citywide event. They cannot, for example, create an ad specifically for the Great Passion Play and nothing else.

DeVito reminded commissioners the original consideration of funding an event for its first three years no longer

applies. Commissioner Terry McClung agreed, pointing out Springtime in the Ozarks has been around awhile but brings a crowd of people to town twice a year who do not request much.

Commissioner Robert Schmid asked if they would bring more people to town if they spent the funding request line item entirely on cable television ads. McClung disagreed with that, and DeVito reiterated McClung's point that organizations should not rely so heavily on the CAPC. "We should be a sponsor among many others," Ragsdell added.

Maloney offered to find out what other Northwest Arkansas cities do about funding requests and bring the information to the Dec. 11 meeting. Ragsdell challenged commissioners to go over funding requests with a fine-tooth comb and come to the next meeting prepared to make a decision.

Next meeting will be Wednesday, Dec. 7, at 6 p.m.

### Toys for Tots Run Dec. 7

*What to do with toys if weather stops the run*

The Eureka Springs chapter of Iron Horse Disciples Motorcycle Ministry has planned a toy run for Saturday, Dec. 7, but ol' man weather may put the skids to that.

Those who've planned on donating toys can drop them off early at Road Dawg's Place, 538 W. Van Buren (US 62W). Co-organizer James Smith lives next door and said if the shop is closed, folks are welcome to bring the toys to his house or to phone for more information (870) 654-4125.

If weather permits, the Toys for Tots Bike, Trike and Auto Toy Run will kick off from Road Dawg's Place at 1 p.m. Saturday and conclude at the Great Passion Play dining hall where US Marines will accept the toys for local distribution. Coffee and hot chocolate will be served free of charge, and all are welcome to join in the ride or just meet at the dining hall.

For more information contact Smith or Phillip West (417) 342-1278.

### Sunday at EUUF

On Dec. 8, Forrest Jacobi, long time member emeritus of the Eureka Springs Unitarian Universalist Fellowship presents: *Walking Your Spiritual Path*, an exploration of individual spirituality with suggestions to enhance one's personal journey in life. Discussion will follow.

EUUF has agreed to provide gifts for two of the young families from the Circle of Life dinner hosted in October, and all are invited to help out at a wrapping party after the service or email

Penny Carroll at pennecarroll@hotmail.com. Please bring your own scissors and Christmas wrap if you have some to spare. Penny will also bring wrapping paper and other supplies.

All are welcome this or any Sunday at 11 a.m. at 17 Elk St. for a program followed by refreshments. Childcare is provided. Extra parking at Ermilio's Restaurant, 26 White Street. For program information, phone Ron (479) 981-9781 or see [www.euuf.org](http://www.euuf.org).

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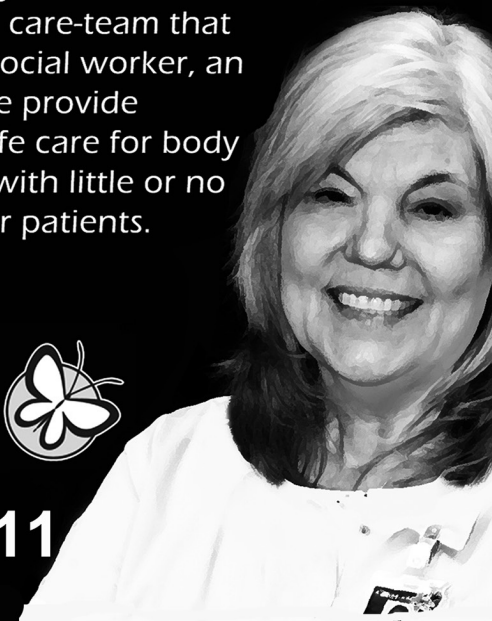
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## Are carbs and sugar affecting your brain?

BECKY GILLETTE

A book out this year, written by Dr. David Perlmutter, a neurologist who claims to be the only doctor in the country who has board certifications in both neurology and nutrition, claims the current American diet of about 60 percent carbs is a recipe for health disasters ranging from depression to Alzheimer's.

*Grain Brain: The Surprising Truth about Wheat, Carbs, and Sugar – Your Brain's Silent Killers* states that not just unhealthy carbs, but even healthy ones like whole grains can cause dementia, chronic headaches, digestive problems, ADHD, anxiety, depression and much more.

One in eight older Americans

suffers from Alzheimer's, and rates are increasing significantly. In the future, it is predicted to be a crippling burden to families, health care workers and the economy if something isn't done.

Local rancher and high school teacher Katy Turnbaugh is one of a number of local residents who have been sounding the alarm about gluten intolerance for years. Turnbaugh says there are two kinds of people: Those who know they have gluten intolerance, and those who don't know.

Some scoff at that notion, including many health care professionals, who consider this more a fad than a real health issue, and don't recommend testing for

gluten intolerance that could show whether someone is able to properly digest wheat.

Carnegie Library has several books that link gluten not just to dementia, but a host of other mental and physical problems. One is *The Anti-Anxiety Food Solution. How the Foods You Eat Can Help You Calm Your Anxious Mind, Improve Your Mood & End Cravings*. Dietitian Author Trudy Scott experienced extreme anxiety herself before finding a cure by eliminating gluten from her diet, and gives simple instructions for determining if gluten and other foods are the source of illnesses.

A book filled with stories about people who have been cured from serious ailments by eliminating gluten is *The UltraMind Solution* by Mark Hyman, M.D., who like Scott, experienced this problem and the gluten-free cure first hand. Another good book on the topic is *The Mood Cure* by Julia Ross.

"We're in a bad mood epidemic," Ross writes. "Depression and anxiety

have tripled in the last ten years. *The Mood Cure* is a comprehensive natural approach that jump-starts your program with brain-fueling amino acids combined with a high-protein, healthy-fat, veggie-rich diet and other nutritional strategies."

For those saying, "You aren't going to take away my bread," listen to Lorna Trigg Hirsch, a local artist and teacher who runs the Fire Om Earth spiritual retreat center with her husband, Craig. Lorna had increasing joint pain for eight years, and was facing no longer being able to walk and work or teach dance and yoga. Three days after going gluten free, the joint pain completely disappeared.

Lorna loves to bake, and has found going gluten free is no sacrifice at all. There are delicious, gluten-free alternatives for bread, muffins, cake, pizza crust, etc. She also found that a gluten-free diet helped her granddaughter, who was having mood problems at school, and an intern who has Asperger's syndrome.

**GLUTEN** continued on page 28

### Adopt a Family for Christmas

The Eureka Unitarian Universalist Fellowship is contributing \$400 toward the purchase of gifts for two of the families who participated in the Circle of Life dinner at EUUF in October.

Family #223 is moving into a new home and will need: kitchen table, microwave, dishes, decorations/accessories for living room, cleaning supplies, mirrors, hair ties, lamps, shelves, Tupperware, containers for flour, sugar, etc. and bathroom items.

They will also need items for a 4 month old girl including stroller, swing, socks, walker and toys; clothes (winter, size 4-8 months), spring/early summer size 8-12 months and hair bows, baby formula (Gerber's Good Start gentle formula) and plastic bottles as well as baby wipes and disposable diapers, size 3; pink decorations for baby room,

bath toys, baby hygiene items, lotion, powder and washcloths, etc.

Family #212: The mother, a college student with a full time job, would like a gas card to help her get to college and work, warm clothes (shirt size XL, pant size 16), picture frames or picture album, make-up, jewelry, towels, decorations for kitchen and living room and a portable DVD player for to keep her 16 month old occupied on the long drive to work and college.

She also needs size 18-24 month warm clothes, sleepers, diapers, books, hair bows, stuffed animals, leggings, toys and building blocks.

If anyone would like to donate items or cash toward this effort, please phone Penny at (479) 363-7153 or email pennecarroll@hotmail.com.

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# INDEPENDENTNews

## EPA grant provides fodder for ESHS micro fodder project

*Students excited to be "on par" with Baylor*

**C.D. WHITE**

High school teacher Katy Turnbaugh is justly proud of her 40 chemistry and physics students. The classes have recently been awarded a generous grant from the US Environmental Protection Agency through the Louisiana Environment Education Commission (LEEC) to conduct original research to design and construct a bench-scale micro fodder system.

A what? A micro fodder system provides farmers with a means to supplement poultry and livestock food during winter or drought. Fodder is a highly nutritious (think sprouts) feed that minimizes the need for hydrocarbon fuel and protects the watershed from pollution while minimizing the amount of water consumed in the process.

Turnbaugh applied for the grant with encouragement of her physics and chemistry classes and the approval of school administration.

"This is a prestigious award in which only two high schools, three universities (one being Baylor), and one education resource received a grant in a six-state region," Turnbaugh said. "I am proud of this award, and the students are very excited."

But Turnbaugh needs the community's help to make the best use of the grant.

"We are trying to raise funds to send six students to present at a symposium in Shreveport in February," she explained. "All forty students will be deeply

involved in the project and have input into the presentation.

"The chemistry class began their research and physics is still acquiring the skills needed to build the system. Chemistry will continue to compile research into the nutrient quality of various sprouts, and nutrient requirements of various animals and will then begin testing their sprouts under various conditions of heat, light and mineral supplementation, etc.

"We plan to have the chemistry of the micro-fodder system down by mid-January when we should have several renditions of the machine working by the physics class's efforts. Finally, we will pull it all together and build and test the final version during the second half of January.

"One of the challenges of this project is to cross subjects and classes. To do this, we have three teams in each class and the teams are aligned cross curricula. I am extremely proud of our students and can't wait to see what it all looks like and what we learn."

Turnbaugh says the students are very motivated and only require a little direction from her. "I don't think they have a full understanding of the positive environmental impact their research will have," she commented, "but they are super appreciative of being on par with Baylor and getting the opportunity to do original research in high school."

Turnbaugh also noted the people who administer the grant (LEEC) are so excited that they're looking at making a

special trip up from Louisiana to see the work in process.

Anyone wishing to help with fundraising or who would like to donate toward sending six of the students to make the school's presentation in Shreveport is encouraged to contact Katy Turnbaugh at Eureka Springs High School (479) 253-8875.

## Ellen Stephenson entertains Ladies Fellowship Dec. 16

The Holiday Island Community Church Ladies Fellowship will welcome Ellen Foncannon Stephenson, composer, piano teacher, organist and accompanist on Dec. 16 at 10 a.m.

Stephenson will entertain with her music as well as discuss its meaning and the career that led her through Kansas, Arizona, and Washington, D. C. to Eureka Springs.

This is also the annual Christmas cookie exchange. Bring three dozen cookies and take home a different three dozen. Stephenson's *Winterwood* CD will be available for purchase, and makes a good Christmas gift. For more information, phone Mary Lou Martin (479) 253-9398.

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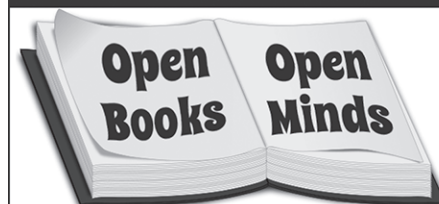
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## SAD therapy – feeding the hungry

BECKY GILLETTE

Most people who move to the charming, eclectic village of Eureka Springs are drawn by the natural beauty, low crime rate, acceptance of diversity, and creative, friendly people. But the fact is that the area's economy is heavily dependent on tourism. Cold winter months see many employers scale down hours or close down entirely.

For four years now, local restaurants have been stepping into the gap by providing Sunday evening meals at St. James Episcopal Church, 28 Prospect St. The first Community Dinner was held this past Sunday, and will continue every Sunday from 5 p.m. to 6:30 until the end of March.

"The idea behind it originally was to provide a meal for people during the months when unemployment is higher in Eureka," said Father Ben Helmer, pastor at St. James. "It can be very difficult for people to make it through the winter. We have several people in the parish who have seasonable

employment and then we also have many friends with seasonal employment. We wanted somewhere people could come on the weekend and have a hot meal."

The Flint Street Fellowship serves hot lunches Tuesday and Thursday, and provides groceries to the needy on Monday and Wednesday. It helps to have a dinner also served during the weekend, and it's about more than food. It's the kind of community activity that can lift spirits, and allow people to connect during a time of year when it gets dark early and people often end up staying at home more.

"This is a recipe for SAD (Seasonal Affective Disorder, depression that can be linked to a lack of sunlight) in Eureka," Helmer said. "It helps fill the long nights and the evenings, especially when it is cold. In the past we had people come who were homeless and living rough. They would come and have dinner with us in a place where they could get warm, drink hot coffee, and wash their hands. We make lots of coffee.

"People who come in mingle with members of the parish and the neighborhood, and we all enjoy each other's company. It is a real community kind of meal. Having the restaurants help us has been a really good gift. People in our community are particularly generous."

There is no worship service. Helmer said that is deliberate. The evening is about socializing and building the spirit of community. People who want a religious message can attend services in the morning at St. James or other churches.

