

The city that water destroyed? *Fluoride the lingering catalyst*

BECKY GILLETTE

City officials have expressed concerns that fluoridation chemicals the Carroll Boone Water District (CBWD) started adding in August 2015 could increase levels of lead to unsafe levels. Fluoridation chemicals not only contain lead, but are corrosive. Combined with chloramines used to disinfect water, which are also corrosive, the result could be increased lead leaching from the city’s aging water distribution system.

Eureka Springs Public Works Director Dwayne Allen said the recent situation where thousands of children have permanent neurological damage from drinking lead contaminated water in Flint, Mich., has drawn increased attention to concerns about lead in drinking water.

“It has been a major national news story,” Allen said. “The situation in Flint is bringing problems with lead back into the public consciousness. The American Water Works Association is looking at this again and asking if we have adequate protections in place.” The AWWA estimates that 6.5 million homes in the U.S. are served by older lead water lines.

When Allen started as Public Works Director in 2008, the city was under a mandate to reduce high lead levels in drinking water in some parts of town, and for two years the city dug up and replaced older lines. That reduced lead to below action levels, but Allen is concerned that increased corrosiveness from fluoridation chemicals could be increasing the amount of leaching of lead and copper.

After opposing fluoridation for more than 30 years, Eureka Springs and other customers of CBWD, including Berryville, Green Forest and Harrison, started receiving fluoridated water five months ago. Although

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The high cards have it – King and Queen Apparent, Steve Roberson and Pam Davenport, grace the *Independent* with a royal photo at the Taste of N’Awlins event at the Grand Central Hotel and Taverne. The two will be crowned King and Queen at the Coronation Masquerade Ball on Feb. 5 at The Crescent Hotel.

PHOTO BY JEREMIAH ALVARADO

This Week’s INDEPENDENT Thinker

When a 79 year-old ex-wrestler wants to walk on public property at daybreak to check on young burrowing owls, let him.

“A red-faced pudgy man with a big gun came running at me shouting to get down on the ground,” Robert Saunders told reporters. “His breath smelled like pee or beer or salami sausages or something. I said no and he poked me in the shoulder, so I did a leg take-down. Didn’t know I remembered that old move! Ha! He was winded and started moaning and trying to suck air. That was that!”

The perp was with the militant group occupying the Malheur National Wildlife Refuge in Oregon.

“We’re hoping this is an isolated incident and are asking the elderly not to knock any more militants on their ass,” the FBI responded.

And the owls were fine.



PHOTO FROM THE LAPINE.COM

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LEAD LEACHING continued from page 1

CBWD heard from many citizens opposed to fluoridation, the board said it had no choice but to comply with a state mandate for fluoridation. Water districts refusing to fluoridate have been threatened with fines.

Allen said prior to fluoridation, water samples were taken in Eureka Springs and sent to the state laboratory, but there was such a backlog testing results weren't received until November. He said those results showed the city was already close to exceeding lead limits. "Our 2015 ninetieth percentile for lead was 0.011 mg/l and 0.24 mg/l for copper, which does not leave much leeway for increased lead leaching," he said.

Water testing results post-fluoridation aren't yet available. Rather than waiting another 90 days to get results of water testing after fluoridation to see if lead levels have increased, Public Works plans in-house testing. "I will have some results the first of February," he said. "We want to make sure our in-house tests are accurate and cannot be dismissed. My five-year plan includes more lead line removal as well as asbestos cement removal."

Allen said if testing indicates lead levels in drinking water have increased, it puts the city in a difficult situation.

"If lead comes back high, it is on us to deal with it," he said. "If our levels are proven to be increasing, I would request aid from the state and CBWD. But the high costs of pipe replacement would in all probability have to be covered by Eureka Springs."

There is also an issue with CBWD using a disinfectant, chloramine, which lasts longer than chlorine and is needed because of the long pipeline to Harrison. Chloramines combined with fluoridation chemicals were found to be leaching lead from pipes in Washington, D.C., leaving thousands of children with high levels of lead. Allen said because Eureka Springs is on the front end of CBWD's waterlines that extend all the way to Harrison, the city receives higher levels of chloramines, which dissipate as the water travels farther down the line.

"Washington changed to chloramines at the same time they added fluoridation, and the concern here is we were already on chloramines," Allen said. "We are kind of a test animal here when chloramines are already in the system and then you throw in fluoride. What happens with these 100-year-old lead lines? You could get a spike in a hurry. But at this point we do not have any test results that raise immediate concerns with the public water system."

Allen said the city would know soon whether beginning fluoridation has increased lead leaching. "We are not a certified lab, but this will give us an idea of how much we

are getting here. We will also be measuring fluoride content to see if they are keeping it towards the low end."

The problem is not confined to the city's water pipes, but also service lines going into people's homes and businesses in older parts of town. Allen said people aren't always aware they have lead pipes, and at times may decide against spending what it costs to replace the lines.

In some cities where corrosion has been a concern, phosphates have been added to reduce corrosion. But Allen said that would cause problems with the city's wastewater treatment plant because it is very expensive to remove phosphates to the level required by regulatory officials. Also, adding phosphates to reduce corrosiveness isn't necessarily an instant fix. Allen said the corrosion problems could continue for an indefinite period of time.

"It is hard to promote our water with the addition of these fluoridation chemicals," Allen said. "We don't want to cause panic, but there are reasons for concern. Hopefully, we can get the fluoride mandate removed by the legislature when they get a regular session in 2017. But even if we get back to local choice, the fight won't be over because the CBWD has more than a million dollars it would have to pay back to the Delta Dental Foundation if it stops fluoridation. Hopefully we can convince them to take it out even if we have to pay to do that."

In addition to lead, Allen said arsenic found in fluoridation chemicals is also a concern. There is a cancer cluster in Northwest Arkansas believed to be related to arsenic in drinking water. "Ideally, you wouldn't want any lead or arsenic in your drinking water," he said.

Any customers who have plumbing dating before the 1950s or live in our original neighborhoods should contact Public Works with concerns or questions.

Eureka Springs voted against fluoridation twice before the state mandate overruled voters. In 2015 alderman David Mitchell went to an Arkansas Board of Health meeting in Little Rock and delivered a number of studies linking fluoridation chemicals to dental fluorosis, decreased IQ in children, Attention Deficit Hyperactivity Disorder, and thyroid problems in adults. Of particular concerns to the city was a report published in the *International Journal of Occupational and Environmental Health* that said contaminant levels of lead, arsenic, barium and aluminum in fluoride additives can vary widely from batch to batch. "Such contaminant content creates a regulatory blind spot that jeopardizes any safe use of fluoride additives."

Mitchell said the city never received a response to its concerns.

How to reduce exposure to lead in drinking water

Editor's note: The following is excerpted from a notice about lead sent to property owners who, based on an educated guess by Eureka Springs Public Works, may have lead in their service lines leading from the city's water lines into their building. Buildings constructed before the 1950s may have lead service lines unless lines have been replaced in recent years.

Lead is a common metal found throughout the environment in lead-based paint, air, soil, household dust, and food, certain types of pottery porcelain, pewter and water. Lead can pose a significant risk to your health if too much enters your body. Lead builds up in the body over many years and can cause damage to the brain, red blood cells and kidneys.

The greatest risk is to young children and pregnant women. Amounts of lead that won't hurt adults can slow down normal mental and physical development of growing bodies. In addition, a child at play often comes into contact with sources of lead contamination, like dirt and dust that rarely affect an adult. It is important to wash children's hands and toys often, and try to make sure they only put food

in their mouths.

Lead is unusual among drinking water contaminants in that it seldom occurs naturally in water supplies like rivers and lakes. Lead enters drinking water primarily as a result of the corrosion, or wearing away, of materials containing lead in the water distribution system and household plumbing. These materials include lead-based solder used to join copper pipe, brass and chrome plated brass faucets, and in some cases, pipes made of lead that connect your house to the water main (service lines).

In 1986, Congress banned the use of lead solder containing greater than 0.2 percent lead, and restricted the lead content of faucets, pipes and other plumbing materials to eight percent. When water stands in lead pipes or

plumbing systems containing lead for several hours or more, the lead may dissolve into your drinking water. This means the first water drawn from the tap in the morning, or later in the afternoon after returning from work or school, can contain fairly high levels of lead.

Steps to reduce exposure to lead in drinking water:

A. Let water run from the tap before using it for drinking or cooking any time the water in a faucet has gone unused for more than six hours. The longer water resides in your home's plumbing the more lead it may contain. Flushing the tap means running the cold water faucet until the water gets noticeably colder, usually about 15-30 seconds. If your house has a lead service line to

REDUCING EXPOSURE continued on page 8



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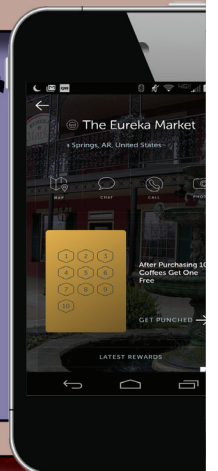


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Mayor delivers State of the City, acknowledges work done and work to do



Mayor Butch Berry told council, "We had a good year," despite unforeseeable obstacles.

PHOTO BY NICKY BOYETTE

NICKY BOYETTE

Mayor Butch Berry delivered the State of the City review at the Jan. 25 Eureka Springs city council meeting, and acknowledged right away how different council meetings have been sitting in the mayor's chair instead of a council seat.

He said within the first three months of his term as mayor he had to hire new police and fire chiefs, the tunnel collapsed under the parking lot next to city hall, and council passed Ordinance #2223 followed by uproar and a coming together. Then his administrative assistant, who had served through four previous mayors, got married and moved to Colorado. Through it all, Berry said he saw Eureka Springs join forces to meet challenges.

Berry mentioned a documentary was made of the community effort to support Ordinance #2223, and a documentary, *Peace in the Valley* will be shown at the Sundance Festival in Park City, Utah, which is going on now.

He said a segment of the *The Daily Show*, which featured a conversation with alderman Joyce Zeller defending Ordinance 2223, received 42 million hits on the Internet, which gave the city a burst of healthy publicity. In addition, Eureka Springs was named e-City of the Year in Arkansas for its strong Internet presence.

Berry mentioned the Transit Department is the only one in Arkansas that is self-sustaining. Trolleys gave 115,000 rides last year, earning \$209,864. Transit earned another \$117,000 from tram tours, and \$26,785 in parking fees.

New Police Chief Thomas Achord continues having a police officer working with the schools and participating in programs for stopping domestic violence. Of the 983 citations issued last year by ESPD, 187 were for noise violations.

Berry said the fire department responded to 1292 EMS calls last year, or about 3.5 per day, and there were 243 fire calls.

The weather had an enormous impact on Public Works in 2015. Besides the crumbling tunnel beside the courthouse, rain impacted the wastewater treatment facility. Berry said the city made progress repairing and upgrading its sewer system, and he insisted upgrades are a priority. Replacement of faulty water meters is at 66 percent, and he expects a three-year payback on the

investment once the project is complete.

The City Advertising and Promotion Commission saw a 7.1 percent increase in collections over 2014, with the focus of their advertising in the four-to-six hour drive radius and I-49 corridor. Berry said the CAPC has been focusing more on digital advertising, and results indicate their strategy is working.

