

# This week's Independent thinkers

In 1849, New Yorker Walter Hunt owed a friend \$15 that he just didn't have, but Hunt was ingenious enough to coil a piece of wire and put a clasp



on one end, thus inventing the safety pin. He sold his patent for \$400, paying off his friend and pocketing \$385. Babies all over the world breathed easier.

The name "safety pin" implies that you won't be hurt. It has taken on a new twist since Britain voted to leave the European Union in June. That move compromised the free movement of people and led to some unsavory prejudices where some people might endure serious agitation – as is happening in our country since the election.

So the trusty safety pin is now something to wear, but not hide. No adornment. Just an ordinary safety pin tells others they are safe with you.

Рното ву Jeremiah Alvarado

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# Water is life

# Locals take a stand at Standing Rock

BECKY GILLETTE

Local residents Vela Giri, Francesca Garcia Giri and Simon Cummings had a front row seat to history Saturday at the camp in North Dakota where Native American water protectors and supporters are working to protect water quality and native cultural sites by opposing the Dakota Access Pipeline (DAPL).

The Giris had visited the camp at Thanksgiving and returned last weekend for what turned out to be the most momentous day so far of the long campaign. Cummings has been there since mid-August.

"It was a truly inspiring gathering of solidarity, cooperation and dedication—one of the most empowering events of my life," Vela said. "This is how to answer the Trump fascist coup. We will resist to our last breath."

Vela was among an estimated 5,000 veterans at the camp who came to support the water protectors. Francesca, a Traditional Chinese Medicine practitioner who operates Flora Roja Acupuncture Clinic in Eureka Springs, has been providing medical assistance.

Vela said veterans were willing to lay down their

lives to prevent the pipeline. They had been planning to take a hill across from a drilling pad by the lake. But the potential for loss of life was averted Saturday when the U.S. Army Corps of Engineers halted construction of the DAPL under Lake Oahe, an ACE reservoir on the Missouri River, until an Environmental Impact Study (EIS) can be conducted.

"It was a really intense moment when they announced the Corps had stopped construction of the pipeline," Vela said. "Just before that there was a big prayer circle and a talk about the Sacred Hoop of Life from the Black Elk tradition. A native prophecy said the circle would be re-united. The leading Medicine Man at the camp, Orville Standing Horse, went out and had people encircle the whole camp. Young men on horses led the circle. More and more people came and united the circle. The Sacred Hoop of Life was ritually reunited. In the center were the Seven Sacred Council Fires not lit since Custer's time. About 15 minutes after the Sacred Hoop got united, the word was spread that

**STANDING ROCK** continued on page 2

### **STANDING ROCK** continued from page 1

the Corps is demanding an EIS and the company can't go on with project until that is done. There was absolute jubilee at that announcement. This was absolute synchronistic magic. The hair on your head stood up."

Vela estimated the crowd at about 10,000. As with any large protest, there was confusion and conflicting opinions. Vela felt fortunate to be in contact with Simon Cummings, who could be trusted to know what was really going on.

"Simon is 100 percent enmeshed and committed," Vela said. "He has been in on several assaults. He has been tear gassed, hit by rubber bullets and had a concussion grenade go off on his shoulder and start his jacket on fire. Simon has been on the front lines. I said I would put my life on the line. That was theoretical. But Simon has actually done that. Simon is Eureka Springs's number one hero."

Before the government decision blocking the pipeline, Vela said a lot of veterans were disappointed at being blocked from plans to take the hill across from the drilling pad.

"Veterans had their battle gear and body armor together," he said. "But the Native elders didn't want to create an incident causing bloodshed. The whole



**Simon Cummings** 

endeavor is being led by the Native Americans. We are simply here to support them. This is a prayer camp. Prayer is the primary thing. Everyone here has to listen to the Native elders. And this was a better outcome because of the magic that happened by following the prayers and the guidance of the elders."

Vela said the decision means a lot of people will leave the camp before the brutally cold part of winter.

This past summer president-elect Trump sold his investment in Energy Transfer Partners, which is building the DAP designed to carry 570,000 barrels a day of shale oil 1,170 miles from North Dakota to Illinois. Trump has not announced what action he might take after becoming president. Energy Transfer Partners said it is committed to completing the project without a reroute.

Vela said if Trump pushes the pipeline permit through, veterans and water protectors would be back despite the hostile atmosphere they experienced.

"Helicopters are constantly flying by," he said. "Drones are flying over. There is all the super surveillance going on. There are infiltrators in the camp who are sowing disinformation where they can. It feels like controlled chaos or anarchy. Internal security did raid at 4 a.m. looking for weapons, and that was very upsetting. But it is beautiful how everything was being done that needed to be done. We self-organized into little units to do things like sorting medical supplies for the medical tent. There are so many other donations there is constant sorting of stuff. There is no lack of food or supplies."

Vela said Francesca's 18-year-

old granddaughter, Kaley Haul, of Fayetteville, was at the camp during the visit at Thanksgiving.

"She was a shining example of youth standing up and taking responsibility," he said. "She took the leadership of the coffee fire. People have to drink gallons of coffee here because it is so cold." Vela said the action is about far more than one pipeline.

"This is the beginning of the revolution," he said. "This is the kick off creating the opposite of what Trump and the fascists stand for. A total fascist takeover of the country is underway, and we have no time to sit back and let them do their shit. We have to be absolutely united in solidarity and ready for action. We have to put our lives on the line and create a world contrary to the one that is being planned by those running this country. We have to create a whole new system. When implementing fascist policies, we have to stand up to them and say, 'No, we aren't taking this'."

"A lot of vets came with no return plan," Vela said. "We knew it was possible it would be the last day of our life. It is that kind of commitment we must have to create a world that is going to survive. Everyone has to put life, energy and resources on the line. This is it."



# **INDEPENDENTNews**

# Parks promotes happy trails

### NICKY BOYETTE

At the Nov. 29 Parks Commission meeting, chair Bill Featherstone led commissioners on a stroll down Daydream Lane. "Imagine a place where you can leave your car at home and safely walk or ride a bike to work or to the grocery store or to see your doctor." He went on to imagine walking or riding a bike downtown to eat dinner and hear music or kids walking or riding to school. A person could take off from the Community Center and find a path to either of two lakes. "The toughest decision you will make some days is which direction you want to go within the spider web of trails in order to get your daily exercise," he said.

But he concluded, "You don't really need much of an imagination to appreciate this place because you already live there." He predicted Eureka Springs would become "The Town of Terrific Trails" if the city can accomplish four things. First, fix the existing sidewalks and build new ones.

PARKS continued on page 23





Can you see me now? Chair Bill Featherstone borrowed commissioner Ruth Hager's pink glasses to conduct Parks' business on his Nov. 29 birthday. Scheduling a meeting on your birthday? Crazy, right? PHOTO BY NICKY BOYETTE

The Grand Central Hotel Spa is **OPEN ALL YEAR** and offers a wide range of massage services including Mana Lomi and Extensive Esthetic Treatments







# Man arrested for 'jihad' threatening

### BECKY GILLETTE

A Berryville man accused against making a "jihad" threat to kill his wife and homosexuals at the Eureka Springs restaurant where she works remains in custody at the Carroll County Detention Center after being arrested Nov. 17. Jeremiah Bliss-Leija was later charged with terroristic threatening, a class A felony, making a terroristic threat, a class D felony, and domestic assault, a class C misdemeanor.

According to the Affidavit of Probable Cause, Emily Leija told Berryville police that on Nov. 16, she had been arguing with her husband, Bliss-Leija, and that they had been having problems for some time.

"When Emily informed Jeremiah that she wanted to get a divorce, he threatened her," the Affidavit of Probable Cause said. "Emily paraphrased the treat that Jeremiah made to her, 'He was going to buy an automatic rifle, go to Cafe Amore to kill all those faggots, slit her throat and die an honorable death by bringing jihad to Berryville.' Emily went on to state that Jeremiah is very vocal about his hatred towards homosexuals; calling them dogs that deserve to be killed. Emily advised that she was scared of Jeremiah and did not wish to return home."

Bond was set a \$250,000 with an arraignment hearing set for Dec. 12.

After his arrest and waiving his rights, Bliss-Leija agreed to an interview with police in which he said his wife exaggerated his comments in reference to her and toward homosexuals. Bliss-Leija told police that his wife misconstrued statements he made during an intense argument, and that he never threatened to kill anyone. But Bliss-Leija told police that associating with homosexuals was not permitted and homosexuals deserve to be put to death, according to the Torah, which is Hebrew Scriptures.

"Jeremiah stated that according to the Torah, homosexuality is an abomination and that homosexuals deserved to be stoned to death," the affidavit said. "He stated this is a statement he made to Emily the prior evening. Jeremiah said that he is not scared and will not hide his religious beliefs just because they are not popular."

During the police interview, Jeremiah denied threatening to kill his wife, but said she deserved to die because she had been unfaithful and "according to the Torah, she needs to be put to death. During this part of the interview, Jeremiah became upset and teary eyed. He stated that Emily does deserve death but he did not threaten her."

The couple have four children under

Bliss-Leija also told police that it could be interpreted that he was a terrorist, stating he was detained by TSA overnight while on a flight to Israel.

"He believes that Emily knows of this detention and that she may think him to be a terrorist," the report said. "Jeremiah states he spends a lot of time in online groups and estimates 60 percent of these groups are 'Arab groups'."

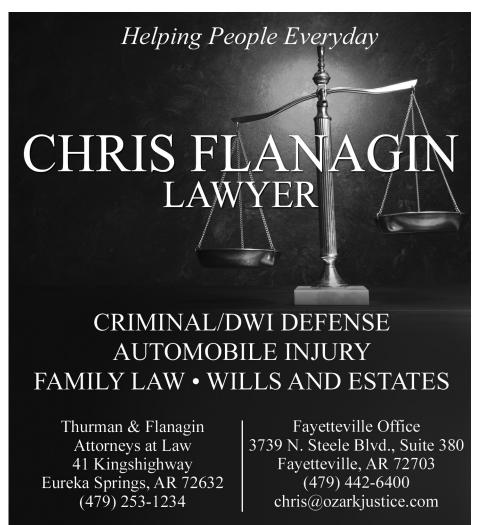
Bliss-Leija said he owns a .25 caliber handgun and if he were to purchase a rifle, it would be from a local pawnshop.

The police officer said Bliss-Leija displayed verbal and physical signs of deception during the interview and that he would often avoid directly answering questions by referring to the wording of his faith.

Bliss-Leija was also involved with an altercation in June when he allegedly pepper sprayed a man who works at Cafe Amore. Bliss-Leija's wife told police her husband thought she was cheating with the man she was talking to at the time, and that her husband didn't know the man he attacked is gay. A hearing is scheduled Jan. 17 on that misdemeanor charge.

The affidavit said the suspect is a native of California whose mother is of German descent and father is Mexican. The police noted he spoke with an Arabic accent that would come and go during

Owners of Cafe Amore said they had no comment.









# Two nabbed for breaking and entering near Beaver Dam

In the early morning hours of Monday, Dec. 5, Carroll County Sheriff's Office deputies acting on a tip intervened in a burglary in progress on Hwy. 187 near Beaver Dam.

Major Deputy George Frye said two men, Joshua L. Anderson, 37, and Joshua Tyler Morrell, 20, had been under surveillance for several hours before the approximately 4 a.m. arrests. Both men are from Berryville.

Deputies, after having cut off paths

of escape, approached the property on foot and observed the two entering and exiting shop buildings on the property. A third suspect is believed to be at large.

Frye could not say with certainty whether the property was commercial or residential.

Anderson and Morrell are being held on three counts each of Breaking and Entering (Class D Felony) and one count each of Criminal Trespass (Class C Misdemeanor).