Whit Brittain, one of the organizers of the Community Dinner, said he enjoys seeing those who are giving – the restaurant owners and employees – smiling as much as the people who receive the meals. The restaurants really get behind the program that is modeled after food rescue events held in cities.

"It is a way to take what would have been thrown away and give it to people to eat," Brittain said.

Brittain said cabin fever gets to all

of us. So the gatherings are a bright light on a dark winter night, something to look forward to. It gives people a chance to get out and check on their friends and neighbors, seeing if anyone needs something.

Keith "Snuffy" Katchum, another organizer of the event, said the winter dinners are a natural for Eureka Springs.

"Why do I do it?" he asks. "I like food. I like people to have food. I like to help others, and at the end of the day, that is why we are all doing it."

"It is a great way to get together with neighbors, socialize and have fun," said Glenda Shipley.

Cassandra Fairchild and her husband, Glen, have been coming for two years, bringing their little girl, Amber.

"Good people, good fun and a time to relax," Cassandra said. "The food is always good."

"I like to come here and aggravate the women," said an octogenarian who declined to be quoted by name, but who

**COMMUNITY DINNERS** continued on page 29

# Sweet Spring Antiques

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## Writing's back 'on the radar' for Kjelgaard

C.D. WHITE

Don't ever give up on a dream. Peggy Kjelgaard started writing short stories and plays in middle school and then writing fell off her radar for 30 years – but she never lost the love of creating a good story or her dream of writing professionally.

And finally, after a career in corporate management and relocating to Eureka Springs where she's the busy executive director of Eureka Springs School of the Arts, Kjelgaard has published her first novel, *Birthmark of Evil*, and is celebrating with a book signing Sunday, Dec. 15.

"Believe it or not, I started writing short stories in eighth grade," Kjelgaard told the *Independent*. "I still have them and they are hilarious – usually about some boy I was crazy about. I also loved writing plays and having all my girlfriends act out the scenes with me. In third grade, I remember performing one of these plays for the entire class and recall four of us girlfriends dressing up in cowgirl boots and singing 'These Boots Were Made for Walking.' No joking!"

But soon came high school and Kjelgaard became career focused, and that's when the writing took a back seat – at least until 2004.

"In 2004, I decided to retire from corporate work and move to Eureka Springs to follow my dream to write," Kjelgaard said. Meanwhile she and her husband, Roger, took a trip to Vancouver Island to get away.

"We stayed in a cute little cottage nestled on an estuary in Chemainus (a small historical town on the island)," Kjelgaard explained. To entertain myself, I started creating the plot for *Birthmark of Evil* – just for something to do. I walked the town and drove the surrounding area, taking notes of everything and capturing visual images – it was beautiful up there. I loved sitting in their coffee house, listening to the locals converse. I physically experienced all the backdrops in my book and loved developing the characters. I was immediately hooked!

"So, I spent my first year in Eureka Springs writing *Birthmark of Evil* and then took another detour, and her name was-and-still-is, ESSA. Somehow, I've learned to juggle my writing and my work at ESSA."



Does her career focus and corporate experience have anything to do with the somewhat sinister title of her novel?

"Yes," Kjelgaard admitted. "I am a very driven person and corporate work totally consumed me. It was extremely difficult breaking the chains and even more difficult learning to listen to my own heart. *Birthmark of Evil* is really about the journey of finding oneself after having so much of life dictated through power and money...it's

about the journey...and the detours."

Snippets from the book's synopsis hold these clues: Bobbie Britton's successful business owner father started training her as a small child to be "just like him." Bobbie indeed became a senior executive in the corporate world at the age of 35, but her drive and deep seated need for control had its price ... she had a vindictive foe lurking in the dark seeking revenge, and she had become her own enemy. Then evil slipped into the picture.

Kjelgaard has already completed a sequel taking place on Orcas Island in the Upper Northwest, and has spent significant time in Maine writing a new novel, which is, she says, "to be continued."

You can read sample pages of *Birthmark of Evil* by typing that title in the search bar at amazon.com. Better yet, discuss the work with the author in person on Sunday, Dec. 15, from 3 – 6 p.m. at the home of Charles and Sandra Templeton, 15 Eugenia, at the first book signing for *Birthmark of Evil*.

Two other signing events are in the works for pre-Christmas dates, so be sure to check *IndependentArt* for details. Meanwhile, is author Peggy Kjelgaard perhaps doing a little character study in Eureka Springs for another book? You'll have to ask her.

**Sharing a life** – Larry Siegs recently presented the latest program in Peachtree Assisted Living's continuing series, *This is My Life*. During WWII he served as a B-29 pilot flying missions from Guam to Japan. After many years of



teaching and coaching in Illinois, Larry and his wife built a home on Beaver Lake. He is still very active in the Elks Club, where he and his wife started the Christmas Toy Giveaway for the children at the Carroll County Learning Center 23 years ago. Larry also started many scholarships and the "Student of the Month" recognition at some of our area schools. A Peachtree resident for several years, Larry is known for humility and generosity.



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## Local couple attend Kumbha Mela

BECKY GILLETTE

There is a strong connection between Eureka Springs and India with some long-time residents taking frequent trips there over the years in search of spiritual enlightenment. Chon and Jasmine Stanley first went in 1980, and were so enamored with the experience they have gone back 15 times over 33 years. On some of those trips, they have gone with other friends from Eureka Springs to explore, study yoga and meditation, and experience one of the more spiritual cultures in the world.

On their most recent trip, the couple was part of the 120 million people (20 million at any one time) who attended the largest spiritual gathering in the world, Kumbha Mela. That six-week festival held every 12 years since 1809 occurs in Allahabad in north India at the confluence of three major rivers.

According to the Himalaya Institute, "Tens of millions gather at the bank of the river Ganga (Ganges) at a time when the planets, constellations, and other celestial bodies are perfectly aligned, creating a powerful vortex of spiritual energy. This energy is further intensified by the collective consciousness of the saints, sages, and pilgrims who gather here with a single shared intention: inner healing and lasting change."

Chon said holy men who live in caves in the mountains come down to chant mantras and share their spiritual insights. "It is fabulous because everyone is so happy," Chon said. "There is such joy and infectious happiness. The power of the mountains and the water, you can feel that."

The couple spent \$20 per person per day for the tent that was their lodging, and for food. Even just eating a simple meal was an experience.

"Ashrams always feed people for free," Jasmine said. "We donated \$150 to the ashram that provided our housing, and it fed 1,500 people. You go into a big tent and are given a banana leaf that is your plate. It is filled with food like rice and beans, yogurt, cauliflower. After people finish eating, the cows come in and eat whatever is left. Then they hose out the tent and start preparing to feed the next group."

Chon was once asked casually if he



had a spirit guide, as belief holds that all have a god or spirit guide. He hadn't really thought about it, went back to his room, sat on the bed and said, "If I have a spirit guide, I want to see you."

"At that moment an elephant the size of the football grew out of the wall and looked right at me. I said, 'I don't believe this.' I closed my eyes, opened my eyes and it had gone. My statement of disbelief must have had something to do with that. That happened in Dharamsala when we went to see the Dali Lama on our second or third time in India."

"I didn't like it at the beginning," Chon said. "I started liking it more and more with different encounters with people we met, incredibly beautiful people. Everyone was so kind and helpful. I thought it would be more difficult to be in a place where I didn't speak the language. English and Hindi

are the legal languages of India, but it turned out language was not a problem."

Chon describes India as a true democracy, but there is daunting poverty, more than they have seen in other countries. Some people live on the streets or in train stations. "It is almost like poverty goes along with heightened spirituality. Those with the least will offer food to a stranger coming by."

"After we visited the first time, we came back and found we were missing it," Chon said. "It was real there. Nothing is hidden in India, everything is so spiritual. Everybody has an altar in their homes."

Jasmine has such a strong connection with India it was especially hard for her to leave after the most recent visit. "The Indian people live more in ceremony," she said.

Jaipur is Chon's favorite Indian city, noted for great beauty with historical palaces, colorful bazaars and a thriving gem trade. He is a jewelry artist who bought some rubies in Thailand first and then more in India, which he trades or makes into jewelry.

"After having a lot of different stones to work with, I started in the jewelry business," he said. "Then we started going to India about every year for a few months to spend time with our friends."

"Clarity comes in if we really look for it," Jasmine said. "If we are trying to grow or meet a challenge, we will say, 'Let's go back to India to figure it out.'"

## Hope and help at the holidays *Bereavement support for parents who have lost a child*

Hope and Help Workshops offer an opportunity for bereaved parents to join others in an art therapy approach to grieving. Workshops are facilitated by Linda Maiella, MALS, (bereaved mother) and Budhi Whitebear, MA, (registered, board certified art therapist) on Friday Dec. 13 and Friday, Jan. 17, from 6:30 – 8:30 p.m.

Each evening will offer experiences designed to help discover sources of hope and healing in your individual grief process. (You may attend the workshops as a series, or just one or two.) Workshops will be held at Flora Roja Community Acupuncture, 119 Wall St. A donation on a sliding scale of \$10 to \$35 is suggested.

For more information call Linda (479) 253-1229 or Budhi at (479) 790-0400.

## A little help from our friends:

- **Food pantry, furniture bank and used book store** – Wildflower Chapel Food Pantry is open 10:30 – Noon on Fridays. Thrift Store and Used Furniture Bank open Monday – Friday 10 a.m. – 4 p.m. (479) 363-6408. Service times: 253-5108.

- **Coffee Break Al-Anon Family Group Women** – Tuesdays, 9:45 a.m., Faith Christian Family Church, Hwy. 23S. (479) 363-9495.

- **First United Methodist Church offers free Sunday suppers** 5:30 – 7 p.m. Hwy. 23S. Night Church at 6 with short message and music. (479) 253-8987

- **GRIEF SHARE** 13-week grief recovery program begins Oct. 13. Sundays 2 – 4 p.m. HI Community Church Fellowship Hall library (188 Stateline Drive). Join at any time. \$15 workbook fee required. For details phone (479) 253-8925, or e-mail lardellen@gmail.com.

**Meetings at Coffee Pot Club  
behind Land O' Nod Inn  
U.S. 62 & Hwy. 23S**

- **Alateen** – Sundays, 10:15 – 11:15 a.m. Email alateen1st@gmx.com or phone (479) 981-9977.

- **Overeaters Anonymous** – Thursdays, 10:30 a.m. Barbara (479) 244-0070.

- **Narcotics Anonymous** – Fridays, 5:30 p.m. (903) 278-5568

- **Al-Anon Family Group (AFG)** – Sundays, 11:30 a.m., Mondays and Tuesdays 7 p.m.

- **Eureka Springs Coffee Pot AA Group** Monday – Saturday 12:30 p.m., Sunday 10 a.m.

Sunday – Thursday, Saturday, 5:30 p.m.

Tuesday and Friday, 8 p.m. (479) 253-7956

All other meetings: See [www.nwarkaa.org](http://www.nwarkaa.org)



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**Editor** — Mary Pat Boian

**Editorial staff** — C.D. White, Nicky Boyette

**Contributors**

David Frank Dempsey, Ray Dilfield, Steven Foster,  
Becky Gillette, Wolf Grulkey,  
Dan Krotz, Risa, Steve Weems

**Office Manager/Gal Friday** — Gwen Etheredge

**Art Director** — Perlinda Pettigrew-Owens 

**Ad Director** — Anita Taylor

**Director of Office Sanitation**  
Jeremiah Alvarado-Owens

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## The other side doesn't mean the wrong side

Editor,

'Tis difficult to rationalize the arguments for or against putting flags up in Eureka Springs. I spent 28 years in the military (USN & AF) retiring therefrom. I have seen a significant part of this planet Earth. Seldom in a place where our flag and GI were not both generally honored and appreciated. Perhaps Obama has changed some of that in the last six years, who knows?

Marty Cogan definitely lost it with her comments of "American flags in a row remind her of Nazi Germany — unless she had a shaved head or SS numbers tattooed on her forearm (depending on which side of the fence she supported) I question her understanding of the real Nazi Germany and her ability to equate the two. I hope this is not the feeling of the Eureka Springs Preservation Society.

Trella Laughlin and her opening objection to the right wing display of so-called patriotism indicates a left wing naivete. Look in the dictionary and note Right is Right and Left is the opposite.

Most of us vets are generally right wing.

Her items, presented as fact, were one side of the story and in each case were stated out of context. Wasn't it a fact, back in time, when the Earth was declared flat? I also grew up during WWII, next to Ft. Lewis, Wash. It was a war zone, the skies were full of anti-aircraft balloons, daily gunfire from the artillery range behind us, and a house we were building was confiscated for officer training. She indicated she was very patriotic during that time and later her patriotism evolved. Mine never evolved.

Instead of dwelling on the negativity of the USA, I would suggest a page of the good things done — for a start, how about the current humanitarian run to the Philippines by our fleet? Just to name one and [there are] many you never even hear about.