The Parks Department is responsible for more than 1800 acres of city property, and 2015 saw improvements and facelifts at their many sites. Parks received a \$40,000 grant for an ADA-compliant trail and another \$63,000 for a paved trail from Harmon Park to Clear Spring School, with both grants from the Arkansas Highway Transportation Department. Lake Leatherwood City Park generated more than \$73,000, and Parks is working with two lake experts to develop a long-term maintenance schedule for the Lake Leatherwood.

Berry said he continues to get new ideas for fixing the future, but in the meantime, he's working with the Mayor's Task Force on Economic Development to find ways to attract other businesses to the area, which would mean additional sales tax revenue. He has also been working with Berryville and Green Forest to collaborate on economic development.

The big issue the city cannot ignore is aging infrastructure, and Berry said he would present a long-range plan to council addressing the problem. Another elephant in the room is the crumbling dam at Black Bass Lake, and he said he is wooing political support for assistance.

Berry's long-range plan is not only to continue repairing and upgrading the sewer and water systems, but to expand them to developing or developed areas long overdue for city services.

Although the city might face heavy lifting up ahead, Berry said, "I think we had a good year."

Meditation and discussion Jan. 28

The Eureka Springs Buddhist Study Group will gather for 30 minutes of meditation followed by reading and discussion on Thursday, Jan. 28 at 4 p.m. at Heart of Many Ways, 68 Mountain Street. All are welcome.



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Parks gets trails help, commences interviewing for director

NICKY BOYETTE

“Trails do not come without care and maintenance,” Chair Bill Featherstone observed at the Jan. 19 Parks Commission meeting. “So who’s taking care of our trails?”

Featherstone said the Carroll County chapter of the Ozark Off Road Cyclists (OORC) contributed 426 hours of volunteer labor last year on trails in the county. Work they accomplished included the Spring Garden Trail and rehabbing of trails after spring rains at Lake Leatherwood City Park without which the Fat Tire Festival and Xterra events would have been in jeopardy. This year they have already flagged the path of a beginner bike trail at LLC, which they intend to build and maintain.

“They have a very impressive record of service,” Featherstone commented. “They more than anybody know our trails,” he said, suggesting the commission add to its monthly agenda a report from Nate Griffey, president of the local OORC group, on the status of trails. Griffey already agreed he would make the report.

The commission voted to add the report to the agenda.

Annual report

Interim director Donna Woods presented an overview of the past year in Parks, saying the change in director midyear gave commissioners an opportunity for renewal. She read a long inventory of items around their 1800 acres that Parks staff must tend.

Woods said in the past year, benches were donated, trails were built and maintained by volunteers, and citizens provided landscaping and construction work beyond their contracted tasks. Also the Dog Park Committee bought a fountain for the dog park.

She announced Parks had received a grant for \$63,724 to build a paved trail between Harmon Park and Clear Spring School. Also, cabins and cottages at LLC had their highest year for rentals.

Staff rehabilitated many of the city’s Christmas decorations, oversaw the purchase of new ones and created a storage place for them.

Permanent director search

Featherstone reported they had received 76 applications for the Parks director position by the stated deadline and three since. Twenty-one states are represented, and applicants heard about the job opening 14 different ways.

“We have done everything we could to make this job opening available,” Featherstone commented. He added there is also plenty of quality among the quantity. He said commissioners picked 13 interviewees to phone, and from those they hoped to narrow the candidate list to five for face-to-face interviews. He expected to begin phone interviews by the end of the week. Featherstone also mentioned the second 13 among the applicants would also have been an impressive list.

Springs Committee report

Jim Helwig, chair of the Springs Committee, reported they continue to monitor the springs in the area, and they have realized the idea of “one clean spring” is not realistic. He said last year’s significant rain events caused considerable damage, and storm water mitigation is an important issue for the town. His committee wants to help the city find solutions. Wastewater is another issue that must be addressed, and Helwig encouraged citizens to pay attention.

Community Center project

Featherstone reported there was a strong turnout for the public meeting regarding the possibility of a community center being built on the vacant high school property. The new facility would become the hub of the proposed city trail system and have a walking trail around the property.

“If everyone helps, it will happen. If you sit and watch, it might not,” Featherstone said encouraging citizens to contribute in some way. “It’s gonna be awesome,” he remarked.

Other items

• Featherstone told commissioners he wanted to address the persistent problem of theft and vandalism at parks, so he suggested the commission add to the agenda a theft and vandalism report from the director at each meeting, saying shining a light on the problem

PARKS continued on page 19

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Clean up your act. Affordably.



Toss it into the pot – Lynette Marie Pate and her son, Coty, promote healthy, sustainable living using what you already have. Here they make muffins in flowerpots. **PHOTO BY BECKY GILLETTE**

BECKY GILLETTE

Healthy-living sage, Lynette Marie Pate, moved to Eureka Springs in December seeking an environment supportive of her nationwide work to promote organic health. This past Saturday she gave a tour of her sustainable wellness home at 34 Mountain St., and the response exceeded her dreams.

“We were expecting about fifteen and instead had fifty people, including some people from out of state,” Pate said. “They were very enthusiastic and receptive to our message.”

She began her health journey in 2005. Since 2011, Pate has been doing bicycle tours around the country touring 30 days at a time, biking 1500–1800 miles, to do presentations on how to live sustainably. *Fuel for the Body Bike Tours* was the name of the event and a book she has written. She did programs at high schools, colleges and special events.

“It was a great outreach,” Pate said. “During the tours we did an organic farm-to-table fine dining dinner gala. We have had entertainment, vendors and speakers from around the country.”

She moved from Florida to Branson, Mo., to have a base more in the center of the country. But after a disappointing response from Branson residents, she made Eureka Springs her new home.

“I have been visiting it for several years,” said Pate, who is a medicine woman and a minister for the environment. “I moved over here because it just kept calling my name. My son, Coty Pate, moved here a year ago. My husband and I would come visit him in this magical town. Everybody welcomed me with open arms. We are having our next gala

and organic festival in Eureka Springs in May. It will be a black tie, fine dining, organic dinner, with food prepared by my son from only local farmers. The motto of this event is Live Happy, Be Pure! We will discuss the ‘yes’ factors. Yes, we want clean food, clean air, clean water and a clean environment.”

Pate initially got interested in natural health and healthy homes because her son had an illness that doctors said wasn’t curable. She had serious kidney problems. With the help of a natural healthcare physician and transition to an organic lifestyle, both of them are healthy today.

“I help people all over the nation, but I started with us first,” she said.

At the open house last Saturday, visitors were shown small things they can do in their own household to transition to a toxic-free lifestyle.

“Instead of building a new home, I’m teaching them how to improve the home they already have,” Pate said. “The house I’m in was built 1890. I’m using what was already here. It is not new materials. I have furnished it with organic products from food to beds to the shower, which has a filter on it. We still have more to add. Every month on the third Saturday people are invited to come and see what new products we have included. We show people how they can be comfortable on a toxic-free level.”

An example is changing out synthetic carpets or rugs for one that is 100 percent wool. Clothing and draperies can also be toxic, so she recommends choosing those that are organic, and also encourages natural soaps and organic makeup.

“We show them how easy it is to

WELLNESS HOMES continued on page 23

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Noreen Watson sells herbal remedies at the Farmers' Market every Thursday, but she gives away knowledge. *PHOTO BY BECKY GILLETTE*

Some see seeds. Some see weeds. She sees medicine.

BECKY GILLETTE

Eureka Springs Farmers' Market herbal vendor, Noreen Watson, has an array of handcrafted herbal remedies for sale. But it is clear talking to her for just a few minutes that what she is really doing out there, what keeps her coming out even on cold Thursday mornings at Pine Mountain Village, is a desire to educate people about the benefits of a healthy diet and natural herbal remedies.

"I am fascinated with the concept of the human body and how to support it

nutritionally and herbally," Watson said. "Let your food be your medicine. That is the primary principle I work on. Before medicine or herbs, the first thing you look at is your diet. However, I have also studied medicine and know there are times when modern medical practices need to be included."

Watson, who lives south of Berryville off Pension Mountain, has been involved in natural medicine for more than

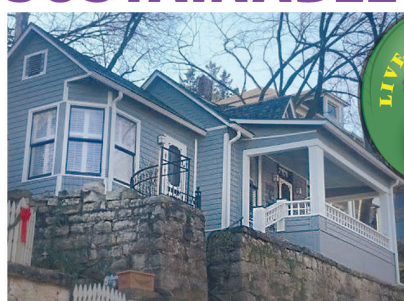
NATURAL REMEDIES continued on page 23

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Dear Readers,

Recently, the board of directors for the Good Shepherd Humane Society decided to change management at our animal shelter. We are fortunate to hire Rachel Brix, CPDT-KA (Certified Professional Dog Trainer – Knowledge Assessed) as the new shelter manager. She comes to us with past shelter management experience and passion for animal welfare. She is also founder of the Eureka Springs Dog Park Committee and chairperson of the Ozark Animal Alliance.

In her first week on the job, Rachel brought many serious issues to the board of directors' attention that need to be addressed immediately. Because of this, we have decided to have the shelter closed to the public starting Sunday, Jan. 24, re-opening Monday, March 21, 2016. We will continue to do adoptions by appointment and accept animals from Berryville Animal Control, and take surrenders on a limited basis (please call).

We feel this action will help us better serve the community and improve the lives of the animals in our care. We will soon be announcing plans for multi-phased repairs and renovations projects.

Thank you for your continued community support for the shelter and the animals!

Sincerely,

*Mark Jankowski, President
Good Shepherd Humane Society*

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Thrift Store Main: 479.253.9115

Website: www.goodshepherd-hs.org

The Eureka Springs Independent, Inc.

is published weekly in Eureka Springs, AR

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479.253.6101

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Letters to the Editor:
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Eureka Springs, AR 72632

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Division needs to end

Editor,

With all due respect to the downtown business owners and our city leadership, further restrictions on downtown public activities is a terrible idea. First the tour buses were told they were not welcome. We no longer have horse-drawn carriage rides (although many ads still show them). And now the car shows are being restricted to having their parades in the evenings, which is not feasible for any day trippers to Eureka Springs.

We just lost the Mustang Car Show that has been a Eureka Springs tradition for the past 21 years! That is the fruit of this decision, unto which I had no input because my businesses are not downtown. My businesses are in the Village at Pine Mountain, which hosts many of the car shows. The division between downtown and uptown politics needs to end.

While I don't have official figures (the CAPC probably has a better estimate), losing the Mustang Show, a classic Eureka Springs tradition, will cost hotels, restaurants and retail shops upwards of \$200,000 or more. How on Earth is that helpful to the city or any of us? It reminds me of the old saying, "cutting off your nose to spite your face." I realize that during parades parking downtown becomes an issue, but it is hard for me to believe that there would be more people on the sidewalks shopping without a parade, rather than with a parade.

The impact of this petition and subsequent decision by downtown merchants will seriously hurt our businesses in The Village. What's next? Going to chase off the Antique Cars and

Corvettes? As a business owner with many years experience in marketing, advertising and event planning, I needed to express my view that this latest restrictive ban on parades will only drive people away from our town. I'm not being negative. The impact of this decision is plain to see.

Troy Johnson

And the elevator repairman!

Editor,

Thank you to all who helped to make Save Ma's Ta Ta's Fundraiser during the Ozark Mountain Music Festival this past weekend a wonderful success. A huge thanks to all the hard work put in by Whitney Capps and Amanda Van Sickle. There are so many others to thank individually, it would take up this entire page so I'll condense it by saying thanks to all the businesses, bands and individuals who donated time, items, posters, stickers and more for the auction and drawings. To Mary Howze & the OzMoMu Basin Park Hotel "Dream Team" (and a shout out to the elevator repairman)!