# Sparkling new radiology equipment at ESH

### NICKY BOYETTE

"We've come a long way in this little place," Amy Campbell Brandt commented about Eureka Springs Hospital. Brandt has been director of radiology at ESH since 2010. She said she and her team have worked since then to bring their equipment up-todate, and in October they installed their latest prize - a Siemens 32-slice CT scanner. "We bought it brand new. It's ours! No one can come and take it," she said. "It can do just about anything but cardiac studies."

She said ESH stepped up its capabilities so patients do not have to travel outside of Eureka Springs. The hospital performs 80-100 CT scans per month for outpatients.

"I can have a patient in for a CT scan and have them out in five minutes, and the dose is minute compared to what we had," Brandt explained. "We can look at renal arteries, vessels in the chest, look at the carotids and see

"We can get a response back and have you on to your treatment plan very quickly.

"...the quality is fantastic. It is truly a dramatic difference in what we can do."

- Amy Campbell Brandt

the plaque. We can figure out what specialist you need to go to. We can get into vascular detail with this scanner, and it is so much faster."

Brandt and her staff of three prepare the scan and send it digitally to a radiologist in Little Rock. "We can get a response back and have you on to

**RADIOLOGY** continued on page 17



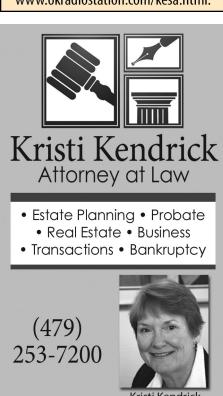




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# **INDEPENDENTNews**

# Election results flush out Jung's 'cultural Shadow'

### BECKY GILLETTE

Jillian Guthrie, a social worker with Simplicity Counseling, says the recent presidential elections have been hard on a lot of people, particularly immigrants,

Hispanics, Muslims, LGBTQs, women and other people who might feel threatened by the candidate who routinely roused crowds of supporters by making outrageous racist and xenophobic statements and promising to put his opponent, Hillary Clinton, in jail.

"Any groups already marginalized are feeling less protected or less supported," Guthrie said. "They can no

longer ignore that there is a large portion of the U.S. that feels ill will towards them or wants them to leave the country. That creates anxiety and fear, a natural human reaction."

Jillian Guthrie

Guthrie said the election results might be particularly hard on people who didn't expect the U.S. would actually elect him.

"He seemed so ridiculous and unlikely, and we assumed our citizens had more respect for that position," Guthrie said. "It was seemingly ludicrous that he was even being considered - so many of us waited too late to get intentional about preventing it. We who thought it was not even a risk were appalled and petrified to realize the risk was real; and now it is enacted. It has made many revise their vision of the U.S. as being an inclusive, fair society.

"A lot of people didn't see it coming, not just people in Eureka, but from different states and walks of life. So it is like a shock wave. To see so many people get behind Trump and say, 'You're the voice we have been looking for,' is really scary. It has flushed out a lot of things we were slightly aware of and didn't want to see. For the people who liked what occurred, they are exuberant and hopeful. It is a dichotomy. Opposite reverberations are happening.'

For those appalled at the election results, it has left them feeling hopeless, depressed and anxious.

"People tend to get despondent and discouraged like all their progress is for naught, and we have to start over," she said. "It might feel we have lost that

progress. The human condition changes gradually. It looks pretty slow until you look back 50 years. If we fear we are going back 50 to 75 years, we will operate on that. The truth is, we haven't lost that

progress. A lot of people have become more supporting and understanding, more accepting. We can still build on that."

What has occurred to Guthrie is that our culture's Shadow was flushed out.

"In the words of Carl Jung, we all have a Shadow and it gives us trouble to some degree," Guthrie said. "It is good to get to know it, incorporate it into your

knowledge of yourself, and do what you can to use it for your best overall health. But many of us don't look at the Shadow. It is scary for most because it is unknown. When it shows up, it throws us sideways. People of color have told us the discrimination is still there. They get marginalized every day."

People tend to sing in their own choirs, she said. When they come across someone who says something opposite, they tend to disengage and gravitate back to their own people and avoid these conversations.

"Maybe we need to engage in some of these uncomfortable situations, be more informed, ask questions with curiosity rather than defensiveness or judgment - to gain understanding and share our thoughts and reasoning with people who don't have the same ideas," she said. "Otherwise, you just get really surprised. We have no idea who we're interacting with otherwise and in this case, those who agree with or support Trumpspeak are apparently nearly half of our voting population. We need to get to know each other."

The biggest motivator for humans is pain, which makes people do things they wouldn't do otherwise.

"I think our culture now is in pain," she said. "We have an opportunity to make a big change. This could be a great growth spurt. It's a catalyst if it causes us to make changes. It's time, apparently, for us to do something different than what we have been doing because Trump flushed out a lot of uncomfortable truths about our culture."

One of the things that makes people feel hopeless and can lead to dangerous decisions is feeling powerless and overwhelmed. Guthrie said the anecdote to that is taking action.

"We need to get busy," she said. "There is nothing better than getting educated and finding actions that will make you feel empowered and like you can have an effect. Take actions that make you feel more involved. I'm a strong believer in making a difference. We are change agents. Each person makes a difference. It may mean getting out of your comfort zone.

"It is probably going to call for people to be brave and courageous. Wear a safety pin and if you see someone being picked on or bullied, offer help. Even making phone calls to Congress can be anxiety-inducing. Do it anyway; it can definitely help your despair. You have to be willing to be uncomfortable and willing to resist. I encourage people to understand it is natural to be feel fear and discouragement. Just do something constructive with it. It is just energy, so let's put it into a constructive place."

There are reports of calls to some suicide hotlines being up 200 percent since the election.

"If something happens and you don't have coping skills, it may be time to go back to church, call a counselor, start meditating, and do whatever else gives you strength again," she said.

As a social worker, Guthrie tries every day at every turn to make a positive difference. She has plans to audit a political science night course next semester and is considering running for political office and even eventually Congress. She is also involved in developing a local Democratic Party chapter with regular meeting.

"I have put word out in Eureka that I am available and interested for boards, committees, openings, etc.," she said. "Activists who write of resistance and change speak of and encourage acting locally."

### NOTICE

The Independent will be closed from Dec. 22 to Jan. 2, just so you know. Time to celebrate, relax, and be glad we live here. That shouldn't take more than 10 days, right?

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# Arkansas medical marijuana – now what?

### **BECKY GILLETTE**

Eureka Springs High School 2011 graduate Amanda Mazili, who is employed at a recreational marijuana dispensary in Colorado, said she is pleased that Arkansas pushed hard enough this year to get medical marijuana approved by voters.

"I support every aspect of this new change," Mazili, assistant manager and media/marketing manager for Chronic Therapy, a boutique shop located in Wheat Ridge, said. "I am a little concerned as to how Arkansas will begin the process. Hopefully it will be with a collective demeanor and at a slow pace. It takes a lot to create a regulated industry."

The Arkansas Medical Marijuana Amendment approved Nov. 8 contains a provision giving the state only 120 days to get up and running. There is doubt that can be done considering the large amount of planning and infrastructure to put in place.

Some people are interested in having a grow facility or dispensary in Eureka Springs. But there are concerns that costs for licenses, security and getting the operations established will be prohibitively expensive except for big business.

"We are talking millions for either a dispensary or a grow operation," one local farmer said. "You must have a business plan in place, and page upon pages of information must be submitted. It is a huge task to grow and process all these materials."

Mazili said quality controls could be lacking for companies that get into medical marijuana primarily to make a lot of money. She said the small, independent company she works for has found a loyal customer base by providing top

quality products sold by employees who are familiar with the types of cannabis formulations most effective for a variety of medical conditions.

Mazili said profit shouldn't be the primary motive for owners of grow facilities and dispensaries. "The main concern is having a professional outlook and experience in business," she said.

The Arkansas amendment allows marijuana to be prescribed for cancer, glaucoma, AIDS, hepatitis C, amyotrophic lateral sclerosis, Tourette's syndrome, Crohn's disease, ulcerative colitis, PTSD, severe arthritis, fibromyalgia and Alzheimer's.

The Arkansas Dept. of Health plans a process by which they can be petitioned to add qualifying conditions to the list. Mazili recommends citizens advocate cannabis prescriptions for many other types of medical conditions, big or small. She said cannabis is often the safest and most effective treatment.

"Marijuana relieves the vast majority of pain symptoms ranging from diseases such as cancer, glaucoma, M.S., tremors, and epilepsy to common body pains such as arthritis, muscle and joint pain, surgery recoveries, migraines, menstrual cramps, and plenty more," Mazili said. "Insomnia, anxiety, appetite loss, ADD and ADHD, to name a few, are the most common, day-to-day conditions relieved by medical marijuana. Indica is the go-to for those struggling with sleep. CBN is the most effective cannabinoid responsible for the most sedative effects. Mixing the two results in a full night sleep. Here in Colorado, I have noticed edibles are the most common form of cannabis used to treat insomnia. These edible companies

have the ability to retrieve strains with high CBN, and heavy Indica strains in order to make a product specifically used for sleep."

The American Academy of Sleep Medicine estimates 30 percent of Americans suffer from occasional insomnia while ten percent have chronic insomnia. Studies estimate insomnia costs \$63 billion in lost work performance annually. However, many businesses currently have marijuana drug testing programs for employees, and as medical marijuana has become more common and is now approved in some form or another in 44 states, there is a collision between medicine that might improve productivity and current workplace drug policies.

People who work in the medical marijuana industry at the retail level need to have a great deal of knowledge to provide people with the right medicine for health.

"The more accepted cannabis has become, the more patients look to us with

hopes of letting go of their pharmaceutical drugs that can have bad side effects," Mazili said. "And most do transition to medical marijuana as an alternative medicine, usually through the knowledge of their budtender. Surely, there are folks who choose to go online or to cannabis experts to learn about what ways they can benefit from cannabis as medicine. Most of the time, they go to recreational dispensaries to learn as much as they can, as well as to see if they need to go through the process of getting their medical marijuana card."

Mazili said their dispensary is located in a suburb, which has more of a family or retired demographic than Denver.

"With this, most of our customers come in looking for more of a longterm benefit through cannabis, versus a dispensary located by the airport or in downtown Denver where the demographic consists of mainly tourists and one-time shoppers that may not even be seen again," she said. "The point I'm making here is

MARIJUANA continued on page 23



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# Butler Hollow could be sheared

The Mark Twain National Forest signed a Decision Notice and Finding of No Significant Impact for the Butler Hollow Project Environmental Assessment, according to a Dec. 6 press release. The Forest Service claims the restoration project will address declining forest health, native plant and wildlife, and "provide opportunities for

timbering and improvements to the transportation system." That means large swaths of forest could be burned and/or cut, and roads built for lumber trucks to transport trees to market. Alternative 4 was chosen, which will focus on 3,600 acres of the forest. The decision comes despite vigorous and long-term public opposition.

# Learn more about the medical marijuana amendment.

A Medical Marijuana community meeting and update will be held on Thursday, Dec. 15 presented by the Eureka Springs Mayor's Task Force on Economic Development. David Couch

is President of the Arkansas Medical Marijuana Association and the author of "Issue 6" - the Arkansas Medical Marijuana Constitutional Amendment. Couch will give an overview of the

recently passed amendment, clarify facts and specifics and provide updates on the procedures, legislative activities and potential impact for Eureka Springs.

# INDEPENDENTMail

All INDEPENDENTMail must be signed and include address and phone number for confirmation. Letters to the Editor should be limited to 200 words or so. We reserve the right to edit submissions. Send your INDEPENDENTMail to: ES Independent, 103 E. Van Buren, #134, Eureka Springs, AR 72632 or Editor.Indie@gmail.com

# The flag must be flown

In December 1971 the National League of POW/MIA families recognized the need for a symbol of our POW/MIAs. An advertising agency employee designed a flag to represent our missing men.

On January 23, 1972, POW/MIA flags were manufactured for distribution, but no trademark or copyright was secured. As a result, widespread use of the flag was not restricted legally and was misused in some cases.