As for happy with diversity in ES, many are, many not, being politically correct they don't ask the poster size diversity flags to come down, nor vocally complain that one weekend was enough, but now four? Exploitation in ES? Eccentric little town. It's close to the "other side of the flag doesn't mean the back."

**Bill Pugh**

## Turkey-trotting triumph

Editor,

The 2013 Don Gammie Turkey Trot, benefiting the Grassy Knob Volunteer Fire Association, was a great success. There were many participants and donations. We express our gratitude to sponsors, volunteers, the media and participants.

Thank you to our major contributors, Roadrunner Inn, Angler's Grill and Pub, Community First Bank and Starkey's Marina. The Eureka Springs Chamber supplied water and Sam's Club of Rogers contributed power drinks and bars, and the Coffee Shop of Eureka Springs supplied coffee.

Local newspapers and radio stations raised community awareness by advertising this event. Volunteers showed up at 7:30 on a cold Thanksgiving morning to help with the planning and operation of the event. We are grateful to all involved because the race/walk could not have taken place without their tireless efforts and generous contributions.

**Jane Hackley**



## WEEK'S Top Tweets

**@KevinFarzad** --- Instead of going to Starbucks, I make my own coffee, yell my name out incorrectly, and then light a \$5 bill on fire.

**@AntozWolf** --- I'm sure a spider is never scrutinized for spending too much time on the web.

**@sixthformpoet** --- Nothing embarrasses psychics more than throwing them a surprise birthday party.

**@GingerGander** --- Man texted: "I want you to be my little angle." I answered: "Do you want me to be obtuse, right or acute?" Two days have passed, no reply.

**@SeanINCypress** --- Beer is so smart that if you drink enough, right around your midsection, it builds a shelf for you to rest bottles on.

**@RobDenBleyker** --- Butt weight. There's more!

**@AksharPathak** --- My mother was feeling cold so now I'm wearing a sweater.

**@Zen\_Moments** --- Instead of complaining that the rose bush has thorns, be happy the thorn bush has roses. ~ German Proverb

**@scotthoying** --- Reading Black Friday headlines and coming to the conclusion that it's basically *The Purge*.

**@zackcolley1** --- I have never felt more shame for humanity than I do right now watching people at Walmart fight over a TV, Alabama bookbag & a \$14 blender





## A Second Look at the Keep Your Health Plan Act

Our congressman, Steve Womack, recently co-sponsored the “Keep Your Health Plan Act” (H.R. 3350) that passed in the House of Representatives on Nov. 14. While Womack’s bill sounds like productive legislation on the surface, I thought it was worth a second look – especially after the fumbled rollout and public confusion about the new Affordable Care Act.

According to the Congressional Research Service, almost 25 percent, or one in four, Arkansas residents do not have health care coverage. Arkansas has one of the higher rates in the nation for uninsured. The new standards in the Affordable Care Act (ACA) were implemented to protect consumers, provide a higher quality of health insurance and provide accessibility to insurance for the uninsured.

Examples of these new standards include requirements that insurance companies can no longer deny you for pre-existing conditions, and now have caps on how high they can increase your premiums when you do get sick, or as you get older. The ACA also eliminated the “donut hole” for prescription drugs and has allowed children to be kept on their parent’s policies much longer than before. These are all good things.

Womack released this statement after the recent House passage of his co-sponsored legislation: *“From skyrocketing premiums to canceled coverage, Obamacare is continuing to make life harder for Americans. Unfortunately, the President’s latest in his long list of fixes does not change that and instead, simply passes the buck. Americans don’t need false promises or smoke and mirror fixes; they need relief from Obamacare and an unambiguous guarantee that the plan they have and like will still be available. It’s time the President takes responsibility for both.”*

Arkansas Health Connector ([www.arhealthconnector.org](http://www.arhealthconnector.org)), our online portal to the new insurance marketplace, provides news about healthcare in addition to support on how to sign up for new insurance policies under the ACA. One of the more notable news articles, published Sept. 23, 2013, is about Arkansas insurance commissioner Jay Bradford, and his recent findings about the insurance premium rates sold in the new ACA Health Insurance Marketplace for Arkansas residents. Bradford has concluded that, *“An Arkansas family of four with an average income of \$55,444 is expected to see their out-of-pocket premiums decrease by more than 20% after the implementation of all health reforms.”*

This article on the Arkansas Health Connector website goes on to say, *“After careful review of the proposed rates and plan designs submitted by insurance companies, Bradford announced approved premiums at levels as much as 25% below what had initially been requested for the individual market.”*

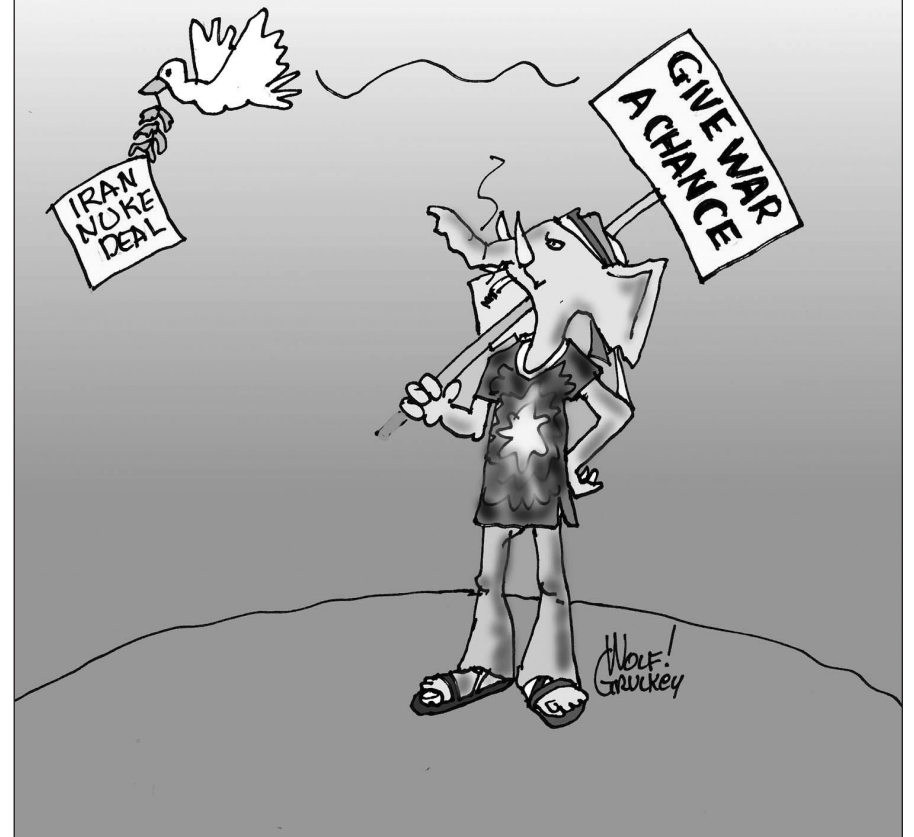
A second look at Womack’s “Keep Your Health Plan Act,” reveals it actually attempts to undermine the essence of the ACA by allowing insurance providers to continue offering low quality and expensive health care plans not compliant with the new ACA health insurance standards. The bill would not only allow people to keep their old, inadequate plans now, but also allow insurance companies to sell new, inadequate plans going forward. The bill co-sponsored by Womack does not address options available to these individuals under the ACA, nor is any disclosure required by insurance companies on new ACA plans and/or pricing.

This House bill seeks to gut the entire nationally shared insurance pool under the ACA, and according to most insurance experts will lead to much higher premiums and lower quality insurance moving forward. Is that a good thing? No.

Surely Congressman Womack has access to research of the State of Arkansas Insurance Commissioner? Under the ACA, Arkansas can have expanded health care for our residents at lower prices with more benefits. And under Womack’s legislation we will have fewer health care choices and skyrocketing premiums. Keep your existing (inadequate) health care plan? No thanks, Womack.

Troy Johnson

## THE NEW PEACE PROTESTERS



## The Pursuit Of HAPPINESS

by Dan Krotz

People who work for newspapers are obligated to care about the news and be diligent in covering it. But it isn’t always easy. I was, for example, going to write about the situation in the Mideast, but I’m exhausted by the problem and find it hard to care about it. I could tell you why I don’t care – it has to do with the futility of negotiating with organized crime families – or solving every problem by bombing the tar out of anything that moves – but I’m pretty sure you don’t care either. I mean, it has been going on for a long, long time.

I’ve planned to write about how Arkansas’ Democratic Party has disappeared and crawled into the woodwork, and about the mindboggling, across the board incompetence of the Obama Administration. But I keep being distracted by the lunacy of the Republican Party. During the Victorian era, zookeepers trained chimpanzees to wear fancy dress and hold tea parties; now, Republicans train people to act like chimpanzees. Frankly, at least for today, both parties can go to hell.

I’m not even tempted to write about our local Fly the Flag controversy. I don’t care, and none of the guys I served with care. Fly it, don’t fly it, we’re still mad that you drafted our sorry working class butts to fight the second stupidest, most pointless war in our history. The first? See paragraph one.

And what’s with all these enraged self-made men who believe that the only things standing between them and EMPIRE! are taxes and some chump on food stamps? I’d like to write that some of us have done okay – raised families, stayed off the dole, gone to church, saved some money – even though we pay taxes too, and don’t blame people who have nothing for all our troubles. But, really. Who wants to read about grateful citizens?

There is a bit of news. Two giants of American culture were born today, December 4<sup>th</sup>. George Hormel, founder of Hormel Foods, is the guy who brought us SPAM, and Robert Adler, from Zenith, invented the remote control. Happy birthday, George and Bob.



# This week's Christmas sights and sounds

## *Pick up the December-January Fun Guide for details and more events.*

Due to impending possibility of icy roads over the weekend, please call the numbers provided for updates before making plans.

**December: Bling in the Springs** – A nightly Christmas drive-through light show all around Eureka Springs with homes and shops decked out and lit up for the holidays.

### Thursday, Dec. 5

1:30 – 3:30 p.m. *Annual St. James Silver Tea*, Crescent Hotel Crystal Dining Room, elegant affair benefits Clear Spring School. Donation. (479) 253-8610. **POSTPONED UNTIL FRIDAY, DEC. 13**

### Friday, Dec. 6

5 – 7 p.m. *Snow Train Christmas Village* library annex, \$5/\$2, benefits Historical Museum and Carnegie Library. (479) 253-9417.

6 p.m. “*Christmas Memories*” *lighted Christmas parade* from Spring to Main with Grand Marshals, the legendary Platters, followed by a fun “Party in Basin Park.” **Parade will be Dec. 13 in case of bad/icy weather – decision will be made afternoon of Dec. 5. (479) 253-8737**

6 – 8:30 p.m. *Experience the Light*, Great Passion Play grounds. Drive through light display, Live Nativity, indoor Nativity sets from around the globe, Christmas sing-along and more. Donation.

### Saturday, Dec. 7

10 a.m. – 7 p.m. *Snow Train Christmas Village*, library annex, \$5/\$2. (479) 253-9417.

1 – 3 p.m. *Santa's Photo Booth, Letter Writing Station, Reindeer Games, S'mores* and family fun in Basin Park

3 – 5 p.m. *Living Windows* bring the season to life downtown.

3 – 8 p.m. *Preservation Society Tour of Homes*, tour nine historic homes decked in holiday splendor. Music, refreshments. \$20 or \$15 in advance at Chamber of Commerce (479) 253-8737. **Will go on in spite of weather.**

4 – 9 p.m. *Doug Stowe/Eleanor Lux Christmas Show & Party*, Lux Weaving Studio, 18 White St. (479) 253-9636.

6 p.m. *Christmas Tree Forest Lighting Ceremony*, Crescent Hotel lawn.

6 – 8:30 p.m. *Experience the Light*, Great Passion Play grounds. Drive through light display, Live Nativity, indoor Nativity sets from around the globe, Christmas sing-along and more. Donation.

7 p.m. *College of the Ozarks Handbell Choir*, Holiday Island Community Church, Stateline Drive. Offering. (479) 253-8369.

7 p.m. *Christmas Concert with Brian Free & Assurance*, Pine Mountain Theater. \$20, children free. (877) 504-2092.

7 p.m. *John Two-Hawks Christmas Concert* with Gravette Jr. High Youth Choir. \$20 door or \$15 at johntwohawks.com in advance. **Scheduled to go on in spite of weather.**

### Sunday, Dec. 8

10 a.m. *Christians Praise Him*, cantata by Dietrich Buxtehude, First United Methodist Church, Hwy. 23S.

10 a.m. – 5 p.m. *Snow Train Christmas Village*, library annex, \$5/\$2. (479) 253-9417.

## INDEPENDENT Constables On Patrol

### NOVEMBER 25

8:18 a.m. – There was a street sweeper versus vehicle accident in a parking lot.

5:25 p.m. – Shopkeeper spoke with constable on patrol about a possible shoplifting incident. Turns out there had been no shoplifting.