To all my local friends and those friends who travelled from Kansas, Missouri, Oklahoma and other towns in Arkansas to attend and donate. I am overwhelmed and humbled with the outpouring of love, kindness and generosity shown by so many. I love you all.

Peace, Love & Music...

Karen "Ma Dank" Horst



WEEK'S Top Tweets

@gibjimson: Whenever something says 'sign here' I can't help but put Capricorn.

@explodingunicorn: Don't ask me if I've seen a new movie. I have four little girls. If there wasn't a singing princess in it, the

answer is no.

@3MO75: What's your cell phone? – iPhone. No, I meant the number. – It's a 6. No, to contact you. – I don't use it for that.

@ReverendScott: Dog 911: What's your emergency? Dog: MY HUMAN WENT TO WORK. Dog 911: So? Dog: WHAT IF THIS TIME HE DOESN'T COME BACK? Dog 911: OMG. Dog: OMG.

@themichaelrock: Now that oil is so cheap we should start drilling

for black printer ink.

@crunchenhanced: Sorry, my dog ate your text message.

@badbanana: Just once I'd like to see an NFL coach show a little sportsmanship and wear a sweatshirt or hat with the other team's logo.

@electradical: I love how flies rub their hands together just like little criminals.

@trevoelectric: I just saw the coolest magic trick! Ticketmaster turned a \$15 concert ticket into \$38.95.

@conorLynn: Just bought a pair of Velcro shoes. What a rip off.

@donni: Might buy a junkyard so I can grow my own junk food.

@rolldiggity: "And the rest is history." – Lazy history teacher.

REDUCING EXPOSURE continued from page 3

the water main, you may have to flush the water for a longer time, perhaps one minute, before drinking. Although toilet flushing or showering flushes water through a portion of your home's plumbing system, you still need to flush the water in each faucet before using it for drinking or cooking. Flushing tap water is a simple and inexpensive measure you can take to protect your family's health. It usually uses less than a gallon of water. To conserve water, fill a couple of bottles for drinking water after

flushing the tap, and whenever possible use the first flush water to wash dishes or water plants.

B. Do not cook with or drink water from the hot water tap. Hot water can dissolve more lead more quickly than cold water. If you need hot water, draw water from the cold tap and heat it on the stove.

C. The steps described above will reduce the lead concentrations in your drinking water. However, if you are still concerned you may wish to purchase bottled water for drinking and cooking.

The Arkansas Department of Health at (800) 462-0599 or (501) 661-2000 and your local County Health Unit can provide you with information about the health effects of lead.

The Eureka Springs Waterworks at (479) 253-9600 can provide information about the community's water supply and a list of local laboratories that have been certified by the EPA for testing water quality. One laboratory you can call to have your water tested for lead is American Interplex Corp., (501) 224-5060. The fee is \$32 per sample.

This is the time to act

Where is the Clinton's climate plan? A comment of Facebook said: "The industrial world has waited so long to respond, that now the only options for having any chance at all of preventing catastrophic destruction and possible human extinction are politically unacceptable. How many people in the world would be agreeable to cut their fossil fuel energy use by at least 8% a year, when renewables cannot come anywhere close to replacing fossil fuels?"

Why would human extinction be in the hands of any one candidate? Why would one person have the power to decide the future of the human race? The U.S. presidential elections are important, but the rest of the world is dealing with many other urgent challenges.

We waste a great deal of energy because the price of fossil fuels is artificially low, with federal subsidies hiding their true cost. With low gasoline prices at the pump, people forget about carpooling and avoiding unnecessary trips, and instead jump in big trucks and hit the road!

Carbon Fee and Dividend, a program developed by the Citizen's Climate Lobby, and supported by Dr. James Hansen and other climate experts, would make polluters pay and give 100 percent of the funds to all households to help with higher prices. CF&D is a simple way to reward sustainable behavior.

Think about this: if you leave bags of trash or toxic waste outside of your home, you would get a fine for littering. Fossil-fired power plants pollute around the clock and store coal ash on the side of rivers free of charge. The environmental abuse has been ignored for way too long and is unacceptable today with emission-free solar and wind solutions. Why would we allow it to continue?

Distributed solar and off-shore wind, with power generated near the point of use, are our best solutions. The Nevada solar power companies leaving customers unhappy and thousands of people out of work are victims of a broken political system bought by a handful of people controlling the fossil fuel industry.

We seem to forget great progress made in 2015 and the many solutions available to lower carbon dioxide emissions from more than 400 to fewer than 350 parts per million. There is no magic bullet – the environmental damage was done over a long period of time, but there is no reason to give up.

Pope Francis reminded us to care for our common home and help people in dire need. When Francis came to meet with Congress and the United Nations, his message was heard. Donnal Walter, a pediatrician at the Arkansas Children Hospital (and a very wise man) has been sharing Pope Francis' message of hope with the medical community and anyone who cares to listen.

France, at a very difficult moment, hosted the United Nations Climate Change Conference (UNCCC) and a binding agreement to reduce greenhouse emissions was signed after 20 years of trying.

Here are some examples of how people are responding to the climate challenge. India is planting 2 billion trees to reduce GHG emissions and create thousands of jobs. To stop desertification, African countries are building the Great Green Wall of trees, on a strip 10 miles wide, 5,000 miles long.

A January 2016 study "Thinning forests for bioenergy can worsen climate," found cutting trees does not prevent wildfires and burning wood pellets to fuel power plants increases carbon dioxide and harms public health.

One of the highlights from the UNCCC is renewed efforts for organic no-till farming methods to heal the soil and increase yields. These small-scale farming practices would provide food security and a better climate. Healthy soil, the skin of the earth, is the best carbon sink, destroyed by industrial agriculture. Organic soil can capture and store carbon dioxide emissions. The 2015 USDA ClimateSmart strategy has funds to promote reforestation and sustainable no-till agriculture, opposing deforestation and forest degradation.

It is not too late if we all do our part, now.

Dr. Luis Contreras



The Pursuit of HAPPINESS

by Dan Krotz

The Republican Party's dilemma is that it's obstreperous candidates, and their supporters, don't like it very much. According to an NBC/Survey Monkey online poll, only 43 percent of Donald Trump's supporters actually support the Republican Party, and only 32 percent of Ted Cruz supporters actively identify as Republican. In a lot of ways the GOP reminds us of the parents of a nubile daughter who runs out of the house and gets into some punk's car when he honks the horn. Then the punk gives the parents the finger – as they cower behind the curtains – before he drives away with little Judy.

Like the old woman who lived in a shoe, the GOP has so many whacked-out kids she doesn't know what to do. One of the probable winners of its Iowa Caucus next week is a Fascist, the other a Pharisee. And the legions of lesser evils that party leaders have pinned their hopes to will be, in all likelihood, whipped by voters and put to bed without any bread. Pity the poor Bob Dole Republican who remembers when the party had a heart, a brain, and the courage to know when to use them.

Among the casualties of this election season has been the President himself. Although he isn't running for office anymore, he's still responsible for managing the aftershocks of two of the most disastrous presidencies in memory, those of George W. Bush and Bill Clinton. Neither party has recognized, or understood, the scope of Obama's challenges. The first has been to wend our way through George Bush's bizarre, unnecessary and heartbreaking forays into Iraq and Afghanistan. The second has been to pull the leeches of Clinton's policies off the body of the American middle class.

Among these policies was the privatization of our prisons and post secondary education institutions, disinvestment in highways and other infrastructure, tax breaks for the wealthy, the wage killer NAFTA, and the deregulation of banks and Wall Street. History will largely show Bill Clinton as Newt Gingrich's supply-side toady, about which Democratic frontrunner, Mrs. Clinton, has little to say. I'm sure her sudden embrace of President Obama makes him rather uncomfortable.

A little help from our friends:

- **Community Suppers at St. James:** St. James' Episcopal Church, 28 Prospect, will hold Sunday community suppers, from 5 – 6 p.m., through March 20. Supper will be provided by local restaurants. The suppers are free and all are welcome.
- **Carroll County Domestic Violence Hotline:** 1-844-247-3223 (844-24PEACE) is available 24/7. The Purple Flower Domestic Violence Resource and Support Center of Carroll County is open Tuesdays and Thursdays from 10 a.m. – 3 p.m. on North Springfield St. in Berryville. (479) 981-1676.
- **24-hour NWA Crisis Line for Women** – NWA Women's Shelter serving Carroll County – "Empowering families to live free of violence." (800) 775-9011 www.nwaws.org
- **Cup of Love free soup lunches** – Cup of Love provides soup lunches at Flint Street Fellowship Mondays and Wednesdays from 11 a.m. – 1 p.m. and at First Baptist (Penn) Church on Fridays, 11 a.m. – 1 p.m. (479) 363-4529
- **Flint Street Fellowship food pantry, lunch, free clothing** – Pantry open 10 a.m. – 2 p.m. Mondays and Wednesdays. Free lunch Tuesdays and Thursdays, 10 a.m. – 12:30 p.m. Free clothes/shoes closet, books and household items. (479) 253-9491 or 253-4945. Leave donations in barrel at entrance if facility is closed.
- **Wildflowers one-dollar, furniture barn/thrift store** US 62E across from Hill County Hardware. One-dollar store in the yellow building every Friday from 10 a.m. – 4 p.m. Thrift store, furniture bank in big blue barn behind the chapel open Wednesdays – Saturdays from 10:30 a.m. – 4 p.m. Donation drop offs Thursday – Saturday between 11 a.m. – 3 p.m. Healing and delivery outreach in chapel Saturdays at 7:30 p.m.
- **Shamatha and Tonglen meditations Monday** – A meditation group will meet every Monday at 6:30 p.m. to focus on Shamatha, learning how to focus to achieve peace of mind, and Tonglen, a practice of love and compassion on all beings. The meetings will alternate these two practices so that one is the focus on each Monday with coffee and tea afterward. Call Alece at (479) 244-6842 or Gary at (479) 244-6840.
- **Celebrate Recovery** – Soul Purpose Ministries, 801 S. Springfield, Green Forest, 6:30 p.m. each Wednesday. Potluck followed by 12-step Christ-centered meetings for those suffering from addiction, habit, hang-up or hurt.
- **Coffee Break Al-Anon Family Group Women** – Tuesdays, 9:45 a.m., Faith Christian Family Church, Hwy. 23S, (479) 363- 9495.
- **No high school diploma?** Free GED classes in the Carnegie Library Annex every Monday, Tuesday, and Wednesday from 9 a.m. - noon with study and tutoring for the GED test. Open to ages 18 and up. GED classes also in Berryville at Carroll County Center. Some open to ages 16 and 17 per educational requirements. For info: Nancy Wood (479) 981-0482, Carnegie Library (479) 253-8754, Carroll County Center (870) 423-4455). Offered by North Arkansas College with Carnegie Library support.
- **Grief Share**, a Bible-based, 13-week program for those who have lost a loved one, is held Sundays from 2 – 4 p.m. at Faith Bible Church, Suite C, 3 Parkcliff Drive, Holiday Island. Share in an informal, confidential setting with others experiencing similar circumstances. Call (479) 253-8925 or email lardellen@gmail.com. Meetings at Coffee Pot Club:
- **Alateen** – Sundays, 10:15 – 11:15 a.m. Email alateen1st@gmx.com or phone (479) 981-9977 • **Overeaters Anonymous** – Thursdays, 10:30 a.m. Barbara (479) 244-0371 • **Narcotics Anonymous** – Fridays, 5:30 p.m. (903) 278-5568 • **Al-Anon Family Group (AFG)** – Sundays, 11:30 a.m., Mondays and Tuesdays 7 p.m. • **Eureka Springs Coffee Pot AA Groups** Monday – Saturday 12:30 p.m.; Sunday 10 a.m.; Sunday – Thursday, Saturday, 5:30 p.m.; Tuesday and Friday, 8 p.m. (479) 253-7956 • **Al-Anon** Wednesday, 5:30 p.m. All other meetings: See www.nwarkaa.org

INDEPENDENT Constables On Patrol

JANUARY 18

7:28 a.m. – In a neighborhood above downtown, loose dogs cavorted. Constable responded and reminded the owner of local leash laws.