But on March 9, 1989, an official POW/MIA flag was flown over the White House on National POW/MIA Recognition Day. It was installed in the U.S. Capitol Rotunda as a result of legislation passed overwhelmingly during the 100th Congress.

The POW/MIA flag is the only flag ever displayed in the U.S. Capitol Rotunda where it stands as a powerful symbol of America's determination to account for U.S. personnel still missing in action and unaccounted for from the Vietnam War.

On August 10, 1990, the 101st Congress passed U.S. Public Law 101-355, which recognized the POW/MIA flag and designated it as the symbol of our nation's concern and commitment to resolving, as fully as possible, the fates of Americans still being held prisoner, missing or unaccounted for in Southeast Asia, thus ending the uncertainty for their families and the nation.

The importance of the POW/MIA flag lies in its continued visibility, a constant reminder of the plight of America's unreturned veterans. Other than Old Glory, the POW/MIA flag is the only flag ever to fly over the White House, being displayed there since 1982 in its own place of honor.

So there it is, the Congress's passed law says, "Continued Visibility." Last year the mayor contacted me and gave me his personal guarantee that the flag would not be taken down ever again and that taking down the flag last year was a misunderstanding. Well, it's no misunderstanding this year because the word I got from the transit people atop Planer Hill was that, "It's our property and our flagpole and we'll do whatever we want to with it!"

Well, that's a big "screw you" to the veterans if you ask me, and proves that the mayor's word can't be trusted. I was told I could put the flag back up after the holidays, because the POW/MIA flag was my project, but the flag has been disrespected twice now and I'm so angry over this mess I don't care if it ever goes back up or not.

Tsk-tsk, Eureka.

POWs/MIAs, you are not forgotten at least not by me anyway.

Sonny Smith



# **WEEK'STopTweets**

**@kentwgraham:** I wish No More Tangles shampoo would work on Christmas lights. **@playingdad:** Welcome to Passive Aggressive Club. We're so happy you

came twenty minutes late. Sure, get a cup of coffee, we'll wait. **@stevenlivas:** 12yo son forgot his electric toothbrush – so now he has to MOVE HIS ARM to brush his teeth. His protest was

**@maybeknot:** How come I need a complex, indecipherable password to get on Twitter but only a 4-digit number to remove all my money from an ATM?

**@dubiousrhetoric:** People: Why do dogs bark at the mailman every single day? Dogs: The mailman has literally never gotten

in, how do you not see what I'm doing?

@dysondoc: Trump: "I'm going to make sure we let in less immigrants." Pence: "Fewer!" Trump: "Shhh, don't call me that vet."

@artmeasures: [Prehistoric times] Mum: When you get married, your husband will be a hunter. Daughter: So I gather. **@AsgardianRose:** To the people who have lost one shoe on the side of the road... Are you okay? How does that even happen? @yonewt: Sometimes I get flustered by waitresses and I say things like "Abso-fruit-ly" and they laugh like I'm so clever but we both know.

**@hamonwry:** My apologies to Tom Cruise. I honestly thought that Scientologists dug up and studied old scientists.

# **INDEPENDENT Guestatorial**

# We look at the same moon but live in different worlds

"We wholeheartedly support the decision of the administration and commend with the utmost gratitude the courage it took on the part of President Obama, the Army Corps, the Department of Justice and the Department of the Interior to take steps to correct the course of history and do the right thing." STANDING ROCK SIOUX TRIBE CHAIRMAN, DAVE ARCHAMBAULT II.

### Arkansans will stop Diamond

To stop Diamond, we need to trust others and join the Water Guardians, at ArkansasWaterGuardians.org. The way we interact with others and the way we approach Diamond will create healing threads in the fabric of our lives.

Arkansans have many rights environmental justice, public health, clean water, clean air, healthy food, and a strong economy. Full of hope and respect for the Standing Rock Tribes, we will stand strong and stop Diamond. We will draw our collective power from Arkansans, and continue working with the US Army Corps. Many efforts are ongoing at this time. Billions of dollars are on the line. Diamond is watching all we do.

### **Plains Wheat Farming**

Plains wheat farmers in the late 1920s, at a time when world wheat prices were down, kept farming and buying land. Farmers grew more wheat, hoping next year would be better. Not a good game, wheat was not grown for consumption by farm animals, but rather as a cash crop. Wheat prices kept going down, and no one was buying. The soil was gone in a few years. Using resources as economic assets is part of Western thinking.

"The soil is the one indestructible, immutable asset that the nation possesses. It is one resource that cannot be exhausted, that cannot be used up." - Federal Bureau of Soils, 1909

### **Fracking**

To understand fracking, please try a simple experiment. Place \$500 in \$10 bills inside an envelope, get a lighter, and choose a safe place outdoors. Ask a friend to take notes of your reaction as the flames burn your savings. Fracking is like burning your money.

George Mitchell, a Texas oil baron, had money to burn. He fracked and fracked until it finally worked. Water was seen as "a resource that cannot be exhausted, that cannot be used up." Fracking uses millions of gallons of pure water mixed with highly toxic chemicals to extract poor quality oil. Wastewater can't be recycled; it ends up stored deep in the ground. Injection wells used as storage are the source of earthquakes.

With fracking, like the Plains wheat farmers, what you get for free is deadly. Earthquakes, wastewater, cancer, droughts, pipelines, crude oil spills, and many other freebies are part of fracking. Frackers don't pay for the byproducts,

Sean Lennon and Yoko Ono have something to say and frackers don't want to hear:

"Gather round people and listen to my

about something most people agree is just

There ain't no place left on this earth to discover,

so please don't frack my mother, Don't frack me, Don't frack me."

### Learning to trust

Facing frigid temperatures and attacks from armed mercenaries, First Nations gathered at the Sacred Stone Camp stood firm and trusted the Tribal Council, speaking softly with one voice.

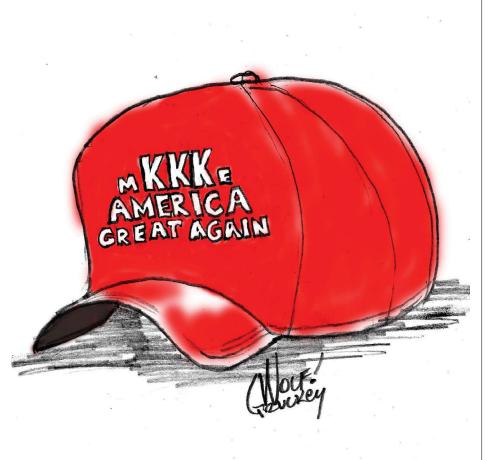
Trusting others is hard. It is based on respect and confidence that everyone is doing their share. When people tell the truth, speak with facts, not emotions, and let go of their fears, anxieties, and anger, miracles happen.

The Corps decision to require an Environmental Impact Statement for DAPL proves the power of prayer with over 200 tribes coming together and trusting the Creator and each other. We need to learn the Lakota Way.

### Killing the Black Snake

Diamond came to Arkansas with nothing but a website, a sack of lies, and an old copy of 1920's Arkansas law. Arkansans have a choice. Join the Water Guardians and chip in \$10, or wait for the first oil spill and pay all damages. We will stop Diamond before pipes are in the ground.

Dr. Luis Contreras



# **Pursuit Of HAPPINESS**

by Dan Krotz

**¬**he *Wall Street Journal*, along with Forbes and Bloomberg News, have run stories recently on "The Happiest and Unhappiest Places to Live in the United States."

Not surprisingly, rust belt cities are mostly unhappy towns. But it was a surprise to see towns I'm familiar with, like Springfield, Missouri, and the eastern suburbs of Indianapolis – like the towns of Carmel and Anderson, Indiana – make the list, too. Conversely, St. Paul, Minnesota, and Burlington, Vermont, make the happy lists; that makes me feel, well, happy since I have fond memories of each.

The criteria for "unhappy" and "happy" is the usual stuff: obesity and divorce rates, smoking, education, median age, along with outliers such as church affiliation, gun ownership, use of public libraries, and so on. Summarily, gun owning evangelical Christians who've been divorced, smoke, and don't have library cards live in unhappier places than non-smoking atheists or mainstream church members who use public libraries and manage to get through life unarmed.

To be sure, the science behind these studies is suspect, but since we don't believe in science anymore, who cares? Anyway, the data describes places and not people: I'm sure there are people in, say, Springfield, who are as happy as pigs in... that stuff pigs are happy in... and there are certainly some Depressives in St. Paul.

Interestingly, Donald Trump ran away with the votes in the unhappy towns, while Mrs. Clinton won the happy towns by similarly high margins. The concluding unscientific postscript is that the new Republican majority is comprised of unhappy people in unhappy places.

Democrats should take heed and be more charitable toward Trump's supporters. Instead of calling them racists, or stupid, etc., think about them in terms of folks who want to lose weight, or quit smoking, or otherwise improve themselves. When Trump names a guy as Secretary of Treasury who securitized hundreds of thousands of home mortgages and foreclosed on tens of thousands of them, don't say, "I told you so." Instead, ask, "How's that working out for you?" or, "Are you Okay?" and be genuinely interested and sympathetic.

At the very least, let them know they're in your thoughts and prayers.

# A little help from our friends:

- Carroll County Domestic Violence Hotline: 1-844-247-3223 (844-24PEACE) is available 24/7. The Purple Flower Domestic Violence Resource and Support Center of Carroll County is open Tuesdays and Thursdays from 10 a.m. - 3 p.m. at 103 West Church St. in Berryville. (479) 981-1676. The Purple Flower will also have free and confidential Domestic Violence Empowerment Support Group on every 1st and 3rd Thursday of the Month at the Berryville Community Center from 6 - 7:30 p.m.
- 24-hour NWA Crisis Line for Women NWA Women's Shelter serving Carroll County - "Empowering families to live free of violence." (800) 775-9011 www. nwaws.org
- Cup of Love free soup lunches Cup of Love provides soup lunches at Flint Street Fellowship Mondays and Wednesdays from 11 a.m. - 1 p.m. and at First Baptist (Penn) Church on Fridays, 11 a.m. – 1 p.m. (479) 363-4529
- Flint Street Fellowship food pantry, lunch, free clothing Pantry open 10 a.m. - 2 p.m. Mondays and Wednesdays. Free lunch Tuesdays and Thursdays, 10 a.m. -12:30 p.m. Free clothes/shoes closet, books and household items. (479) 253-9491 or 253-4945. Leave donations in barrel at entrance if facility is closed.
- Wildflowers one-dollar, furniture barn/thrift store US 62E across from Hill County Hardware. One-dollar store in the yellow building every Friday from 10 a.m. – 4 p.m. Thrift store, furniture bank in big blue barn behind the chapel open Wednesdays - Saturdays from 10:30 a.m. - 4 p.m. Donation drop offs Thursday -Saturday between 11 a.m. – 3 p.m. Healing and delivery outreach in chapel Saturdays
- Shamatha and Tonglen meditations Monday A meditation group will meet every Monday at 6:30 p.m. to focus on Shamatha, learning how to focus to achieve peace of mind, and Tonglen, a practice of love and compassion on all beings. The meetings will alternate these two practices so that one is the focus on each Monday with coffee and tea afterward. Call Alece at (479) 244-6841 or Gary at (479) 244-
- Celebrate Recovery Soul Purpose Ministries, 801 S. Springfield, Green Forest, 6:30 p.m. each Wednesday. Potluck followed by 12-step Christ-centered meetings for those suffering from addiction, habit, hang-up or hurt.
- No high school diploma? Free GED classes in the Carnegie Library Annex every Monday, Tuesday, and Wednesday from 9 a.m. - noon with study and tutoring for the GED test. Open to ages 18 and up. GED classes also in Berryville at Carroll County Center. Some open to ages 16 and 17 per educational requirements. For info: Kathy Remenar (417) 342-8498, Carnegie Library (479) 253-8754, Carroll County Center (870) 423-4455). Offered by North Arkansas College with Carnegie Library support.
- Grief Share, A Bible-based, 13-week program for those who have lost a loved one will begin on Sunday, Feb. 21 from 1 - 3 p.m. at Faith Bible Church, Suite C, 3 Parkcliff Drive, Holiday Island. Share with others experiencing similar circumstances in an informal, confidential setting. Call (479) 253-8925 or email lardellen@gmail.com.
- Overeaters Anonymous Thursdays, 10:30 a.m. Barbara (479) 244-0371 Narcotics Anonymous - Fridays, 5:30 p.m. (903) 278-5568. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn.
- Coffee Break Al-Anon Family Group Women Tuesdays, 9:45 a.m., Faith Christian Family Church, Hwy. 23S, (479) 981-1686. • Al-Anon Family Group (AFG) - Sundays, 11:30 a.m., Mondays and Tuesdays 7 p.m. • Eureka Springs Coffee Pot AA Groups Monday - Saturday 12:30 p.m.; Sunday 10 a.m.; Sunday - Thursday, Saturday, 5:30 p.m.; Tuesday and Friday, 8 p.m. (479) 253-7956 • Al-Anon Wednesday, 5:30 p.m. Meetings held at Eureka Springs Coffee Pot Group behind Land O' Nod Victorian Inn. All other meetings: See www.nwarkaa.org
- St. Vincent De Paul Thrift Store First Tuesdays provide assistance with medical help, utilities, clothing, emergency shelter, shoes, etc. Annual charity Christmas Gift & Food Program. Mon-Sat 10 a.m. – 4 p.m. 1844 Hwy. 62W Berryville.
- St. James' Community Suppers Held Sunday from 5 6:30 p.m. Meals provided by local restaurants and are free to all. St. James' Episcopal Church is located at 86 Prospect Avenue on the historic loop and meals are served in the undercroft.
- Support Group for those with Parkinson's and their caregivers, first Wednesday of each month, ECHO Community Room at 10 a.m. For questions email Sally at sarahg@arkansas.net or call (479) 9810-1587. Next meeting Dec. 7.