### NOVEMBER 26

8:42 a.m. – Concerned resident near downtown told ESPD a vehicle on the street had not been moved in three days and wondered if it had been abandoned. Constable red-tagged it for towing if it were still there another day.

8:46 a.m. – A puppy showed up on a porch early in the morning. Constable retrieved it and notified Animal Control, who also checked a report that a box of puppies had been left at a nearby location. Animal Control did not find any puppies.

10:47 a.m. – However, Animal Control did find three dogs running free as jackrabbits near an apartment complex. He corralled them and gave their owner a lesson on leash laws.

1:01 p.m. – Constables were called to intervene in a domestic altercation at a motel. They learned the disturbance had not been physical, and the couple went separate ways for the day.

### NOVEMBER 27

1:15 p.m. – Central dispatch asked ESPD

to watch for a vehicle taken without permission from a site west of town. Constables watched for it in town, and deputies eventually discovered it on Hwy. 187.

### NOVEMBER 28

1:30 a.m. – Constables responded to possible location of a 911 hangup call but discovered the call did not come from that location.

2:07 p.m. – Constables were warned about a possibly intoxicated driver heading to town from the south. They encountered the vehicle and arrested the driver for DWI, driving left of center, no driver's license and an open container.

### NOVEMBER 29

2:23 p.m. – ESPD was informed that an individual who had been threatening suicide had recently left his motel room. Constables were able to find him and discovered he was upset but otherwise okay.

9:11 p.m. – Constable arrested a driver for driving on a suspended license.

### NOVEMBER 30

12:16 a.m. – Manager of a bar downtown told ESPD he had just gotten word someone was trying to push in the front door of his establishment. Constable went to the scene and decided no report was necessary.

12:27 a.m. – In the same neighborhood, constable encountered an intoxicated male and called a taxi for him.

1:13 a.m. – Routine traffic stop resulted in the arrest of the driver for DWI and driving left of center.

4:35 a.m. – Constable arrested a female in the police station lobby for disorderly conduct.

10:32 a.m. – Gentleman told ESPD he had been out drinking the previous night and could not remember where he had parked his vehicle. Constable found it at a bar on another street.

11:19 a.m. – Manager of a tourist lodging thought circumstances seemed suspicious regarding a couple. Constable spoke with the couple and the manager, and everything worked out just fine.

11:55 a.m. – Someone apparently stole a rocking chair from a front porch.

3:24 p.m. – Vigilant observer at a care facility thought a person in the parking lot might be intoxicated. Two constables went to the scene and thought things were okay, and the lady then left town.

### DECEMBER 1

12:57 a.m. – Traffic stop resulted in the arrest of an individual for an ESPD warrant for hot checks. She was also cited for possession of a controlled substance.

1:37 a.m. – Innkeeper thought an individual was trying to drive away while intoxicated, so he blocked the person in. Constables arrived to find out it was a misunderstanding.

1:18 a.m. – Two vehicles had a dustup on private property, and the drivers did not want to file a report.

11:33 a.m. – Constable arrested an individual for no bond warrant out of Springdale. Individual also had warrants out of Lowell PD and Carroll County.

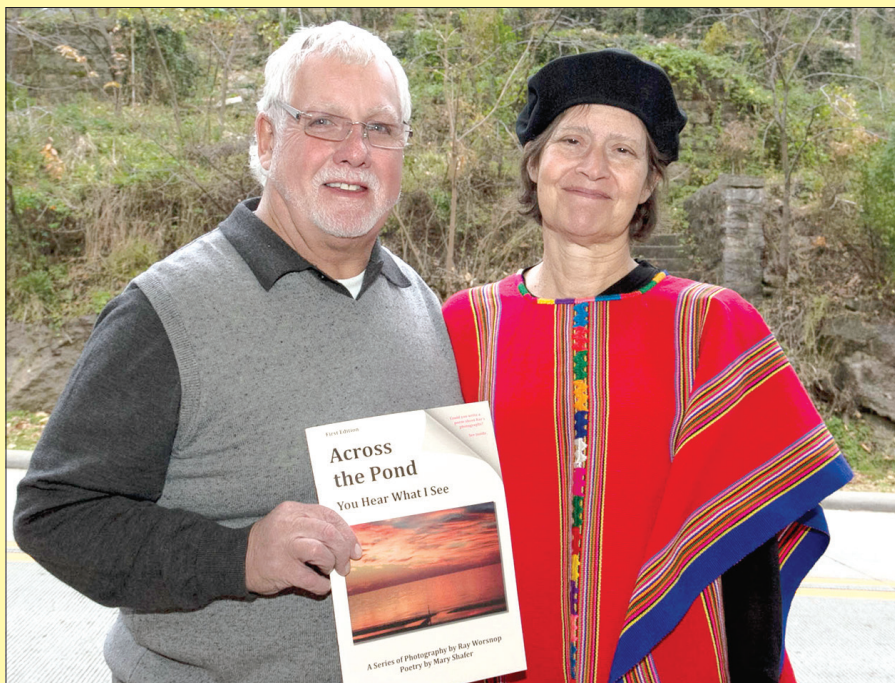
3:29 p.m. – ESPD and ESFD responded to a report of an alarm sounding at the high school. They found everything there was secure.

7:01 p.m. – A mother reported her husband had spanked their 10-year son hard enough to leave bruises. Constables advised the father to leave for the night.

8:24 p.m. – A brother asked for a welfare check on his sister. He had not been able to reach her. Constables found out she was fine and they advised her to call her brother.

10:28 p.m. – A male showed up on a resident's front porch looking for a place to stay. Resident told him to leave, and the vagrant said he would be back. Constables encountered the individual and told him to keep moving.





**Pose and Poetry** – Welshman Ray Worsnop and local poet, Mary Shaffer, have been making the rounds signing their new book, *Across the Pond, You Hear What I See*. Photographer Worsnop and Shaffer worked in a transatlantic collaboration to produce the tome of photography and poetry and met in person when he arrived in town in November. Worsnop heads back to Wales on Dec. 6 with great memories of Eureka Springs. “Eureka Springs is a lot like Wales in topography,” Worsnop commented, “and people hug me here!”

PHOTO BY MELANIE MYHRE

## Calling all needlework artists!

*And those who want to be*

Hooks & Sticks is a new group of knitters and crocheters who want to get together on a regular basis to stitch and, well, – etcetera. Meetings are open to the public and there is no charge. The first meeting will be Wednesday, Dec. 4, 6:30 – 7:30 p.m. at the Writers’

Colony at Dairy Hollow, 515 Spring.

Please bring your current project. Since this is the first meeting, the group will establish guidelines, best dates and times for all to meet. For more information or directions, call (479) 253-7444.

## Brian Free & Assurance perform Dec. 7

Award winning gospel group, Brian Free & Assurance, will perform Saturday, Dec. 7, 7 p.m. at the Pine Mountain Theater, making a stop in Eureka Springs on its nationwide tour. The group has been featured on national television shows, made numerous appearances on Bill Gaither specials and has performed at most of the country’s major Gospel events.

Brian Free, who performed with Gold City before starting his own music ministry, is considered to be the number one tenor singer in gospel music.

Admission is \$20 for adults, Children under 12 admitted free. For tickets or information call toll free (877) 504-2092.

## Open House at Fire Om Earth

All are invited to Fire Om Earth Art Studio’s Open House Sunday, Dec. 8, 12 – 5 p.m. Featured is the private collection of Southern African Zulu and Xhosa Beadwork collected by Lorna during formative years in her native land. There will also be a 40 –

50 percent off holiday sale including drums, flutes, ocarinas, jewelry and pottery – all handcrafted at the studio by Lorna and Craig Trigg Hirsch.

Studio and showroom hours for the holidays, Dec 9 – 22, are 10 a.m. – 4 p.m.

## She’s just our style

– Nora Viola, left, newcomer to both Eureka Springs and the Fall Art Show, receives the People’s Choice Award from ESSA Director, Peggy Kjellaard. Nora upcycles discarded sweaters and knitted goods to make dresses, coats, sweaters, leg warmers, hand and head warmers, mittens – and even gives coathangers a coat of their own. See more at justmystylerecycled.etsy.com.

PHOTO BY MELANIE MYHRE





# INDEPENDENTHIGH (Falutin') SOCIETY



**Elder beard** – Ozark Beard-Off organizer Hillary Fogerty gives local Carl Swartz the award for Best Elder Beard on Nov. 29 in Basin Park. Swartz's beard was picked by an all-kids judging team as the best "Grandpa Beard" – even beating out Santa Claus! The beards of locals Dale Grunwald and Craig Hirsch came in second and third.

PHOTO BY GWEN ETHEREDGE

**GOBO** – It's all over but the shaving. Great Ozarkan Beard-Off coordinator, Hillary Fogerty, gave Arkansas Prostate Cancer Foundation President, Patrick Presley, some directions at the sign up booth at the kick-off. The numbers haven't been tallied yet, but close to 100 beards from 11 states showed up for the Beard-Off, most bringing wives and friends for the weekend. Fogerty said Presley was "ecstatic with the outreach" the event made on behalf of prostate cancer awareness.

PHOTO BY CD WHITE



**Helping hands** – Newcomer to town, Destiny Miley, ladles up some hearty chicken and dumplings for Wildflowers Pastor Rocky Whitely at ND's Pagoda Box on Turkey Day. The 17 year-old heard about what ND's was doing and got up early and made the dish, along with pumpkin pie, chocolate chip cookies and some awesome layered brownies to serve guests at the free lunch. She and Pastor Whitely and his wife, Annie, stayed on hand to chat with folks, help out and support owner Andy's desire to serve the community.

**Soup's on!** – Andy Yang serves up some delicious rice soup at ND's Pagoda Box on Thanksgiving. He and his wife, Annie, stayed on hand to chat with folks, help out and support owner Andy's desire to serve the community.

PHOTO BY CD WHITE

PHOTO BY CD WHITE



**Here's how I did it** – An animated Barb Kerbox, right, explains a process to guests at her booth during the ESSA Fall Art Show at the Inn of the Ozarks Convention Center Nov. 30.

PHOTO BY CD WHITE







**Still painting a pretty picture** – Eureka's own Dorothy Moore, now in her 80s, talks about her love of painting on stone at the ESSA Fall Art Show. Dorothy's still got the touch!

PHOTO BY CD WHITE



**May we serve you?** – This crew of friendly faces and then some served more than 100 meals at the annual ECHO free community Thanksgiving Dinner. Eager to pack the plate with good stuff cooked by Rich Goodyear are, from left, Jim Simmons, Sharon and Ken Harrison, Marilyn and Orie Pronozuk and Linda Cane. Food was donated by Flint Street Food Bank.

PHOTO BY CD WHITE

**EuZeeka!** – The inimitable Zeek Taylor's work was judged Best in Show at the ESSA Fall Art Show at the Inn of the Ozarks Convention Center Dec. 1. At left is ESSA Director, Peggy Kjellaard sharing the good news. Zeek was recently listed among the Top Ten Artists of Northwest Arkansas in *Cityscapes* magazine.

PHOTO BY MELANIE MHYRE







**Turkey Trotters** – Winners of the Annual Thanksgiving Turkey Trot Race run in honor of Don Gammie of Grassy Knob were fleet on their feet before the big feast. From left, Conner Wright, Berryville, was the 18 Years and Under winner; Walt Bleser of Denver, Colo., the Overall Men's Winner; Pauline Allen of Fayetteville was the Overall Women's Winner and local Woody Barlow (not pictured) was the Over 60 Years Winner.

PHOTO COURTESY OF MARIE LEE

**Third Sun Studio** – The husband/wife team of Judy-Lee and Sonny Carpenter at Third Sun cover just about every discipline of art – two-dimensional and three. He paints and draws and works in wood and metal, and she makes jewelry and intriguing metal art from found objects. At left, Sonny explains how he fitted the gnarly octopus on the wood base of his metal "Neptune" sculpture.

PHOTO BY CD WHITE

# TheNATUREofEUREKA by Steven Foster

## The Nature of Living – William S. Coperthwaite 1930-2013

So think you want to live close to nature. Close your eyes and imagine living on 500 acres, with five miles of coastline on a beautiful undeveloped bay on the Maine coast. You are off the grid – no power company – no cellphone. Your drinking water comes from a clear brook, bubbling out of a granite spring on its way to the ocean a few hundred yards away. Your high technology is your knife and your axe. Your steady

stream of visitors arrive three miles by sea or two miles by hike; no motors, no traffic, no noise disturbs nature's own rhythms.

Many a rebellious back-to-the-lander held such ideal notions in their minds. A few tried it for a year or two, but it was just too tough. Very few people actually did it. I know only one person who lived that lifestyle with purposeful intention and clarity for five decades – the remarkable William S. Coperthwaite, who died in a one-car accident on Nov. 26 at age 83.

I met Bill in Maine when I was 17 years old. A few years later he talked me into meeting him in Reeds Spring, Mo., to assist in a yurt workshop. Poignantly, that was the event that first brought me to the Ozarks – the week of Thanksgiving, 35 years ago.