8:08 p.m. – Individual called in regarding theft of checks.

JANUARY 19

8:42 a.m. – A vehicle parked in two spaces, one of which was a handicapped space, so constable issued a citation

1:23 p.m. – Animal Control and a constable responded to a report of unattended and untethered dogs which almost attacked a dog on a leash. The owner of the dogs was cited for the leash law and then arrested on an ESPD warrant.

6:20 p.m. – Residential alarm was triggered. Constable found no signs of attempted entry and the place was secure.

JANUARY 20

9:15 p.m. – Girlfriend called 911 because her boyfriend was threatening to cut himself. Constables and EMS went to the scene and found the boyfriend unharmed, but EMS transported him to ESH.

JANUARY 21

8:42 a.m. – Constable red-tagged a vehicle which had been parked in a loading zone for an extended period of time.

10:10 a.m. – Burglary alarm at a business rang out, but the responding constable found everything okay.

2:06 p.m. – Another alarm at a business was triggered. Constable found employees on the scene and the alarm had been reset.

9:49 p.m. – Concerned individual asked ESPD to perform a welfare check on her friend whom she had not been able to contact by phone. Constables spoke to the friend and advised her to call the concerned person.

9:49 p.m. – Another alarm rang out, this time at a restaurant on US 62, but again everything was secure.

JANUARY 22

10:48 a.m. – Individual turned himself in on a

probation violation warrant from Carroll County.

11:40 a.m. – Observer pointed out a vehicle had been parked downtown all week in a metered space but had not been ticketed. Constable went to the scene and issued a ticket.

6:03 p.m. – Another alarm was triggered at a business, and again the constable found nothing awry.

8:55 p.m. – Caller told ESPD a reckless driver was driving through town on US 62. Constables did not encounter the vehicle.

JANUARY 23

11:43 a.m. – Constable took a report of a private property accident.

3:44 p.m. – Constable responded to an inoperable vehicle blocking part of a county road. The vehicle was towed.

4:06 p.m. – Individual reported a theft of property, and the constable determined the situation was a civil matter.

4:33 p.m. – Another vehicle broke down in a roadway. Constables got the car out of the way while a tow truck was called.

7:38 p.m. – Concerned observer reported a suspicious person at a residence near downtown. Constable found the residence secure.

11:51 p.m. – Three juveniles were discovered sleeping in a bathroom.

JANUARY 24

4:42 a.m. – Caller told ESPD she had been sitting on the curb outside her house when a male walking by sat down beside her. He inched closer to her and she then noticed he was stimulating himself so she ran inside. Constable searched for but did not encounter the male.

1:48 p.m. – Constable took a report of damage to a building.

2:10 p.m. – Witness reported an individual walking along US 62 seemed unsafe. Constable gave the person a ride home.

10:15 p.m. – Another alarm at a business was triggered, and the responding constable found the building secure.

Mountain bike through the Ozark hills

The Ozark Off-Road Cyclists will host its annual marquee mountain bike ride Jan. 29 – 30 at the Buffalo Headwaters Challenge. The Challenge follows trails that have been designated an Epic Trail system by the International Mountain Bicycling Association.

Activities for the Buffalo Headwaters Challenge kicks off Friday evening with a campfire jam at the Headwaters School in Red Star in Madison County. The

main Challenge rides start Saturday at 9:30 a.m. The ride will take place on and around the Upper Buffalo Mountain Bike trails. Free camping will be available on the school grounds both Friday and Saturday nights.

For directions to the Headwaters School, to join Ozark Off-Road Cyclists or to learn more about the Challenge, visit www.ozarkoffroadcyclists.com or go to their Facebook event page.

Game Night at the elementary school

The Scottie Parent Group will host a Game Night for children ages 3 – 14 on Thursday, Jan. 28 from 5:30 – 7 p.m. in the Eureka Springs Elementary Cafeteria. Join for an evening of fun with your favorite board games with your classmates, friends and neighbors. Many games will be available to choose from or you can bring your favorite from home. Hot dogs, popcorn and baked goods will be available to purchase.

EARLY DAYS at Eureka Springs[©] – by Nellie Alice Mills, 1949

Early Days at Eureka Springs Arkansas 1880-1892, a memoir of Nellie Alice Mills whose family moved here in two covered wagons from Oswego, Kansas, was written in 1949, relying on memory. In her second book, *Other Days at Eureka Springs*, written in 1950, she went through old records she had kept. The family home was built on the west side of Leatherwood, “about a hundred yards beyond the mouth of Magnetic Hollow, opposite Cold Spring, which supplied us, and all our neighbors, with water.”

Part Three – Transportation Difficulties of the Early Days

There was not a great deal of horseback travel, but there was one horse and his rider of unusual interest. The man was blind; his name was, I think, John McClellan; the horse’s name was Josh. These two seem to have been well known in that part of Carroll County. I have no idea where was their home. One day the blind man came on his horse and stopped for an hour or so at our house. Why he came I do not know. I spent the entire time of his call out by the fence where Josh was tied. I have always loved horses and Josh was a beautiful chestnut sorrel. I did not touch him; I stood about him and admired him. From stories I heard afterward Josh was trained to help his blind master. He must have been remarkably intelligent, and exceedingly well trained. Mrs. Mary Rippetoe said Mr. McClellan had visited in her home in the country; she told us that Mr. McClellan’s sense of touch was unusually acute. Does anyone in Carroll County remember this blind man and his “seeing eye” horse?

When the railroad was built into Eureka Springs the stagecoaches were of no more use, but freight rates still remained high. Eighteen miles of interstate railroad was subject those days to no interstate regulations and I suppose their expenses were also very

high.

With the railroad came the city bus. It went up and down Main Street, often called Mud Street, to take passengers to and from every train. And with the train came the daily newspapers and the newsboys, crying their wares. Our young brother, a small babe on a pillow when we went to Arkansas, was now three or four years old. He listened and learned the cries of the newsboys. With a bundle of old papers under his arm, he went around yelling at the top of his voice: “St. Louis daily papers; Globe Democrat, Post-Dispatch and Republican; tells all about the Arkansas Traveler.” I remember the very inflection of his voice.

Our sister, Ettie, hearing his cries, corrected him in one particular: he should have said instead of “Tells all about,” Texas Siftings and Arkansas Traveler. But the way, those last two papers were surely not published in St. Louis. The Republican was later shortened to Republic.

Our father always got his daily newspaper when it was available. So I have known the *Globe Democrat* since before I could read it. Are the *Texas Siftings* and *Arkansas Traveler* still published?

For many years there had been a hillside road leading from the mouth of Dairy Hollow to the Crescent Spring. It

was used for hauling freight up to Spring Street. After the coming of the railroad the bus chose the easy way up Main Street; the four horses were always kept at a fast pace. After the Crescent Hotel was erected, however, the hillside road was graded and improved. It was named Hillside Avenue, but we called it the Grade. Much traffic was diverted from Main Street. The bus, that had met every train, soon discontinued its trips on Main Street, although there were still drays and small cabs passing our house daily.

After the railroad reached Eureka Springs much cotton was brought for shipment, usually one bale on the running gears of a wagon, though often there were larger loads. Corn may have been shipped out but after Webb and Brown built their mill at the mouth of Magnetic Hollow, wheat was shipped in; I have seen carloads of it unloaded at Short and Pickering’s warehouse. Carroll County was not then, and surely is not now, a wheat growing region. Our father, S.C. Mills, had charge of Short and Pickering’s wholesale business. In this capacity he received the first carloads of freight hauled by the new railroad – carloads of hay. He also sold wagons, and bought and sold fence posts, and I think, railroad ties. I know the warehouse was a nice place to play. It was on the same platform as the



railroad freight depot, so that cars were easily unloaded. He also received flour in carload lots.

Pine trees grow straight and tall on those Arkansas hills. Not so long after the railroad came, there would be borne down Main Street to the depot, long pine logs – so long and so heavy – but slim and tapering compared to their great length – that each must be swung under the running gears of two wagons. It must have been a feat of exceptional ability to handle horses and wagons to bring those logs for shipment. We children watched them pass, but I, for one, and I doubt if any of my playmates knew then, that those immense logs were being shipped south to Louisiana to build jetties to improve the channel of the Mississippi River.

NOTES from the HOLLOW by Steve Weems

I’ve walked around the Shady Grove Cemetery between Eureka Springs and Berryville numerous times looking at tombstones and the names inscribed. It is impossible to do so without noticing that two of this area’s most historic families, the Worleys and the Gentrys, are amply represented. Two men buried in the cemetery are David Worley and William Wesley Gentry.

I recently wrote about David Worley based on a short article that ran in several regional newspapers in the year 1902. It said in part, “Eureka Springs, Ark., April 29 – Dave Worley, 85 years old, grandfather and great grandsire to more than a hundred living persons, died at his

home on Keels Creek, five miles south of here, Sunday.”

I expressed some confusion as the article’s information didn’t match what I thought I knew about Mr. Worley. Paula Breid kindly alerted me that this very topic had been extensively researched by sisters Lucy Johnson Kell and June Johnson Westphal. They wrote about their findings in an article titled “Our Elusive David Worley” in the June 2001 edition of the *Carroll County Historical Quarterly*.

What they found is that the newspaper reporter had likely confused the particulars of two different deaths that occurred in the Keels Creek area

within a few days of each other. William Wesley Gentry also died in April 1902 and the details of his life and family closely match those of the newspaper article.

Mr. Gentry would have been nearly 85 at the time of his death, while David Worley was only 63. Also, the man in the newspaper article is said to be the “grandfather and great grandsire to more than a hundred living persons.” Records show that David Worley had 16 grandchildren at the time of his death, all under the age of 13. William Wesley Gentry, on the other hand, is said to have had 62 grandchildren and numerous great-grandchildren.



These elements and other evidence uncovered by Lucy Kell and June Westphal seems to conclusively solve the mystery and confusion caused by the original 1902 article that landed on the front pages of newspapers from Little Rock to St. Louis.



Say No to “Moronism” on *my* public lands

In 1905, Republican President Theodore Roosevelt famously advised, “our people should see to it that [National Parks] are preserved for our children, and their children’s children forever; with their majestic beauty all unmarred.”