# INDEPENDENT

# **ConstablesOnPatrol**

### NOVEMBER 28

8:38 a.m. – Surveillance video captured suspects stealing a comforter at a laundromat, but constables identified and located the suspects. Comforter and owner were reunited.

9:20 a.m. - Clerk at a motel reported an individual banned from the property was in one of the rooms. Constables found two other persons in the room, but the trespasser was already gone.

11:08 a.m. - Dog wearing a cone collar roamed freely on the elementary school playground. Animal Control delivered the dog and warning to the owner.

11:45 a.m. – Observer noticed a minivan pulling a trailer with a flat tire. Constable on patrol encountered the vehicle in a parking lot and spoke with the driver.

2:35 p.m. – Large dog patrolled a restaurant parking lot. It was gone when the constable got there, but the dog's owner was notified.

2:51 p.m. – Individual picking up children at the elementary school appeared to be inebriated. Constables arrested her for public intoxication. A different family member took the kids home.

6:25 p.m. – Individual reported a domestic encounter involving her friend. The friend said the male had already left the premises, and neither the friend nor witness would provide further information.

9:29 p.m. – Resident near downtown was concerned because her dog was barking as if there were something going on outside. Responding constable did not find anything to bark about.

### NOVEMBER 29

1:56 a.m. – Constable arrested a person in a business for public intoxication.

5:09 p.m. – There was a private property accident near downtown.

### November 30

3:52 a.m. – Guest at a tourist lodging reported a woman in a nearby room screaming for help. Constable went to the scene and found an intruder had broken into a room and the altercation followed. The intruder was arrested for public intoxication, disorderly conduct, criminal trespassing, residential burglary and third degree assault.

6:14 a.m. - There was a domestic event at a laundromat. Constable found the combatant at his residence and arrested him for second degree battery.

11:46 a.m. – A pit bull jogged the Historic Loop, but it stopped long enough for Animal Control to hold onto it until its owner arrived.

11:57 a.m. - Delivery truck ran into the awning of a restaurant and left the scene. Constables never encountered it.

6:09 p.m. - Dog was barking at a residence, but the constable could not make contact with the owner. Animal Control got a note for follow-up.

6:50 p.m. – This time, dogs were running loose on a street off US 62 east of the middle of town, and the owner was not at home. Animal Control got another note for a follow-up.

### DECEMBER 1

12:04 p.m. – White car parked in a red zone earned the owner a ticket.

12:56 p.m. – A place of worship reported a theft from the collection box.

1:27 p.m. - CCSO asked for assistance with a court-ordered committal at a residence. Constables stood by. Event occurred without incident.

3:57 p.m. – Resident just north of downtown reported receiving a glitter bomb in the mail.

3:58 p.m. – Individual reported her parked vehicle had been hit. Constable issued a ticket and filed a report.

7:03 p.m. – Semi driver on the Historic Loop realized he needed to go in the opposite direction. Constable on patrol helped him back up, turn around and get out of there.

### DECEMBER 2

10:34 a.m. - Individual involved in an earlier traffic accident claimed the other party had screamed threats at her from the roadway while she sat on her front porch. 11:39 a.m. – Someone painted graffiti on a downtown building.

12:00 p.m. – Constable provided prisoner transfer from Washington County iail.

12:30 p.m. - Property owner told ESPD people had been breaking windows in his unused building, entering the premises, hanging out and causing damage. Constables gathered information for a response.

4:53 p.m. - Motel owner said someone broke into the office.

5:05 p.m. – Cooking on a stove set off the fire alarm at a local motel.

7:09 p.m. - Observer reported a male standing beside US 62 toward the eastern edge of town yelling obscenities and making lewd gestures at passersby. Constables had a word with him, and he moved on down the road.

7:25 p.m. – Witness claimed a driver on

**CONSTABLES** continued on page 23

# CWD confirmed in Carroll County

### **BECKY GILLETTE**

Chronic Wasting Disease (CWD), an incurable, infectious disease fatal to deer and elk, has been found in 11 samples taken from deer harvested in Carroll County, said Randy Zellers, assistant chief of communications, Arkansas Game & Fish Commission (AG&F).

Zellers said three were found during a statewide sampling effort in the summer. The other eight came from the opening day of the modern gun hunt opening on Nov. 12. The deer testing positive to CWD mostly came from the southeastern portion of Carroll County.

"We do have a couple that are getting closer to Eureka Springs, three to four miles south of Berryville," Zellers said.

Some hunters are having deer they have harvested tested for CWD. But most hunters don't seem concerned about the potential to become ill from eating the deer.

"It's possible that we've eaten deer with CWD and haven't known it," Mayor Butch Berry said. "The Center of Disease Control and Prevention and the World Health Organization have thoroughly investigated any connection between CWD and stated, 'the risk of infection with the CWD agent among hunters is extremely small, if it exists at all' and 'it is extremely unlikely that CWD would be a food borne hazard'."

Berry said many of his family members and deer hunter friends are not afraid of eating the deer they have harvested.

"I would say that I and, I think, my friends would never clean and butcher a deer or any other animal that was apparently sick and dying," Berry said. "That kind of goes without saying."

Zellers agreed it is common sense if you see an animal out in the woods who is sick, you don't eat that animal. "You want to let nature take its course or put it out of its misery," he said. "It is strongly advised not to eat an animal that is sick. All the deer with CWD in Carroll County appeared very healthy."

The CDC says the foodborne transmission of

bovine spongiform encephalopathy (mad cow disease) to humans indicates that the species barrier may not completely protect humans from animal prion diseases such as CWD. "Conversion of human prion protein by CWD-associated prions has been demonstrated in an in vitro cell-free experiment, but limited investigations have not identified strong evidence for CWD transmission to humans," the CDC said.

Zellers said there is no known case of CWD jumping the species barrier outside of the Cervidae family, which includes deer, elk and moose.

"There has been no threat to livestock or people from CWD," he said. "CWD has been around since the 1960s out west. There has been no uptick in mental diseases in humans that could be attributed to CWD."

Zellers said it is entirely up to hunters whether they want their deer tested prior to eating the meat.

CWD is spread when deer are concentrated, such as when they are being fed corn or at food plots such as those established by AG&F. Zellers said when feeding concentrates deer in one area, they are more likely to spread disease – just like when people gather in a crowd and some have the flu.

"Feeding is known to be a vector for other diseases, as well," Zeller said. "Because it is in a wild animal population, it isn't something you can just fence off. Our goal at Game and Fish is to slow the spread as much as possible. We are trying to reduce the density of deer in the 10-county area where CWD has been found. White-tailed deer do roam, but in small spaces for the most part. We are trying to reduce population density because heavier deer density cause the deer move out to find new areas. In those counties we are allowing more harvesting."

Zellers said AGFC still allows baiting deer for hunting purposes because that allows them to thin the herd. But it isn't recommended for people to feed the deer vear around.

"They feel like they are doing the deer good by

feeding them, but it's hurting the deer," Zellers said. "It is like a kid in a candy store. That corn doesn't have a whole lot of nutritional value. It is like a kid eating dessert first. You can be doing the deer a disservice by feeding them."

Eureka Springs has outlawed feeding deer, but some gardeners report problems with neighbors doing it anyway. Deer feeding is also reportedly common at Holiday Island, which doesn't have a deer-feeding ban.

Due to lack of predators, no hunting, and deliberate or inadvertent feeding of deer with garden plants, there is a large deer herd in Eureka Springs that could make CWD more likely to occur here. Zellers said some communities have had successful urban bow hunts to thin the herds. He said Hot Springs Village has been particularly successful with the result of a dramatic decrease in deer-vehicle collisions. Eureka Springs held an urban deer hunt several years ago, but after people tried to disrupt the hunt by banging pots and pans, no more urban deer hunts have taken place.

Bill Craker, president of the Bull Shoals Urban Bow Hunters Association, said he harvested at least one deer this year that was CWD positive. He doesn't have any concerns about eating a CWD positive deer.

"The proteins or prions that carry CWD is not a protein found in the human body," he said. "As far as hunters, I don't think they should be concerned at all about meeting the meat. It is not located in the meat itself. It is usually confined to the brain stem, the lymph nodes and glands, and spinal fluid."

Craker expects to see a reduction in the state's deer herd because the disease is 100 percent fatal, killing within 22 to 24 months.

"Hunt like you always have," he said. "Go to the Game and Fish website, talk to Game and Fish, and stay educated about this. It has been around since the 1940s and has been part of hunting since 1970s in some states out west. We need to get people educated so they know there is nothing to worry about."

# **Buddhists** gather Thursday

Study Group will gather for 30 minutes of meditation followed by reading and

The Eureka Springs Buddhist discussion on Thursday, Dec. 8 at 4 p.m. at Heart of Many Ways, 68 Mountain Street. All are welcome.

# The Grinch is stealing Christmas at the Library

Young children are invited to come and help grow the Grinch's heart three sizes at the library on Friday, Dec. 9 at 6:30 p.m. with a How the Grinch Stole Chirstmas Party with free, fun activities including games, songs, and crafts. Children will be served a Who Feast, have their picture taken with the Grinch and be treated to a special performance of Doctor Suess's holiday classic by Molly Sroges.

ESHS Art students have created unique pieces of Grinch inspired art to help decorate the library for this special event. For more information call (479) 253-8754 or email info@eurekalibrary.org.

# Holiday Cheer with Holiday Island Singers

Holiday Island Singers will hold their Christmas Concert on Friday, Dec. 9 at 7 p.m. and Sunday, Dec. 11 at 2:30 p.m. at the Holiday Island Country Club Ballroom. Tickets are available at the Pro Shop in Holiday Island, at the door or ask one of the Holiday Island Singers for a ticket.

# Ham it up at potluck

Radio Club will meet at First Christian Church, 763 Passion Play Road on Dec. free to bring your friends.

The Little Switzerland Amateur 10 at 4 p.m. for a potluck dinner. Bring your favorite food for all to enjoy and feel

# Sounds of the Holidays

The Ozarks Chorale will hold their 20th annual Holiday Concert on Saturday, Dec. 10 at 7:30 p.m. in the Auditorium. Tickets are \$10 at the door.