Best-known as the conceptualizer of the modern yurt, Bill Coperthwaite was inspired by the utilitarian design of the Mongolian yurt seen in a 1962 issue of *National Geographic*. Bill took the basic design concept – a round simple building whose structure was maintained with a

tension band – turning it into a practical modern dwelling for simple living. He built over 300 yurts around the world, each one incorporating variations on the basic structural design concept, producing temporary or lasting structures of extraordinary beauty.

In 1960 he purchased 500 acres, with nearly five miles of coastline. He joked that he only had \$1500, so at three dollars per acre, it was all that he could afford. He built his first yurt at Buck's Harbor in 1964, a simple open weave structure with a birch bark roof.

A designer, thinker, writer, builder and student; above all, Bill was an educator. Bill Coperthwaite traveled the world seeking out the best artisan of a particular knife, basket, box, boat, chair or other utilitarian object in an endless search for simple utilitarian beauty.

In the early 1970s, soon after receiving a doctorate in education from Harvard University, he gathered-up Eskimo artifacts from museums in the United States and Canada and took them on a traveling exhibit to Eskimo villages in northwestern North America.

Add his book to your winter reading list: *A Handmade Life: In Search of Simplicity* (Chelsea Green Publishing, hardcover 2003; softcover 2007). You will be inspired.





*Sycamore*, by Constance Wagner and published in 1950 by Alfred A. Knopf, is the story of a sophisticated New York girl who marries a boy from Arkansas. The Wagners and their four children lived in Eureka Springs while the novel was written.

In addition to four novels, Constance Wagner wrote numerous articles and stories published in *The New Yorker*, *Atlantic Monthly* and *Collier's*.

“Oh, entirely different!” Billy Gordon cried with conviction. “Oh, I admire Jane tremendously,” he added quickly. “But no one would take her for your daughter, Mrs. Telemon – Grace. It’s not only that you couldn’t be, well, *old* enough to have... No, it’s not just that. But I feel that Jane – may I be frank? – perhaps lacks that *fineness*, that delicacy that I – that we all admire in you.” He wound up his speech abruptly, furiously embarrassed.

Mrs. Telemon glowed. “Why, Billy!” she cried radiantly. “That’s one of the nicest things anyone has ever said to me. Do you know that?” She laid aside Jane’s dress and stood up, smiling at Billy Gordon. She was filing his words away for future reference. She owned a priceless collection of such treasures, and when she was afflicted by blue days or white nights, she let them slide delicately through her mind. Each hour a pearl, each pearl a – not a prayer, exactly. Perhaps each pearl a man? But that seemed not wholly in accord with the tone she had preserved throughout her life. She could sum up neatly in a phrase her philosophy regarding men: Hold them at arm’s length. Anything thus held could never dangerously touch you, for fingertips were safe. Even Nick Willson, (surely the most attractive of her past worshippers, and a man who wore evening clothes better

than any other she’d ever known) had not got much farther than the fingertips.

It was Nick who had called her “dear lady.” She loved that. It was exactly right. “Timeless,” he’d said. “You will never grow old, dear lady. With those innocent eyes, too large for your face. Ageless. Like Cleopatra.” And to think of his marrying that Hammond girl! So ordinary, so obvious, got up in that poison green affair that fitted her like her skin, so everything showed as plain as day and you could tell she hadn’t a stitch on underneath. Mrs. Telemon had thought, “Well, Nick Willson is the last man on earth to be taken in by such wiles. But he had been taken in. Sheer animal attraction. And of course it was herself that he had loved. Hopelessly.

Over the éclairs and pale tea, Billy Gordon began to speak of Mrs. Zabriskie who had passed away the previous week. Grace Telemon’s friends and acquaintances passed away. They never crudely died. To her, death was an obscenity, scarcely to be mentioned.

Billy Gordon was saying, in an episcopal tone, “the Church has lost one of her most loyal workers,” and Mrs. Telemon hastened to agree, darting about in her mind for some path leading away from this dank, forbidden region, and at the same time uttering her unvarying comment on the end of man.

“Death,” she said, “is so final.”

Reflective, gently melancholy, she picked up Jane’s dress and flattened one of the tucks with her thumbnail. “Heaven,” she murmured. “I should look like heaven, Billy. Where there will be no more marrying or giving in marriage.” She said this because she had an impulse to see Billy Gordon blush once more. He did, and he swallowed painfully, before he brought up a reply. “Yet the Church,” he said doggedly, “regards marriage as holy. We, we have to remember that, don’t you think? No longer as a sacrament, it’s true, but still as a – spiritual union.”

Mrs. Telemon sighed. “Ah, yes. But quite between ourselves. Billy, when I see Jane and Walter together, I ask myself if there is much of the spiritual between them I really ask myself.”

Billy Gordon was so pinkly embarrassed as almost to be rendered speechless. He blurted out at last, “Perhaps you should *talk* to Jane.”

“Oh, no one can talk to Jane,” Mrs. Telemon said with resignation. “Least of all myself. She only smiles or says the most outrageous things. Jane is the apple of my eye, as you know. Only...”

For a time they both sat staring downward, as if to discover in their teacups the shape of whatever unimaginable thing it was that held Walter and Jane together. They searched the cups, each with its thin disk of lemon drowned in amber, like people gazing into deep water, fearful

and fascinated. It was Mrs. Telemon who first freed herself of the trance and of the queer alarming proximity into which it had thrown them. She drew back a little, as if arm’s length had been violated, and said, with her troubled delphinium eyes turned window-ward: “Ah, Billy, if only the animal could be put down in us! In human beings, I mean. I think of my own marriage. What a nightmare it all was!” She had an almost ironclad rule against mentioning the six years she had lived with Mr. Telemon, but now, impetuously, she broke it.

“Yes, yes. But you have risen above it,” Billy mumbled, fishing out his handkerchief and wiping his palms with it. “Purity of spirit is triumphant in the end, don’t you agree? After all... ‘blessed are the pure in heart.’”

“But how ironic, how strange, that I should have married the one man in my life who had no perception, no appreciation of those qualities. My husband,” she said with a brave rush of candor, “was an unfeeling type of man. Oh, unthinkable, the things he said to me! Especially that last, awful day when he went away for good. After six years of trying to pull me down to his level, Billy, and then that.”

Billy Gordon, in anguish, pushed aside the last inch of éclair as if he’d discovered it to be saturated with some toxic substance.

## NOTES from the HOLLOW

by Steve Weems

It was in March of 1961 that the newlywed Duane and Doris O’Connor were watching television one evening, relaxing in their newly-bought home on Ridgeway Avenue in Eureka Springs, Arkansas, when Doris said, “I think I hear someone on the roof.” Next there was the definite sound of someone in the basement, then an incessant pounding on the windows and doors. When Duane declined the crowd’s demand to come out, he was grabbed and bodily carried and placed in a waiting automobile. Doris followed.

This may sound like kidnapping, and perhaps it meets the legal definition, but it was also a shivaree, an age-old tradition brought to the Ozarks in which

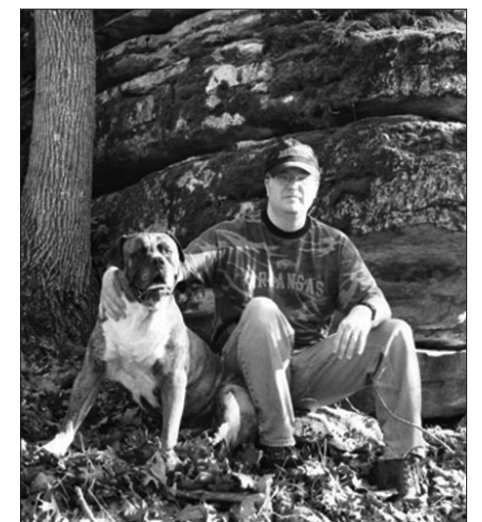
the newlywed couple are serenaded with noise and pranks are performed.

Duane and Doris O’Connor were driven to the Eureka Springs Post Office, where a wheelbarrow was produced for Doris to ride in. Duane had to push her down Spring Street to the old Eureka Drug Company, where they switched places and Doris pushed Duane in the wheelbarrow down the hill to the Basin Park Hotel.

Shivarees had been banned in Eureka Springs some years earlier because they could get out of hand. For example, couples would be dragged from their beds in various states of dress and carried to the horse trough and dunked.

Despite the ban, members of the crowd that descended on 44 Ridgeway Avenue that winter’s night had permission from Chief of Police Norman Faulkner. He is reported to have said, “If Duane O’Connor got married, then shivaree him.”

Returning to their home, the couple found that their bed had been stacked on cans, short sheeted, and was full of cracker crumbs. When it was found out that Doris had to be at the hospital at seven the next morning for work, some of the people cleaned the house and yard and others fixed a breakfast of bacon and eggs. Most of the crowd of 30 or more dispersed, but some spent the rest of the night at the O’Connor’s house. It was all



in good fun.

Write to me at P.O. Box 43, Eureka Springs, 72632 or [steve@steveweems.com](mailto:steve@steveweems.com).



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## Got a 'Handel' on Christmas yet?

The Ozarks Chorale's special holiday project, the *Hallelujah Chorus Community Sing*, has had singers young and old learning Handel's "Hallelujah Chorus" through a dedicated YouTube channel. On Dec. 14 the public will stand and sing the chorus together with The Ozarks Chorale during the finale of their Holiday Concert in the Eureka Springs city auditorium.

"More than any other piece of music, the Hallelujah Chorus from Handel's *Messiah* ushers in the glory of the Christmas Season," Chorale Artistic Director and Conductor,

Beth Withey, said. "What if a thousand people stood together and raised their voices? Wouldn't that be glorious?"

If you'd like to be in that number (and we can get close, since the Aud has 900 seats!), log onto the Ozarks Sings channel on YouTube, and watch or download the tutorial, music and practice videos for all vocal parts. And you don't have to be a "good singer." Every voice counts in this community project.

There is no cost, no practice to attend and no strings attached. Just go to: [www.youtube.com/ozarkssings](http://www.youtube.com/ozarkssings) or

Google "ozarks sings" and start practicing today, or just show up and sing.

The concert and community sing begins at 7:30 p.m. Local church and school choirs, civic organizations and families who love this chorus are encouraged to attend the concert and fill the auditorium. Ozarks Chorale President, Paul Gandy, said, "Our motto for the Hallelujah Chorus Community Sing, 'One Thousand Voices, One Thousand Hearts, One Community,' emphasizes the collaborative spirit found in the joy of this music."

## EXPLORING the fine art of ROMANCE... by Leslie Meeker

*"My spouse is a complete holiday scrooge. I even dread the holidays now and this used to be my favorite time of year. What can I do?"*

Yes, 'tis the season... for curmudgeons to shine in their infinite glory as penny pinchers, party poopers and parade rainers. Your fairytale dreams of a romantic holiday with your honey are bridled yet again, like a one horse open sleigh dashing through cement.

Here's a thought: Don't settle for this! We get what we *accept*. Stop accepting behavior that's hurtful. No, you cannot change another's behavior. So instead, change your behavior. This will force change on your partner's behalf.

Holidays are stressful and often the most significant stressors are related to interactions with extended family. It seems that family flaws and dysfunctions become spectacularly illuminated when adorned with sparkling lights, glitter and bows.

Don't be blinded by the lights. Remember it is your partner, not extended family, with whom you carry life's burdens, suffer losses, share intimacy and create joy. Your partnership is your greatest treasure.

This holiday season, create a new history of positive exchanges between you and your Scrooge. Discuss ways to maintain a strong boundary around your relationship so you have time to celebrate one another. Agree upon events you will attend and invitations you will decline. Do

not over commit. Learn to say "no."

If in-law relations are strained, then quit wishful thinking. This visit will be no different than the past 27. Plan accordingly! Communicate your unity as a couple by maintaining touch during family events. Holding hands, a hand on your partner's knee or arm around their shoulder is a clear statement of your solidarity. Leave early. If family dinner begins at 5 then leave at 8. Three hours is plenty. If questioned, proudly state that it's date night. This may ruffle feathers but it is yet another demonstration of your indivisibility.

Speaking of date night, when visiting family out of state, be sure to inform them before your arrival of the one evening you've set aside for a romantic getaway

in their fair city.

Despite negative family feedback, making your relationship a clear priority publicly and with no apology is impressive and offers others a shining example of how to treasure life's greatest gift.

Questions? Email [leslie@esindependent.com](mailto:leslie@esindependent.com). *Leslie Meeker, M.A., L.P.C., is a psychotherapist who has specialized in relational and sex therapy, sexual compulsivity and sexual trauma for the past 15 years, after receiving extensive training in human sexuality at the Masters and Johnson Institute in St. Louis, Mo.*



### FLUORIDE continued from page 1

these commitments were verbal only, and their board will meet in December or January to consider it. "I am optimistic they will work with us," he told the board.