Inscribed on the Roosevelt Arch at the north entrance to Yellowstone, the first National Park created in 1872, are the words “for the benefit and enjoyment of the people.” In 1916 the U.S. Congress created an agency to manage and steward the growing collection of parks, mostly lands of extraordinary beauty in the Western United States. Now the National Park Service stewards majestic mountains and canyons, vast wetlands and grasslands, along with the biological diversity contained within them – bison, birds, giant sequoias. Beyond that there are historic heritage sites, seashores, scenic rivers, wildlife refuges, and other public treasures. It is our collective heritage.

In 2016 we celebrate the vision and forethought of the 100th anniversary of the creation of the National Park Service and the collective properties that we all own and enjoy together. Wallace Stegner called our National Parks, “the best idea we ever had” and indeed the concept of public parks is an American concept that the world has embraced.

Other land use and management laws also created federal stewardship of *public* land for *public* good. The Forest Reserve Act of 1891 designated some public lands as forest reserves in the West, and in 1905, Roosevelt placed the stewardship of those forests in the newly created U.S. Forest Service, within the Department of Agriculture. The founding fathers created the Land Ordinance of 1785, the Northwest Ordinance of 1787, and in 1812 created the General Land Office. Settlement was encouraged through the creation of homesteading laws. The Taylor Grazing Act of 1934 created the U.S. Grazing Service for Federal management of grazing on *public* lands. In 1946 the Grazing Service and the General Land Office merged to become the Bureau of Land Management.

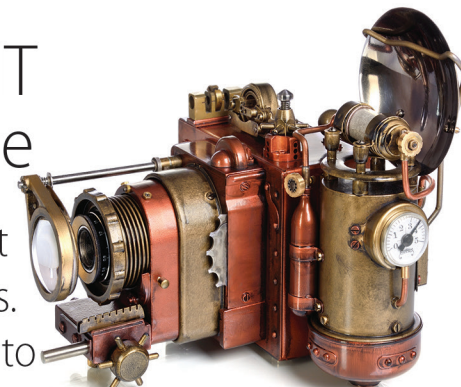
Today a group of self-righteous individual terrorists who subscribe to the tenets of moronism, lay claims to the Malheur National Wildlife Refuge in Oregon, much like Islamic ideologues have occupied important human heritage sites in the Middle East. Both do so under a similar rationalization of warped self-deception. They are the same. There is no difference.

This land is your land. This land is *my* land. Maybe it’s time to turn it back to the real stewards. Indigenous peoples laugh and cry.



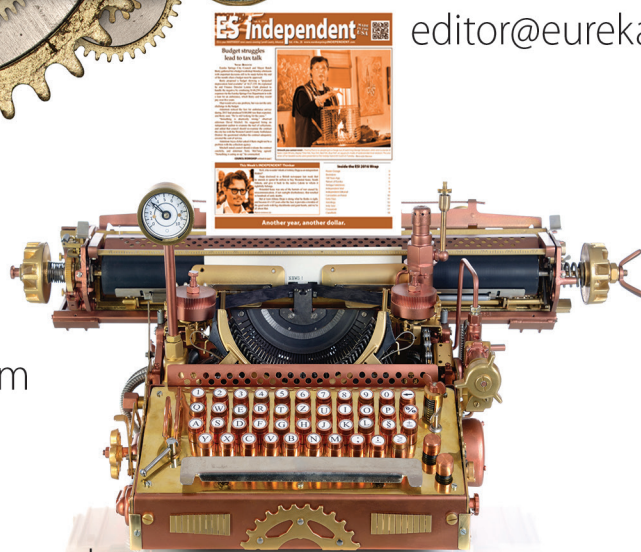
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Council gives thumbs up on home occupation licensing

NICKY BOYETTE

Commissioner Steve Beacham of the Planning Commission represented two proposed ordinances regarding Home Occupations at Monday's city council meeting. He said Planning noticed language in City Code regarding Home Occupations was "confusing and vague." He mentioned more than once the intent of the commission's work was to protect neighborhoods, so Planning came up with two ordinances addressing

different situations.

Ordinance #2236 states new home businesses that involve "coming and going of the general public" would require a business license and a Conditional Use Permit. It also states, "One unanimated, non-illuminated identification sign of up to two-square feet in size may be displayed flat against the wall or door of the residence. No other external evidence of the operation is allowed."

Ordinance #2237 states that because "the City of

Eureka Springs desires to better codify its regulation of sight pollution within the City," it will require that "All Home Occupation of Building Contractor Businesses located in R-1, R-2 and R-3 residential zones must screen from all public views all business and/or construction-related materials, including but not limited to supplies, equipment, tools and waste products."

Council voted unanimously to approve the first readings of both ordinances.

Metafizzies meeting Feb. 1

The Feb. 1 meeting of the Eureka Springs Metaphysical Society will feature Stephen Foster continuing his discussion on a metaphysical interpretation of the Bible. The meeting will be at 7 p.m. at Heart of Many Ways, 68 Mountain Street. All are welcome.

Let them have music

The Carroll County Music Group is sponsoring the 5th *We've Got Talent* concert on March 13 at 3 p.m. at the Eureka Springs Auditorium. This concert is a major fundraiser for sending young area musicians to summer music camps to enhance their opportunities in music. Playing at the concert will be The Ozarks Chorale, APO String Coalition Chamber Orchestra, Berryville High School Show Choir, John Two-Hawks and others.

The goal for this year's concert is to raise \$20,000 which will help 40 – 50 students attend music camp. Carroll County Music Group is a 501(3)c non-profit organization. For more information call Sharon Parker at (479) 981-0870.

34th annual Victorian Classic

The Eureka Springs Rotary Club will host the 34th annual Victorian Classic charity benefit run on Saturday, March 19. The Victorian Classic race is sponsored by the Eureka Springs Rotary Club and donor sponsors from Carroll County. Proceeds from the race will go to Samaritan's Feet, a nonprofit organization which supplies shoes for the needs of local children. Registration for the 10k and 2 mile-run and 2 mile walk can be found online at www.eurekarotary.org. For information email VictorianClassic@gmail.com or call Patsy at (479) 981-3065.

Love to sew, knit, crochet or cross-stitch?

The Holiday Island Quilters Guild is hosting *Stitching Therapy* on the fourth Thursday of each month, beginning Jan. 28 at the Holiday Island Clubhouse, 1 Country Club, lower level (Room A). All are welcome to bring their projects to sit and stitch anytime between 10 a.m. – 1 p.m. For additional information call Suzanne at (479) 363-6416.



And the Procession goes on –

The Second Line Procession stretched on as Mardi Gras royalty and revelers hoisted umbrellas high and took to the streets.

PHOTOS BY
JEREMIAH ALVARADO



9th annual Chili Supper Feb. 5

The United Methodist Women of the First United Methodist Church of Eureka Springs will host their 9th annual Chili Supper Friday, Feb. 5 from 4 – 7 p.m. at the church, 195 Huntsville Rd.

Proceeds from tickets go toward the church’s local mission work. In the last eight years, over \$9,000 has been given to local organizations including People Helping People, Flint Street Food Bank, ECHO, OARS, the Boy Scouts, Jeremiah House and Purple Flower.

Tickets costs are \$8 for adults, \$4 for children 5 – 10 and children 4 and under are free. Reserve or purchase tickets in advance from any UM woman or by phone from Janet Rose (479) 253-7051 or Shirley Lykins (479) 253-8812.

Put your best mask on!

The final date for Mardi Gras Umbrella Decorating is Jan. 27 at 5:30 p.m. at Eureka Live! The Light and Sound Night Parade will be 6 p.m. on Saturday, Jan. 30 following the usual parade route from the Carnegie Public Library, down Spring Street to the Courthouse on Main Street. After the parade there will be Second Line Dancing at 7 p.m. and a Black Lite Ball at the Grotto Wood Fired Grill and Wine Cave at 10 Center Street at 8 p.m.

The Jokers Masquerade Ball will be Thursday, Feb. 4 at 6 p.m. at the Best Western Inn of the Ozarks Convention Center at 205 W. Van Buren with music, a buffet and a cash bar. The year’s theme is *Hooray for Hollywood* with prizes awarded for best costume.

The Crescent Hotel will host the

Coronation Masquerade Ball on Friday, Feb. 5 featuring a Champagne buffet dinner and live music. The Crystal Dining room will be full of tables decorated in Mardi Gras style and the king, queen and their royal court will promenade around the ballroom. Reservations are required and may be made by calling (225) 405-9672.

Rolling downtown on Saturday, Feb. 6 is the second Mardi Gras parade led by the Krewe of Krazo. That night the Mayor’s Ball will be hosted by the Basin Park Hotel with cash bar at 7 p.m. and DJ Testube, at 8 p.m., featuring live vocalist Opal Agafia, plus performances by Melonlight Dance Ensemble.

Those who are up to it after all the parties can hit the New Orleans-style Jazz Brunch at the Crescent Hotel at 11

a.m. on Feb. 7. Reservations are required and may be made by calling (479) 253-9652.

The final event is the Saint ‘Lizbeth King Ball and dinner on Fat Tuesday, Feb. 9 at 6 p.m. at the St. Elizabeth Parish Center, 232 Passion Play Road. For more information call (479) 253-4503 or (479) 253-2222.

For more information on the Night Parade and second Mardi Gras parade email nlpaddock@gmail.com or call (479) 244-0123. Applications can be downloaded at www.eurekaspringsmardigras.org.

Tickets for the Black Lite Ball and Mayor’s Ball may be bought at www.reserveeureka.com. For more information on all events visit www.EurekaSpringsMardiGras.org.

Burn, baby, burn – The Blacksmith Organization of Arkansas smelted iron ore at ESSA. The entire process took four days to complete.

PHOTOS BY PEGGY KJELGAARD

Rooftop rescue – Eureka Springs Fire & EMS responded to a rooftop rescue Wednesday morning at a strip mall on Passion Play Road. A worker had stepped through a weak spot in the roof and was injured. A hydraulic lift on site was used to raise paramedics to the roof and the victim was lifted down to the ambulance.

PHOTO SUBMITTED



The zones they are a-changin’

NICKY BOYETTE

Sylvia Schlegel represented SBS Properties at city council on Monday, requesting that the property at 120 S. Main be rezoned from R-1 to C-1. Her application had already been approved by the Planning Commission.

Alderman Terry McClung was convinced the properties in that vicinity had already been rezoned commercial, but alderman David Mitchell recounted that council in the past discussed rezoning the area. City

Economic Development Director Glenna Booth was not able to find some of the owners to notify them of the change, so the city has been dealing with rezoning requests on a case-by-case basis.

Alderman James DeVito moved to have city attorney Tim Weaver draft an ordinance reflecting the request for rezoning, and the vote was unanimous to approve the motion.

Other items

- The third reading of ordinance #2235 was approved,

appointing the police chief as the officer “primarily responsible for the collection of fines assessed in District Court for the City of Eureka Springs.”

- Council passed Resolution 674, which adopted the 2016 budget for the city.

- Mayor Butch Berry said he would check into making sure messages regarding city events on the cable channel are not outdated and when possible, updated.

The next city council meeting will be Monday, Feb. 8, at 6 p.m.

A Month of SUNDAYS

by Dan Krotz

During the 1960s and early ‘70s, the *Philadelphia Inquirer* ran a weekly column that was entirely comprised of reviews of sermons given by Philadelphia pastors. The column’s format was identical to those that reviewed movies or plays, reporting pastoral hits, misses, and yawns with a soupçon of humor and humility. These reviews, believe it or not, were fun to read. I am sorry to say that I don’t remember the columnist’s name, and the occasion of my reading his columns was entirely accidental and unimportant: I found them in a bound volume in the stacks at Walter Library at the University of Minnesota. It was a quirky enough discovery to sidetrack me for several hours then, and to remain in my memory now, many years later.