# Stephen Foster continues at Metafizzies

The Dec. 12 meeting of the Eureka Springs Metaphysical Society will feature Stephen Foster continuing discussion on metaphysical

interpretation of the New Testament. The meeting will begin at 7 p.m. at Heart of Many Ways, 68 Mountain Street. All are welcome.

# Imagine what we could learn

Clear Spring School hosts Most Likely to Succeed on Thursday, Dec. 8 at the Carnegie Library Annex. The documentary was a selection of top film festivals, including Sundance and Tribeca, and explores what teachers and students are capable of when vision, creativity nd courage are applied to schools. The free screening starts at 5:30 and all are welcome.

# Holiday Open House with Willer

Main Stage, 67 North Main will ranging from small jazz club scenes, still host a holiday open house and artist reception on Saturday, Dec. 10 from 2 -6 p.m. featuring works by John Robert Willer. The exhibit includes 53 paintings

lifes to larger abstracts. The exhibit will be open Saturdays from 10 - 4 p.m. and Sundays from 10 a.m. - 2 p.m. through Dec. 18.

# Weaving a shepherd's tale

the Kings River Church on Saturday, Dec. 17 and Sunday, Dec. 18 at 6 p.m. of A Shepherd's Tale, an original play by Richard Garey based on research into the life of shepherds living in Judea 2,000 years ago.

There will be free performances in A Sherpherd's Tale is a story of Esrom a shepherd of Bethlehem, a goat, a dog, and sheep and the tale of two special nights. The Kings River Church is at 796 Highway 221 North. For more information call Tammy Butler at (870) 654-7864.

# **INDEPENDENTART**

### Cornerstone shows kicks on Route 66

Joan Hirnisey is Cornerstone Bank of Holiday Island's December Artist of the Month. Her 10x20 in. oils depict Route 66 from Buckingham Fountain in Chicago to Santa Monica, Calif.















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15% to 25% Dec. 8-Dec. 24

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> Lynne Crow, Owner/Instructor Bachelor of Science in Art Education



# New Classes and Workshops

Larry Mansker will teach 2 new Classes "How to Finish a Painting" "Drawing - The Elements of Design"



Larry Mansker to give a FREE presentation "Introduction to the Classes" December 9 & 16

205 Public Square, Berryville, AR 72616

Holiday Hours: Mon.-Fri. 10-6; Sat. 10-3; Closed Dec. 25-31

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# Happy Crystallofolia Season

t is crystallofolia time! Perhaps new to your natural history vocabulary, L"crystallofolia" is a term coined by Bob Harms of the Plant Resource Center, University of Texas, Austin, who for many years has been investigating the phenomena

we commonly call "frost flowers" - those beautiful ice formations produced at the base of only two native plant species in the

Anyone who has driven along streets at the edge of town on a cold frosty morning

> has likely noticed them. Our two native plant species that exhibit this phenomenon are American dittany (Cunila origanoides) and white crownbeard or frostweed (Verbesina virginica) both late-blooming wildflowers you may not notice except at this time of year. Their frost flowers or twisted ribbons of ice appear for a few days (up to a couple of weeks) after the first hard freezes in autumn.

These ephemeral sculptural beauties of ice appear at the base of the plant. The delicate, elegant ice formations emerge laterally from the stem, just above the ground in the case of American Dittany, but from ground level to two feet up the stem in the case of white crownbeard.

Why does this phenomenon only occur in a select few plant species instead of all plants? Speculation is that a combination of characteristics unique to the plant in combination with the external physical forces provides a perfect opportunity for the frost flowers to develop. The xylem, vascular tissue within plants that helps conducts water upward in the stem, is probably quite firm, with secondary rays at a right angle that is strong enough to conduct water during a frost event but its tensile strength reaches a point during the first cold frosts that freezing water burst through the epidermis at a right angle to the stem. As it does so, it ever so slowly



punches moisture into the freezing air extruding ribbons of ice that we call frost flowers. Botanists have written about and speculated on the phenomena associated with frost flowers for 200 years.

Early morning walks by people with a smart phone camera in their pocket has created a crowd populated social media collection of frost flower images in the parts of the country where these plant species grow. They are an amazing sight to see and ponder at this time of year, reminding us of the ephemeral beauty to be found in nature. For the most complete information on the subject, see the detailed article on the subject by Bob Harms at the Flora of Texas website: w3.biosci.utexas.edu/prc/VEVI3/ crystallofolia.html.



Nellie Mills wrote Early Days at Eureka Springs 1880-1892 as a memoir of growing up in Eureka Springs. She received so much information from those who shared those times that she published her second book based on correspondence and newspaper research. Other Days was published in 1950 by Free Will Baptist Gem, Monett, Mo.

# Chapter Six: For Health and Pleasure

uring the years we lived at Eureka Springs I did not know what a mosquito was like. I learned out in Kansas when we went to a picnic down by Spring River where there were some pools of stagnant water. There was never any stagnant water at Eureka Springs in the old days.

We had lived at Crestline, Kansas, and finally, in 1897. settled in Monett, Missouri. In 1898 our mother, who had been suffering increasingly from sciatica, was persuaded to go with Dr. Pearl Hale (later Mrs. Tatman, wife of Dr. Tatman) to Eureka Springs, where Dr. Hale was preparing to establish a practice.

The plan at first was that Ma should share Dr. Hale's apartment, for Dr. Hale had been treating her before they went there. Not liking the arrangement, Ma took things into her own hands; she secured a bedroom and kitchen privileges in the Cary house. She was well acquainted with Mrs. Cary, who was a member of L.U.R.A., the Ladies Union Relief Association – of which organization our mother for years was a busy member.

It is queer how things happen. We had lived for years in Eureka Springs. We children had played among the rocks, waded Leatherwood Creek, climbed trees. We had once in awhile found a shed snakeskin where we had played; we never saw but one live snake and it was sliding into the creek: it seemed trying to avoid us. We had seen centipedes imprisoned in glass jars. Occasionally we were excited by seeing a tarantula on an outside wall, or a rocky bluff. But we never heard of anyone being bit by one of these pests that seemed as much afraid of us as we were of them. But when our mother went to Eureka for her health she was bit on the back by a scorpion.

My brother Will and I drove down to visit her. She had called a physician, after applying First Aid remedies she had on hand. The doctor said it was well she had for she had a very large red spot on her back and she was not very well all the time Will and I stayed. I stayed with her most of the time. I only visited the Rippetoes, who were living, at that time, on the northwest slope of East Mountain.

Ma did not leave the house all the time I was there, but she had been walking every day to the Basin. She had visited with Mrs. Hawley, Mrs. Field, Mrs. Landaker and Mrs. Newport who was then grieving for the recent death of her daughter Ethel.

Mrs. Clayton was not in Eureka Springs at that date. My mother had had a letter from her while we were in Crestline. Mrs. Clayton wrote: "Dear Mrs. Mills, I read your nice letter aloud at the last Tuesday L.U.R.A. meeting and the ladies were all pleased to hear from you. We go along as usual some weeks with lots to do and then again with few reports.



Instead of the Christmas dinner; as such bountiful supplies were put out at Thanksgiving, we bought flannel and are making shirts for the men. Different ladies have worked in your district, but no one we feel can guite fill your place. The ladies all asked to be affectionately remembered to you. We are all together but Powell Jr. who is at school. Sincerely yours, B.A. Clayton."

When Will and I returned to Monett, Pa and Ida drove down. We had gone, as they did, with a horse and buggy. Charlie, at that time, always kept a horse or two.

Mrs. Charles Rose, now of Monett, but then of Cassville, was the director of a band that was playing regularly two or three evenings a week at the Basin. The members of the band were staying at the East Lynne. For the benefit of those who don't know, the East Lynne was down that street that branched off from Spring Street at the Presbyterian Church and is beyond the Chautauqua. One of the band men was a Monett boy. He would stop at the Cary House to walk with Ida to the Basin. On days when the band did not play, they went horseback riding, or to other entertainments.



# **Another OPINION**

# On my morning rant

o many well-meaning friends have approached me this past week asking if I am all right. They are worried that my angry Facebook rants against the Trump regime will start having a negative effect on me. I assure them it will be Trump's policies, not my anger, that will have a negative effect and that all I'm trying to do is sound the alarm to a somewhat sleeping choir.

- Open World Project is sponsored by the U.S.

Congress. Photo by Jay Vrecenak

It's easy and tempting to put one's head in the sand after being dealt such a blow. After the election it took me a week to finally click on a news site, and I am still unable to watch this man that half the country thinks is the new Messiah.

Maybe it's from losing so many friends during the height of the AIDS crisis, but the Silence = Death saying and logo rings just as loud now as it did back in the late '80s.

Dramatic, yes, but we have just elected to our highest office a man who is unhinged at best, and has spewed lying, racist, misogynistic, xenophobic comments on a daily basis since the start of his campaign.

And to all those people who say to

me that Trump is not going to be that bad, that he's not really going to break up immigrant families, or pull out of the Paris Agreement on climate change or get rid of the nuclear arms deal with Iran – just look at who he is surrounding himself with, starting with his VP pick Mike Pence, a far right evangelical governor who would rather treat gays to conversion therapy than support AIDS treatment, and who signed into Indiana's legislation the most anti-gay discrimination bill in the entire country.

Right off the bat and just to assure us all, Trump appoints white supremacist Steve Bannon as his top chief adviser followed by his pick for Attorney General, Jeff Sessions, a known homophobe and racist joke teller who has made a career of undermining the rights and civil liberties of minorities.

He picks an opponent of public education to lead the Education Department, chooses a climate change denier to head the Environmental Protection Agency and nominates a man who is ready to cut Medicare and Social Security to front Health &

Human Services.

For someone who made the populist cry "Draining the Swamp" a major part of his campaign by vowing to clean up Washington insiders and lobbyists, Trump's nomination for Secretary of Treasury, Steven Mnuchin, aka "The Foreclosure Machine" is a bad joke, especially to the suffering and suckered middleclass.

Was anyone surprised that the stock market shot up to record highs the day after Trump announced Mnuchin and billionaire investor Wilbur Ross as Secretary of Commerce? Bye bye Glass—Steagall and Dodd—Frank.

But it is the Supreme Court that should have us really worried. Trump's conservative pick to the lifetime appointed bench will have lasting negative consequences. With one empty seat to fill and Ruth Bader Ginsburg's impending retirement or worse, we could be facing 6–3 decisions by a far-right court for a very, very, very long time.

Immigrant, LGBTQ and women's rights will give way to poor, oppressed corporations who became people too,

thanks to the courts 2010 Citizens United decision. Challenges to Roe v. Wade, marriage equality and immigration and deportation will no doubt be on future Supreme Court dockets.

Every day he steals the headlines, from outlandish cabinet picks, (Sarah Palin for Veterans Affairs?), jailing flag burners, bailing out Carrier, calls to Taiwan and his Mein Kampf Victory Tour.

Can and will the people open their eyes to Trump's serial lies, his conflicts of interest and creepy family (well at least both sons)? And do we really want a cabinet half filled with all-white billionaires and the other half filled with people who believe the earth is 6,000 years old?

I don't want to go back to a country of coat hangers and blood, burning rivers, police raids in bars, bombed places of worship, burning crosses, and duck and cover.

It's time to wake-up America. The rabid right is salivating, and if we say and do nothing, we will all drown in their drool.

John Rankine

# Light in the Dark - Full Moon on Santa Lucia Day

**Juesday, December 13 (Winter Solstice, Julian** calendar) is the Feast of St. Lucia (Lucy). Lucia, from Latin "luc, lux," means "light, lucid." A Christian young woman during the times of Roman persecution, Lucia distributed her wealth to the poor and brought food to the Christians hiding in the catacombs. She wore candles on her head so her hands were free. Lucia consecrated her life to God and refused an arranged marriage leading to martyrdom.