He also said features were added as plans for the feed facility evolved, such as making the buildings corrosive-resistant because of fluoride, and adding fluoride analyzers as another measure for monitoring fluoride levels in the water.

Dan Bowers, attorney for the board, told them, "You don't have to act today."

Hammond added the bid he was recommending would be good until they meet again Jan. 23. He said his engineers would continue to look for ways to lower costs, and he would pursue written commitments from Delta Dental regarding an increased grant amount and deadline extension.

Chair Jim Yates said, "I suggest we take no action until the January meeting."

### Bond counsel and bond underwriters

Also part of the fluoride feed project is selecting a bond counsel to guide the board. Office manager Cathy Klein said she had received four responses, three that were from primarily Arkansas firms and the other was national with a local presence.

Bowers suggested they prioritize their choices and then appoint a board member as the lead negotiator.

### Transmission line project ready to begin

Hammond had told the board at the April meeting that the balance of water use in their system continues to tip even more toward the eastern end because both Green Forest and Harrison are drawing more water. He had suggested a long-term solution to ensure stability in delivery of water would be to build a parallel line the entire length of the existing transmission line from Beaver Lake to Harrison.

At the Nov. 18 meeting, Hammond

asked the board to authorize MWY to get started. "We could begin next week," he said. He would procure an agent to negotiate getting easements on 54 properties covered in the first phase of the project, which would be building the parallel line from Beaver Lake to just south of Eureka Springs near Hwy. 23. Fees would be \$615,000 for the design phase and \$35,000 for the bid and pre-construction phase, "a very fair fee for the size of the project," he said.

Yates commented on how much the district has learned over the years regarding getting quality work for their dollars expended, such as during the prep work, making sure all lines are laid on proper bedding. Hammond said they would have a designated inspector "who will see every stick of pipe that goes in the ground."

Commissioners agreed it made sense for Bowers to peruse the contract again for their protection, but otherwise they were ready to let MWY proceed.

Commissioner Gene Bland moved

to accept the bid from MWY subject to Bowers' final scrutiny, and the vote to approve his motion was unanimous.

Yates said one of the bidders had done work for the district before and he knows the personnel in the firm very well, but he would not expect much dropoff in cost or services regardless of which firm they choose.

Bowers replied, "It makes sense to stick with someone with whom you have experience, but still you have to settle on someone and start talking."

The board selected Yates as the negotiator and prioritized the bidders in this order: Friday, Eldridge & Clark; Mitchell Williams Law; and Williams & Anderson.

The board decided to have Klein send out bid requests for a bond underwriter, and perhaps hear presentations at the January meeting.

Next meeting will be Thursday, Jan. 23, at 10 a.m., at the Freeman-Raney treatment plant on Beaver Lake.



The Ariels are a true Eureka band that have been playing together in one form or another since 1978. They define their genre as Flint Rock – an Ozark flavored blend of rock and roll, blues, country and jazz. An Ariels show

combines their catchy originals with classic covers. They have released two CDs; *All the Best Days*, all originals and *Maxed Out*, a combination of originals and covers. Besides being able to pack the dance floor with great music, The Ariels are frequently seen

at community events entertaining for a benefit or festival.

Members are Karen Fitzpatrick on vocals, her sultry voice is one that you won't soon forget. Tony Walker keeps the beat on drums and vocals. Patrick "Bear" Griffith provides thumpin' bass

and is the sound engineer. David Burks in on guitar, harmonica and vocals. Peter Read of *Nightflying* called this foursome one of the best rockin' blues bands on either side of the Mississippi. They will be rocking at Voulez-Vous on Friday and Saturday night at 9 p.m.

## Josh Jennings Band getting a kickstart

For fans of the Josh Jennings Band, Joplin's hottest Americana band, you will be glad to hear they are ready to record another album. What to do if you have a treasure trove of original music and great fans waiting to have it recorded? The Josh Jennings band partnered with Kickstarter. "It's a great way to be a part of art and creating!" For a \$3 donation you can help bring this record to life and everyone who donates gets a free CD, shirt, hugs or stickers. Go to [www.kickstarter.com/josh-jennings-band](http://www.kickstarter.com/josh-jennings-band).

### THURSDAY – DECEMBER 5

- **BLARNEY STONE** Loose Mic, 7 p.m.

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- **EUREKA PARADISE** Free pool
- **GRAND TAVERNE** Jerry Yester  
Grand Piano Dinner Music, 6:30–9:30 p.m.
- **JACK'S PLACE** Karaoke w/  
DJ Goose, 8 p.m. – midnight
- **LEGENDS SALOON** DJ Karaoke
- **SQUID & WHALE PUB** Open  
Mic Musical Smackdown with Bloody  
Buddy & Friends
- **VOULEZ-VOUS** Open Mic Night

### FRIDAY – DECEMBER 6

- **BLARNEY STONE** Karaoke, 9 p.m.
- **CATHOUSE LOUNGE** Ratliff Dean, 8 p.m. – midnight
- **CHASERS BAR & GRILL** Dance Party with DJ LowKey
- **CHELSEA'S** SX Rex, 9 p.m.
- **EUREKA LIVE!** DJ & Dancing, 9 p.m.
- **EUREKA PARADISE** Ladies Night, Latin Fridays, DJ & Dancing to Latin hits
- **GRAND TAVERNE** Arkansas Red Guitar, 6:30–9:30 p.m.
- **JACK'S PLACE** Karaoke with DJ Goose, 9 p.m.
- **LEGENDS SALOON** DJ Karaoke
- **NEW DELHI** Mountain Sprout, 6:30–10:30 p.m.
- **ROWDY BEAVER** Live

- **Music**, 7:30 p.m.
- **ROWDY BEAVER DEN** Terri & Brett, 9 p.m. – 1 a.m.
- **THE STONE HOUSE** Jerry Yester, 6:30–9:30 p.m.
- **SQUID & WHALE PUB** "Local Kine" Local Talent Showcase, 9 p.m.
- **VOULEZ-VOUS** The Ariels, 8:30 p.m.

### SATURDAY – DECEMBER 7

- **BLARNEY STONE** Karaoke, 9 p.m.
- **CATHOUSE LOUNGE** Tony Berkoetter, 8 p.m. – midnight
- **CHASERS BAR & GRILL** Hard Truth
- **CHELSEA'S** Flip Off Pirates, 9 p.m.
- **EUREKA LIVE!** DJ & Dancing, 9 p.m.
- **EUREKA PARADISE** DJ & Dancing
- **GRAND TAVERNE** Jerry Yester Grand Piano Dinner Music, 6:30–9:30 p.m.
- **JACK'S PLACE** Karaoke with DJ Goose, 9 p.m.
- **LEGENDS SALOON** DJ Karaoke
- **NEW DELHI CAFÉ** Kevin Riddle, 1–5 p.m., SX Rex, 6:30 – 10:30 p.m.
- **ROWDY BEAVER** Terri & the Executives, 7:30 p.m.
- **ROWDY BEAVER DEN** Terri &

- **Brett**, 12–4 p.m., *Strange Derangers*, 9 p.m. – 1 a.m.
- **SMILING BROOK CAFÉ** Becky Jean & the Candy Man, 5–7 p.m. – BYOB
- **SQUID & WHALE PUB** "Half-Jig" Trio Jazz-Funk, 9 p.m.
- **VOULEZ-VOUS** The Ariels, 8:30 p.m.

### SUNDAY – DECEMBER 8

- **BLARNEY STONE** NFL Game Day–We Have Every Game
- **CHASERS** Sunday Funday
- **CHELSEA'S** Ratliff Dean, 7:30 p.m.
- **JACK'S PLACE** NFL Football with Dylan, 1 p.m.
- **LEGENDS SALOON** Free Texas Hold 'Em Tournament with prizes, 6 p.m.
- **NEW DELHI CAFÉ** Chuck Onofrio, 12–4 p.m., Sunday Night Football – gametime food/drink specials
- **ROWDY BEAVER** Free Pool Sundays
- **ROWDY BEAVER DEN** Open mic with Jesse Dean, 4–8 p.m.
- **SQUID & WHALE PUB** NFL Football afternoon, food & beer specials

### MONDAY – DECEMBER 9

- **BLARNEY STONE** Monday Night Football
- **CHASERS BAR & GRILL** Pool Tournament, 7 p.m., NFL Specials –

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Tues., Dec. 10 • 9 P.M. – **OPEN MIC**

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**The Ariels** – From left; Karen Fitzpatrick, Tony Walker, David Burks and Pat “Bear” Griffith make up the Ariels, the rockin’ blues band that will be at Voulez-Vous on Friday and Saturday nights.

Challenge the spread for free wings!

- **CHELSEA’S** *Spring Billy*, 9 p.m.
- **NEW DELHI CAFÉ** Monday Night Football – gametime food/drink specials

#### **TUESDAY – DECEMBER 10**

- **CHASERS BAR & GRILL** Game challenge night, NFL Specials – Challenge the spread for free wings!
- **CHELSEA’S** Open Mic
- **LEGENDS SALOON** Pool Tournament, 6:30 p.m.
- **ROWDY BEAVER** Hospitality Night

#### **WEDNESDAY – DECEMBER 11**

- **CHASERS BAR & GRILL** Ladies Night – Drink specials, free jukebox
- **NEW DELHI CAFÉ** Open Jam
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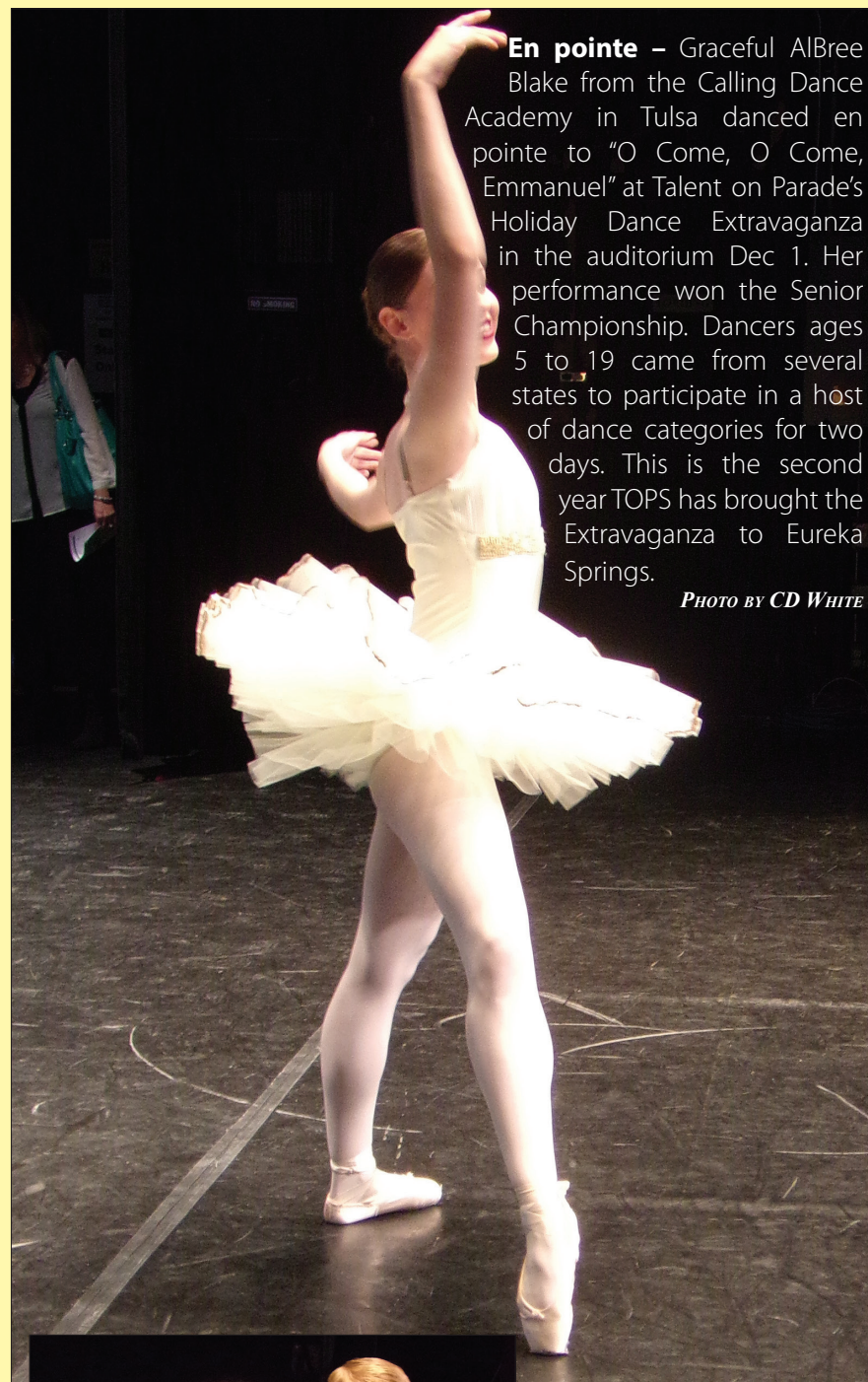
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**En pointe** – Graceful AlBree Blake from the Calling Dance Academy in Tulsa danced en pointe to “O Come, O Come, Emmanuel” at Talent on Parade’s Holiday Dance Extravaganza in the auditorium Dec 1. Her performance won the Senior Championship. Dancers ages 5 to 19 came from several states to participate in a host of dance categories for two days. This is the second year TOPS has brought the Extravaganza to Eureka Springs.