The *Inquirer*’s columnist focused on mainline congregations, primarily, I suppose, because evangelical churches were fewer in number in those days and fewer still in northern urban areas. Consequently, the Episcopalians, Presbyterians, Methodists, Congregationalists and Roman Catholics received most of the attention, along with the occasional Baptist and Latter-Day Saint, but the Nazarenes, Assemblies of God, and Witnesses received nary a mention. Common themes running through the sermons – and reported in the columns – centered on the values of working, saving, and denying the flesh. If anyone was having a good time, only the Episcopalians showed it; indeed, their openness to fun has been fully reported by John Updike, John Cheever and a host of other (now dead) *New Yorker* writers.

Pastors weren’t quite sure what to make of Vietnam. They worried about cities emptying out of white people, but they stood four-square behind Civil Rights. Aspects of Liberation Theology – concerns about economic equity and power – began to creep into Roman Catholic sermons, but one priestly sermon focused entirely on the bad example that Elizabeth Taylor and Eddie Fisher were setting for America’s youth. I vaguely remember that the title of the sermon was “What About Poor Debbie?”

If you’re old enough to know who poor Debbie is, you probably remember that churches and pastors became increasingly involved in the anti-war movement as the ‘70s unfolded. When I came back from Vietnam, I was astonished by the ferocity of opinion regarding the war, and by how involved clergy had become in the various movements of the day. But that was a long time ago.

One of my teachers from that era commented frequently that the only things worth talking about – in order of importance – are God, sex, power, and money. I have found that largely true, but I have also found that almost every topic of conversation falls into one of those categories. That was true in the ‘70s and is true today. What may be different today is the order of importance. The world’s greatest novelist, Dostoevsky, was concerned almost exclusively with ideas about God, as were the best English-language writers, interestingly: Graham Greene, Ernest Hemingway and Flannery O’Connor. Books about money and power may sell well, but I can’t think of a single memorable author with those as recurring themes. Can you?

These recollections have given rise to an amusing idea to resurrect the sermon-review column, hypothetically called “A Month of Sundays,” and give our local vicars a run for their money. There are many things I’d like to know, including why all contemporary church songs sounds like country-western music, and whether there is any fun in fundamentalism. Surely, these would be interesting sermon topics. I’ll keep you posted.

Registration open for MOA annual conference

The Missouri Organic Association is gearing up for its 2016 annual conference on Feb. 4 – 6 at the University Plaza and Conference Center in Springfield, Mo. The MOA conference will consist of more than 54 lectures and hands-on workshops focused on organic sustainable production including grain, livestock, and vegetable production, culinary and medicinal plants, and the opportunity to meet and learn from more than 70 vendors.

To find the 3-day MOA annual conference agendas or to register go to www.moaconference.org. The conference price is \$175 for all three days and a single day pass is \$75.

Foreign film fest at the Carnegie Library

The Eureka Springs Carnegie Public Library kicks off its annual Secret Season Cinema foreign film festival on Friday, Feb. 5 at 7 p.m. with the critically-acclaimed Iranian film *About Elly* from Oscar winning director Asghar Farhadi. This thriller unfolds the mystery of a young teacher who disappears on a weekend trip to the beach and gives a unique look into the lives of middle-class Iranians and the balance between Islamic tradition and modern expectations.

This film is not rated. The screening will take place in the Library Annex Friends Room. Admission and popcorn are free. For more information go to events calendar at eurekalibrary.org or call (479) 253-8754.

Query the write way at the Writers’ Colony

Laura McHugh will teach you how to find a reputable literary agents and write an effective query letter to publishers at the Writers’ Colony, 515 Spring Street, on Saturday, Feb. 6. The four hour class, from 1 – 5 p.m. will cover:

- How to find and research agents
- How to choose the right agents to query
- How to write an effective query letter
- How to navigate the query process

Laura McHugh is the recipient of the My Time Fellowship at the Writers’ Colony at Dairy Hollow for 2015. She is a guest of the Colony for two weeks where she is working on her third novel.

The class is \$25 and limited to 20 participants. Email director@writerscolony.org or call (479) 253-7444 to register.

St. Brigid's Day & Candlemas – Bowls of Fire

Festivals and Feast Days are rituals celebrated by all of humanity everywhere around the world, in all cultures and throughout all civilizations. Rituals focus our minds and hearts. They create rhythms. Rhythms and rituals help to balance the dark and the light. Rituals bring heaven to earth. They anchor great ideals into our world. Rituals help humanity maintain a focus on things of nature and the Spirit.

St. Brigid's Day (Feb. 1) & Candlemas (Feb. 2) are such days. Both festivals tell us we are in between winter and spring (cross-quarter days) and that Spring is near. As St. Brigid holds a cross (wheel of time, the changing seasons) and a bowl of fire in her hands, Candlemas is a time of blessing & distributing candles – Light in the midst of winter. Both St. Brigid's Day & Candlemas occur in the sign of Aquarius – “the Light that shines in the dark, over

the seas (emotional world), purifying the darkness (ignorances, fears, cruelties, etc.) until the dark is gone.” Both feast days are thus, in our esoteric occult world, Aquarian.

Candlemas (also called “Imbolc” [Celtic] & Groundhog Day) occurs 40 days after Christmas, when Hebrew infants were brought to the temple to be blessed and the mother purified (“mikvah” – Hebrew for purification, a holy bath). “And so, after 40

days Mary was purified in the temple.”

Forty days is esoterically a time of preparation for higher spiritual work. There are many biblical references to the number forty (40). All were purification times. We too “bathe” during this time. Purifying our bodies with Sunlight, with cedar and sage, lavender and pine. We light our fires. We shed any darkness. We make scones with milk and butter. Soon we know the quince will bloom.

ARIES: Are you remembering events from the past, feeling more sensitive? Inspired and perhaps more insightful? Is there a sense of sadness or woundedness? Prayer, meditation, study, retreats are good at this time, allowing gentleness and kindness, more compassion and caring to emerge. These virtues help us when placed at the center of an Aquarian group, asking us to be the leader and project the future. You, the “initiator of all things new,” will be asked.

TAURUS: You're first mission is tending to health, your bones, muscles, heart, and not let yourself become fatigued, overwhelmed or cold. You must use your practicality to care for yourself before others. People will come to you for help. They already have. You must be strong for them and weigh what is best – to provide others with a healing journey, or nurse your physical body back to perfect health. Study Functional Medicine.

GEMINI: Something benevolent and bountiful (Jupiter) happens between you and the world at large, between you and your work and profession. You're inspired, encouraged and guided toward all that is good. With careful study, preparation, and viewing the past in terms of your talents and gifts, pathways open, choices then commitments are made, and abundance settles into your heart.

CANCER: A new and different study daily routine, new structures, perhaps new studies have been introduced to you. They make you feel generous and capable. For the first time you feel at home. It's good to explore a culture or a time or a reality that is unknown to you. Perhaps shrouded in secrecy or hidden in dreams and in history. Studying this changes your inner and outer life. You are happy.

LEO: Each day subtly you become more perceptive, more wise, more intuitive and enlightened about those around you, especially co-workers. Someone, something, some words or the love of one of the kingdoms, shift you into a deeper awareness of spiritual realities. This comes through intimacy, resources, visions or dreams. Love is joyful. It is always kind.

VIRGO: You relate better with others, especially those close by if you see them as

essential divine beings. They will bloom and flourish, increase, thrive, prosper and unfold like a lotus. You offer them praise and love in abundance. Challenging no one. Offering compassionate praiseful understanding instead. You begin to be nourished. The past drops away.

LIBRA: Use your imagination to think about what you want to be – what career, occupation and vocation you truly and deeply want to pursue.

Ask this of yourself. The answers will subtly appear. Talk to everyone about your hopes, dreams and wishes. In the upcoming months you become stronger and more resilient. Seek astrological timing for any surgeries. Eat salads with each meal. Find the Café Gratitude cookbook.

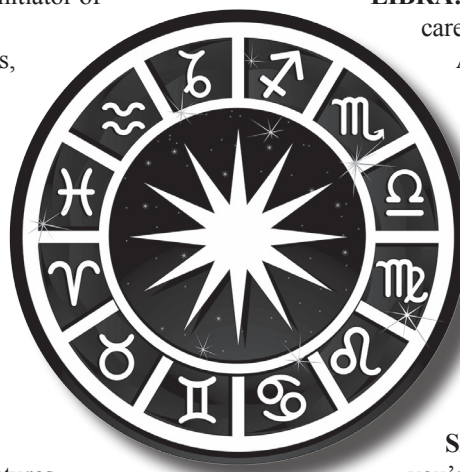
SCORPIO: Don't go down the road of investments thinking the economy will improve soon. Don't take risks with your money and resources. Instead begin serious preparation for a new economy to unfold that will look much different than what we are used to. Don't speculate. Instead get a couple of good books on greenhouses and bio shelters and use your resources to create these environments. Saturn calls you to be wise in these matters.

SAGITTARIUS: So many different ideas are in your mind. Perhaps you're thinking of moving far away. A place in the Sun. Perhaps it's to return home. You want a place near a body of water. Somehow you feel clouded as to where home is. Yes, Neptune has you in a boat somewhere, directions into the future unknown. Bask in these unknowns. They are like clouds nourishing you till the next phase of personal development appears. Study the I-Ching.

CAPRICORN: For the next five months your thoughts become happy, optimistic. You're understanding many life questions. You will shift from vagueness (Neptune) to realizing intentions for Goodwill. You will bring grace and goodness to all interactions. You help others who have lost their way. Begin writing (journaling, blogging) about your daily life. You have important things to share.

AQUARIUS: This coming year may feel like all things in form and matter continue to disappear. This means you must be very careful with all resources, especially money. You may feel wounded by what you consider as a lack of important things in your life. Do not allow this to be your interpretation. You are being prepared for something important. In order to help others. You must experience these things before humanity does. So you can help them. You carry the Aquarius task. We stand with you. Along with the angels.

PISCES: You will be given new responsibilities this year. Carefully follow through with them. Visualize everything first. Organize all environments, papers, schedules, agendas and commitments. Grace and beauty and a new sense of identity will emerge. Tithe generously and consistently to those in need. Change your eating habits. The Paleo Immune diet is turning out to be best for all of us. Read, study, assess and gradually adapt it.



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Risa – writer, teacher, founder & director, Esoteric & Astrological Studies & Research Institute, a contemporary Wisdom School studying the Ageless Wisdom teachings. The foundations of the Teachings are the study & application of Astrology & the Seven Rays. Email: risagoodwill@gmail.com Web journal: www.nightlightnews.org/ Facebook: Risa's Esoteric Astrology for daily messages. Astrological, esoteric, religious, history, geography, art, literature & cultural journalism.

Look to the stars

The Sugar Creek Astronomical Society (SCAS) and the Photographic Society of N.W. Arkansas join together to have a night of teaching how to star gaze through a camera lens on Feb. 6 at the Hobbs State Park. A class on how to photograph the night skies starts at 5:30 at the visitor center.