Santa Lucia, patron saint of the blind and a symbol of light in the darkness, is celebrated in Scandinavian and Italian towns and here and there across America. Young girls wear halos of lights and evergreen (lingonberry) wreathes with seven candles (Advent wreath) are centerpieces on tables. Candles and shining flickering lights are everywhere for light is the central theme (giving hope and banishing the darkness).

Santa Lucia festivities include parades (serenading the dark, the land, the sky, the trees) of young women, a crown of candles on their heads (passing by and seen through a darkened window). Festivities begin before dawn. In some villages, entire towns celebrate with open

houses, lights in windows, Mass, religion ceremonies, reading the Christmas story and lighting the Christmas tree (like the White House Christmas tree). Festival foods include mulled wine, cider, ginger cookies and Swedish Lussekatter (Saffron Raisin Buns).

Tuesday is also the Sagittarius solar festival and last full moon of 2016. We ponder upon the Sag keynote and the Soul's directive, "I see the goal, I reach that goal, and then I see another." We then list our goals. Two Notes: Preparing - Mercury retrogrades December 19! And my daily FB posts (Daily Studies) are now on my website.

ARIES: In the next month assess the many ways you are valuable. Let this not be difficult. Ponder upon and make an ongoing list of your abilities, kindnesses, good deeds and plans for Goodwill. Then you see your value. Place lists on walls, doors and mirrors, reading them each day. This is the beginning of your self-identity as part of the New Group of World Servers.

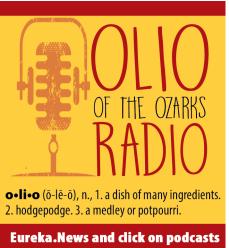
TAURUS: Things go into hiding for a while... especially you, for rest and protection. Someone else is hiding, too. They are very valuable to you. Tend to them with care. They're knowledgeable and have skills needed for your next creative stage and for humanity's educational future. Money, too, is hidden at this time. However, it's still available but you must call it forth, using it for practical things. Like land for community.

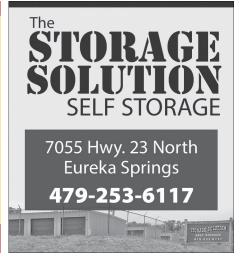
GEMINI: Past friends, relationships, groups and a previous resource may have appeared or be on your mind. They are valuable to you... lights shining in the darkness. A certain group, also from the past, holds the Love/Wisdom (Ray 2, Gemini's ray) you need and therefore seek. It holds the new language and study of symbols allowing you entrance into the Temple of Learning. Do you hesitate?

CANCER: Ponder upon the different ways you want to be seen, known and recognized. Are you interested in the new culture and civilization? You are to nurture the new era at its foundation with visions of the future How is your garden? Do you have a worm bin; do you know how to create bio-dynamic soil? Remember to share your discoveries. Cancer teaches humanity how to feed and nurture themselves.

LEO: The next nine months you reassess goals, hopes, wishes and aspirations. Earth's resources (soil, trees, plants) are vital for your health and wellbeing. Stand in the Sun and work in nature – the most balanced kingdom. Earth and sky radiations strengthen heart and mind, refocus enthusiasm ("filled with God"), allowing practicality to emerge. Are you feeling restricted from too many responsibilities?

VIRGO: You may struggle to maintain equilibrium between the many desires that





arise in daily life. There may be a sense of confusion, or perhaps a wounding. You want to create something new and vital. A hint. The new art has its foundation in astrology and heavenly symbols. Study the electric universe. All that you learn now creates a new foundation for yourself and where you live. Study the Laws of the Soul.

LIBRA: You are becoming a new person. Expanding with new knowledge and new aspirations. It's important to travel now. Not far, but here and there and roundabout. Seeing different neighborhoods allows you to see differences

> and to compare them to your life. This leads to gratitude, the theme of the season. A new creativity is about to come forth. This is your season of practicing Goodwill in all your worlds.

SCORPIO: Tend to all daily things, small and necessary, with all your attention and awareness. Observe habits, agendas, thoughts, hopes, how you care for yourself, your work, all environments and everyone in your many worlds. We evolve slowly by tending to physical, emotional, then mental needs, progressing to the Soul. Each day "brood upon your service (work) for the coming day." This is Soul work. The personality then becomes calm and quiet. Revelations occur.

**SAGITTARIUS:** There is a working upon the self, a restructuring and renewing. You may not know this is occurring. Saturn has taken you

in hand and wants you to see things differently. First the past and all your accomplishment. Then the present where you must wait in quiet and silence. Silence is the Sagittarius pathway. In Sag one must listen to the Sound of Silence so ideas from higher realms can impress the mind. No more clashing symbols.

CAPRICORN: You're neither sentimental nor emotional. You see the need for practical nourishment and realize one source of nourishment is financial security. How would this security look in terms of work, home and land? Each area you live and work in calls for order and organization, purity of focus, warmth, color and quality. Do you have an area set aside for your creative arts? Should communication wound, be still and turn the other cheek.

AQUARIUS: It's possible important people and events from the past appear again for review. We learn from life experiences and eventually we create rules or directives from what we've learned. You have eliminated the unnecessary already. Allow nothing from the past to re-wound you. There may be travel plans coming up. Careful. They may change unexpectedly. All of humanity must now learn to adapt very quickly.

PISCES: Life calls you back into the world and you respond with assurance and confidence. There is an emphasis on participating in groups. The new spiritual law of learning now takes place in groups and not necessarily individually. The Soul is group oriented. And the Soul is what is manifesting in our world now. There is a connection between religious studies and the occult (white magic, hidden sciences, astrology, Ageless Wisdom teachings, the hidden Bible, esoteric, etc.). You build the Rainbow Bridge between the two.

Risa is Founder & Director of the Esoteric & Astrological Studies & Research Institute, a contemporary Wisdom School in the Ancient Wisdom Tradition. Email: risagoodwill@gmail.com. Website: www.nightlightnews.org/ FB: Risa's Esoteric Astrology. Twitter – @risagoodwill



**EAT OUT OFTEN.** 

Take a break and enjoy a good meal.

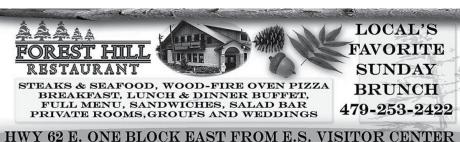






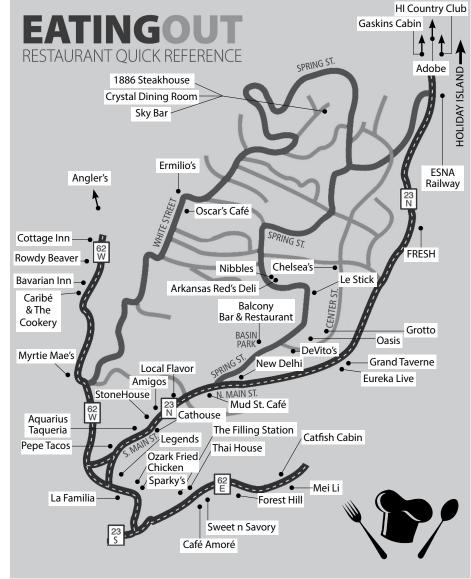












### RADIOLOGY continued from page 5

your treatment plan very quickly."

Typical scans are for head, abdomen, pelvis, chest, facial bones and sinuses, and Brandt said they can now detect pulmonary embolisms and peripheral vascular disease. As part of their poly-trauma protocol, they can perform a head-to-toe scan in 12 minutes, and find details they would have missed with the previous 4-slice equipment.

'We get a quick response and get them right back to the ER for monitoring. It's really an asset for patients. It's quiet and simple. I tell them to hold still, and then it's over."

She said they use an iodine-based drink or injection to coat the stomach, intestines and other organs to highlight where the blood goes. The scan can reveal details about an inflamed area, for example, so they can determine what is causing blood to flow to that area.

### X-rays, MRIs and beyond

Brandt was also excited about the digital radiology suite at ESH, which she called the Toshiba room. where X-rays are taken. The X-rays are digital so Brandt can see them on her computer screen quickly and "the quality is fantastic. It is truly a dramatic difference in what we can do."

Also, the table is flexible in that it

can be lowered almost to the floor to accommodate a patient. "Once again, it is geared toward patient care," she pointed out.

ESH also set aside a suite for the ultrasound tech who brings in his equipment on Tuesdays and Thursdays. Ultrasounds are used for testicular masses, pelvic problems for women, carotids, gall bladders, venous or arterial Doppler exams to check for plaque in extremities. "Ultrasound is for anything but the skull. Sound does not travel well through bone," Brandt

She said ESH now also has an MRI trailer on the premises once a week. "If we find something in here, we send

the patient to get an MRI." Brandt said the MRI scanner in the trailer is a 1.5 Tesla, "the workhorse of MRI; it's what everyone has."

Brandt said the equipment on hand means ESH offers a diagnostic progression. A patient might start with an X-ray and get an Acute Abdomen Series, for example. If anything is suspected, ultrasound would be next followed by a CT scan if necessary, and last would be an MRI. All of this and the patient does not need to leave town.

Brandt began her time at ESH as a housekeeper, and was so drawn to radiology and returned to school, graduating from the radiology program at North Arkansas College in 2006.

# Local boys holiday shows at Chelsea's Corner: Mountain Sprout boogies Friday, Earl and Them twang an Arkansas guitar assault Saturday

f you've ever felt like the holidays cut off your oxygen I suggest you visit Chelsea's Corner for some fresh air on the dance floor! Friday, local transplants Mountain Sprout return with their widely exalted brand of acoustic bluegrass rock and sing-

along songs. Saturday Earl and Them bring 50 years of rock and roll with a soupçon of native blues (or native blues with a soupçon of rock and roll) experience and stellar sax moves to melt any bad vibes away.

### **THURSDAY, DECEMBER 8**

**CATHOUSE LOUNGE – George** *Brothers*, Rock, 6 - 8 p.m. EUREKA LIVE! – Green Screen Karaoke, 9 p.m. LEGENDS SALOON - Another Turn, Rock, 9 p.m.

### **FRIDAY, DECEMBER 9**

BREWS - Eureka Music Revival, Americana, 6 - 9 p.m. CATHOUSE LOUNGE - Dave Smith,

Singer/Songwriter, 8 - 11 p.m.

CHELSEA'S - Mountain Sprout, Bluegrass, 9 p.m.

EUREKA LIVE! – DJ and Dancing, 9

GRAND TAVERNE - Arkansas Red, Guitar Dinner Music, 6:30 p.m.

LEGENDS SALOON - DJ Karaoke



with Stan, 8 p.m.

**NEW DELHI** – Paul Price Trio, Americana, 6 - 10 p.m.

ROWDY BEAVER - 2 Dog 2 Karaoke,

**ROWDY BEAVER DEN - The** Medicine Man Show, Americana, 8 p.m.

### **SATURDAY, DECEMBER 10**

BALCONY RESTAURANT - Steve Jones, Singer/Songwriter, 12 and 6 p.m. **BREWS** – *Sad Daddy*, Americana, 6-9

CATHOUSE LOUNGE - Voxana, Americana, 8 - 11 p.m.

CHELSEA'S - Earl and Them, R and

EUREKA LIVE! - DJ & Dancing, 9

LE STICK - Pete Maiella, Singer/ Songwriter, 7 p.m.

NEW DELHI – Acoustic Refugee, Americana, 6 - 10 p.m.

Smith Trio, Americana, 8 p.m.

**ROWDY BEAVER – The Medicine** Man Show, Americana, 7 p.m. **ROWDY BEAVER DEN – Sunshine** Ramblers, Americana, 12 – 4 p.m., Dave

### **SUNDAY, DECEMBER 11**

BALCONY RESTAURANT - Michael Dimitri, Singer/Songwriter, 12 p.m. BREWS - Trivia Night, 6 p.m. EUREKA LIVE! - Green Screen Karaoke, 7 p.m. NEW DELHI - Whisky Menders, Americana, 12 - 4 p.m.