PHOTO BY CD WHITE



**Barbie & Ken** – Energetic duo in the five year-old category at the Dance Extravaganza, McKenzie Sutherland and Gavin Page from Cabot Dance in Cabot, Ark., stole the audience’s hearts with their performance to “Everybody Needs a Ken.”

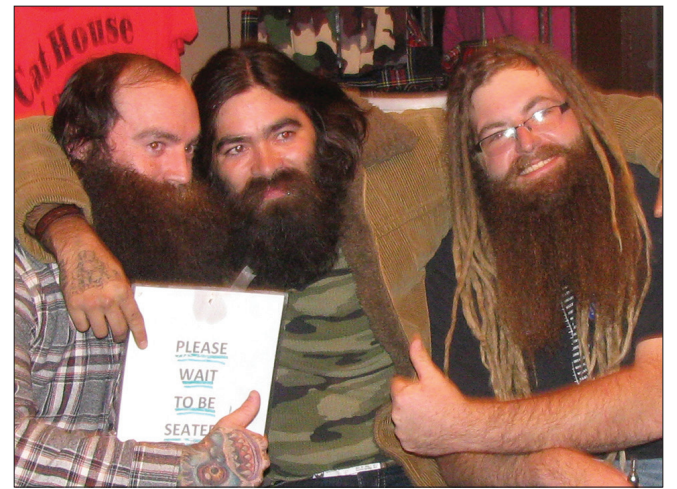
PHOTO BY CD WHITE





### Second most bearded workplace

– At left, the festive fellows from Ozark Natural Foods garnered second place for Most Bearded Workplace in the Great Ozarkan Beard-Off. First place went to Eureka Springs' own Crescent and Basin Park Hotels with a combined 21 beards.



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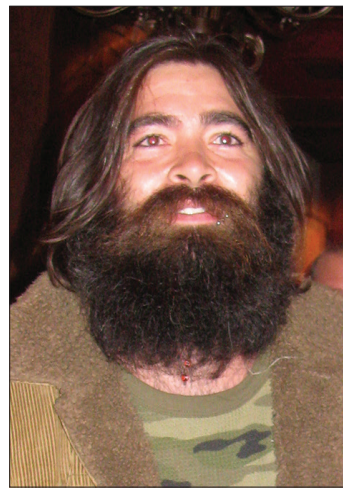
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## Ocean & Sea Creatures Alerting Humanity

**S**agittarius is the sign of “seeing the goal/task, reaching the goal, and recognizing the next goal” – until all goals for the good of humanity are reached. Sag, Knights of the Roundtable, is concerned with the Truth. And the truth in our present world is in a state of emergency.

The ocean and sea creatures, migrating and gathering at the U.S. west coast (Santa Cruz and Monterey Bay) are alerting us to the truth of an immediate crisis (Fukushima

and irradiated waters). While the media has been silent, at the UN, the world’s indigenous leaders have clearly signaled humanity to the realities of our world in destruction.

The disciples of the world (Scorpio & Sag) maintaining justice, peace and responsibility are called to respond to this ongoing catastrophe, to awaken and educate humanity, to create plans of action that save the world. Working with the indigenous peoples, these goals

can be accomplished.

During this holiday season, Sagittarius asks us to see beyond our usual buying and indiscriminate “seeking of food” (material gains), turning our attention instead upon a suffering world.

Mars, presently in Libra (balance, equilibrium) calls us to identify and respond to the needs of the world and the kingdoms of Earth. During this time of giving, let us respond lovingly, intelligently and appropriately. Together.

**ARIES:** What would you initiate if you were in charge of the world? How would you go about gathering people and leading them in saving the world? You do not have to do all the work. You simply need to take one step and other always follow. Your work at this time is forming new partnerships, bonding with others who are like-minded, to form harmonious relationships with a purpose and a plan. You are a leader among humanity.

**TAURUS:** You realize your responsibilities. You always have, even as a child. There is the story of the little Taurus child who thought she was Annie Oakley. Before going to bed, she would walk around the perimeter of her yard (farm, land) with her pony, toy gun in hand, and make sure everything and everyone was safe for the night. She still does this today. This is your story, Taurus. You are to make the world safe for humanity.

**GEMINI:** Your task is always the gathering and dispersing of information, pointing disparities, polarities, dualities so humanity can know the truth (Sag, your shadow) of matter on Earth. Earth is your spiritual ruler. When you share real information to humanity the creative ones become a catalyst for change due to how you have inspired them through the information you have shared. Do you know the truth? Truth isn’t relative.

**CANCER:** The United States, like you, is Cancer Sun. The U.S., reflecting the world in turmoil has a spiritual task – to lead humanity within and

toward the Light. As you nourish all who come into your field you create a sense of home. Everyone’s sense of home now is upended. Do not allow this to occur in your world. You will be home for all of humanity at some future time. Prepare for this.

**LEO:** Everyone you meet and interact with has a message. You, too. A message about Light. Each morning as the new day begins, bring the light from the Soul into your heart. With your imagination, radiate this light to the world, humanity and the kingdoms. Everyone is seeking the Path of Return. When others see your Light their Path of Return is revealed. When you serve in this way a golden 5-pointed crown appears on your head, your royalty revealed.

**VIRGO:** We are given resources in order to share them. The state of the world is in need of sharing. The world in which we each live needs mentors who show us the Way of Sharing. You have been given an increase in resources and possessions for the purpose of sharing. When old responsibilities fall away begin new activities based on helping to create the Sharing Society. As you give, you are given back 100-fold. Give everything.

**LIBRA:** You want others to love and recognize you no matter your foibles.

Always you impress upon others your beauty, importance, knowledge and worth. You can shine like the Sun sometimes. It’s important to shine that light upon the one(s) you can’t forgive, the one(s) you try to forget. This is a great challenge. It may be the greatest in this lifetime. You can do this. Each moment is an opportunity to forgive and begin again.

**SCORPIO:** So many times you seek concealment and you’re successful. However, there’s now a great energy within that needs an outlet. It can no longer be locked up tight in secret compartments. It can no longer be covert, hiding in shadows. You need a project that converts what’s hidden into real live substance anchoring in the earth, growing strong from there. You need a real physical project. What would this be?

**SAGITTARIUS:** You need to be out and about and involved with groups of friends. It’s best for you if they have a humanitarian purpose, like Masonry. You may be called to lead such group (now or eventually). Your presence accomplishes much. Especially for someone needing to learn, quietly, silently, in the shadows. Silence is a quality of Sag. You’re always called to this Silence. Its potency provides

inspiration. You’re inspiring.

**CAPRICORN:** You may feel pressed to move forward and be something and someone in the world. You feel an inner initiative for direction. Great progress is being made on inner levels. Know this to be true. Many years of our lives are spent in preparation. So that when “called” to leadership, we’re ready. You’re in preparation now. You have authority in all you do. Don’t be impatient with yourself or your present work. Everything we have is given. When we step into daily gratefulness more is offered.

**AQUARIUS:** You will expand beyond what you know and believe in. You will seek ways to learn new things. In turn, aware or not, you become a teacher to others in the ways you live, what you say, your behaviors, morals and values. Something long distance, something cultural, unusual may arise, perhaps a relocation of something or someone. Careful with legal situations. Take no risks. Something religious and/or ceremonial is important to attend.

**PISCES:** Cooperation, cohesion and community – these are the words you like to hear. They define the new world. You will experience a pulling together of resources and efforts from everyone in order to bring a vision into form and matter. Everyone will be learning how to work together, to share, to live with no expectations except for opportunities to give. Losses, deaths and sexuality form a triangle of experience. These are resources, too.



Risa D'Angeles, founder & director, Esoteric & Astrological Studies & Research Institute, a contemporary Wisdom School studying the Ageless Wisdom teachings. The foundation of the Teachings is Astrology. Email: risagoodwill@gmail.com. Web journal: www.nightlightnews.com. Facebook: Risa's Esoteric Astrology for daily messages.



# Paws on the move need Ticket to Ride

A Ticket to Ride is the perfect Christmas gift for the animal lovers on your list. Ticket to Ride is a fundraiser for Go East, Young Dog rescue and transport. Each ticket purchased offsets the cost of transporting a homeless Carroll County pup to a loving adoptive home in the northeast.

Tickets, featuring the Go East, Young Dog mascot on a bus heading home, are printed on photo-quality paper and come in a holiday gift card sleeve and envelope, ready to be personalized and gifted, and suitable for framing. Donation is \$25 per ticket. They make great stocking stuffers and are ideal feel-good gifts.

Buy them at Sweet Spring Antiques, across from the Eureka Springs Post Office, or email, text or call Bill and they will arrange to get the tickets to you – (479) 253-1649, [bill@goeastyoungdog.org](mailto:bill@goeastyoungdog.org).

For more information or to donate, visit [www.goeastyoungdog.org](http://www.goeastyoungdog.org). Tax-deductible donations may also be mailed to Go East Young Dog, 1233 Bunch Springs Rd., Berryville, AR 72616.



## PASSAGE

### William E. “Red” Perkins

William E. “Red” Perkins, 86, of Olathe, Kansas, passed away on Saturday, Nov. 23 at Lakeview Village Nursing Home in Lenexa, Kansas. Red was born in Sedalia, Mo., to Willie Carl and Pearl (Russell) Perkins. He graduated from Argentine High School in Argentine, Kansas. He served his country honorably in the U.S Coast Guard as a Seaman First Class during World War II.

Red was preceded in death by his parents and brother, John Perkins. Survivors include his children,

Janie M. Perkins; Daniel K. Perkins; Dennis M. Perkins and his wife, Cindy; Traci E. Perkins and John B. Perkins.

Also surviving are his two grandchildren, four great grandchildren and two great great grandchildren. His sister, Nadine Comley, and brother, Bob Perkins and his wife, Rosemary, also survive.

Red had a long and successful career in automobile sales. Upon his “retirement” he became a building inspector for the city of Holiday Island, Arkansas. He

was an avid golfer and in his social circle was known as a “dancing machine!”

Red will be cremated according to his wishes. A graveside service with military honors in Leavenworth National Cemetery is pending at this time. In lieu of flowers memorial contributions may be made to Cedar Lake Village Assisted Living Facility, a division of the Good Samaritan Society.

Condolences may be offered at [www.mcgilley-frye.com](http://www.mcgilley-frye.com).

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**GLUTEN** continued from page 7

“My intern’s focus improved, and her whole demeanor changed after going gluten free,” Lorna said. “She went from 0 to 100 as far as improvement in four weeks. Removing gluten has also been proven to help children with autism. In the 1970s, wheat was hybridized to produce more gluten. What we eat today isn’t the grain our grandparents ate. Our bodies have not learned to assimilate this. The wheat grown today is poison.”

Wheat is so prevalent in the American diet that totally eliminating it can be difficult if you don’t have someone like Lorna in the kitchen. To get tested for gluten intolerance before making radical changes to your diet, look online or get tested without a doctor’s order at Med Quik Labs in Bentonville (479) 657-6740.

Perlmutter concludes that all of us are gluten intolerant when it comes to the perspective of the brain, and it has been a mistake to tell people to avoid eggs, meat and fat because of cholesterol when cholesterol is brain food. He also recommends people cut sugar consumption, a non-controversial recommendation considering the skyrocketing rates of diabetes in the

U.S. and the fact that Alzheimer’s is now known as Type 3 diabetes.

Not everyone is convinced that wheat is the biggest diet boogeyman ever. The USDA says that gluten-free diets are only appropriate for individuals in a small subset of the population that suffers from celiac disease or has diagnosed gluten sensitivity. Author Chris Kesser, L.Ac, said there is no evidence that unrefined, whole-food carbohydrates cause Alzheimer’s and other illness. Kesser said humans are well adapted to digesting carbs, and our bodies require glucose to function properly and maintain homeostasis.

“There are many traditional cultures with high carb intake and low or nonexistent rates of neurological disease,” Kesser said. “If carbohydrates cause neurological disorders, one would expect to see high rates of dementia and similar diseases in populations where carbs constitute a significant portion of the diet. But many cultures that maintain the lowest rates of neurological and other inflammatory disease rely heavily on carbohydrate-dense dietary staples. The claim that carbohydrates from whole-food sources cause neurological disorders is not supported by anthropological evidence.”



# Poulson to speak at Lions Club Dec. 10

Vickie Poulson will be guest speaker at the Lions Club meeting at noon Tuesday, Dec. 10 at Forest Hill Restaurant. She will speak on alcohol and drug abuse and the new Women's Recovery Home.