At 6:30 p.m. SCAS will hold a night sky orientation and at 7 p.m. there will be a chance for night sky viewing and photography. To be successful at photographing the night sky you should know the manual settings of your camera, and bring a tripod and remote cable release. Also bring a flashlight covered with a red cloth, binoculars and/or telescope, a folding chair, and a star chart if you have one.

This program is recommended for young adults, age 17 and up and is free and open to the public. For more information call (479) 789-5000. To learn more about upcoming Friends of Hobbs speakers and park programs go to www.friendsofhobbs.com.

Mercy Hospital Berryville Auxiliary scholarships

Application is open to all 2016 Carroll County graduating seniors who plan to enter any field of medicine for two \$1,000 scholarships. Applications, which have been provided to school counselors, are

due by Friday, March 11 at noon and the scholarships will be announced by April 15. Applications may be obtained by emailing MercyBerryvilleAuxiliary@mail.com.

Ozark baskets at Shiloh Museum

Lum Gibson's Legacy, an exhibit on the Gibson family, makers of Ozark split-oak baskets will open at the Shiloh Museum of Ozark History on Monday, Feb. 1. The exhibit will feature baskets from the University Museum collection as well as the Shiloh Museum collection and will be on display through May. 21.

Lum Gibson's Legacy is co-sponsored by KUAF 91.3 National Public Radio. The Shiloh Museum is located at 118 W. Johnson Avenue in downtown Springdale and is open Monday – Friday from 10 a.m. – 5 p.m. For more information call (479) 750-8165 or visit shilohmuseum.org.

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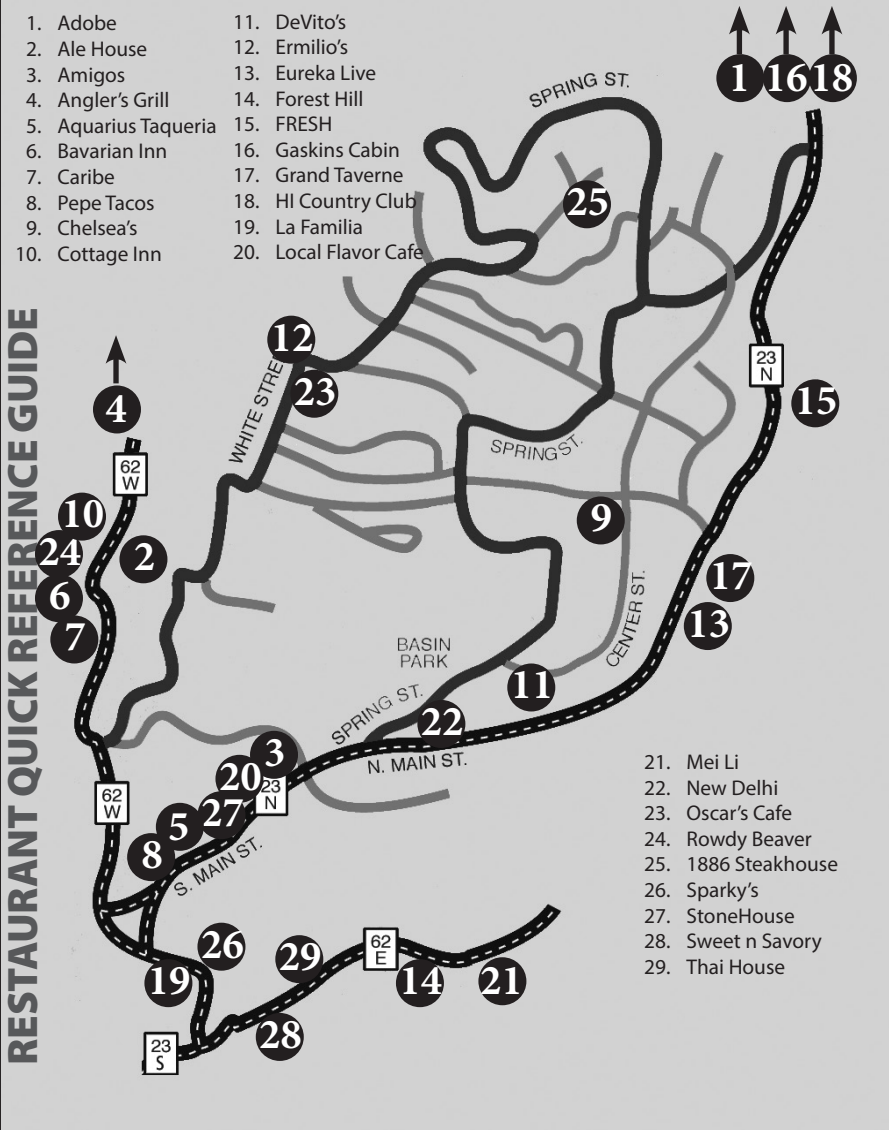
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Dusty Pearls serenade wisdom of the angels (!?) at Cathouse, Nate and the Declaration belt it for freedom at Rowdy Beaver

Eureka Springs is dedicated to live music all day long, night long, year long. Some sweet friends from Tulsa, Dusty Pearls, bring angelic harmonies to Cathouse on Friday. Saturday the Eureka Gras Light and Sound Parade celebrates Mardi Gras-style at 6, downtown. Nate and the Declaration bring their freedom shout about it to the Rowdy Beavers Friday and Saturday for great dancing fun.

THURSDAY, JANUARY 28

CATHOUSE LOUNGE – *Ladies Night*,
7 – 9 p.m.

EUREKA LIVE! – *Green Screen
Karaoke*, 9 p.m.

GRAND TAVERNE – *Jerry Yester*,
Grand Piano Dinner Music, 6:30 – 9:30
p.m.

LEGENDS SALOON – *Live Music
Group Jam*, 8 p.m.

FRIDAY, JANUARY 29

CATHOUSE LOUNGE – *Dusty Pearls*,
Female Folk, 8 p.m.

CHELSEA'S – *Randall Shreve Band*,
Indie Rock, 9 p.m.



Dusty Pearls play The Cathouse Friday, Jan. 29.

EUREKA LIVE! – *DJ and Dancing*, 9
p.m.

GRAND TAVERNE – *Arkansas Red*,
Amplified Acoustic Guitar Dinner Music,
6:30- 9:30 p.m.

LEGENDS SALOON – *DJ Karaoke
with Stan*, 9 p.m.

ROWDY BEAVER – *Nate and the
Declaration*, Rock, 7 p.m.

ROWDY BEAVER DEN – *Karaoke
with DJ Goose*, 8 p.m.

SATURDAY, JANUARY 30

***DOWNTOWN – *Eureka Gras Light
and Sound Parade*, 6 p.m.***

BREWS – *Melissa Carper and Rebecca
Patek*, Americana Roots, 7-10

CATHOUSE LOUNGE – *Jeff Fox*,
Guitar Force at 8

CHELSEA'S – *Bourgeois*, Folk, 9 p.m.

EUREKA LIVE! – *DJ & Dancing*, 9
p.m.

GRAND TAVERNE – *Jerry Yester*,
Grand Piano Dinner Music, 6:30-9:30

LEGENDS SALOON – *Blind Driver*,
Highway Rock, 9 p.m.

ROWDY BEAVER – *2 Dog 2 Karaoke*,
7 p.m.

ROWDY BEAVER DEN – *Nate and
the Declaration*, Rock, 8 o'clock

SUNDAY, JANUARY 31

BREWS – *Board Games/Cards Against
Humanity*, 7 p.m.

CHELSEA'S – *Frankie Boots and the
County Line*, Rock/Funk, 7:30 p.m.

EUREKA LIVE – *DJ, Dancing, and
Karaoke*, 7-11 p.m.

MONDAY, FEBRUARY 1

CHELSEA'S – *Sprungbilly*, Bluegrass,
8 p.m.

TUESDAY, FEBRUARY 2

CATHOUSE LOUNGE – *Locals' Night
with Los Roscoes*, Folk, 7 p.m.

CHELSEA'S – *Open Mic*, 9 p.m.

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Sun., Jan. 31 • 7:30 p.m. – **FRANKIE
BOOTS AND THE COUNTY LINE**

Tues., Feb. 2 • 9:30 p.m. – **OPEN MIC**

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Chocolate lovers rejoice for the 12th annual Chocolate Lovers Festival

A complete world of chocolate decadence awaits at the Chocolate Lovers' Festival and Emporium on Saturday, Feb. 13 from 10 a.m. – 3 p.m. at the Best Western Inn at the Ozarks Convention Center. Candy, cakes, cookies, ice cream, chocolate novelty items and body products will be on hand. Vendors will showcase and promote their products while offering chocolate take-home samples for attendees.

General admission is \$5. For \$20 get a VICL (Very Important Chocolate Lover)

pass with a VIP section that will include true chocolatiers, multiple dipping fountains, wine pairing and tasting with wine provided by Arkansas wineries. A commemorative wine glass is included in this package.

Sponsorship opportunity and booth space is available and volunteers are also sought for. Contact Tammy at president@eurekaspringschamber.com or Terri at terri@eurekaspringschamber.com for more information.



This picture of Mickey Smith was obviously taken in the spring, but was submitted because it was such a great picture of a wonderful woman. This month Mickey is retiring from the Library Board after years of dedicated, exemplary service. In addition to planting flowers and other landscaping, Mickey has been a do-everything volunteer. She has put up Christmas as well as spring decorations, worked many a book sale, and assisted with the renovation of both rooms in the Annex. So many people adore the Carnegie Library, and Mickey is one who has consistently helped it remain both historic and progressive. *PHOTO SUBMITTED*

PARKS continued from page 5

might help. Commissioners agreed.

- Woods reported the study of Lake Leatherwood is continuing through winter, and the two researchers hope to finish their report this spring.

- In a burst of housekeeping, the commission certified the fourth quarter financials, authorized the destruction of 2010 financials and approved the 2016 budget. They also satisfied an auditor's request by stating for the record they had set aside a reserve account for the purpose of separating designated reserve funds from the general operating funds.

Next workshop will be Tuesday, Feb. 9, at 6 p.m., at the Harmon Park office. Next regular meeting will be Tuesday, Feb. 23, at 6 p.m.

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Soldier on Service Dogs grand opening

The Fayetteville Chamber of Commerce and Soldier On Service Dogs will hold a grand opening ceremony and ribbon cutting on Tuesday, Feb. 16 from 3:30 – 7:30 p.m. at the new Solider On Service Dogs facility at 2378 W. Moore Lane, Fayetteville.

Volunteers, veterans and the public are invited to tour the new Soldier On Service Dogs new facility.

Celebrate Jesus parade and concert



The *Celebrate Jesus Parade & Concert* will take place March 25 and 26. Christian musicians for the concert and floats, walking groups, banners, horses and dancers for the parade are being sought. For more information call (479) 253-8925 or email lardellen@gmail.com.

Sunday at EUUF

Melissa Clare of heart of Many Ways will present on meditation practice at the Eureka Unitarian Universalist Fellowship, 17 Elk Street on Jan. 31 at 11 a.m. Childcare is provided and there is extra parking at Ermilio's Restaurant, 26 White Street.

Sip and support the library

Turpentine Creek Wildlife Refuge and the Eureka Springs Community Center tied to be the January winner of Cocktails for a Cause benefits.

The next Cocktails for a Cause will be on Feb. 4 from 5 – 7 p.m. at the Lucky 7 at Basin Park Hotel to help support the local library.