### **MONDAY, DECEMBER 12**

CHELSEA'S - Sprungbilly, Bluegrass, 9 p.m.

### **TUESDAY, DECEMBER 13**

CATHOUSE LOUNGE - Los Roscoes,

Blues, 6 p.m.

CHELSEA'S - Open Mic, 9 p.m.

### **WEDNESDAY, DECEMBER 14**

**CATHOUSE LOUNGE - Jimmy** *Wayne Garrett*, Singer/Songwriter, 6 – 8



Mountain Sprout plays Chelsea's Friday, Dec. 9.







The women of St. James Episcopal Church held the 50th Silver Tea on Dec. 1 at the Crescent Hotel. The Crystal Dining Room was decorated in gold and silver and packed with attendees who were greeted by students singing carols in front of the hotel. Cost of attendance was a donation to Jeremiah House,

a recovery home for women.

# SEASON OF GIVING

Dozens of people went to the Christmas Tree Lighting Ceremony on Dec. 3 in the back garden of the Crescent Hotel. The trees were decorated by or for local non-profits and then lit up for the holidays. People can vote all month for their favorite trees for \$1 per vote with the money going to non-profits.

PHOTOS BY JAY VRECENAK

During the Holiday Island Presbyterian Women's Holiday Party, 25 quilts and a \$500 check were donated to Vera Lloyd Presbyterian Family Services. Director of Development from Vera Lloyd attended to receive donations and speak to the group about the organization.





# **DEPARTURES**

# **Eric Zayn Welch** May 31, 2016 – Nov. 16, 2016

Eric Zayn Welch, 5½ month-old son great-grandparents Sam Sr. and Lorene of Eric and Amanda (Dunham) Welch, Dunham of Holiday Island, Ark.; Henry passed away Wednesday, Nov. 16, Welch of Houston, Texas and Katie 2016.

He was born May
31, 2016, in Johnson,
Ark. Surviving are his
parents, one brother,
Bryson, and two sisters,
Fairyn and Alannah, all
of the home; grandparents
Sam Jr. and Joyce Dunham
of Holiday Island, Ark.; and
Angelia Welch of Houston, Texas;

Preceding Zayn in death were great-grandmother Dorothy Welch and great-grandfather Afton Couch.

Services were at Drakes Creek Cemetery, Huntsville, Ark., with arrangements by Fohn Funeral Home, Cassville, Mo.

# Lawrence "Larry" Joseph Schoenhofer

Dec. 25, 1924 - Nov. 14, 2016

Lawrence "Larry" Joseph Schoenhofer, 91, retired restaurant owner, passed away on Nov. 14, 2016. He served his country in the U.S. Navy during WW II and the Korean Conflict.

Larry was born Dec. 25, 1924 in Walnut, Kan., to Carl and Matilda (Smith) Schoenhofer.

Survivors are his wife, Marjorie; sons Karl, Phil (Sharon) and Don Schoenhofer, all of Wichita; brother Art Schoenhofer of Andover; six grandchildren; eight greatgrandchildren.

Larry was a co-franchise owner of Kentucky Fried Chicken in Wichita, and later owner of Springs Fried Chicken in Eureka Springs, Ark. He was a proud patriot, loved the outdoors and his family. We will miss him dearly.

Celebration of Life Service was at St. Catherine of Sienna Catholic Church, 3660 N. Ridge Rd., Wichita, KS 67205. Memorials to the Harry Hynes Memorial Hospice,

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313 S. Market, Wichita, KS 67202 or to the Church will be gratefully appreciated.

### Leo

Leo, one-time greeter and all-around amazing shop cat formerly of Zarks Gallery, passed away on Nov. 29. He was surrounded by his family, Rick and Sara Armellini, and caregivers, Dr. Kameron and Anita at the Berryville Vet Clinic.

Leo joined the staff at Zarks on August 1, 2003, and was a hard-working kitty who not only helped close sales, but gained many friends during his tenure. He arrived at the gallery when he was about two years old and already weighing 15

pounds, but at one time, tipped our scale at around 17+ despite our efforts to keep him more svelte. We were told that he was part Maine Coon Cat and, we suspect, may also have some Persian and/or Ragdoll blood in his veins.

Leo took his job very seriously. He knew when visitors were away from their pets a "fur fix" was sometimes needed; he was

glad to oblige. He was happy to pose for photos but we couldn't always guarantee that his eyes would be open.

Besides the jewelry cases countertops, his favorite spot was on the windowsill in the gallery's pottery room. It was there he could lounge away most of the day, much to the delight and amusement of passersby. At night

he entertained window shoppers and had several regulars (two and fourlegged types) who came by in the evening to visit him.

His picture has appeared on the pages of our state newspaper, the *Arkansas Democrat-Gazette*, and other regional publications. He sold tote bags and jewelry decorated with his image, along with framed prints. Leo made frequent trips to his personal groomer, Diana, to make sure that he was always "camera ready."

He loved paper sacks, empty boxes, playing tag, doing yoga, sleeping in our recycling bin, and bird watching.

As a result of being diagnosed with Feline Diabetes in 2008 and needing insulin injections twice a day, Leo was forced to take an early retirement. Like his predecessor, Cajun,

Leo developed a loyal following while at Zarks and did all he could to encourage support of our local animal shelter. Memorial donations can be made to the Good Shepherd Shelter in his honor. Mail directly to The Good Shepherd Humane Society, Attention: Treasurer, P.O. Box 527, Berryville, AR 72616.

# Walking the red carpet

The Writers' Colony at Dairy Hollow will hold Hollywood and Vine. a fundraiser featuring Copper Cane California wines paired with 5-star gourmet offerings provided by Grotto Wood Fired Grill and Wine Cave on Dec. 10 at 6:30 p.m.. Enjoy music, dancing and the debut of a Hollywood glam art exhibition by Teresa Pelliccio.

Guests are invited to dress as their favorite movie star and there will be prizes for best costumes. Tickets are available for \$50 and seating is limited. Book early for a 10% discount. To buy tickets go to www.eventeureka.com/ book-now. There will be free shuttle rides home within Eureka Springs city

# Christmas Day services being held

The Holiday Island Community Church, 188 Stateline Drive will be holding Christmas Day services at 9:30 a.m. time on Sunday, Dec. 25. All are welcome

# Eating up Christmas

will be held at the ECHO dining room on Christmas Day from 11 a.m. - 1 p.m. sponsored by Flint Street Fellowship. There is no

A community Christmas Dinner charge for the dinner and all are welcome. For anyone needing a ride or to volunteer call (479) 253-4945. ECHO is located at the corner of E. Van Buren and Rockhouse Road.

# DROPPINGA Line by Robert Johnson



axidermy business is great, but you can't stuff a fish until you catch it.

Here at Holiday Island the walleye, bass and crappie will wind up being in the boat with you if you slow your presentation and go deeper off the flats. It's kind of like in the spring, the water is warmer up toward Roaring River. Fishing is good on the Missouri side of the White near Eagle Rock, north of the marina and into the mouth of Roaring River. Walleye should be scattered all over, all winter in this area.

Here's some excitement - wait for it – Beaver Lake stripers are really hot from Prairie Creek and on up toward the Hwy. 12 bridge islands, around the Horseshoe Bend, Monte Ne and Hickory Creek areas, from Point 12 and on up. You'll get 'em from the surface to 24 ft. down, with all these good days and good water, you get good catches.

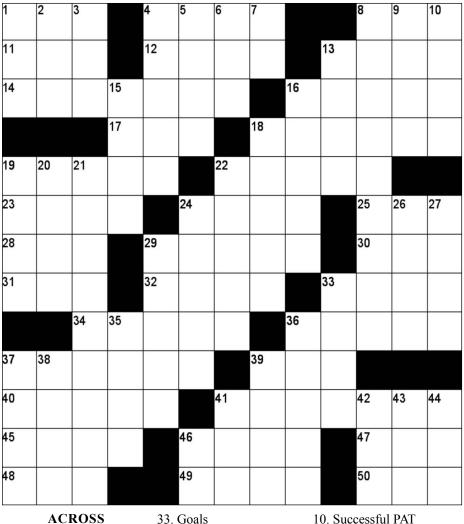
I had half-price trips last week but nobody took the bait so I'm putting my time in on taxidermy. This striper plaque says 17 lbs., but you know fishermen are liars. It's at least 20 lbs. Either way, it's on its way to a happy wall in Oklahoma and will remind people of the good times they had on Beaver Lake and I hope they come

Planning to have a trip or two this week so I can get great pictures to share next week.

Have fun and take an old man fishing.

# **INDEPENDENT Crossword**

by Mike Boian with extensive help from his wife, Ann



### **ACROSS**

- 1. Entertainer Stewart 34. Intestinal obstruction
- 4. Sasquatch's Asian cousin
- 8. Embrace
- Ming
- 12. Arabian seaport
- 13. Toreador's foe
- 14. Denizen of 2<sup>nd</sup> largest continent
- 17. Unit of electrical resistance
- 18. Chose
- 19. Missouri Senator
- 22. Julep aroma
- 23. Scull needs 24. Formal procedure
- 25. Shirt type
- 28. Popular Jamaican music 4. Fancy boat
- 29. Birthplace of
- 30. Harem room
- 31. Female lobster
- 32. Dark, inky

- 33. Goals
- 36. Sri Lankan black tea
- 37. Truthful
- 39. Afghan coin
- 11. Retired Chinese Rocket 40. Express a personal view 19. Foolish talk
  - 41. Decubitus ulcer
  - 45. Risks money

  - 46. Type of jury
  - 47. Hairpiece, slang
  - 48. Single
- 16. Scent of a Woman dance 49. Small whirlpool

  - 50. Plead

- **DOWN**
- 1. Scandinavian rug 2. Blockhead
- 3. Black beetle
- 5. Dutch town
- Christopher Columbus 6. Decimal base

  - 7. Hip, cool
  - 8. Roadhouse
  - 9. Encourage
- 43. Regret

13. Diplomacy

16. Ringworm

15. Charged atoms

18. Climbing spike

20. Tahoe or Superior

22. Legendary King of

24. Refute by evidence

26. Edible root of taro

29. Ganders and goslings

38. Competition without

39. Remain undecided

41. Rudimentary foliage

21. Ore in uranium

Crete

27. Deftness

33. Morays

36. Chubby

37. Vagrant

35. Periscope part

restrictions

- 42. Sphere
- 44. Roe
- 46. Not she

# **INDEPENDENT Classifieds**

The INDEPENDENT Classifieds cost \$8 for 20 words, each additional word is 25¢. **DEADLINE – Monday at noon** To place a classified, email Classifieds.Indie@gmail.com or call 479.253.6101

### **ANNOUNCEMENTS**

**FLORA ROJA COMMUNITY** ACUPUNCTURE & APOTHECARY -Carrying over 300 organic herbs, teas and spices. Large selection of supplies for all your DIY natural health, home and body care needs. Open Monday-Saturday 11-6, 119 Wall Street. (479) 253-4968. www. florarojaacupuncture.com

SIMPLICITY COUNSELING "It's your time." A mental/emotional health therapy approach clients describe as deeper and more effective than any they 've ever had, often lifechanging. Depression, Anxiety, Self-Worth, Trauma. Grief. Codependency. Anger. Moods, Adjustment & Relationships. Call a licensed (LCSW) respectful, Professional (479) 244-5181, a unique therapist in Eureka Springs since 2008 who will be delighted to hear from you.

**SPRINGS FARMERS' EUREKA** MARKET Open Thursdays only, 9 a.m.noon. Vegetables and fruits, cheese, meat, eggs, honey and so much more. Come for the food, music and to be with your friends. Catch us on Facebook.

Local – Sourdough – Organic

### IVAN'S ART BREAD

Farmer's Market Thursday 9-12 Sourdough Breakfast Bagels, Bialys, English, Crumpets Round Euro Rye Request line: (479) 244-7112

### It's A Mystery BookStore

the gently-used book store featuring vintage, modern & classic reads on the Berryville Sq. www.itsmystery.net.