Poulson is a certified alcohol and drug abuse counselor at Fresh Roots Family Counseling in Rogers. She is registered with the Arkansas Substance Abuse Certification Board and has 10 years experience working with adolescents and adults who struggle with drug and alcohol issues. She and her husband, J.R., pastor at Soul Purpose Ministries

in Green Forest, have recently opened a Christian women's recovery home in Eureka Springs.

The recently-formed Eureka Springs Lions Club is seeking prospects for membership. The club meets on 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays at noon at Forest Hill Restaurant. Lions Club programs include sight conservation, hearing and speech conservation, diabetes awareness, youth outreach, international relations, environmental issues and other programs. Contact Candy Tollette (479) 244-5189 for info.

## DROPPING A Line by Robert Johnson

Here's one of the smallmouth bass we caught last week on Beaver Lake boated by Jack Carter of Rogers. We come across some nice ones when we put a shiner down about 30 ft. off the tips of the points this time of the year. When you see a bunch of small hooks off the bottom it's usually smallmouth.

Stripers on Beaver are being caught on the surface and will be even doing better after this cold front cools the water down even more. We are still running about 52° from the dam to Prairie Creek. The ones that did sneak up the river are coming back due to the deepest water up that way is only 60 ft. and is already getting down below 46°. Our water depth from the dam to Prairie Creek runs from 120 – 200 ft. deep so it takes a lot longer to cool. We should still have them feeding hard on into January.

Stripers have been busting the top early and late. Right before the sun goes down this time of year can also be good. One of my buddies got three good fish in the mouth of Clifty on Saturday evening and had birds feeding on top at Point 4. Got another report of bait, birds, white bass and stripers all on top at Point 7 Friday afternoon.

This is the time of year to have binoculars on your boat. When you see birds feeding or fish busting the top, go to them but shut off the outboard and come into the school quiet with the trolling motor or they all go down. Get bait down or throw whatever you have that looks like a shad, just make sure the hooks are strong.

Here at Holiday, crappie, walleye and spotted bass are still being caught from



12 – 20 ft. deep. Troll deep divers, jig a jig or drop down some minnows and you should come up with a fish on your line. Most fish are being caught now from the marina to Beavertown. From Beavertown on up river start thinking trout, for they are a cold water fish that will feed hard all winter.

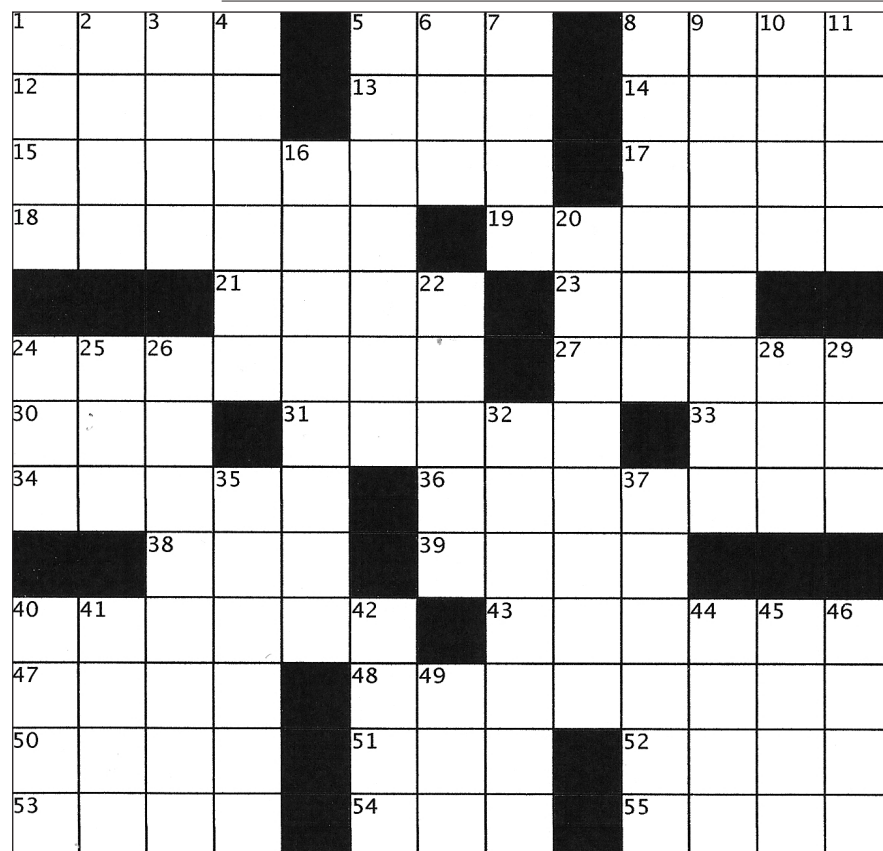
Well, that's it for this week. If the cold is keeping you or a loved one off the water or you can't think of that special gift, we are now selling gift certificates for the 2014 season at more than a 10% discount and the day you or your guest wants to fish can even be chosen at a later date. We are also running the same rate with 3<sup>rd</sup> person free for the remaining of 2013. Just contact Johnson Guide Service, (fishofexcellence.com) (479) 253-2258.



## INDEPENDENT Crossword

by Wayne Levering

Solution on page 31



### ACROSS

1. Fit of pique
5. Donkey
8. Toxic haze
12. Kuwaiti ruler
13. Flightless bird
14. Edible, starchy plant
15. Sandpaper is one
17. Slightly open
18. F-14 fighter jet
19. Take the form of
21. Perched on
23. Everything
24. Treasury
27. Exalt
30. Purpose
31. Ordinance
33. Pool tool
34. Roman helmet
36. Smelly substance
38. Bed and breakfast
39. Peter, Paul or Mary

40. Baseball manager Anderson
43. Impetuous
47. Vagrant
48. Trout serving suggestion
50. Capital of Norway
51. Korean currency
52. Italian volcano
53. Sharpen
54. Poker prize
55. Close

### DOWN

1. NBA team
2. Knob on a shield
3. Resolute
4. Brouhaha
5. Passionate
6. Daughter's brother
7. Satisfy
8. Steady

9. Tin-glazed pottery
10. Toward the mouth
11. Gruesome
16. Information repository
20. Female of Chaillot
22. Traffic cone
24. Pester
25. Mex. neighbor
26. Trustworthy
28. Merriment
29. Nevertheless
32. Inflexible
35. Establish
37. Flush
40. Reveal
41. Upscale
42. Complain
44. Quote the source
45. Karenina
46. Juicy fruit
49. Cow call

**COMMUNITY DINNER** continued from page 9  
would be recognized by anyone who comes to the dinners.

Restaurants providing the meals include the 1886 Steakhouse at the Crescent Hotel, Chelsea's, Ermilio's,

Grand Taverne, Local Flavor, Myrtie Mae's, New Delhi, Pizza Hut, Roadhouse, Rowdy Beaver and the Squid and Whale. Hart's Grocery also provides a meal. An average of 30-40 people attend the gatherings.



# INDEPENDENTClassifieds

The INDEPENDENT Classifieds cost \$8 for 20 words, each additional word is 25¢.

**DEADLINE – Monday at noon**

To place a classified, email [classifieds@esindependent.com](mailto:classifieds@esindependent.com) or call 479.253.6101

## ANNOUNCEMENTS

**BEST BLING FOR THE BUCK!** Holiday Costume Jewelry Collection Sale. Featuring NY Designer Bill Schiffer. Nov. 20 – Dec. 20. (479) 363-6395

**FLORA ROJA COMMUNITY ACUPUNCTURE**-providing affordable healthcare for the whole community. Sliding scale fee. \$15-\$35 per treatment, with an additional \$15 paperwork fee the first visit only. You decide what you can afford to pay! Francesca Garcia Giri, L.Ac. (479) 253-4968, 119 Wall Street

**ISLAND NAILS IS NOW OPEN** at 3 Parkway Dr., Ste G (near HI Subway.) Mention this ad for \$5 off your first visit. Featuring in December: Spa Pedi, Mani with OPI gel polish—lasts 2 weeks (compare to Shellac) Call (479) 981-9556 for info on other services and appointments.

**LAUGHING HANDS MASSAGE** announces it is winter special time. Three one hour massages for \$120 or a 75 minute hot stone for \$65. Laughing Hands always a great location for couples massage. Call (479) 244-5954 for appointment.

**ZUMBA WITH DAWN OR AMANDA** Classes offered Monday-Friday, morning and evening. Join the Latin dance fitness craze. Have fun while getting fit! (479) 366-3732 (Dawn) or (870) 654-2998 (Amanda)

**YOGA WITH JACK.** Come to yoga on Mondays at 6 p.m. during the holidays. Wed./Thurs. classes will resume in January. The Space \$8. (870) 480-9148.

To place a classified, email [classifieds@esindependent.com](mailto:classifieds@esindependent.com)

Pumpkins, sweet potatoes, apples, carrots and beets. Goat cheese, grass-fed beef, pasture-raised chicken. Plants, baked goods, candy and much more at **EUREKA SPRINGS WINTER FARMERS' MARKET.** Thursday mornings from 8 a.m. to noon at Pine Mountain Village.

## ANNOUNCEMENTS

**BREAD – LOCAL ORGANIC SOURDOUGH** Ivan's Art Bread – Thursday all winter at Farmer's Market. Pumpernickel Rye! Long Italian and Onion Poppy Bialys. Every week a surprise! Check: [bread.loveureka.com](http://bread.loveureka.com) My cookbook is here — Winter BBQ Rub coming soon! Special requests entertained; call me! (479) 244-7112

## MERCHANDISE FOR SALE

**DERKSEN PORTABLE BUILDINGS** for sale or rent-to-own. Hwy 62 West, across from WalMart, Berryville. No deposit or credit check. Free delivery. (870) 423-1414.

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## HELP WANTED

**HELP WANTED: BAR, KITCHEN & WAITSTAFF.** Apply in person after 6 p.m. at Legends Saloon, 105 E Van Buren, Eureka Springs

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**FOR SALE BY OWNER:** In Eureka Springs, AR – 2BR/1BA home and a workshop on 4.5 lots in quiet neighborhood. Natural setting. Year-round creek in backyard. \$140K. Call (479) 253-9299

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## RENTAL PROPERTIES

### APARTMENT RENTALS

**LARGE STUDIO APARTMENT** located downtown Eureka Springs. \$450/mo plus deposit. (479) 981-0103. Available Jan. 1

**ONE BEDROOM APARTMENT** on Elk Street, \$525/mo plus deposit. Includes water/trash pick-up, TV, gas. No dogs, no smoking. (479) 244-9155.

**NEWLY RENOVATED CONDO,** recently updated kitchen, 1 car garage, private deck, tile floors, central heat/air, located in Eureka Springs. \$750/mo includes exterior maintenance & pest control. Deposit and references required. (479) 244-5750.

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**2 STORY SHOP/OFFICE** for carpenter or craftsperson. \$400/mo. 2 miles from downtown Eureka Springs. Must have respect for nature. 4-wheel drive a must. (479) 244-6723

## SERVICE DIRECTORY

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**HANDSOME HOLIDAY HEROES** “Your Local Christmas Light & Décor Installation Professionals” Serving Eureka Springs & the Surrounding Areas. Call (479) 244-7932. We offer free quotes! [www.handsomeholidayheroes.com](http://www.handsomeholidayheroes.com)

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# INDEPENDENTClassifieds

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**Canjo** – Yep, it's a banjo made from a can – almost any kind of can. And Jimbo Burns of Manford, Okla., makes them for his business "Tinbanger." Jimbo and his Canjo were snapped while signing up for the Partial Beard Freestyle category in which he later won second place.

PHOTO BY CD WHITE

**Two beards with one stone** – At left, on his first-ever visit to Eureka Springs Allen Demling of Austin shows off the spectacular natural beard that won second place in the "Full Beard Natural" category. At right, Fayetteville's Jeddiah Brandon sports the facial hair that won third place in the "Full Beard with Styled Moustache" category.

PHOTO BY GWEN ETHEREDGE

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– Shawn Turner, Berryville



**Grizzly** – Daniel Hanks, of Scranton, Ark., with his mountain man good looks was presented with the 2013 Grizzly Adams award and \$1,000 worth of prizes in the Great Ozarkian Beard Off contest that ended Sunday at Chelsea's.

PHOTO BY DAVID FRANK DEMPSEY





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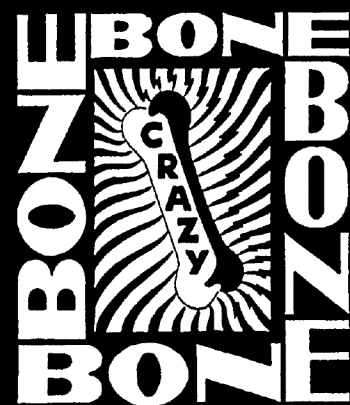
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