Santa's reindeer found in Eureka Springs – And they even let us take a picture of them. These reindeer along with the rest of Eureka Springs' Christmas decorations will now be taking residence in storage next to the Parks building on Dairy Hollow Rd. With the building newly renovated, these festive decorations are ready for next year's celebrations and many more after that.

PHOTO BY JEREMIAH ALVARADO

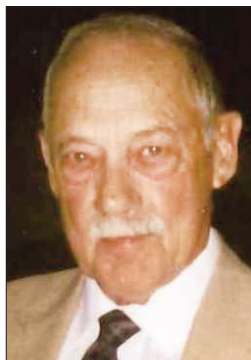
DEPARTURE

Lawrence "Larry" Jacob Sieg Nov. 22, 1923 – Jan. 24, 2016

Lawrence "Larry" Jacob Sieg of Holiday Island, Ark., was born November 22, 1923 in Batesville, Ind., a son of Jacob and Teresa (Grunkemeyer) Sieg. He departed this life Sunday, Jan. 24, 2016 in Eureka Springs at age 92.

Larry proudly served his county in the Army Air Force from 1943 – 1946 and was a reserve officer until 1961. He served as a 1st Lieutenant B-29 Navigator in the Western Pacific, stationed in Guam. His combat missions were in the Western Pacific and over Japan.

In 1950 Larry graduated from Purdue University. He taught high school science and coached basketball, baseball and track for 30 years in Illinois. In 1982 he retired to his Northwest Arkansas home on Beaver Lake,



where he enjoyed playing golf and all sports.

Larry was a member of the Eureka Springs American Legion Post #9, Holiday Island Elks Lodge #1042, and was instrumental in starting the Carroll County Learning Center's Christmas program. He was a long time Hoops Shoot & Scholarship chairman, exalted ruler several terms, and 1984-1985 Arkansas Elk of the Year.

He is survived by one son, Michael and wife, Dee Sieg, of Eureka Springs, Ark.; one daughter, Susan Sieg of Bloomfield, New Mexico; one granddaughter, Chelsea Sieg of Fayetteville, Ark.; one grandson, Mark Tucker of Shelbyville, Ind., two greatgranddaughters, Jocelyn Tucker of Greenwood, Ind., Madelaine Tucker of Shelbyville, Ind., and a host of

friends and loved ones.

In 1950 Larry was united in marriage with Elna (Mayberry) Sieg, his wife for 60 years. She preceded him in death. He was also preceded by his parents; two brothers, Harold Sieg and Leonard Sieg; one sister, Ruth Sieg, and one son, Scott Sieg.

Visitation and funeral service will be 10 a.m. Saturday, Jan. 30, 2016 at Nelson's Chapel of the Springs. Interment will follow at Fayetteville Veterans National Cemetery, Fayetteville, Ark. Cremation arrangements are under the direction of Nelson Funeral Service. Memorial donations: American Legion Post #9, 2546 Mundell Road, Eureka Springs, Arkansas 72631 or the Elk's Lodge, 4 Parkcliff Drive, Holiday Island, Arkansas 72631. Online condolences may be sent to the family at nelsonfuneral.com. © Nelson Funeral Service, Inc. 2016



Well, we had a pretty cold week so spent most my time by the stove keeping my toes warm. This week’s picture is of Janet showing off her winter wear.

You warm up fast when you get a big fish on and sometimes it can be well worth a little cold to get him in. Both lakes are running a little high with cooler water here at the Island moving some of the walleye up the river.

This time of year if the lake gets too cold some of our warm water fish can find warmer water going upstream instead of into Missouri in search of deeper water. Remember the water from Beaver is feeding us from about 200 feet deep, so you might get a good mix, along with some trout.

The stripers on Beaver are being caught up on our end of the lake due to the mud that was pushed up from the gates being open so long. From Rocky

Branch going up river the water’s still pretty stained and by the time it clears up going up the White and War Eagle arms it’s pretty darn cold as it is shallower.

It will also warm faster in the spring, but for now some good fish are being caught from the dam going south towards Rocky Branch in the warmest and cleanest water. It’s a good time to move slow trolling deep divers, then when you get on fish, drop down some bait or start spooning.

I hear the bass fishermen who are getting out are also doing well on our end working off the chunk rock and deep points. So if you see decent weather around the corner try some quiet winter fishing, if not keep your feet warm and get that tackle ready for spring. It’s closer then you think and with the high water, all should have a good spawn.

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by Mike Boian with extensive help from his wife, Ann Solution on page 23

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- ACROSS**

1. Rhine tributary

5. Portion of a circle

8. Bathe

12. Like TV housewives

13. Star of *The Revenant*, for short

14. Elliptical

15. Adjust the sails

16. Gross exaggerations

18. ___ of Sam

19. Very weird

20. Born as

21. Like some hair

23. Automobile

25. Brother’s daughter

27. Some Chinese food

31. Sixth month of Jewish calendar

32. Leather punch

33. Traveler’s need

34. Sour cherry

36. Principle

37. Brylcreem dosage

38. Lose feathers

39. “Where ___ you?”

42. Las Vegas of Asia

44. Wrestler’s surface

47. Laden

49. Ubiquitous Vegas game

50. Twining plant stem

51. Ore-___ potato products

52. Overnight accommodations

53. Once more

54. Purpose

55. Memphis deity
- DOWN**

1. ___ and Letters

2. Prefix with planes

3. Foul weather gear

4. Stately tree

5. Bowling ___

6. Backside

7. Amusing

8. John in Liverpool

9. “Ding-Dong” lady

10. Wind indicator

11. Something other

17. Pikes ___

19. First mother

22. Landed

24. Make merry

25. Southeast Asian nickname

26. Last words of a free man

27. Pair

28. Salvage

29. Take advantage of

30. Rat-a-tat-___

32. Tirana’s country

35. Type of excuse

36. Also

38. Ethel Merman role

39. Former Israeli diplomat Eban

40. Destroy

41. Sea eagle

43. Ghanaian currency

45. ___ Karenina

46. Nonsense

48. *Atlanta Journal Constitution* “Covers Dixie like the ___”

49. Hide of a young beast

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LAUGHING HANDS MASSAGE announces its **winter special half price one hour massage** through February 14th. Laughing Hands always a great location for couples massage. Call (479) 244-5954 for appointment.

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the gently-used book store featuring vintage, modern & classic reads on the Berryville Sq. www.itsmystery.net.

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ANNOUNCEMENTS

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More details at

www.organicchefcoty.com

Please R.S.V.P. by Feb. 7 to Lynnette Pate – fuelforthebody@gmail.com or call (479) 365-7865.

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LOST COW

SHE'S RED WITH WHITE HORNS, has a hole in her ear where her tag came out. Lost between Houseman Access and the White River Bridge. Please call R.E. Clark, (479) 253-5323.

PERSONALS

Dear PARENTS,
Stay warm. I hope you get to visit next month.
Love, Your DAUGHTER

HELP WANTED

ROCKIN' PIG now hiring experienced, friendly wait staff. Apply in person only. Gaskin Switch Center, US62.

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PART TIME COOK – Holiday Island Bar and Grill. Cooking experience preferred. Must be able to work days, evenings and weekends. Apply in person at 1 Country Club Dr., Holiday Island. (479) 253-9511

PART/TIME COOK NEEDED, Wednesday evenings and Friday mornings. Elks Lodge (479) 253-5986.

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NATURAL REMEDIES continued from page 7

30 years. It became her focus after she had two children with genetic disorders, and saw that conventional medicine seemed to be making the problems worse, not better.

“I had two very sick children and, as a result, I was looking for natural cures,” said Watson, who had a career as a behavioral scientist consulting for corporations before retiring seven years ago and moving to Carroll County. “I found natural remedies for my children and then started using them for other members of my family and friends. Then I decided to start teaching about herbs, and nutrition. I’m almost seventy years old. I’m trying to give back something that has benefited me in remarkable ways. About twenty percent of people in Carroll County are below poverty level and these medicines are easy to make and cheap, cheap, cheap. And they are very effective.”

Watson has been teaching free classes for years. She does that both one-on-one at the Farmers’ Market, and in classes at places like the Berryville Community Center. She soon will be doing a presentation to the 4H Club in Berryville. She will give talks even

in someone’s home if they get a group of people interested.

She brings the actual plants she uses to make the herbal preparations so people can identify them. And she does demonstrations of how to make different types of herbal medicines like teas, salves, tinctures and gels.

“People get to see, taste and feel the herbs,” Watson said. “I teach people how to identify and make their own medicines the way people used to make medicines before there were pharmacies everywhere. I live on a property with many natural medicinal plants. Many of these are plants that were used by the Native Americans.”

One of her favorite herbs is one that grows in most people’s yards, a weed called plantain, which is good for insect bites and other skin issues.

“It is so easy to prepare,” she said. “You can just chew a leaf, slap it on a bite or wound and it works immediately. Another great herb with exceptional benefits is comfrey, which is helpful for any trauma like bruising, burns, broken bones or muscle damage. I’ve seen cases where people used

Voter registration deadline
just around the corner

County officials prompt voters to remember that they to be registered by Feb. 1 if they want to take part in the upcoming election, including a presidential primary, that will be held March 1. Election coordinators said people could register to vote by stopping by the County Clerk’s Office in Berryville or Eureka Springs. Early voting starts Feb. 16. The general election will be held Nov. 8.

WELLNESS HOMES continued from page 6

have backyard chickens, raising them on organic feed,” she said. “We demonstrate how to convert a hot tub to a toxic-free hot tub using several different products. We also show how they can add organic raised bed gardens or, if they don’t have enough space, use a patio or the front portion of the yard to have a garden tower to grow foods vertically. The whole idea is to show people how simple it is to create their own toxic-free environment.”

Pate and her partner, Pat Davis, have developed the Pure Integrity Verified™ (PIV) Seal of Approval and CATA (Consumers Against Toxic-Apparel). Pate said not all products certified organic and non-GMO are healthy. The Pure Integrity Verified Seal evaluates other important factors.

“My partner and I are the literally the food and product police,” she said. “PIV exceeds USDA organic standards and non-GMO standards. Just because a product is non-GMO doesn’t mean it is clean. It can be sprayed with toxics or combined with high fructose corn syrup. We help companies

clean up their ingredients.”

Pate also promotes buying local. The food at her events prepared by her son is local and organic. The non-toxic sofa and beds are from Mountain Air Organic Beds in Fayetteville. She also displays fair trade, organic clothing and other items available from Granny’s in downtown Eureka.

Pate said she is getting good responses to her presentations, especially from people with chronic illnesses who don’t know what to do. While some may think it might be more expensive to adopt the organic lifestyle, she asks, “Can you afford to be sick?”

“No,” she said. “You *can* afford to live like I do. We show you how to do it without breaking the bank. It doesn’t have to be that expensive. You don’t have to do it all at one time. People can come back month after month to learn more about what they can do.”

You can find more details on the wellness home and the organic festival at www.livehappybepur.com. Proceeds from the gala in May will be used to support PIV and CATA. For more information about Coty Pate, see OrganicChefCoty.com.

Anything I sell at the farmers’ market, if you came to one of my classes, you could make it yourself.”

She finds the work very rewarding.

“I’m happy because people come back and tell me how good they feel or how much it helped them,” Watson said. “That is better than money. I’m doing it for the benefit it brings to people in this area.”

To schedule a class or for more information, send an email to noreenwatson@windstream.net or call (870) 423-6478.

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