### FIRE OM EARTH RETREAT **CENTER**

www.fireomearth.com 479-244-6273 Open House 20% discount on our Handcrafted Flutes, Ocarinas, Drums. Jewelry.

Tour the Artists working studio.

Participate in the Sacred Whistling Flute Circle Thurs., Dec. 8, Fri. Dec. 9, Sat., Dec. 10 Noon to 4 p.m.

### **PERSONALS**

Dear parents, Still have one chicken casserole. Keeping the birthday date on the brain in between Christmas thoughts. Perhaps a Mexican chicken casserole for the birthday would save money?

### **PERSONALS**

PJP - Sorry been busy. Had to fix the toilet. Turns out fixing the toilet requires borrowing a truck, moving two chairs, removing a door, two trips to the ATM, repairing jumper cables, new battery, and purchasing a new padlock. After all that we still had to use a bucket to fill the tank.

### **ANTIQUES**

WONDERLAND ANTIQUES buys/ sells antiques, primitives, unique vintage items. Open 10-5. Closed Tuesday & Wednesday. Hwy 62 east of Eureka 3 miles. (479) 244-0943

### **HELP WANTED**

NOW HIRING PREP AND LINE COOKS. Apply in person at Pied Piper/ Cathouse, 82 Armstrong.

### **REAL ESTATE**

### **HOMES FOR SALE**

CUSTOM BUILT HOME FOR **SALE.** Three bedrooms, office, beautiful kitchen, great room, vaulted ceilings, well insulated, passive solar, radiant heat, two Jacuzzis, steam sauna, two car garage, large deck, on 15 acres ten minutes south of Eureka, expansive views in winter, \$325,000. (479) 981-0382.

CONSTRUCTION NEW exceptional homes overlooking historic downtown. Low maintenance, beautiful porches, hardwood floors, central VAC. (479) 253-2383 or (479) 253-7874

### LAND FOR SALE

2 PARCELS - 43 ACRES AND 53 ACRES. Partially cleared. Both border County Road 207. 5 miles from Eureka Springs city limits. High elevation, very good vistas. Paved frontage and electric. (479) 650-1012.

# **RENTAL PROPERTIES** APARTMENTS FOR RENT

HOLIDAY ISLAND VILLAS & TOWNHOUSES near lake and marina. Peaceful and quiet, ample parking. From \$400/mo. (479) 253-4385

# **RENTAL PROPERTIES APARTMENTS FOR RENT**

**HUGE STUDIO APARTMENT** with kitchenette for rent. \$450 plus electric. Parking, lovely country setting 10 minutes south of Eureka Springs. (479) 981-6049

THREE STUDIO APARTMENTS, Passion Play Rd., electric, water, trash, cable, gas paid. \$450 or \$500 for furnished. Amenities include pool, basketball court, BBQ pavilion, discounted gym membership and two minutes from downtown. Contact Christina (479) 253-5071.

ONE BEDROOM, ONE BATH on Elk St. for quiet, mature non-smoker. References required. No pets. \$575, 1st, last, security. Includes Wi-Fi, water, trash. (479) 244-9155

### **COMMERCIAL FOR LEASE**

1,000 SQ. FT. - 99 SPRING. Studio/ workshop next to post office. Mountain Street access. (479) 244-5100, (479) 253-4314.

CAFE OR RETAIL BUSINESS with deck overlooking creek on North Main. Beautiful location! All utilities paid but electric. (479) 981-9811

### **DUPLEX FOR RENT**

NEW MODERN CONSTRUCTION, **DUPLEX** in quiet Eureka South. 3 minutes from schools and grocery. 1 bedroom, 1.5 baths, three levels. Carport, large private deck. All electric high efficiency central heat/air with supplementary solar panels. No smoking. References required. \$800/ mo., \$800 deposit. (479) 253-9728

### **HOMES FOR RENT**

1 BEDROOM/1 BATH HOUSE FOR RENT – Loft cost vi cl tc en, off street part n . All til ties pard except electric. 23 Jackson St. \$750 monthly plus deposit. (479) 981-9811

2 BR, 2 BA WITH WASHER/DRYER & GARAGE - Small fenced yard, pet okay with deposit. \$675/month plus deposit. 12 month lease. Trash/recycle included. Pivot Rock area. Available now. Call/text (479) 981-0682.

# **RENTAL PROPERTIES**

### **HOMES FOR RENT**

**HOUSE** downtown near Post Office with parking space. Cozy 1 BR, 1 bath. Call (479) 253 9481 or email dan@ twilight.arcoxmail.com

### WINTER RENTAL

WINTER FURNISHED RENTALS -Nov. 15-May 15, 2017, \$575-\$695. Includes utilities, WiFi, cable, parking, patio. Four to six month commitment. victorianserenity@ yahoo.com. No smoking/pets.

### **SERVICE DIRECTORY**

### MAINTENANCE/ LANDSCAPE/ **HOME SERVICES**

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**CHIMNEY WORKS** Complete chimney services: sweeps, repairs, relining and installation. Call Bob Messer (479) 253-2284

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PERFORMANCE PLUMBING -

Free estimates, bonded, insured, Master Plumber lic. MP6242. All plumbing services, water heater specialist, background checked and drug free. Cell (479) 244-5335. "When you call us you will talk to a licensed plumber not a machine."

# **INDEPENDENT Classifieds**

The INDEPENDENT Classifieds cost \$8 for 20 words, each additional word is 25¢. **DEADLINE - Monday at noon.** 

### **SERVICE DIRECTORY**

### MAINTENANCE/ LANDSCAPE/ **HOME SERVICES**

### **JERRY'S HANDYMAN SERVICE**

Carpentry: Remodeling and Repairs **Painting:** Creative and Artistic Solutions (479) 981-0976

### **MOVERS**

**D-HAUL MOVERS** – Local mover over 15 years in business. We move our clients day or night. Well known and very respectful. CALL DWAYNE, (479) 981-9492

### **CONSTABLES** continued from page 10

a road just east of downtown was driving recklessly. Constable arrived too late to catch the driver.

### **DECEMBER 3**

2:57 a.m. - Resident near downtown again reported hearing things nearby, this time a car door shutting, and asked for a constable to check out the scene. Constable again found nothing unusual in the area.

9:41 a.m. - Resident east of downtown said the raccoon in her garden was not acting right. Constable checked it out and determined the animal was okay and seemed comfortable in the garden.

10:02 a.m. - Constables found and picked

### **UPHOLSTERY**

### UPHOLSTERY-RESIDENTIAL, COMMERCIAL, CUSTOM BUILT.

Furniture repair, antiques, boats, caning. Fabrics & Foam. Free Estimates. No job too small. Call Aaron (479) 212-2875 or abunyar@sbcglobal.net



up a runaway juvenile.

11:18 a.m. - Constable did not encounter the reportedly erratic driver on US 62.

11:48 a.m. - Constable on patrol spoke to the owner of a vehicle parked in the middle of a roadway. Owner re-parked the car.

### **DECEMBER 4**

10:16 p.m. – As the result of a tip about a reckless driver, the constable initiated a traffic stop and arrested the driver for DWI, refusal to submit, driving left of center and possession of a controlled substance.

10:42 p.m. – Husband asked for a welfare check on his wife. Constable spoke to her. She claimed she was fine.

### MARIJUANA continued from page 7

that at Chronic Therapy, our staff is very knowledgeable in all benefits and uses of cannabis. Our clientele comes to the store looking for answers for the most beneficial way to treat their medical needs. If our staff didn't know what specific products were needed, the customer would not find the relief they're looking for, and may even become discouraged by the medical marijuana industry.

"The satisfaction we gain when truly helping patients find natural medical benefits is incredible, and so rewarding. There have been times were we have teared a bit with our patients. To see the look of hope, happiness, and gratefulness is really a feeling I could not explain. Maybe it is something similar to your heart wrapped in a blanket."

She also is proud of other aspects of Chronic Therapy. They have a stateof-the-art grow located on site, with four master growers.

"We have a signature strain called Night Berries, that was created here by our master grower, Jason DuBois, who is actually a native of Favetteville," Mazili said. "In October of 2015, we opened our own Marijuana Infused Product Facility and have been making our own concentrates named Chronic Creations. So, we now hold three licenses and have been doing great!"

### **PARKS** continued from page 3

Parks must finish its Master Plan for Trails and the city must "utilize every means necessary to become as bike-friendly as possible. For things to be better, we have to do better, and that means we have to recognize the tsunami of trails activity everywhere for what it is, that we have to fully and enthusiastically embrace it." He tied an urban trail system to economic development because visitors more and more look for trail-friendly places to

Plus, he maintained, trails around town might ease the pressure on limited parking in town.

### Director's report

Featherstone reported that because of the Eureka Springs presence at the recent International Mountain Biking Association world summit in Bentonville, "Our shirts will be worn all over the globe." He said Parks Director Justin Huss and Adam Biossat of the Trails Committee, besides giving away biking shirts, represented the town "as great ambassadors," and feedback from participants was "amazingly positive" toward what Eureka Springs had to offer.

Huss and his team, in conjunction with the City Advertising and Promotion Commission, put together an elaborate display under a tent to greet participants from the mountain biking industry. Huss said there were between 500 - 600 people from 40 states and 11 countries at any time during the twoday event, and those who stopped at his tent, "were the movers and shakers. This [mountain biking] is what they do and they were blown away by northwest Arkansas. They like what we have."

Huss mentioned the goal for him was not only to introduce the mountain biking world to what Eureka Springs has for them, but to connect Eureka Springs with the rest of the biking community in our corner of the state.

"We reached out to our Northwest Arkansas partners. They know about our trails now," he said. He observed cyclists who go to see the art, visit the breweries and bike the trails in Bentonville are the same ones learning they can do the same thing in Eureka Springs.

In addition, the oztrailsnwa.com site lists Lake Leatherwood City Park on its site alongside Blowing Springs, Lake Fayetteville, Lake Atalanta and other biking destinations in our area.

Huss also announced a new surveillance system has arrived and should be installed soon at various Parks locations, a system extensive

enough beyond what Parks will need to allow ESPD or community groups to find uses for it.

He said Parks put up the Christmas decorations around town with fewer staff than last year and with no extra funds because of the city spending freeze

At LLCP, workers will break ground soon on the playground project that should be finished by spring. Huss intends to keep cabins 1, 2, 5 and 6 open during the winter while he gets cabins 3 and 4 ready for renovation. The marina is closed for the winter but might be open occasionally during clement weather. Wireless has arrived at LLCP, and Huss is still working to maximize reception in as many spots as possible.

He announced revenue at LLCP is up 39 percent over budget for this year, and overall revenue is \$36,473 over expectations while expenses so far are \$44,764 under budget.

### Other business

- Huss passed around his proposed No Smoking ordinance for city council to consider. He included common areas in the parks where folks congregate, such as the dog park and playgrounds, but did not include Lake Leatherwood because he maintained the ordinance would be unenforceable in spots around the park. Commissioner Steven Foster stated for five years there has been a No Smoking policy for Basin Park and Harmon Park, but there has been no ordinance in City Code for law enforcement to enforce. Commissioners voted unanimously to send Huss's proposed ordinance on to council.
- Commissioners discussed strategies for improving the Parks website. Sentiment was to hand the job off to a professional who could remake it as commissioners envision and hand it back to Parks so staff can make changes on the fly. Featherstone said anyone interested should call Huss.
- · Huss remarked that since more events are being expected at LLCP, he and staff will be "making more sense" of the parking situation near the LLCP fields.
- Commissioner Fergie Stewart announced he is trying to attract media and dignitaries to a Grand Opening for the new playground at LLCP that would also act as a re-opening event for LLCP in early spring. The tentative date was set for Saturday, March 4. He is planning for a food truck, kids everywhere and activities for all ages.

Next meeting will be Tuesday, Dec. 20, at 6 p.m.









# Visit FNBNA.com for Entry and Prize Details